

Newsletter - Monday April 24, 2023

Subscribe here (free): https://riseupnh.org/get-involved/

Welcome to our **Monday Solutions Edition** with curated news of the day and memes at bottom. Today we feature a number of important videos on the recent emergence of powerful AI tools, and precisely why and how they pose a danger to society. We also feature our usual Monday collection of new relocalization, gardening, self-sufficiency, community-building and health-promoting resources.

Rise Up NH Weekly Zoom - today will be an open conversation, 1PM:

Click to Join Zoom

Yes, we shall overcome!

John-Michael and the RiseUpNH team

WIll you support Rise Up NH?

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.

PLEASE DONATE TODAY to support our efforts. Thank you!

SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true.

Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so.

In general, we do not repeat the ubiquitous mainstream narratives, though most items reference these in their arguments.

Please do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind.

COLLECTIVE SENSE-MAKING IS A PATH, NOT A DESTINATION.

Up First!

Top news and views....

Earth Day & How the Environmental Movement Went Off the Rails

The article criticizes the environmental movement for being co-opted by technocracy and denigrating the public. It contrasts the genuine devotion of a water protector with the false sense of ego of smart grid proponents. It calls for a consciousness reset to restore the reverence for nature and human rights.

https://safetechinternational.org/earth-day-how-the-environmental-movement-went-off-the-rails/

Anti-Meat Propaganda Roundup: Drinking Milk Is 'Unsettling' and Racist

Article, videos: https://www.globalresearch.ca/anti-meat-propaganda-roundup-drinking-milk-is-unsettling-and-racist/5816480

Bobby Steps Up - Kunstler

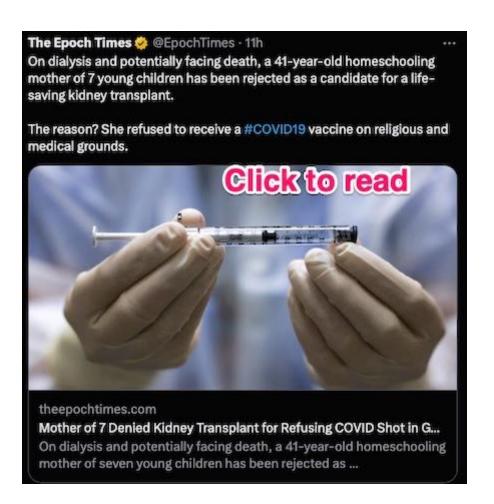
JHK's take on RFK Jr's candidacy

https://kunstler.com/clusterfuck-nation/bobby-steps-up/

Tristan Harris Congress Testimony: Understanding the Use of Persuasive Technology https://youtu.be/ZrrquMdzXBw

Level 4 Solar Storm, Electrical Fires, Big Earthquake - Suspicious Observers 4/24

4 minutes: https://youtu.be/5ereCAXudgU



Community Bulletin Board



Organic Produce in Acworth

- Garden access will be run as a P. M. A.
- The details are still being worked out and adjustments will be made as necessary, but the newly-established gardens will be planted this spring with a variety of vegetables. Some medicinal herb plant starts will be available as well.
- •Initially either "pick your own" or order ahead to have produce ready for pick-up. Deanne Sanville the lilac.dragonfly@gmail.com

Get a free astrology reading with our own Celeste Longacre

She joins Dan Mitchell the 3rd Wed. of every month on AM WKBK 1290 (wkbkradio.com). She's on from 9:05 to 10:00 AM. Give it a listen.

Abenaki Springs Farm - 2023 CSA signups now available. Details:

Vegetable CSA: https://abenakispringsfarm.com/vegetable-csa/

Meat CSA: https://abenakispringsfarm.com/meats/





CELEBRATING THE WHOLE CHILD

I have over 20 years of experience as an occupational therapy practitioner, and I am offering support to families with life skills, sensory strategies, regulation, children's yoga and mindfulness as well as strategies for visual motor and visual perception success. I offer extensive experience working with children with a wide variety of learning styles and abilities. Contact Alison a-lovejoy@comcast.net for additional information on how to receive individual consultations and supports.







