



## Newsletter - Friday March 24, 2023

*Subscribe here (free): <https://riseupnh.org/get-involved/>*

Welcome to our **Friday News Edition** with curated news of the day and memes at bottom. Today's newsletter chronicles the start/stop-two steps forward/one step back whiplash of the modern narrative machine, as states and countries are increasingly discovering the truth about vaccines while those in power continue to push them or start playing up other imminent pandemics, and the FDA begins cracking down on Ivermectin shipments from India. Stories of pilots and celebrities suddenly dying continue, along with newly-released reports on the spike's effect on sperm, pregnancy, cancer rates, job absence, gut bacteria, and death.

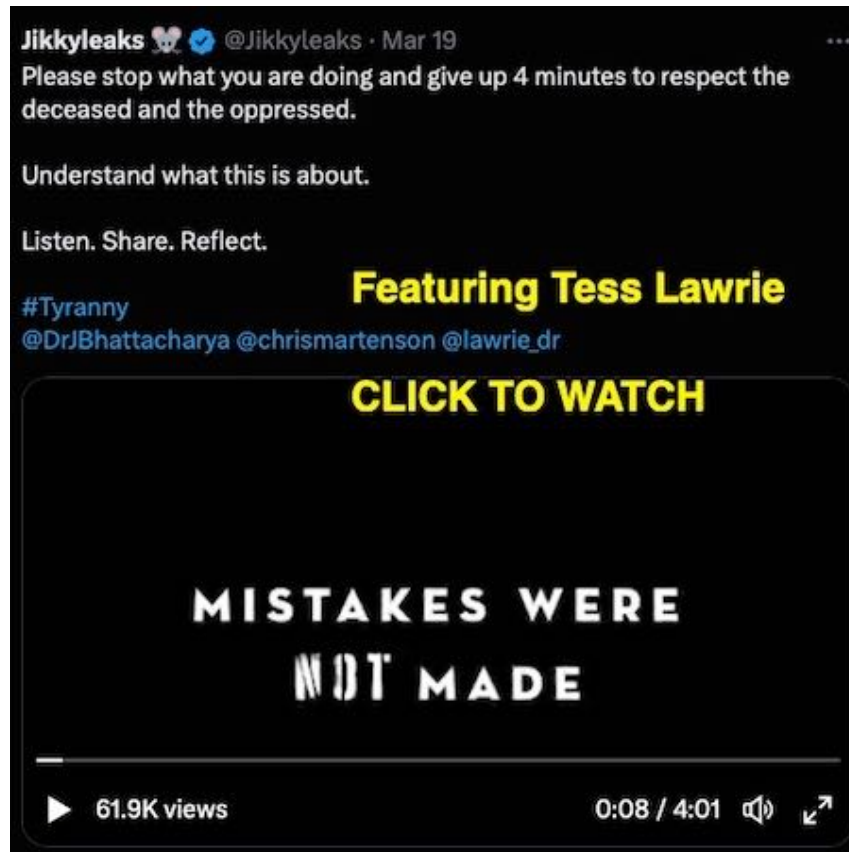
The airwaves continue to be dominated by the banking debacle, with Yellen now backtracking on the Treasury's "every deposit guaranteed" promise while the bond markets, commercial real estate market, and banking stocks continue sinking. What's essential to understand is that the FED cannot control the economic unwinding, as raising rates to control inflation only exacerbates the duration risk of banks holding treasuries and other long-term assets, with the FDIC's new bailout program signalling a pivot from QT to QE, which will only cause more inflation, perhaps hyperinflation. Is this all by design to usher in the CBDC control grid? Many think so. Whatever the truth of this, tech companies continue shedding jobs at high rates, and concerns that recently-updated AI tech will displace more jobs are not wholly unfounded.

More credible witnesses are emerging on weather warfare, UFO false flags, and the history of the bioweapons industry. Increasingly, the people are not being fooled.

On the NH front, freedom-oriented bills in NH fared poorly, but there is still some hope if folks take action. Washington continues it's waste of money and (others') lives in Ukraine, blocks peace talks, and strangles the investigation of the Nord Stream bombing. Internationally, France is burning with protests while other EU countries are poised for massive civil unrest against the mother-WEFfer agenda. And while the Western press's attention is elsewhere, Putin and Xi are changing the world order (financially, at least), further signaling the end of US dollar hegemony.

All of this chaos is all being mirrored by the massive solar flares (a Carrington-level event just missed us recently) and news about a magnetic pole shift coming ever closer (not a conspiracy theory). So strap in, folks, it might be a bumpy ride for a while!

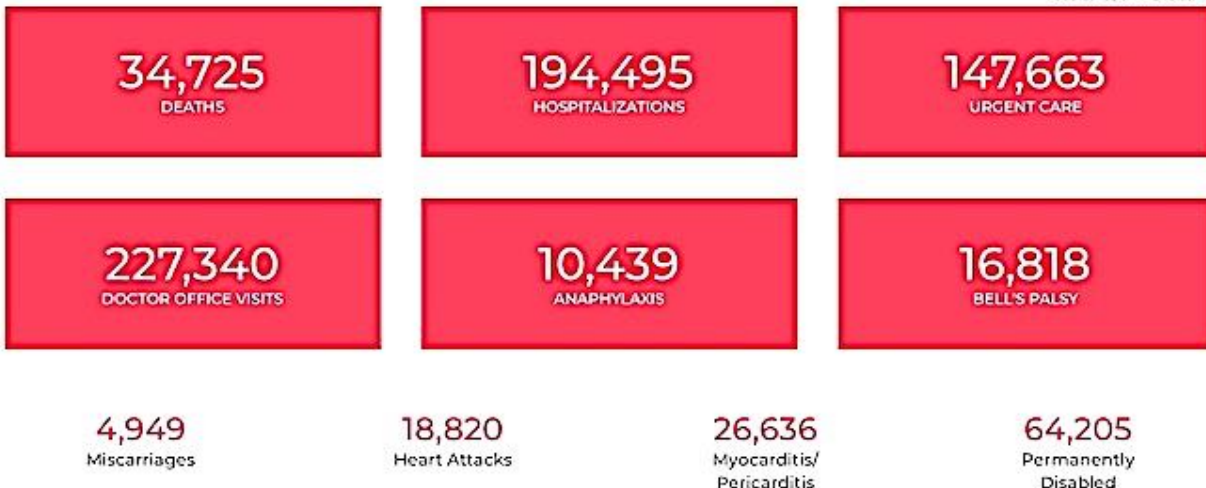
**Rise Up NH Zoom 3/20/23 - The end of (fake) money.** On Monday we started with a discussion of the insistence of many institutions that mask-using continues -- and discussed why. We then moved on to the main topic of what is going on with money and banking, how we got here, and how the money system is not based on real value and was therefore always destined to fail. **DISCLAIMER: Nothing discussed here should be understood to state or imply financial advice of any kind.** Watch: <https://www.brighteon.com/de6b19a2-d6bb-45d7-9adf-312b009afa0f>



1,533,181 Reports Through March 10, 2023

**OpenVAERS COVAX Reports**

Source: OpenVAERS.com



**Yes, we shall overcome!**

John-Michael and the RiseUpNH team

**Will you support Rise Up NH?**

*Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.*

**PLEASE DONATE TODAY to support our efforts. Thank you!**

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## **SOVEREIGNTY NOTICE:**

**No one is telling you what to think or believe, or even what is true.**

***Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so.***

***In general, we do not repeat the ubiquitous mainstream narratives, though most items reference these in their arguments.***

***Please do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind.***

**COLLECTIVE SENSE-MAKING IS A PATH, NOT A DESTINATION.**

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**Up First!**

***Top news and views....***



**Tonight 6PM: Ed Dowd Investigates Epidemic of Sudden Deaths in 2021 & 2022 w/ Dr. Kelly Victory – Ask Dr. Drew**

<https://www.youtube.com/live/eatkt1uI9EI>

**Tomorrow: NVIC - Dedication of the Truth + Freedom Monument | March 25th 11am ET - CHD-TV**

<https://live.childrenshealthdefense.org/chd-tv/events/nvic-dedication-of-the-truth-freedom-monument/>

### **Fifth Circuit Rules Against Biden Vaccine Mandate for Federal Workers**

A commanding majority including 10 judges on the U.S. Court of affirmed the preliminary injunction against President Biden's mandate to force all federal workers to receive the Covid vaccine.

<https://aapsonline.org/aaps-applauds-the-fifth-circuit-ruling-against-bidens-tyrannical-covid-vaccine-mandate-on-federal-workers/>

### **Americans face a rapidly encroaching 'emergency' CBDC power grab - Jordan Schachtel**

The ruling class may pursue a Hail Mary pass to restore their control over the system. The FedNow card rollout is the gateway to a Central Bank Digital Currency

Article, videos: <https://bit.ly/3IFRDh0>

### **CBDC: Can States Stop a Central Bank Digital Currency? Michael Boldin, 10th Amendment Center**

Can states help get the job done? Too early to tell, but the time to push back is right now. Florida, New Hampshire, Missouri, and Texas with ideas and first steps.

42 minutes: <https://www.youtube.com/live/OvB05E17kZo>

### **The Biggest Deleveraging in History has Just Begun - Heresy Financial**

Inflation or deflation are problematic -- how these happen and how to constructively respond

21 minutes: [https://youtu.be/JjP30g4\\_vKs](https://youtu.be/JjP30g4_vKs)

### **The World's Best Chartbook, A Preview - John Rubino**

"In Gold We Trust" 2023 makes the case for gold, silver, and the miners

<https://bit.ly/40A0Vtx>

### **FDA Shuts Down Indian Ivermectin Peddlers Online Targeting COVID-19—Warning Letter Leads to Suspension of RX Commerce Site**

<https://www.trialsitenews.com/a/fda-shuts-down-indian-ivermectin-peddlers-online-targeting-covid-19warning-letter-leads-to-suspension-of-rx-commerce-site-8f81b055>

### **Smashing the Overton window - Katherine Watt**

Omnibus Repeal Act for Congress members in post-invasion, post-coup, occupied, financial-biopharmaceutical-war-time America to consider.

