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Newsletter - Monday February 27, 2023

Subscribe here (free): https://riseupnh.org/get-involved/

Welcome to our **Monday Solutions Edition** with curated news of the day and memes at bottom. Today's solutions include spike protein detoxification and other health-promoting resources, a number of low-cost home-building options, an inspiring permaculture community plan, more food preservation how-to's, promising developments in renewable energy and battery tech, a worthy micropayments system, a new educational model in Montreal, several articles for rebuilding social trust, and much more.

On the local front, join us in Keene **Thursday March 16 6PM** for a **Community Game and Acoustic Music Jam** Evening, and on **Saturday April 1 at 10:30AM** for our fledgling **LETS Barter** experiment -- see the Events section below for details.

Please join us at 1PM today for our community zoom conversation.



Yes, we are winning!

John-Michael and the RiseUpNH team

We are (still) fundraising!

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.

PLEASE DONATE TODAY to support our efforts. Thank you!

SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true.

Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so.

In general, we do not repeat the ubiquitous mainstream narratives, though most items reference these in their arguments.

Please do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind.

COLLECTIVE SENSE-MAKING IS A PATH, NOT A DESTINATION.

Up First!

Top news and views....



Excess Mortality Goes Mainstream in Earth-Shattering Ed Dowd/Tucker Carlson Interview

Article, videos: https://dailyclout.io/excess-mortality-goes-mainstream-in-earth-shattering-ed-dowd-tucker-carlson-interview/

There are Two Separate Tracks - James Roguski

It seems like nearly everyone is having difficulty maintaining clarity between the proposed amendments to the International Health Regulations and the proposed "Pandemic Treaty." https://jamesroguski.substack.com/p/there-are-two-separate-tracks

Russia AND China Demand UN Investigation Into Nord Stream Bombing - Jimmy Dore Show (Aaron Maté)

10 minutes: https://youtu.be/5vGIQo96Xbo

"We're Dying Slowly": East Palestine Residents Report Bizarre Health Issues After Toxic Train Derailment

https://www.zerohedge.com/medical/were-dying-slowly-east-palestine-residents-report-bizarre-health-issues-after-toxic-train

US Announces \$2 Billion Arms Package for Ukraine, New Sanctions on Russia

https://news.antiwar.com/2023/02/26/us-announces-2-billion-arms-package-for-ukraine-new-sanctions-on-russia/

If We No Longer Pay Attention to Things We Don't Control, What's Left For Us to Focus On? - Charles Hugh Smith

Our time is better invested in actually learning about trends that impact us directly. https://www.oftwominds.com/blogfeb23/no-control2-23.html

From NH Liberty Alliance:

Position	Bill	Title	Committee	Day	Time	Room	State Analysis
Support	HB36:	relative to deadlines for candidates 3 filing by nomination papers for state general elections.	Election Law	Tue 2/28		LOB Room 306- 308	This bill changes the deadlines for candidates filing by nomination papers for state general elections.
Of Interest	HB387	permitting election ballots to be viewed pursuant to a right to know request.	Election Law	Tue 2/28		LOB Room 306- 308	This bill permits election ballots to be viewed pursuant to a right to know request.
Support	HB136	relative to the department of health and human services collaborating and holding a roll call vote on final proposal of rules with the advisory council prior to departmental rulemaking.	Health. Human Services and Elderly Affairs		19:30 AM	LOB Room 210- 211	This bill requires the department of health and human services seek authorization from the advisory council for the department of health and human services prior to adopting departmental rules.



Organic Produce in Acworth

• Garden access will be run as a P. M. A.

- The details are still being worked out and adjustments will be made as necessary, but the newly-established gardens will be planted this spring with a variety of vegetables. Some medicinal herb plant starts will be available as well.
- •Initially either "pick your own" or order ahead to have produce ready for pick-up. Deanne Sanville the.lilac.dragonfly@gmail.com

Get a free astrology reading with our own Celeste Longacre

She joins Dan Mitchell the 3rd Wed. of every month on AM WKBK 1290 (wkbkradio.com). She's on from 9:05 to 10:00 AM. Give it a listen.