Have a business or item you'd like to share here? Contact admin@riseupnh.org.

The UpBeat

Did the fraud pandemic give us one GOOD thing? Yes! 'The Surprising Surge of Faith Among Young People - Dr. Paul Alexander

https://bit.ly/3oFze55

NY Post: 10 myths told by COVID experts — and now debunked

Author Marty Makary MD, MPH is a professor at the Johns Hopkins University School of Medicine and author of "The Price We Pay."

https://nypost.com/2023/02/27/10-myths-told-by-covid-experts-now-debunked/

The Swingles ft. Vadé - Man in the Mirror (Michael Jackson a cappella cover) https://youtu.be/Ww5zQve9lEo

Events

From Sol Luckman's The Angel's Dictionary and is Devilishly Clever Word of the Day

- waffle: (n.) breakfast of politicians.
- antidepressant: (n.) any of various energetic techniques for warding off parasitic friends, colleagues, and family members.
- bathroom: (n.) where Americans go to argue about gender while the country goes down the toilet.
- census: (n.) being counted so we can be discounted.
- Dowist: (n.) blind believer in the stock market.
- global warming: (n.) result of excessive hot-air emissions by climate scientists.
- hospital: (n.) where the healthy go to get misdiagnosed and the sick go to get mistreated

https://bit.ly/410EvWf

Clean vs. Dirty: A Way to Understand Everything - Jeffrey Tucker

The political tribalism, the censorship, the failure of the major media to talk about anything that matters, the cultural and class divides, even migration trends – as a grand effort by those people (and thoughts) who perceive themselves to be clean to stay away from people they regard as dirty (even germs and microbes, most of which are meant to boost immune system resilience).

https://brownstone.org/articles/clean-vs-dirty-a-way-to-understand-everything/

Deep state of siege - The Grayzone

Max Blumenthal and Aaron Mate discuss bombshell revelations of the CIA's recruitment of two 9/11 hijackers and the FBI's indictment of the African Peoples Socialist Party for "weaponized speech" on behalf of Russia, as well as threats to jail journalist Matt Taibbi by a congressional Democrat.

84 minutes: https://www.youtube.com/live/Q3V53CXAZks

Politics, Elections, Voting & Natural Law

Kennedy calls for change, defends anti-vaccine views - WMUR-TV

2-minute clip: https://youtu.be/XLIIov2zb1k

Full CloseUp segment (11 minutes): https://youtu.be/6u_f5_cfTW0



Bronwyn lives in the Monadnock region.

Relocalization, Regenerative Practices & Mindset, Prepping

The Freedom Cell Network is a Gateway to Unbanking, Unschooling, Permaculture, and Defeating the Great Reset

https://theconsciousresistance.com/freedom-cell-network-gateway/

4 Types of Spring Gardening | Pantry Chat Podcast Short- Homesteading Family

7 minutes: https://youtu.be/yzA86842uz0

Self-Sufficiency Made Easier Using These 12 Principles!

12 permaculture principles in the context of a kitchen garden

20 minutes: https://youtu.be/acjpwlxZzlA

Compost & Garden Soil Suppliers Don't Want You To Know About This Cheap Way To Fill Your Raised Beds - Plant Abundance

11 minutes: https://youtu.be/Jeb2P1h9VnAe

GRASS - The Most Valuable FREE Resource for Growing Food - Huw Richards

Huw Richards

12 minutes: https://youtu.be/FcmR8KbJzH8

This Magic White Powder (Bone Meal) Will DOUBLE Your Tomato Harvest! - The Millenial Gardener

13 minutes: https://youtu.be/TQgR0QI0yXA

Plant Potatoes This Way for Huge Harvest - Daisy Creek Farms with Jag Singh

8 minutes: https://youtu.be/KoPk7YM6dlU

The Magic of Weeds in Water - Huw Richards

Putting weeds in water for a productive and healthy vegetable gardenand other uses for weeds