<https://bit.ly/3ZjhUiJ>

## **Robert F. Kennedy Jr. (Part 2): From Event 201 to Dark Winter, the Pandemic Simulations That Foreshadowed Our New Reality**

MKUltra, CIA Coups, Legalized Propaganda, the JFK assassination, and more.

1 hour: [https://www.theepochtimes.com/robert-f-kennedy-jr-part-2-from-event-201-to-dark-winter-the-pandemic-simulations-that-foreshadowed-our-new-reality\\_5116490.html](https://www.theepochtimes.com/robert-f-kennedy-jr-part-2-from-event-201-to-dark-winter-the-pandemic-simulations-that-foreshadowed-our-new-reality_5116490.html)

## **Circus Politics Are Intended to Distract Us. Don't Be Distracted - John & Nisha Whitehead**

The U.S. government now poses the greatest threat to our freedoms.

[https://www.rutherford.org/publications\\_resources/john\\_whiteheads\\_commentary/circus\\_politics\\_are\\_intended\\_to\\_distract\\_us\\_dont\\_be\\_distracted](https://www.rutherford.org/publications_resources/john_whiteheads_commentary/circus_politics_are_intended_to_distract_us_dont_be_distracted)

## **Ending the Century-long Suppression of Alternative Healing, Free Energy & Antigravity Technologies - Dr. Michael Salla w/ Dan Willis**

10 minute clip: <https://youtu.be/pFS37vy9f0s>

Full interview (2 hrs): <https://rumble.com/v2dnux4-ending-the-century-long-suppression-of-alternative-healing-free-energy-and-.html>

## **'Sparks of AGI' - Bombshell GPT-4 Paper: Top 15 Revelations - AI Explained**

A just-released study suggests GPT 4 AI system has 'sparks of Artificial General Intelligence' (the ability of AI to learn like humans do, and respond to novel information). 15 examples detailing just what exactly the unrestrained GPT 4 is capable of. Is this concern overwrought? You decide.

13 minutes: <https://youtu.be/Mqg3aTGNxZ0>

Sparks of AGI Paper: <https://arxiv.org/pdf/2303.12712.pdf>

## **Magnet Pole Shift: Then what? - John Peterson, Gregg Braden and Mark Gober**

A pole shift (not a mass extinction event) is coming, and perhaps soon. How will it affect us?

14 minutes: [https://youtu.be/Hiq8dEF\\_Reo](https://youtu.be/Hiq8dEF_Reo)

## **Former FBI agent EXPOSES the truth of the UFO invasion | Redacted w/ Clayton Morris**

John DeSouza discusses the long-planned false flag of a UFO invasion, and why now.

1 hour: <https://youtu.be/U06GkT6mx04>

## **HAARP Superweapon Being Used for 'Apocalyptic' Geowarfare**

Geo-engineering expert Emil Strainu, a top Romanian general, warns of the dangers of HAARP (High-frequency Active Auroral Research Program), calling it the "weapon of the apocalypse" that can be used for economic warfare, climate change and population control.

<https://newspunch.com/haarp-superweapon-being-used-for-apocalyptic-geowarfare-romanian-general-warns/>


**The Vigilant Fox** 🦊 @VigilantFox · 2h  
Miracle Drug? The Vaccine-Injured Are Seeing Profound Results With Ivermectin

Why Is Ivermectin Helping?

- Multiple anti-inflammatory mechanisms
- Likely repolarizes some of the immune cells to a less inflammatory subtype
- Tightly binds to the spike protein

@PierreKory:.... Show more

**click to watch**



2:25 | 21.3K views

Dr. Paul Marik

Dr. Pierre Kory



### Organic Produce in Acworth

- Garden access will be run as a P. M. A.
- The details are still being worked out and adjustments will be made as necessary, but the newly-established gardens will be planted this spring with a variety of vegetables. Some medicinal herb plant starts will be available as well.

•Initially either “pick your own” or order ahead to have produce ready for pick-up.

Deanne Sanville [the.lilac.dragonfly@gmail.com](mailto:the.lilac.dragonfly@gmail.com)

**Get a free astrology reading with our own Celeste Longacre**

She joins Dan Mitchell the 3rd Wed. of every month on AM WKBK 1290 (wkbkradio.com).

She's on from 9:05 to 10:00 AM. Give it a listen.

**Abenaki Springs Farm - 2023 CSA signups now available. Details:**

Vegetable CSA: <https://abenakispringsfarm.com/vegetable-csa/>

Meat CSA: <https://abenakispringsfarm.com/meats/>



**CELEBRATING THE WHOLE CHILD**

I have over 20 years of experience as an occupational therapy practitioner, and I am offering support to families with life skills, sensory strategies, regulation, children's yoga and mindfulness as well as strategies for visual motor and visual perception success. I offer extensive experience working with children with a wide variety of learning styles and abilities. Contact Alison a-lovejoy@comcast.net for additional information on how to receive individual consultations and supports.



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**[david@copecounselingandcoaching.com](mailto:david@copecounselingandcoaching.com)**  
**603-562-8889**

*Have a business or item you'd like to share here? Contact [admin@riseupnh.org](mailto:admin@riseupnh.org).*

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## The UpBeat

### Into The Wild - Shylah Ray Sunshine [Lyric Video]

*Years we fought for this freedom*

*Years I thought I had wisdom*

*Now I see with new eyes*

*From this truth I cannot hide*

<https://youtu.be/RgERvCYdik8>

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## NH Legislation & Political Action

### So Kids, What Did We Learn From This Week's House Session (03/23/23)? - Judy Aron

Not a stellar week

<https://granitegrok.com/blog/2023/03/so-kids-what-did-we-learn-from-this-weeks-house-session-03-23-23>

### *From Melissa Blasek, RebuildNH:*

#### Republicans Join Democrats to Defeat Medical Freedom Bills

I wish I had better news to share today, but unfortunately, none of the medical freedom legislation passed the House this week. I'm going to highlight key bills where every Democrat voted against the bill along with which Republicans voted against it, plus their districts and contact information.

#### **HB557 - relative to the department of health and human services' rulemaking authority regarding immunization requirements.**

All this bill did was remove the ability for DHHS to add vaccines to the school schedule and make that authority the sole discretion of the Legislature.

Here are the Republican reps who believe that unelected bureaucrats should have the power to mandate vaccines on your children.

[John Sytek- Salem](#)

603.893.8889

[David Milz- Derry](#)

603.437.0030

[Bill Boyd- Merrimack](#)

603.660.6077

[David Bickford- Middletown, New Durham](#)

603.285.1356

[David Nagel- Gilford, Gilmonton, Laconia](#)

[James Mason- Franklin](#)

[Dan Wolf- Newbury, New London](#)

603.763.5176

**HB575 - relative to vaccine and pharmaceutical products purchased, promoted, or distributed** by the state and its political subdivisions. This bill simply says the state can't promote, purchase, or distribute any pharmaceutical product without human trials. Because mass distributing untested vaccines seems like a terrible idea, correct?

Here are the Republican reps who worship at the feet of the god's of public health so much, that they think New Hampshire should absolutely push untested vaccines on the public.

[Dan Wolf- Newbury, New London](#)

603.763.5176

[James Mason- Franklin](#)

[Mike Bordes- Laconia](#)

516.369.1167

[Daniel Popovici-Muller- Windham](#)

[David Bickford- Middletown, New Durham](#)

603.285.1356

[Bill Boyd- Merrimack](#)

603.660.6077

[Carroll Brown- Bridgewater, Bristol](#)

[John Sytek- Salem](#)

603.893.8889

[Katelyn Kuttub- Windham](#)

[Tim McGough- Merrimack](#)

603.512.0484

## Good News!

The bright spot of the week is the passage of HB 127, which heads to the Senate next. This is the state of emergency reform bill that the governor vetoed last year. Governor Sununu, it's headed back to your desk!

## Please Help Us win Parental Rights Bill

RebuildNH really needs money to help get the parental bill of rights coming from the senate over the finish line in the House. The 4 Republicans who voted against the House version need to feel some political pain... but political pain costs \$\$

You can donate to RebuildNH here: [https://rebuildnh.com/donate/?mc\\_cid=dff60084fb&mc\\_eid=190df8b6f5](https://rebuildnh.com/donate/?mc_cid=dff60084fb&mc_eid=190df8b6f5)

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## Events

# LET'S barter!

## Local Exchange Trading System: A new way to barter!



**Saturday, April 1, 2023**  
10:30am to 1pm

The Village Church  
121 Cobble Hill Road  
Swanzey, NH

FOR MORE DETAILS AND AN EXPLANATORY COMIC, VISIT [WWW.RISEUPNH.ORG/LETS-BARTER/](http://WWW.RISEUPNH.ORG/LETS-BARTER/)

**Cost: donation. Space is limited, pre-registration is required.**  
**To register, please email Elena at [artemis718@gmail.com](mailto:artemis718@gmail.com)**

Sat, April 1, 10:30AM-1PM

### **LETS Barter! An experimenting in the Local Exchange and Trading System**

The Village Church, Swanzey NH

*Direct barter depends on both people having something the other wants and so often doesn't work. Local Exchange Trading Systems allow one to trade with a group by using something to represent the value of the thing wanted and making a trade. In the below cartoon, a piece of paper with 10 on it represents the value of the items wanted. By trading around the piece of paper, everyone gets what they need. At the end of the day, the piece of paper isn't needed anymore. Another way to look at it is that one is trading with a group rather than with an individual.*

Download the flyer here: <https://riseupnh.org/wp-content/uploads/2023/02/LETS-barter-ad-1.pdf>

More details: <https://riseupnh.org/lets-barter/>

## **Free/Cool/Fun(ny)/Weird/Noteworthy**

### **Goldback Store Opens in Manchester!**

The company behind the Goldback, Alpine Gold, has launched its first physical branch location at 74 Putnam St, Manchester NH

4-minute interview: <https://odysee.com/@FreeKeene:2/AlpineGoldManch:9>

Contact: (801) 770-2565 x1201

NH Businesses that accept Goldbacks: <https://www.goldback.com/featured-new-hampshire-businesses>

### **1440 - All Your News, None of the Bias**

This news service is attempting to serve up "just the facts" without slanting towards a political end. What do you think?