Abenaki Springs Farm - 2023 CSA signups now available. Details:

Vegetable CSA: https://abenakispringsfarm.com/vegetable-csa/

Meat CSA: https://abenakispringsfarm.com/meats/





CELEBRATING THE WHOLE CHILD

I have over 20 years of experience as an occupational therapy practitioner, and I am offering support to families with life skills, sensory strategies, regulation, children's yoga and mindfulness as well as strategies for visual motor and visual perception success. I offer extensive experience working with children with a wide variety of learning styles and abilities. Contact Alison a-lovejoy@comcast.net for additional information on how to receive individual consultations and supports.







Have a business or item you'd like to share here? Contact admin@riseupnh.org.

The UpBeat

Lee County GOP Invokes Nuremberg Code, Calls on DeSantis to Ban Bioweapon Death Jab

https://nationalfile.com/lee-county-gop-invokes-nuremberg-code-calls-on-desantis-to-ban-bioweapon-death-jab/

Deva Premal & Miten - So Much Magnificence

https://youtu.be/bpdGV8mPA2w

Train - Calling All Angels

And I'm calling all angels
I'm calling all you angels
I won't give up if you don't give up
https://youtu.be/TaG9SDxwPBg

Events



Community game night and Acoustic Jam (No Sound System)
Thursday March 16 6:00pm, Country Life Restaurant 15 Roxbury St. Keene NH

Bring a board game and play with friends and family and/or Bring an instrument/voice to play with other musicians. Don't Be Shy!!!! Questions, contact Bill at wmarog@yahoo.com

SAVE THE DATE!

Sat, April 1, 10:30AM-1PM

LETS Barter! An experimenting in the Local Exchange and Trading System

The Village Church, Swanzey NH

Download the flyer here: https://riseupnh.org/wp-content/uploads/2023/02/LETS-barter-ad-

1.pdf

LETS barter!

Local Exchange Trading System - a new way to barter

Free/Cool/Fun(ny)/Weird/Noteworthy

The Media Is Seething After Woody Harrelson Drops Truth Bombs About Big Pharma During SNL Monologue

The MSM response perfectly proves his point.

1 minute: https://youtu.be/s 5PFcTiUg0

Jordan Peterson - Should You Be Worried About the WEF?

Peterson warns about focusing too much on such outer forces, but also has strong words about these central planners, carbon scores, and more.

16 minutes: https://youtu.be/0uhiYcG0Psg

The Real Climate Crisis - PragerU

We're supposed to be in a climate crisis. And we are. But not in the way you think. Alex Epstein, author of Fossil Future, explains the real crisis and what we can do to get out of it. 5 minutes: https://www.prageru.com/video/the-real-climate-crisis

Free! 3 books: RFK, Malone, Dowd

until Monday, February 27th 2023 on Amazon Kindle https://scientificprogress.substack.com/p/free-3-books-rfk-malone-dowd



Politics, Elections, Voting & Natural Law



Corporations Have 'Weaponized' the Government. Here's How to Stop Them.

To stop corporations from hijacking the U.S. government and make them accountable to our democratic system, we must abolish all corporate constitutional rights by enacting the We the People Amendment (HJR48), soon to be introduced again by Rep. Pramila Jayapal (D-Wash.).

https://childrenshealthdefense.org/defender/corporations-weaponized-government-cd/

National Divorce: Should The USA Break Up? Michael Malice ("The White Pill") Speaks – Ask Dr. Drew

76 minutes: https://www.youtube.com/live/T3zEEVMxZmg

From NH Patriot Hub:

Residents of Salem/Sandown/Pelham, NH have a great opportunity to be the first towns in NH to **get rid of our voting machines**. Please share the information below and vote YES on March 14, 2023 to remove the voting machines from your towns. All elections going forward will be hand counted using paper ballots. Check out the websites below, for each town, for more detail.