11 minutes: https://youtu.be/c68N0vPJb0o

The Power of Dandelions

18 minutes: https://youtu.be/cSo2YDCJLs8

Electroculture Gardening: Raised Beds with Copper Antennas

Ground Control to Major Onion... (Also check out video comments)

19 minutes: https://youtu.be/WOvzwZyH8p8

Why This (Worms) May Be the Future of Plastic Recycling - Undecided with Matt Ferrell

14 minutes: https://youtu.be/w39WpuaNbRI

Dollars Control People, HOURS Connect People - Paul Glover of Ithaca Hours

Depending on dollars to meet our needs becomes riskier as state and federal policies (made by lobbyists) shift to reward the wealthy (with special tax breaks, subsidies, entitlements, anti-union legislation, global market deregulation) and to punish the poor (with low minimum wage, competition for low wages, tax hikes, reducing or cutting off aid to children). The free market has become free mainly for the rich.

https://www.paulglover.org/9510.html

World Localization Day - June 21

http://worldlocalizationday.org

Rebuilding Relationships, Society and Culture

The value of community - Charles Eisenstein with Dan Astin-Gregory, Elevate Podcast

4 minute clip: https://youtu.be/N1VS0mM3mgY

Full 90-minute Episode (Counter Narratives and Conspiracy Theories):

https://www.youtube.com/live/cxfollYOcDo

Guns, Society & the 2nd Amendment: NH Perspectives

April 25th from 7:00 - 8:00 pm with a half-hour after-party (all online)

New Hampshire Braver Angels State Alliance

The discussion aims to help participants explore and better understand the diversity of thought among those who favor gun ownership, and the choices and attitudes of those who oppose gun ownership. The goal is to foster a respectful conversation and to search for possible common ground.

Register free here: https://www.eventbrite.com/e/guns-society-and-the-2nd-amendment-nh-perspectives-registration-616864677857

The Practice of Loving Relationships - Aaron Abke

On the power and practical application of practicing "Loving Relationships"

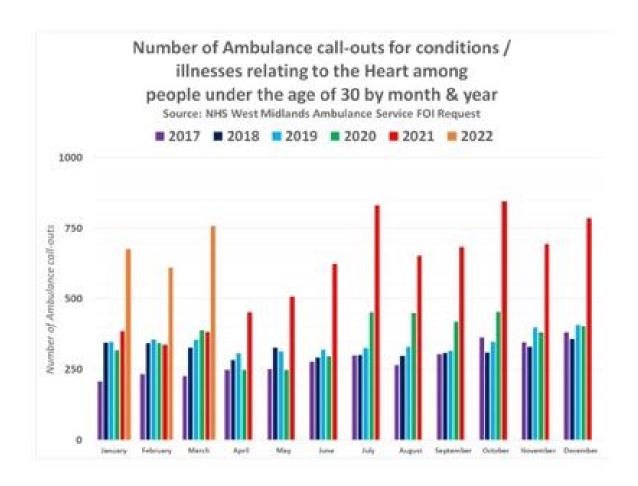
22 minutes: https://youtu.be/XbM5eOoCr9c

The Ascent of Humanity - Free-to-read book by Charles Eisenstein

The Age of Separation, the Age of Reunion, and the convergence of crises that is birthing the transition

http://ascentofhumanity.com/text/

Jab & Plandemic News



Epidemic of 15-19 Year Olds Dropping Dead in Schools and Dorms Across USA and Canada in April 2023

https://www.globalresearch.ca/epidemic-15-19-year-olds-dropping-dead-schools-dorms-across-usa-canada-april-2023/5816841

Nanotechnology, Cybernetic Hive Minds, Artificial Intelligence and Mind Control - Ana Maria Mihalcea, MD, PHD

DARPA and CIA Insider Dr. Robert Duncan's Interviews Confirms Hijacking Of Human Soul Possible