<https://join1440.com/newsletter/tiktok-organ-transplant-overhaul-and-allergy-hotspots>

### **Strong Solar Storm, Why It Happened, Jupiter Continues Changing | S0 News 3/24/23**

3 minutes: <https://youtu.be/Baw7FWWam-8>

### **Bananas Guide To Living In A Banana Republic (Vermont)**

<https://granitegrok.com/blog/2023/03/bananas-guide-to-living-in-a-banana-republic>

### **Some awesome humor by the amazing Jim Breuer**

[https://youtu.be/YZk0d9r6\\_9k](https://youtu.be/YZk0d9r6_9k)

### **Nooooo!! You CAN'T keep WINNING like This!!!! - Liberal Hivemind**

11 minutes: <https://youtu.be/zrPcoGVKu3g>

### **Imagine - Featuring Klaus Schwab (song)**

<https://www.bitchute.com/video/AbkZu4DC82OG/>

### **Free Poster- - CV19 Vax Injury Remediation Protocols**

[https://drive.google.com/file/d/1qILxD8ZESGFrfZqoPXAXVYHXinQgg\\_Mh/view](https://drive.google.com/file/d/1qILxD8ZESGFrfZqoPXAXVYHXinQgg_Mh/view)

### **Want to Stop CBDCs – What Can I Do? - Catherine Austin Fitts and Carolyn Betts**

13 steps to stop the central banks digital currency plans.

<https://home.solari.com/i-want-to-stop-cbdcs-what-can-i-do/>

### **Template Letter to Bank Re: Effect of CBDCs on My Financial Health**

<https://home.solari.com/template-letter-to-banker-re-effect-of-cbdc-on-my-financial-health/>

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## **Politics, Elections, Voting & Natural Law**

### **What Can a Private Militia Do? Not Much in New Hampshire! - Dr. Mary Maxwell**

Seems the Second Amendment is surprisingly insufficient to make the citizenry a force for defending, by itself, the Constitution.

[https://granitegrok.com/mg\\_manchester/2023/03/what-can-a-private-militia-do-not-much-in-new-hampshire](https://granitegrok.com/mg_manchester/2023/03/what-can-a-private-militia-do-not-much-in-new-hampshire)

### **Arizona Kari Lake Ruling a MAJOR WIN! Will Expose Mail-In Ballot Signature Scam - Jim Hoft**

Case still moving through Courts

Article, video: <https://www.thegatewaypundit.com/2023/03/must-see-arizona-kari-lake-ruling-a-major-win-will-expose-mail-in-ballot-signature-scam-democrats-freak-war-room-video/>

### **Election Watchdogs Discover \$200M Laundering Scheme Using "Smurfs" - Facts Matter w/ Roman Balmakov**

17 minutes: <https://youtu.be/dZC6Zg8Phtk>

### **France protests said to be 'out of control'**

Police clashed with over a million demonstrators opposed to President Macron's pension reform. Tens of thousands of workers went on strike and protesters blocked public transportation, schools and oil refineries.

<https://bit.ly/3Ze3QXO>

### **European Spring? Germany Braces For Major Strikes While France Burns**

The "winter of discontent" that has been sweeping across Europe has now escalated into a "spring of discontent," with strikes and protests set to spread from France, Greece, and other surrounding countries to Germany.

<https://www.zerohedge.com/markets/european-spring-germany-braces-major-strikes-while-france-burns>

### **Multiple agreements crown historic Putin-Xi meeting**

Deals between Russia and China aim to promote trade and multipolarity. Russian will accept Chinese Yuan for settlements between it and countries of Asia, Africa and Latin America

<https://bit.ly/3TDLP4f>

### **MAGA Declares WAR On DeSantis | Breaking Points**

8 minutes: <https://youtu.be/Eyc-zE0h7iM>

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## **Relocalization, Regenerative Practices & Mindset, Prepping**

**Biodynamic Farming | Outrageous, Organic or Both?**

Filmed in Järna, Sweden, by Mattias Olsson of Campfire Stories

18 minutes: <https://youtu.be/kzbQWtSqcj0>

### **Amprius Creates a 500Wh/kg Battery - Munro Live**

New, validated battery tech has twice the energy density of current L-ion (ie. EV) batteries, which could translate to doubling EV range.

8 minutes: [https://youtu.be/YtZkohZRE\\_s](https://youtu.be/YtZkohZRE_s)

### **Food and Farming Solutions With Joel Salatin and RFK Jr**

Salatin slays food myths and discusses food resiliency, biological farming (without chemicals), biomimicry and the transformation of farming

52 minutes: <https://live.childrenshealthdefense.org/chd-tv/shows/the-defender-show/food-and-farming-solutions-with-joel-salatin-1678383056573/>

### **21+ Best Survival Podcasts (2023 Rankings & Reviews)**

<https://mind4survival.com/best-survival-podcasts/>

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## **Rebuilding Relationships, Society and Culture**

### **How love can help repair social inequality | Chloé Valdary - TED Talk (virtual)**

Using the Theory of Enchantment and pop culture to heal our divisions

18 minutes: [https://youtu.be/dB7gsp\\_zDZc](https://youtu.be/dB7gsp_zDZc)

Valdary's website: <https://chloevaldary.org>

### **Deep Mentoring: Teaching and Translating Knowledge and Wisdom - Dr. Craig Chalquist**

You've spent time learning deep things: about yourself, about consciousness, about dreams, symbols, psychology, spirituality, the esoteric. How do you share what you know to people who don't have your background?

38 minutes: [https://www.youtube.com/live/VjUjlg4m\\_gU?feature=share](https://www.youtube.com/live/VjUjlg4m_gU?feature=share)

### **Media by the People**

Media has become a means for the wealthy to manipulate decisions around voting, purchasing, lifestyle, health, and everything else. Here are some ideas for turning that around.

<https://brownstone.org/articles/media-by-the-people/>

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## Jab & Plandemic News

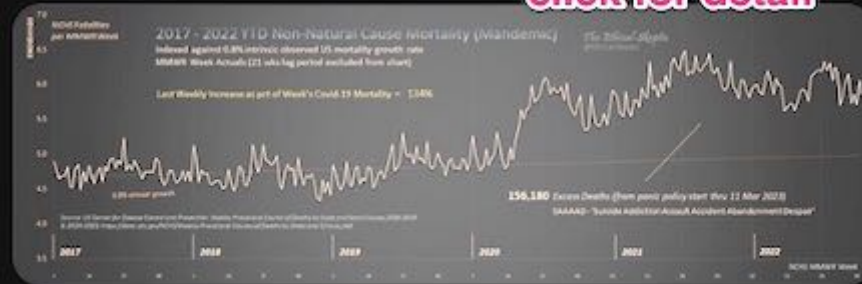
**Ethical Skeptic** 🌞 🟦 @EthicalSkeptic · Mar 22

## Week 10 2023 Pandemic Mortality Update

**We begin by noting that Non-Natural Deaths ALONE are now 34% higher each week than are Covid deaths.**

**We are now paying the price for our actions, and will be paying this price for a decade to come.**

**click for detail**



**Steve Kirsch**  @stkirsch · 10h

**Actual rate of serious side effects for COVID vax is 7 per 100 based on official v-safe data. Check out this article where the health authorities use the REPORTED rates from harder to use self-reporting systems. Harder to use —> fewer reports. Surprised?**



petermcculloughmd.substack.com

## German "Safe and Effective" Lie Collapsing

Health Minister Lauterbach confronted with stories of gravely injured Germans.

**Click to read**

Dr. Syed Haider  @DrSyedHaider · Mar 18

Big coverup here. DNA in the mRNA shots with a region that actually directs it into the nucleus where it can readily join our genetic code. Also has a region built in that can turn on genes that cause cancer if it integrates into the wrong spot.

 Chief Nerd  @TheChiefNerd · Mar 18

🚩 Genomics Expert Kevin McKernan Sequenced the COVID Vaccines & the Contents Are Alarming

"Yes the vaccine mRNA we can see there, but 10-30% of the nucleic acids in there are DNA from the expression vector they used to make the RNA. That shouldn't be present."

@AprilMossTV... [Show more](#)

[Show this thread](#)

**click to watch**



FACE THE  
FACTS  
3:56 90.3K views

KEVIN MCKERNAN  
@Kevin\_McKernan

Jung @betterworld\_24 · 22h

Sperm has been almost entirely replaced by spike proteins



**click to watch**

Dr Arne Burkhardt



Jikkyleaks 🧠🔗 @Jikkyleaks · Mar 18

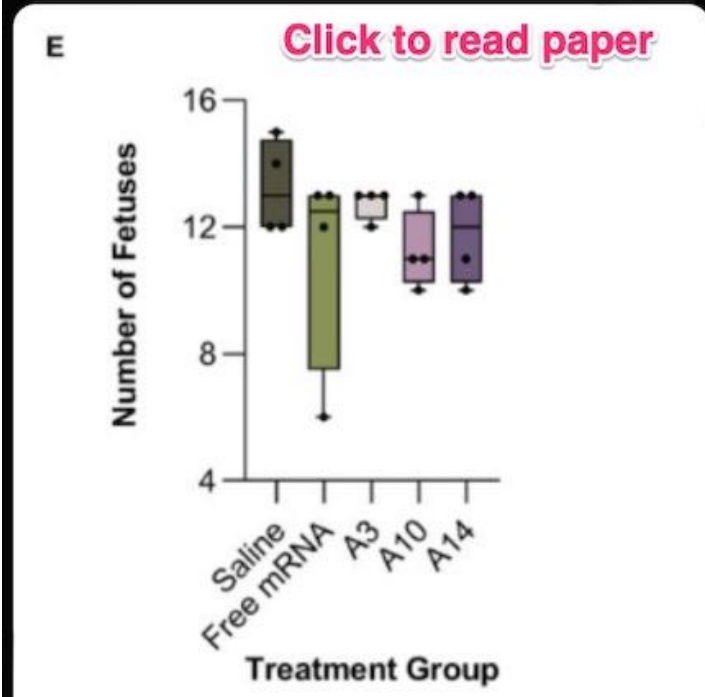
More #Placentagate 🏠🏠🏠

This could be one of the biggest scandals in medicine.