Salem, NH

Please vote YES on Article 22

https://www.townofsalemnh.org/sites/g/files/vyhlif7996/f/uploads/march_14_2023_voters_guide.pdf

Sandown, NH

Please vote YES on Article 21

https://www.sandown.us/sites/g/files/vyhlif4976/f/news/voterguide2023.pdf

Pelham, NH

Please vote YES on Article 16

https://www.pelhamweb.com/sites/g/files/vyhlif4856/f/uploads/sample_ballot_2023_town_election2.pdf

https://www.pelhamweb.com/sites/g/files/vyhlif4856/f/uploads/2023_voter_guide.pdf

Relocalization, Regenerative Practices & Mindset, Prepping

Living Off Grid in an Earthship-Style Passive Solar Home for 10 Years + Full Tour (Colorado)

167 minutes: https://youtu.be/RM5izEs7KEg

6x7 Meters (452sqft) \$9k Tiny House Design | 1 Bedroom House Tour

9 minutes: https://youtu.be/q_f6Ga9YAq4

I Built a 333-sqft Hobbit Home...For ONLY \$1K!?

Passive home-building for sub-zero climates.

10 minutes: https://youtu.be/q86I1LIRaKU

250 Acre Eco Community Permaculture Masterplan - Bio-Veda Academy

Possible model for future communities?

40 minutes: https://youtu.be/N6dc8C9MFXU

Preserve Meat Without Refrigeration FOREVER with only 1 Ingredient! | Historical Salt Cured Meat

15 minutes: https://youtu.be/HNJ FK91321

15 Medicinal herbs to Grow, and their Common Uses - Homesteading Family

31 minutes: https://youtu.be/0xxJJNNH6LA

Canning Milk How-to. Long Term Food Preservation.

7 minutes: https://youtu.be/h35VnWMO1ul

The smartest renewable rooftop system in the world? - Just Have a Think

14 minutes: https://youtu.be/1vJuKxAIMuA

Rebuilding Relationships, Society and Culture

We the People's Forum - Social Media and the 1st Amendment - Braver Angels

We the People's Project is a Braver Angels initiative to bring together a diverse group of working-class Americans to build a house united in America.

1.5 hrs: https://youtu.be/tGVrV_yALuQ Learn more at www.braverangels.org/wpp

The Wisdom Traditions - Iain McGilchrist and Muhammed Foulds

Foulds is a Biologist & Human Ecologist and Historian specialising in the study of Nature Connectedness, Cosmometry and Biogeometry and its connection to Divine Order. He is a Permaculturist and beekeeper and Professional Outdoor Field Guide and Tracker.

44 minutes, chapterized: https://youtu.be/5qpj5KuOSPk

Making Peace with America's History By Honoring Both Indigenous and European Traditions - Steve McIntosh

Can patriotic pride and progressive cultural criticism co-exist?

https://developmentalist.org/article/making-peace-with-americas-history-by-honoring-both-indigenous-and-european-traditions/

Jab & Plandemic News





New Studies Deliver Harsh Verdicts on Mask Mandates, Vaccine Mandates for U.S. Cities

Two new studies on the effectiveness of mask mandates and city-level COVID-19 vaccine mandates concluded the policies failed to achieve their promised objectives. The study on

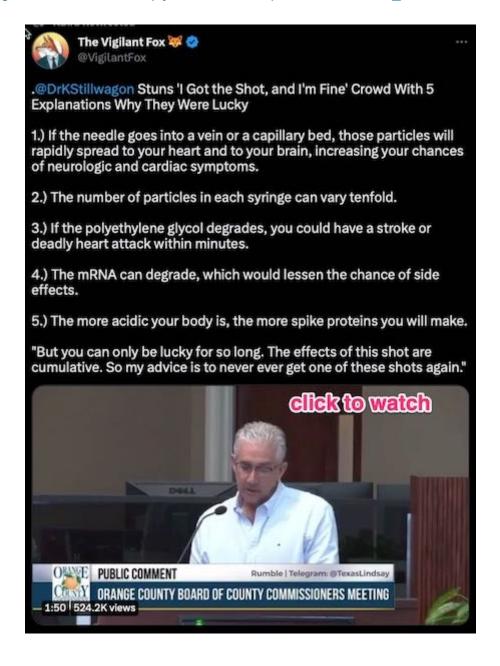
vaccine mandates found the mandates caused economic harm.