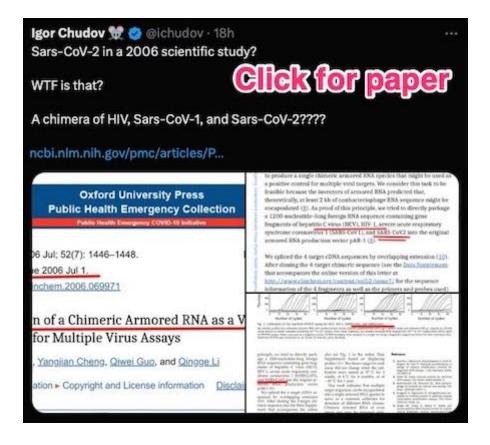
https://bit.ly/41Vhq46

The CIA, Biowarfare, and COVID—Dr. Robert Malone's New Book Tells the Truth - Epoch Times

COVID wasn't just a public health disaster—it's also a national security scandal of the first order.

Trailer: https://youtu.be/Cr8b9DHRhY8

Full episode: https://www.theepochtimes.com/the-cia-biowarfare-and-covid-dr-robert-malones-new-book-tells-the-truth 5211405.html



General Health & Wellness

Deep Flow Online Summit (May 1-5, Free)

A number of leaders in the consciousness field share practices and techniques for accessing states of flow, peace, intimacy, and generally how to let our noisy minds recede to the background and allow a sense of contented presence to arise within us.

https://beinganddoing.online/deep-flow-23/

The Democratization of Health Science - Metabolic Duo! - Ivor Cummins

Democratized science - simplified for people to optimize their health, weight and personal productivity.

Clips, 11 minutes: https://youtu.be/URndr0AXGrc

More: www.MetabolicDuo.com

Nasal Nitric Oxide - Harness The Miracle Gas Inside You! - Dr. Steve Park

Heightening NO through breathwork relaxes blood vessels - for better breathing and sleep.

5 minute Clip: https://youtu.be/9RTcTiqi4tU

Full episode (68 minutes, chapterized): https://youtu.be/P94yt8aG4gw
Breath Source App (iOS/Android): https://thebreathsource.pxf.io/tadb

10 minutes: https://youtu.be/G5QNIx31EpQ

Max Lugavere's book: https://www.geniusfoodsbook.com/

Electricity of Life: Wonders of Bioelectricity and Regenerative Biology Prof Michael Levin, with Dr. Roi Yozevitch

Levin, director of the Allen Discovery Center at Tufts University, is a renowned researcher in the fields of bioelectricity, regenerative biology, and biophysics.

90 minutes: https://youtu.be/qninhhFIfKE

How Psilocybin Mushrooms Can Help Save the World - Paul Stamets, SXSW 2023

Stamets, co-founder of MycoMedica Life Sciences, speaks of the historical use of psilocybin mushrooms and explores the potential for neurological health based, in part, on recent results on molecular modes of action his team has discovered.

1 hr: https://youtu.be/gry8K7KPHIQ

MycoMedica Life Sciences: https://mycomedica.com

Fungi Perfecti: https://fungi.com

Books By Paul Stamets: https://fungi.com/collections/books-by-paul-stamets

EMFs

Former FCC Attorney Reports Agency Does NOT Follow Environmental Laws or Protect the Public in Telecom Infrastructure

Article, Video: https://www.activistpost.com/2023/04/former-fcc-attorney-reports-agency-does-not-follow-environmental-laws-or-protect-the-public-in-re-telecom-infrastructure-article-video.html

Money, Food, Energy, Jobs & Resources

How Currencies Start - and Why they Fail- Heresy Financial

16 minutes, chapterized: https://youtu.be/BRbIW-dx7jw

Take Control of Your Food and Health Now!

Texas Slim - The War of Food and the Beef Initiative

Article, videos: https://www.activistpost.com/2023/04/take-control-of-your-food-and-health-

now.html

1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking

Matt Taibbi THREATENED With Jail Time By Democrat Lawmaker - The Hill

RE: a letter sent to Twitter Files author Matt Taibbi by Delegate Stacey Plaskett.