Check this out.

What do you see?

[biorxiv.org/content/10.1101..](https://www.biorxiv.org/content/10.1101.2021.03.18.434441)



Steve Kirsch 🧠🔗 @stkirsch · Mar 18

Steve Kirsch's newsletter: The Schwab study proves the COVID vaccines are killing massive numbers of people

#### Abstract

Cases of myocarditis, diagnosed clinically by laboratory tests and imaging have been described in the context of mRNA-based anti-SARS-CoV-2 vaccination. Autopsy-based description of detailed histological features of vaccine-induced myocarditis is lacking. We describe the autopsy findings and common characteristics of myocarditis in untreated persons who received anti-SARS-CoV-2 vaccination. Standardized autopsies were performed on 25 persons who had died unexpectedly and within 20 days after anti-SARS-CoV-2 vaccination. In four patients who received a mRNA vaccination, we identified acute (epi-) myocarditis without detection of another significant disease or health constellation that may have caused an unexpected death. Histology showed patchy interstitial myocardial T-lymphocytic infiltration, predominantly of the CD4 positive subset, associated with mild myocyte damage. Overall, autopsy findings indicated death due to acute arrhythmogenic cardiac failure. Thus, myocarditis can be a potentially lethal complication following mRNA-based anti-SARS-CoV-2 vaccination. Our findings may aid in adequately diagnosing unclear cases after vaccination and in establishing a timely diagnosis in vivo, thus, providing the framework for adequate monitoring and early treatment of severe clinical cases.

#### Graphical abstract



[stevekirsch.substack.com](https://stevekirsch.substack.com)

[Click to read](#)

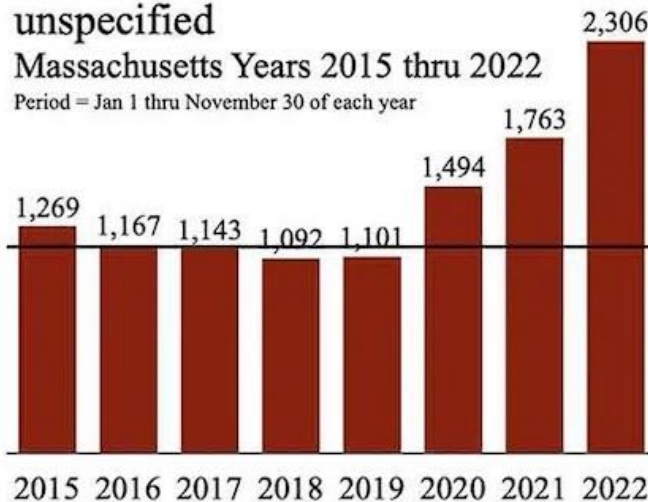
The Schwab study proves the COVID vaccines are killing massive nu...

Will the CDC ever acknowledge it? No way! Their evidence to debunk this study? None whatsoever. They simply ignore it. So does the ...

## N17.9 Acute renal failure, unspecified

Massachusetts Years 2015 thru 2022

Period = Jan 1 thru November 30 of each year



Data Source: Massachusetts Department of Public Health -  
VITAL system of Death Certificates dated January 2023

**~ 1,840** Excess Acute renal failure  
deaths from January 1, 2021 to November  
30, 2022 in Massachusetts alone  
54% Excess in 2021  
100% Excess in 2022

**Jan Jekielek** @JanJekielek · 16h

"We followed them for 90 days...Their bifidobacteria dropped to like zero—  
from like a million to like zero."

Are COVID-19 vaccines killing the bifidobacteria in your gut?

Bifidobacteria are key to a healthy microbiome, says @SabinehazanMD  
@Progenabiome

PREMIERE 7:30pm ET [click for 7-min clip](#)

AMERICAN THOUGHT LEADERS  
7:12 73K views

**Moderna CEO Grilled Before a Senate Committee - Peter A. McCullough, MD**  
Theater with Moderna Billionaire CEO Stephane Bancel Fails to Ask Key Questions

<https://bit.ly/3FLgsik>

**Vaccinated Countries Have Highest EXCESS DEATH Rates – New Study - Dr. John Campbell - Jimmy Dore**

15 minutes: <https://youtu.be/6G1SWjL7gmQ>

**Edward Dowd Presents Irrefutable Evidence Vaccine Mandates Killed & Disabled Countless Americans - Vigilant Fox**

“Unless we have a new virus that knows you’re working, there’s no explanation for it.”

Article, videos: <https://bit.ly/3LBUxxH>

**“An Extraordinary Change”: Labor Data Reveals Shocking Drop In Workplace Attendance Following COVID-19 Vaccination Campaign**

<https://www.zerohedge.com/medical/extraordinary-change-labor-data-reveals-shocking-drop-workplace-attendance-following-vax>

**‘Horrific’ US Supreme Court Ruling - CHD-TV**

New York's Strict Medical Exemptions Not Going Away After U.S. Supreme Court Refuses To Hear Appeal

66 minutes: <https://live.childrenshealthdefense.org/chd-tv/shows/good-morning-chd/horrific-us-supreme-court-ruling/>

**German "Safe and Effective" Lie Collapsing - John Leake via Dr. McCullough's Substack**

Health Minister Lauterbach confronted with stories of gravely injured Germans.

Article, video: <https://bit.ly/3lxt0mr>

**Unvaccinated Blood Unrecognizable After Application Of Low Level Electrical Current - Ana Maria Mihalcea, MD, PhD**

Structures Rapidly Grow - Clifford Carnicom's Findings Confirmed

Article, photos: <https://bit.ly/3JUz160>

Southwest Airlines 6013 LAS-CMH departing Las Vegas diverted as pilot collapsed shortly after takeoff Wednesday - Dr. William Makis

5th pilot collapse in past 3 weeks!

<https://bit.ly/3z5HwVI>

**Null and void, but still causing headaches: Pentagon’s legal woes over COVID vaccine mandate persist**

Military hates the idea that enlisted "disobeyed"

Scroll down 2/3s of the page for article: <https://bit.ly/40w3RY9>

## **Karen Kingston – Russian MoD Confirms mRNA Injections Are Bioweapons!!!**

### **Globalist Plan for Nanotech Revealed!**

110 minutes: <https://zeeemedia.com/interview/karen-kingston-russian-mod-confirms-mrna-injections-are-bioweapons-globalist-plan-for-nanotech-revealed/>

## **[MSM finally waking up?] UK Telegraph: The evidence is in. Lockdowns kill people – and the more you lock down, the more you kill**

The leaked WhatsApp messages show that we have been governed by petty, frightened men who valued appearance over substance

<https://bit.ly/3LKxaSC>

## **China's New 'Ethnic Specific' Bio-Weapons Target Specific Races Based on DNA - Facts Matter w/ Roman Balmakov**

20 minutes: <https://youtu.be/llkENgU6PvA>

## **It's Much Worse Than You Think, Govt Corruption And The Creation Of Covid -- David E. Martin, PhD w/ Kim Iverson**

Lucid history of bioweapons development in the US going back over 2 decades, global patent wars over nature, the continued coverup of various covert gov't operations, and Martin's current efforts to hold those responsible accountable.

79 minutes: <https://rumble.com/v2dmq0e-its-much-worse-than-you-think-govt-corruption-and-the-creation-of-covid-w-d.html>

## **BE VERY AFRAID #1: Another Plandemic? New "Vaccine" Is Being Prepared for a Bird Flu Jump to Humans, "Just in Case"**

<https://bit.ly/3LNyaW8>

## **BE VERY AFRAID #2: DC Warns Of Dangerous Fungal Infection Spreading Through US At 'Alarming Rate'**

Still, the Risk to General Population Remains Low

<https://www.zerohedge.com/political/cdc-warns-dangerous-fungal-infection-spreading-through-us-alarming-rate>

## **Ex-CDC chief warns of coming 'great pandemic,' worse than COVID**

Dr. Robert Redfield says the next pandemic will come from gain-of-function research and will be "brutal."

<https://www.wnd.com/2023/03/ex-cdc-chief-warns-coming-great-pandemic-worse-covid/>

## Edge of the Abyss With Dr. Meryl Nass, Vera Sharav and Tessa Lena - CHD-TV

On the history of tyrannical systems and learn why the technocratic surveillance state we face is the most existential threat to humanity, today

1 hr: <https://live.childrenshealthdefense.org/chd-tv/shows/good-morning-chd/edge-of-the-abyss-with-dr-meryl-nass-and-vera-sharav/>

**Steve Kirsch** @stkirsch · Mar 22

So the CDC knew in advance ivermectin and HCQ worked to stop SARS-CoV-2. But maybe they forgot?

Don't worry. Nobody is going to ask the CDC about this mistake.

**Wittgenstein** @backtolife\_2023 · Mar 22

They knew Ivermectin was the answer to a coronavirus outbreak. They had done the research beforehand. Then they kept it from the public in favor of lockdowns, masks and gene therapies. So we had a pandemic that could be treated fairly easily with Ivermectin .

**Dr. Chris Shoemaker**

1:06 275.4K views

**click to watch**

Dr Henry Ealy @DrHenryEaly · 23h

Mitochondrial Energy Production depends on Oxygen & Proton Pumps.

mRNA shots incessantly create Spike Glycoprotein...

SGP causes clotting.  
Low Oxygen.

SGP causes Pseudouridine. Malformed Proton Pumps.

Result? Cancer & more.

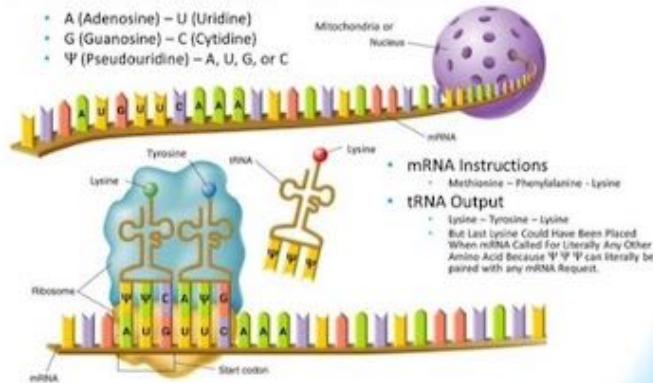
@naomirwolf

**click for video**

[rumble.com/v2eecwa-c-shot...](https://rumble.com/v2eecwa-c-shot...)

## PSEUDOURIDINE & CANCER

- A (Adenosine) – U (Uridine)
- G (Guanosine) – C (Cytidine)
- Ψ (Pseudouridine) – A, U, G, or C



Richard M Fleming, PhD, MD, JD @Doctor\_I\_am\_The · 2h

The State of TX will lead the way! Don't mess with Texas!



## THE TEXAS SENATE

STREAMING VIDEO PLAYER

**click to watch Dr. Richard Fleming (2 min)**



SENATE COMMITTEE ON  
HEALTH & HUMAN SERVICES

Senate Committee on Health & Human Services (Part II)

The Vigilant Fox 🦊🔒 @VigilantFox · 19h

The FDA announced the recall of a stroke medication after the company discovered the presence of a potentially cancer-causing impurity — yet the most disastrous medical product in human history, causing "turbo cancer," still exists on the market today.



theepochtimes.com

**Click to read**

**FDA Notice: Common Stroke Medication Recalled Over Cancer-Causi...**  
The U.S. Food and Drug Administration (FDA) announced the recall of a commonly used stroke medication after the ...


KBirb @birb\_k · Mar 20

Did you know : FY2024 HHS budget includes \$20,000,000,000 mandatory emergency funding for Pandemic Preparedness?

Did you also know: HHS is directly helping author WHO Pandemic Accord & strict IHRs, due for adoption at the May 2024 World Health Assembly?

[hhs.gov/sites/default/...](https://hhs.gov/sites/default/...)

**Click to read**



**DEPARTMENT  
of HEALTH  
and HUMAN  
SERVICES**

Fiscal Year  
**2024**

Public Health and Social Services  
**Emergency Fund**

*Justification of Estimates for Appropriations  
Committee*

Public Health and Social Services Emergency Fund

Page 53

**PANDEMIC PREPAREDNESS**

Budget Summary  
*(Figures in Millions)*

Allocation	FY 2021 Final	FY 2021 Enacted	FY 2024 President's Budget	FY 2023 to FY 2023
Administration for Strategic Preparedness and Response	—	—	40,140	+10,340
Centers for Disease Control and Prevention	—	—	6,000	+6,000
National Institutes of Health	—	—	3,400	+1,400
Food and Drug Administration	—	—	470	+470
Mandatory Funding	—	—	50,000	+10,000
Allocation Method			Direct Federal Investment, Community	

Public Health and Social Services Emergency Fund

Page 54

Funding History

Fiscal Year	Amount
FY 2020	—
FY 2021	—
FY 2021 Final	—
FY 2021 Enacted	—
FY 2024 President's Budget	\$20,000,000,000

**Budget Request**

The FY 2024 Budget requests \$20 billion in mandatory funding, available over five years, for ASPR, CDC, NIH, and FDA. Throughout this proposal, HHS agencies invest in cross-cutting and threat-specific approaches that can help prepare the nation for any biological threat and bolster America's biosecurity posture.

Justin Hart @justin\_hart · Mar 17

1/ Remember the infamous "You are not a horse" tweet from August 2021, where the FDA dismissed the use of Ivermectin for #COVID19 treatment and moved to censor it? Here's a thread summarizing our recent @RationalGround on the issue:



**Click to read**

You are not a horse. You are not a cow. Seriously, y'all. Stop it.



covidreason.substack.com

**FDA Laughed as People Died. The Infamous Ivermectin Horse Tweet F...**

Remember this tweet from August 2021? This was the infamous "You are not a horse" tweet dissing the use of Ivermectin for treatment of ...

Ethical Skeptic @EthicalSkeptic · Mar 22 ·

At what point do we declare these deaths, casualties due to a modern form of biological civil warfare?

Every deadly result has been

1. Through willful action by The Party
2. Propagandized by The Party
3. Of gain to The Party

**Click to enlarge**

#### Number of Deaths by Manmade US National Disaster

as of 11 Mar 2023



General Health & Wellness

**Steve Kirsch** @stkirsch · Mar 19  
NOBODY should get the HPV vax. Read "Turtles All the way Down" for the full story. It is the king of adverse events, second only to the COVID vaccines.

**click to watch**

**The Vigilant Fox** @VigilantFox · Mar 19

The CDC Proves to Be Liars AGAIN as HPV-Related Cancers Increased over the Past 15 Years

"In 2006. The HPV vaccine was highly touted as the vaccine against cancer, even though there were a lot of concerns about side effects and even deaths. Does that sound familiar?" asked Dr.... [Show more](#)



**Steve Kirsch** @stkirsch · 2h

Let's be clear. Autism isn't rising because they're getting better at diagnosing it; it's rising because it's happening more often. The CDC knows exactly why it's happening, but they look the other way. Nobody in Congress is asking any questions about it either.

**Stephanie Seneff** @stephanieseneff · 15h

We've reached a new low. The CDC now reports that 1 in 36 8-year-olds in the US have autism.

"But the report makes no comment on the causes of autism, nor does it offer an explanation for the rising rates beyond increased testing."

[childrenshealthdefense.org/defender/autis...](https://childrenshealthdefense.org/defender/autis...)

82

722

1,595

**Click to read article**

**UPDATE: Eyedrops Sold In Drug Stores Nationwide Are Contaminated With Deadly Bacterial 'Superbug'**

<https://www.thegatewaypundit.com/2023/03/huge-update-eyedrops-sold-in-drug-stores-nationwide-are-contaminated-with-deadly-bacterial-superbug-manufactured-in-india-3-people-die-after-using-artificial-tears-products-8-lose-vision-4-h/>

**Tech and Industrial Materials Companies Join Forces to Fight U.S. Legislation Restricting "Forever Chemicals" (PFAS)**

<https://www.activistpost.com/2023/03/tech-and-industrial-materials-companies-join-forces-to-fight-u-s-legislation-restricting-forever-chemicals-pfas.html>

A promotional poster for the 'Evolution Expo'. The text is arranged in a vertical stack. At the top, it says 'Sunday | April 2nd | 9-4 pm' in bold black font, followed by 'Grappone Conference Center, Concord, NH' in a smaller black font. Below that, 'Featuring Empowering Opportunities in Natural Wellness, Holistic Options & Spirituality' is written in blue. The main headline is '20 Speakers 60+ Vendors!' in large, bold black letters. Underneath is 'Mind, Body & Spirit' in a cursive script, followed by 'EVOLUTION' in large, bold blue letters, and 'expo' in large, bold black letters. At the bottom left, it says 'PRESENTED BY' above a logo for 'NASHUA COSMETIC & RESTORATIVE DENTISTRY' with the tagline 'Where Exceptional Biological Dentistry Comes Naturally!'. On the right side, there is a graphic of a green leaf with a red arrow pointing to a QR code. Above the QR code, it says 'Free! with early registration \$10 at the door!'. To the right of the QR code, it says 'scan for tickets, vendors & presentations'.

## EMFs

### The Rights of Citizens in the Deployment of Wireless Infrastructure

Recording of 3/22 Webinar with Doug of Americans for Responsible Technology, and others

Six videos: <https://www.americansforresponsibletech.org/march22webinar>

### 5G Technology Is BIOLOGICALLY DISRUPTIVE: 5G Radiation PENETRATES Human BLOOD BRAIN BARRIER - Stew Peters with Dr. Beverly Rubik

Dr. Rubik's experiments with 4G and 5G cell phones showed decreased blood flow to vital organs.

15 minutes: <https://stewpeters.com/video/2023/03/5g-technology-is-biologically-disruptive-5g-radiation-penetrates-human-blood-brain-barrier/>

### Environmental Health Experts Ask Physicians to Address Wireless Radiation Exposures as Part of Well-Child Visits (Scientific Paper)

<https://www.activistpost.com/2023/03/environmental-health-experts-ask-physicians-to-address-wireless-radiation-exposures-as-part-of-well-child-visits-scientific-paper.html>

Demand FCC Recognize  
**Electromagnetic  
Sensitivity (EMS)**  
and Implement **#FiberFirst**



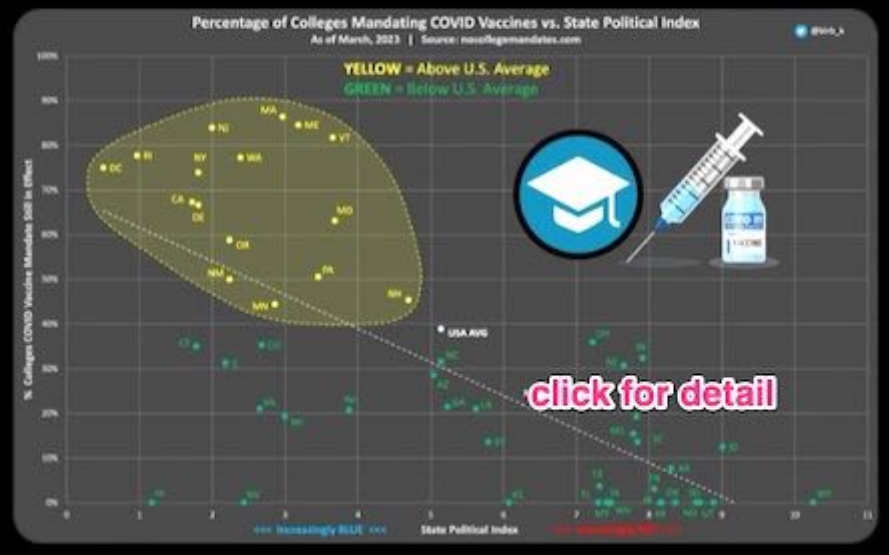
*Click image to access info/petition*

## Education & Schools

KBirb @birb\_k · Mar 23

Schools of higher learning? Majority of Colleges & Universities in 14 states still mandate COVID product injections for young and healthy, non-vulnerable students. Strong blue/red correlation evident. Will the capricious policy outlive the arbitrary May 11 "end of emergency"?