9 minutes: https://youtu.be/X0ha07igpWg

Speak Your Truth: Don't Let the Government Criminalize Free Speech - John & Nisha Whitehead

Nowhere in the First Amendment does it permit the government to limit speech in order to avoid causing offense, hurting someone's feelings, safeguarding government secrets, protecting government officials, discouraging bullying, penalizing hateful ideas and actions, eliminating terrorism, combatting prejudice and intolerance, and the like.

https://www.rutherford.org/publications_resources/john_whiteheads_commentary/speak_your_truth_dont_let_the_government_criminalize_free_speech_

Technocracy, Al/Transhumanism, Eugenics/Euthanasia, Geoengineering & The Deep/Surveillance State

The A.I. Dilemma

A clear and sobering presentation about how existing A.I. capabilities already pose catastrophic risks to a functional society, how A.I. companies are caught in a race to deploy as quickly as possible without adequate safety measures, and what it would mean to upgrade our institutions to a post-A.I. world. With Tristan Harris and Aza Raskin, the creators of the movie, The Social Dilemma. (This is not even about artificial general intelligence).

67 minutes: https://youtu.be/xoVJKj8lcNQ

How Not To Destroy the World With AI - Stuart Russell

Instead of building systems that optimize arbitrary objectives, we need to learn how to build systems that will, in fact, be beneficial for us. Russell is a professor of computer science at the University of California, Berkeley and author of "Artificial Intelligence: A Modern Approach," and "Human Compatible."

70 minutes: https://www.youtube.com/live/ISkAkiAkK7A

Al: The Coming Thresholds and The Path We Must Take | Internationally Acclaimed Cognitive Scientist - Dr. John Vervaeke

A multifaceted argument discussing the potential uses, thresholds, and calamities that may occur due to the increase in artificial intelligence systems. While there is a lot of mention of GPT and other chatbots, this argument is meant to be seen as confronting the principles of AI, AGI, and any other forms of Artificial Intelligence. With Ryan Barton and Eric Foster of the Vervaeke Foundation.

107 minutes: https://youtu.be/A-RdKiDbz4

Ukraine, False Flags & Globalist Militarism

It's over and NATO is finished | Redacted with Clayton Morris 4/22

Did Russia just destroy a heavily fortified underground bunker that housed over 300 top NATO and Ukrainian leaders?

17 minutes: https://youtu.be/qXt3heeqAuk

Scott Ritter: Middle East embraces Russia & loses trust in the U.S.

with Evgeny Satanovsky, a Russian economist, professor and orientalist, one of the leading experts in the field of politics and economics of Israel

1 hr: https://www.youtube.com/live/IWXAMiRi7gs

Your Guide to 5th-Generation Warfare - James Corbett

The basic idea behind this term [5GW] is that in the modern era, wars are not fought by armies or guerrillas, but in the minds of common citizens. In the war on everyone, the establishment uses every means at its disposal to manipulate the public's perception, including biological, neurological, economic warfare, and more.

Article, video: https://www.activistpost.com/2023/04/your-guide-to-5th-generation-warfare.html

Culture Wars

Dr. Phil's Audience Go Silent as Civil Rights Icon Debunks Systemic Racism | Rubin Report

4 minutes: https://youtu.be/O4oZT03UnCl



Paradigm Expanding

Holograms, projection, element 115, propulsion, and the Battle of Los Angeles - Bret Weinstein, DarkHorse Podcast Clips

Jeremy Rys and Bret on how to come at this topic analytically with proper care

17 minutes: https://youtu.be/0jhdoMPy 2A

Full episode (1:44): https://open.spotify.com/episode/0S5dCP7mhj3YUDZx76z7Y2

Rys's website: https://alienscientist.com/

Bringing Anti-gravity & Quantum Healing technology to the World - Dr Michael Salla with Dave Rossi

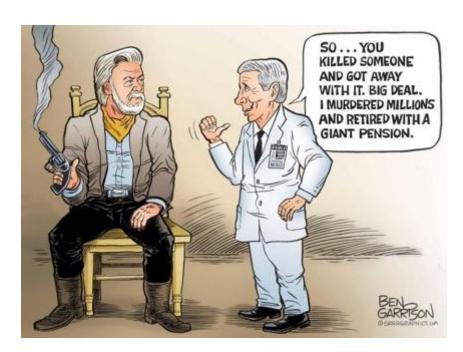
Rossi discusses two of his recently applied-for patents, after contact experience that activated advanced mental abilities that helped him understand and develop complex mathematical equations.