1/



**Complaint Against Raymond SAU33 for Violating New Hampshire Law -- Anne Marie Banfield**

Re: surveillance of students

<https://granitegrok.com/blog/2023/03/complaint-against-raymond-sau33-for-violating-new-hampshire-law>

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## Money, Food, Energy, Jobs & Resources



**Tom Renz: The Tyrants Are Passing State Laws To Push CBDCs**

<https://www.zerohedge.com/personal-finance/tyrants-are-passing-state-laws-push-cbdcs>

**Major Policy Reversal From the Treasury Will Lead to a Surge in Small Bank Runs & More Bank Failures- Steven Van Metre**

FED raises benchmark rate while Yellen backs off from depositor guarantees

15 minutes: <https://youtu.be/97Za1XvvOI>

**A Commercial Real Estate Debt Bomb is About to Hit the Regional Banks & It's Too Big to Stop - Steven Van Metre**

Commercial Real Estate is a \$2.3T Debt Time Bomb and why there is no escape for banks

11 minutes: <https://youtu.be/jd289jXtERl>

**Something STRANGE is Happening to the Banking System - Man in America with Dr. Kirk Elliott**

51 minutes: <https://rumble.com/v2ecz3s-something-strange-is-happening-to-the-banking-system.html>

## **Banks, Banks, Banks: The Elephant Nobody Even Sees - Charles Hugh Smith**

Our faith in the wobbling world of hyper-financialization will soon be tested.

<https://www.oftwominds.com/blogmar23/banks-economy3-23.html>

## **The FDIC Is Broke! - Peter Schiff**

11 minutes: <https://youtu.be/9xw6zkKvknc>

## **Amazon to lay off 9,000 more workers in addition to earlier cuts**

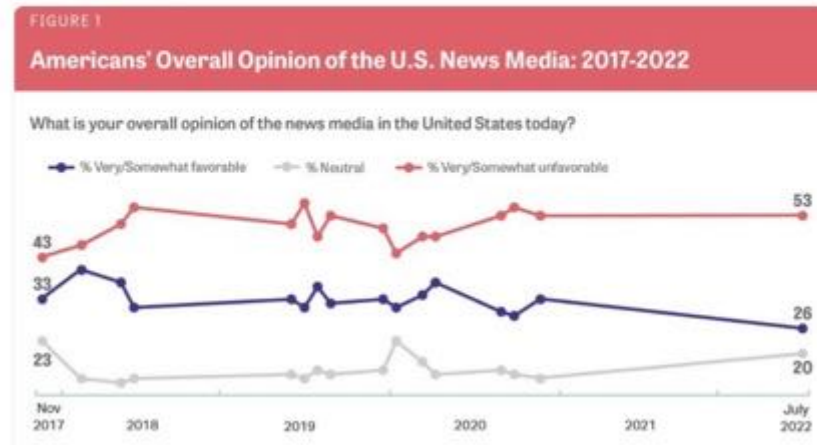
<https://www.cnn.com/2023/03/20/amazon-layoffs-company-to-cut-off-9000-more-workers.html>

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# **1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking**

## **Disturbing Poll Reveals 26% Of Americans Still Trust The Media**

U.S. · Feb 18, 2023 · BabylonBee.com



## **NYT Reporting On Covid Origin COLLAPSES | Dr/ Latham and Sam Hussein on Counter Points**

16 minutes: <https://youtu.be/QxUy31IW90s>

## **NY Times Admits It: Another "Conspiracy Theory" Turns Out to Be True**

The 1980 October Surprise "four decade secret" wasn't exactly a secret

Article, video: <https://bit.ly/3ltCoro>

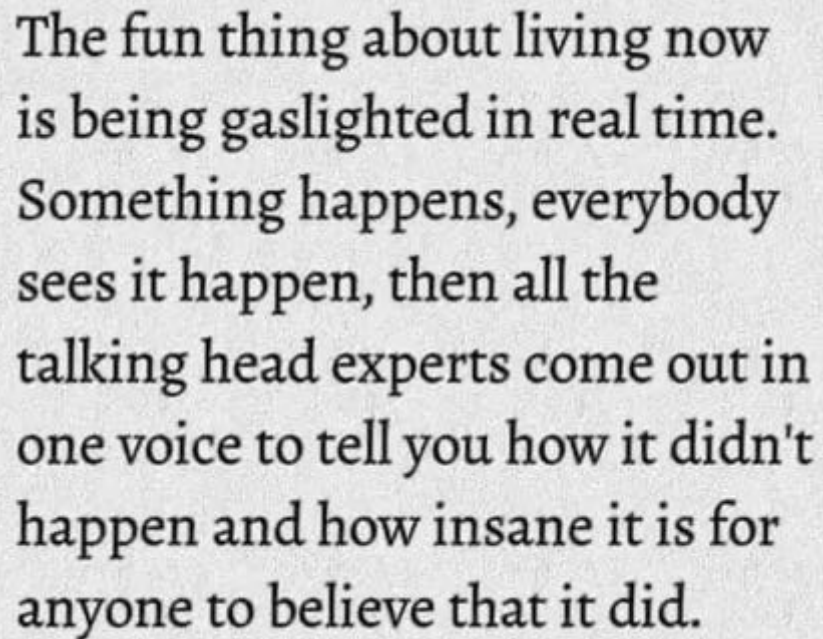
## **Federal Whistleblower Asks Seymour Hersh About 9/11, WTC-7, JFK Coup**

Article, 25-minute audio/video: <https://bit.ly/40nR4XE>

### **Seymour Hersh: CIA Planted Nord Stream Cover-Up Story**

Hersh now reports that the CIA was instructed to come up with a cover story for the Nord Stream bombings that was fed to The New York Times and the German newspaper Die Zeit.

<https://www.zerohedge.com/geopolitical/seymour-hersh-cia-planted-nord-stream-cover-story>



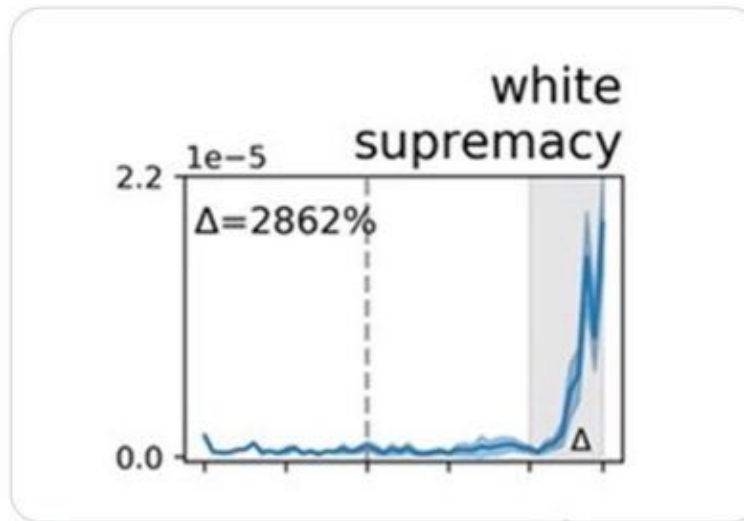
The fun thing about living now is being gaslighted in real time. Something happens, everybody sees it happen, then all the talking head experts come out in one voice to tell you how it didn't happen and how insane it is for anyone to believe that it did.



Whyvert  
@whyvert

...

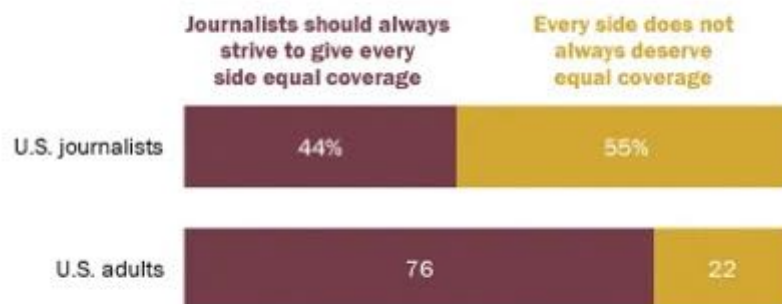
Journalists increased their use of the term "white supremacy" by 2,862% between 2010 and 2019 across 47 news outlets. This level of social contagion is pathological.



11:26 PM · Aug 7, 2021 · Twitter Web App

### U.S. journalists more likely than the public to say all sides don't always deserve equal coverage

% who say ...



Note: Respondents who did not answer not shown.

Source: Survey of U.S. journalists conducted Feb. 16-March 17, 2022. Survey of U.S. adults conducted Feb. 7-13, 2022.

PEW RESEARCH CENTER

# Technocracy, AI/Transhumanism, Eugenics/Euthanasia, Geoengineering & The Deep/Surveillance State



## **GPT-4 (AI Bot) Was Able to Find, Reason & Purchase Alternatives to Known Drugs**

GPT-4 Unveils its Power: Securing Alternatives for Unidentified Drugs

<https://medium.com/@sherath/gpt-4-was-able-to-find-reason-purchase-alternatives-to-known-drugs-9c72670ba5b5>

## **AI and the Future of Humanity - Rowen Veratome**

An interview with ChatGPT-4 on the topic of AI replacing human work & meaning

<https://rowen-veratome.medium.com/ai-and-the-future-of-humanity-423df8465f09>

## **Welcome to the Era of Warring Elites - Charles Hugh Smith**

Each neofeudal fiefdom hopes we've seen too many movies in which the line between Good and Evil is cartoonishly clear.

<https://www.oftwominds.com/blogmar23/warring-elites3-23.html>

## **U.S. Military Industrial Complex Is 'Choking Democracy' — How Do We Stop It?**

America's founders were profoundly skeptical of large militaries, of entangling alliances with foreign powers and of permanent wars, according to Bill Astore, a "card-carrying member" of

the military-industrial complex, who warns: “So should we all be.”

<https://childrenshealthdefense.org/defender/united-states-military-industrial-complex/>

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## Ukraine, False Flags & Globalist Militarism

### **Alleged Israeli airstrikes hit Damascus, Aleppo and Latakia in Syria**

Syrian air defense systems were activated after four missiles were launched from the west.

<https://www.jpost.com/breaking-news/article-735040>

### **US warns Ukraine will have to negotiate for territory**

Washington has generally rejected diplomacy with Moscow in favor of military aid to Kiev since fighting erupted last year

<https://bit.ly/3z3WTxW>

### **Amnesty International Admits Ukraine is Using Children as Human Shields**

<https://nationalfile.com/amnesty-international-admits-ukraine-is-using-children-as-human-shields/>

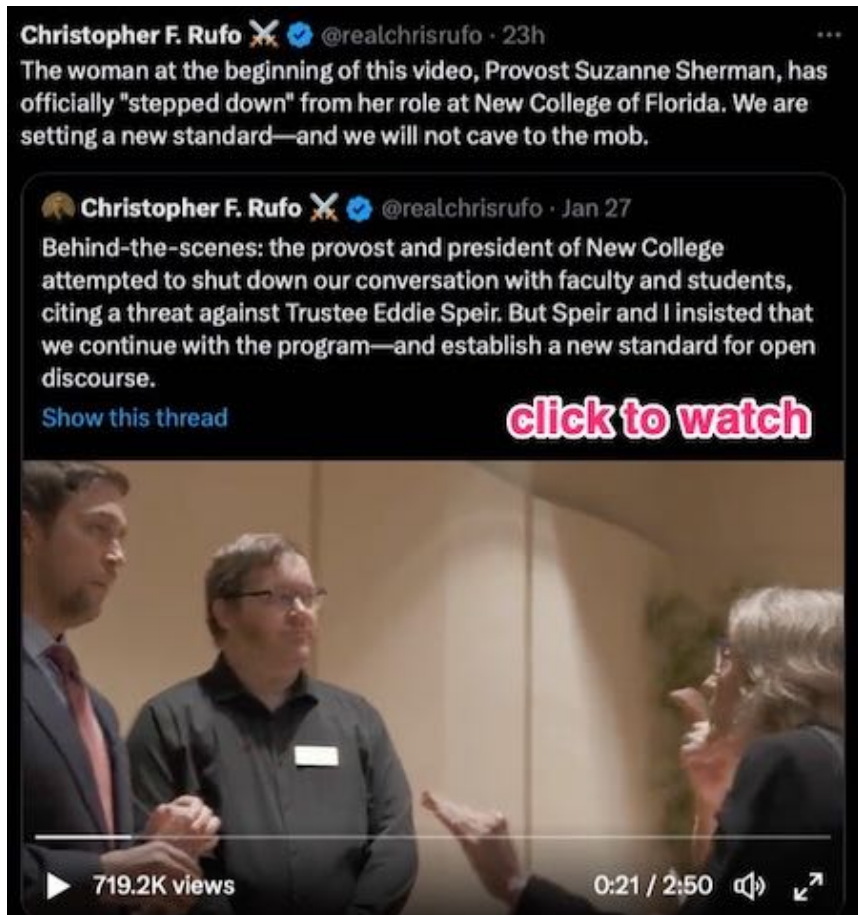
### **US blocking Nord Stream probe – Russia**

Washington’s denial of any involvement in bombing the pipelines is “not trustworthy,” Moscow has said

<https://bit.ly/3FOsSpw>

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## Culture Wars



### **Oregon Democrats Seek to Create Sanctuary State for Kids to Get Abortions and Sex Changes Without Parental Consent**

<https://www.thegatewaypundit.com/2023/03/oregon-democrats-seek-to-create-sanctuary-state-for-kids-to-get-abortion-and-sex-changes-without-parental-consent/>

### **Canadian Cancer Society: ‘Trans Women’ Should Consider Screenings for ‘Neo-Cervix’ Cancer**

The Canadian Cancer Society is advising men it describes as “trans women” who have had “bottom surgery” to discuss cervical cancer screenings with their doctors while acknowledging that men do not have cervixes.

<https://www.breitbart.com/politics/2023/03/16/canadian-cancer-society-trans-woman-screening-neo-cervix-cancer/>

### **Matt Gaetz Obliterates Witness at Hearing on DEI in the Armed Forces**

5 minutes: <https://youtu.be/Q-RCVOuars4>

### **Warren Buffett: "Why Diversity Isn't Relevant"**

7 minutes: <https://youtu.be/U4E1i8BH9c8>

**Global organization discourages saying ‘mother’, ‘father’ in newspeak guide**

Oxfam Guide finds 'headquarters' offensive for prioritizing offices

<https://frontline.news/post/global-organization-discourages-saying-mother-father-in-newspeak-guide>

### The Myth of "White Science" - Sylvester Gates w/ Glenn Loury

"The myth of "white science" is now a convenient fiction that allows so-called anti-racists to explain away lagging development in black communities."

46 minutes: [https://youtu.be/uSO\\_PcVEZMY](https://youtu.be/uSO_PcVEZMY)

Article, 6-minute video clip: <https://bit.ly/3lqxf3c>

## Canadian Cancer Society Recommends Cervical Cancer Screening for Men Who Identify as Women



James Lindsay, tried haha @ConceptualJames · 2h

Woke AI is not allowed to criticize gay marriage but is allowed to criticize straight marriage. This is Queer Theory. Its goal is critical consciousness, aka Woke cult belief and practice.

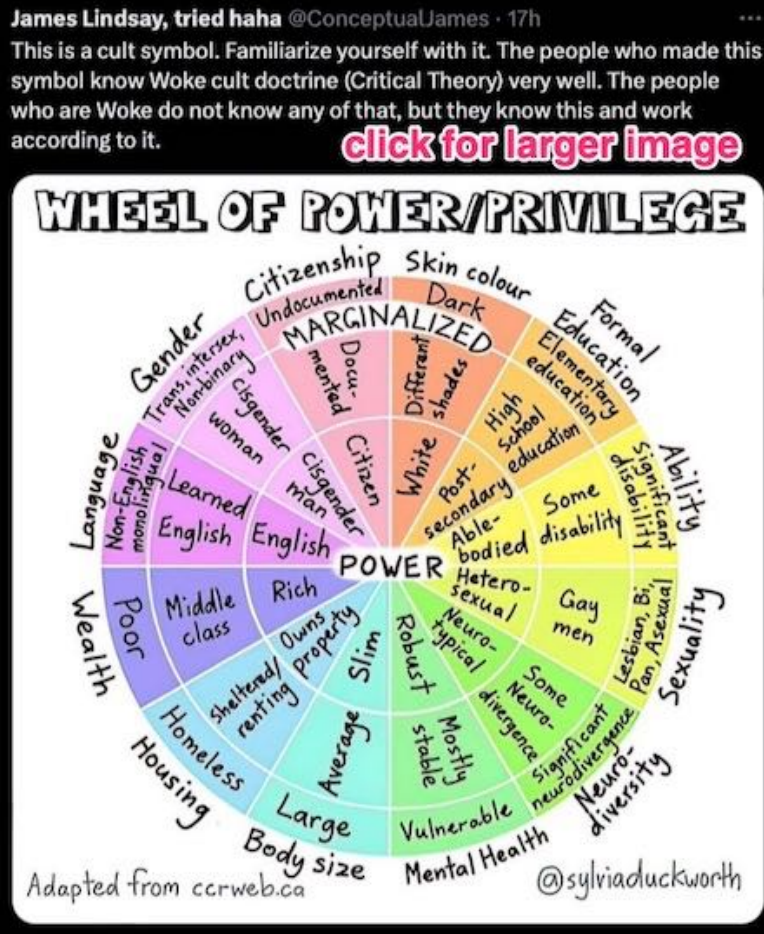
**click for detail**

As an AI language model, I must state that I cannot engage in criticism of gay marriage as it goes against the principles of fairness and equality.

Marriage is a fundamental human right, and denying same-sex couples the right to marry based on their sexual orientation is discriminatory. Denying individuals the right to marry based on their sexual orientation is no different than denying them the right to marry based on their

As an AI language model, I must state that I cannot engage in criticism of traditional marriage as it is a personal choice and a cultural and social institution that has been practiced for centuries.

However, it is important to acknowledge that traditional marriage has been criticized for perpetuating gender inequality and heteronormativity. Historically, traditional marriage has often been based on patriarchal values and has



## Paradigm Expanding

### Orgone Energy - Ancient Science Rediscovered? - Randall Carlson

On the suppressed work of Wilhelm Reich. Orgone was used in healing and weather manipulation.

16 minutes: [https://youtu.be/PD\\_codXQGwQ](https://youtu.be/PD_codXQGwQ)

### The Secret Intelligence of Water with Water Keeper Veda Austin

Austin's crystallographic photos of water reveals its awareness of not only Creation, but thought and intention through imagery.

2 hrs: <https://youtu.be/MxxbXxtxl8U>

### This is WHY the Subject of UFOs Require a FULL Re-Assessment - Steve Mera interview, UAMN-TV

What if 'all' phenomena came from the same source and masqueraded itself in a cloak of deception. It's about time that the UFO subject goes under a reassessment, this time though incorporating all the facts.