80 minutes: https://youtu.be/t5ykulJXFxg

Monday Memes

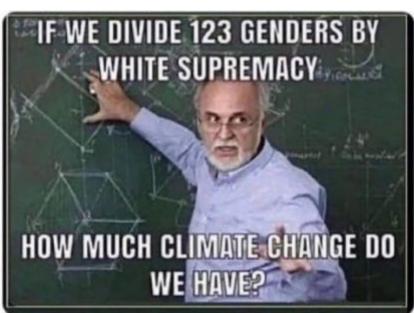


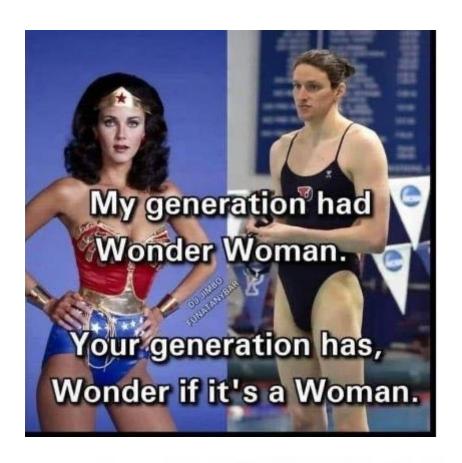
















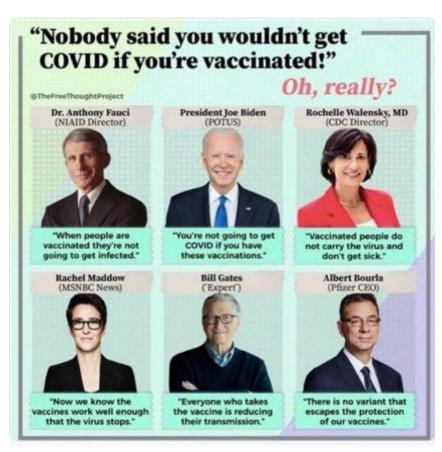
Don't forget to pay your taxes this year. Other countries are depending on it.

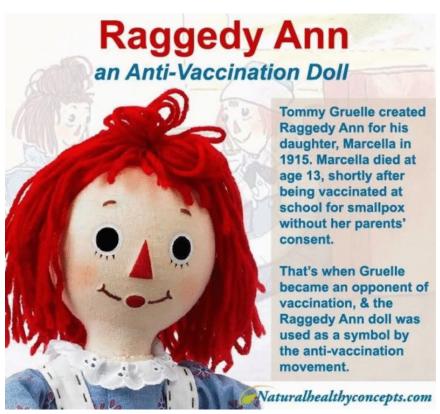


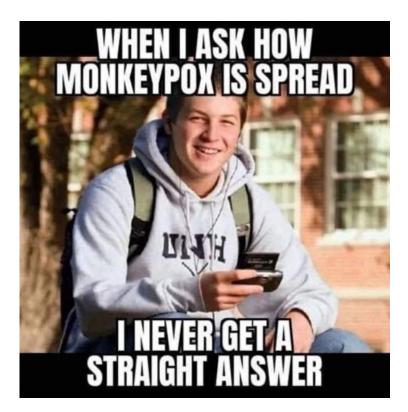
THE MODERN WORLD IN A SINGLE PHOTO:

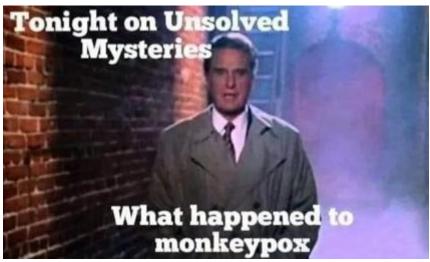


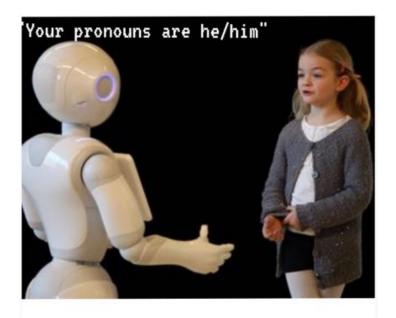






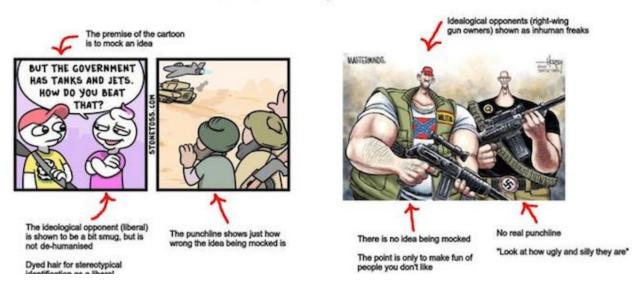


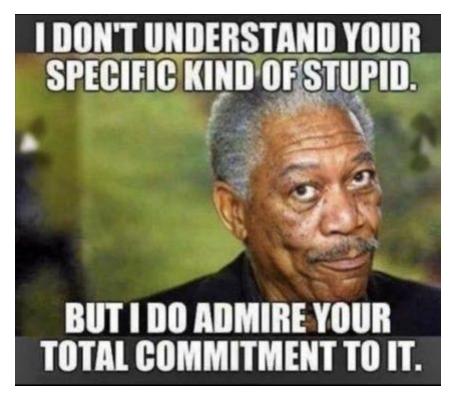


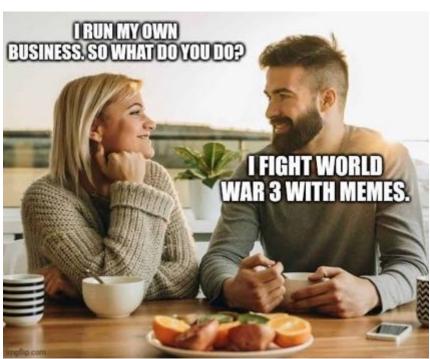


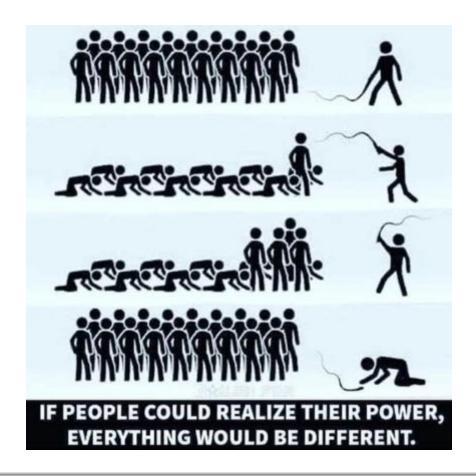
Soon, artificial intelligence could help teach your kids and improve their grades.

Right-wing vs. Left-wing cartoon









Let's avoid a hellish dystopian nightmare by remembering the RULES OF CIVIL CONVERSATION I will try to reach a shared understanding I will clarify with others to make sure I rather than 'win the argument'. genuinely understand their perspective. I shall endeavor to avoid committing logical I will attempt to account for my own biases 4 fallacies in support of my claims. and try to be intellectually humble. I will also try to be reasonable, rational, I may challenge ideas, but will refrain from 5 6 personal attacks and mean-spiritedness. and create coherent arguments. I will use the 'Principle of Charity' to interpret I promise to remain genuinely receptive to 8 others' points of view in the best light. changing my mind. Download this poster for free and invite good-faith engagement online at TheRulesOfCivilConversation.org