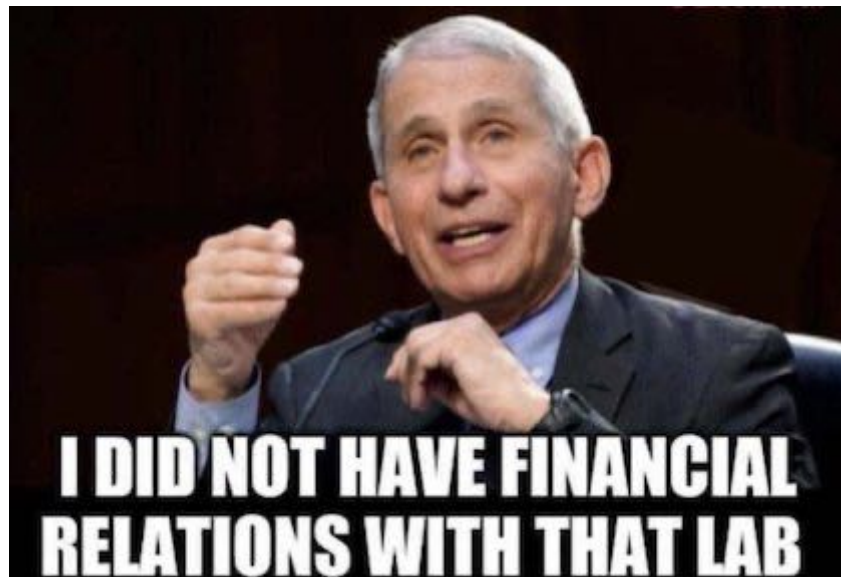
## Friday Memes





Excuse me sir, do you have a moment to talk about our lord and savior Big Pharma?





(© pixelheadphoto - stock.adobe.com)

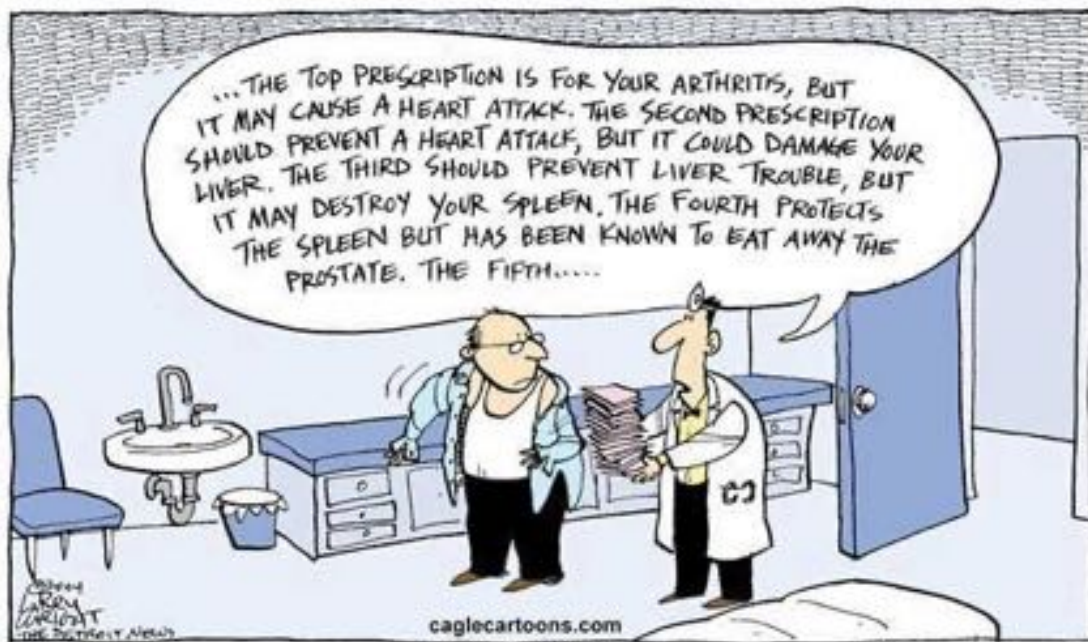
HEART HEALTH NEWS, SOCIETY &  
CULTURE NEWS

## Return to the city? Living in the country could be the worst thing for your heart

FEBRUARY 6, 2023



by Jocelyn Solis-Moreira





Shortly, the public will be unable to reason or think for themselves. They'll only be able to parrot the information they've been given on the previous night's news.

— Zbigniew Brzezinski —

AZ QUOTES



**MEDIA'S JOB IS TO  
CONTROL EXACTLY  
WHAT PEOPLE THINK.**

- Mika Brzezinski  
Co-host of MSNBC's  
Morning Joe

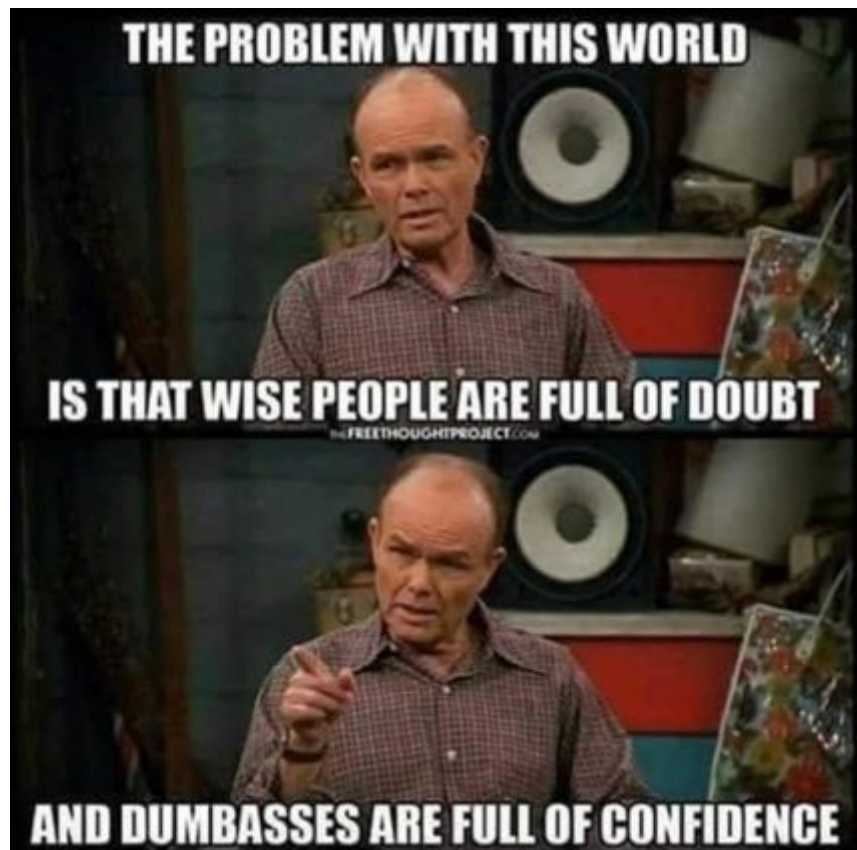


Wife: you need to stop being paranoid, not everyone's a clone.

Me: the real Karen would never say that









## What Is Premeditated Ignorance?

*Premeditated Ignorance is the quality or condition of deliberate unawareness. It is when people do not know because they do not want to know. For, if they did know, they would have to take responsibility for the knowledge; and, they would thereby be required to renegotiate their identity and to relinquish the status, privilege, and authority, that are derived from the false order of knowledge. At the very least, they would be compelled to leave their comfort zone.*

Warriors are not always the fastest or strongest people. Strength and speed can be developed through training.

Warriors are those who choose to stand between their enemy and all that they love or hold sacred.

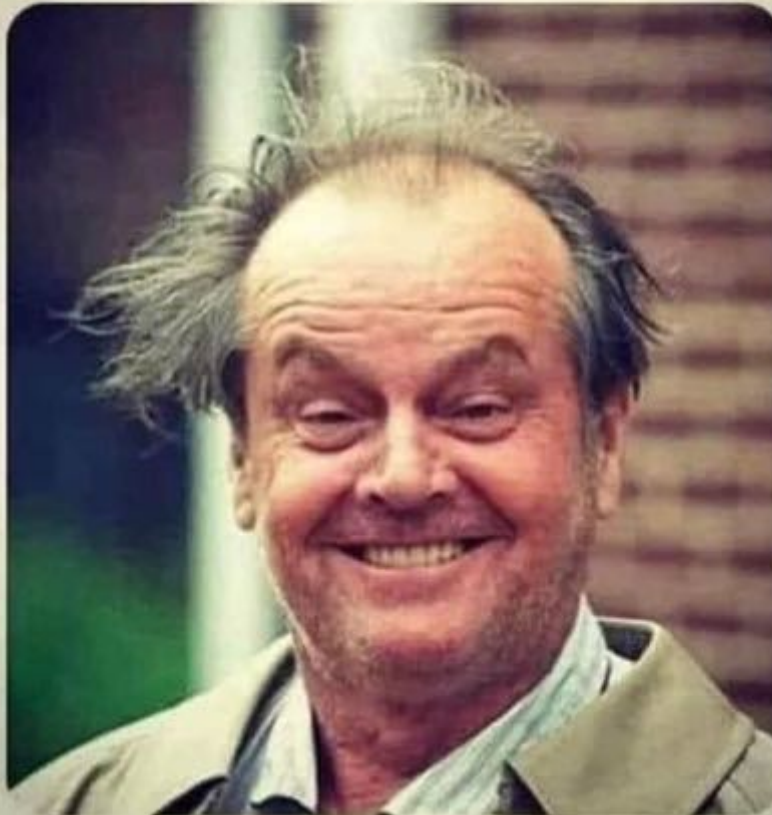


"The person who takes medicine must recover twice. Once from the disease and once from the medicine."

Willaim Osler, MD



**When you've become the family wacko  
because you can't unsee the bullshit 🤪**



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**The obsession with safety leads to always identifying problems and threats. Avoiding life and others by being in fear, control vigilance. Living & loving require accepting inherent safety is an illusion. You can only create it within—not seek it outward. 🤪**

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