https://childrenshealthdefense.org/defender/covid-mask-vaccine-mandates-cities/

Jan. 12, 2017 DARPA tweet: @moderna_tx has begun Phase 1 trials of DARPA-funded mRNA-1325 #Zika vaccine & cleared to begin trials of mRNA-1388

MoDARPA was the hidden front runner in Trump's Warp Speed. In fact, he was working with them before OWS was even official! Two days after the *novel* virus sequence was released. Pfizer came later.

https://sagehana.substack.com/p/jan-12-2017-darpa-tweet-moderna_tx



Jurassic Carl 🔪 👮 @carl_jurassic · 12h They're "letting us" have the lab leak hypothesis because they know that it was a deliberate bioweapon release, which I believe is kinda criminal. It has been AT LEAST more than one deliberate release-"Omicron! The paternity test result is in and Delta is not your daddy! 20H)Bets V25 21H (Mul) 21K (Omio 21K (Omlerse 201 (Alpha, V1) 207 (Ganma, V3) 298 199 20A 20G 231 (Delta) 21 / (Delta) 21C (Kpalkori) 200 209 210000 23F (Nota) 200 (EU1) 21G Sambdal

Denis Rancourt @denisrancourt · 2h

Current round of USA-deep-state propaganda (China lab leak) accomplishes 4 things:

- perpetuates false idea that there was a particularly virulent pathogen

2021-5et

- blames China

-175 TOACH 200

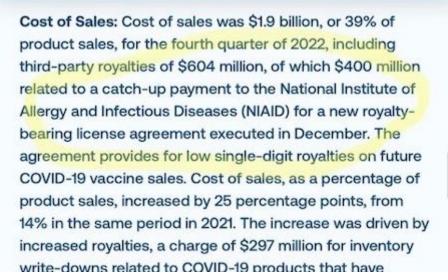
- turns attention away from domestic gov assaults against people
- cools down the massively injured public



Here are the receipts. Modern'a own report just released notes a \$400 million "catch up" payment of royalties to the NIAID (the org formerly headed by Fauci).

NASD: MRNA \$139.26 Vol: 5,998,695

moderna

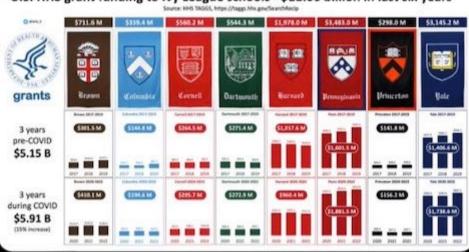


KBirb @birb k · Feb 25

Are academic institutions free-thinking? During 3 years prior to covid and 3 years of covid, the 8 Ivy League schools received \$11.06B in HHS grants. Covid years involved 15% higher funding. Notable that the U.S. HHS funds & runs CDC, FDA, and NIH (including sub-unit NIAID).

1/







General Health & Wellness



Detoxing from the Spike Protein - High Intensity Health

33 minutes: https://www.youtube.com/live/tRSTjtC1BdY

PFAs found in Popular Food Packaging

8 minutes: https://youtu.be/RmagGrmA6gs

DR. JOE DISPENZA: How to do "the Breath" A Step by Step Guide

26 minutes, chapterized: https://youtu.be/ZGs4gkUeyDU

Chronic Sinus Problems? Try the Bulletproof Sinus Rinse.

6 minutes: https://youtu.be/dwJBBinb220

The END of Hypertension (High Blood Pressure) - Dr. Eric Berg

9 minutes: https://youtu.be/Nx2YpCEL0sU

Human 6G Antennas? 'One of the Worst Ideas Ever,' Critic Says

Authors of a new study say human beings wearing special copper-coiled bracelets could be used as part of an electromagnetic radiation antenna system to power 6G. Critics say the technology could be harmful to your health.

https://childrenshealthdefense.org/defender/human-6g-antennas/

Frequencies, Part 1: Was Einstein Right About the Future of Medicine?

The first in a two-part series on frequencies explains the intimate relationship between electromagnetism and life and suggests we should question the ever-greater reliance humans have on wireless information and communication systems and the electrosmog they create.

https://childrenshealthdefense.org/defender/frequencies-einstein-future-medicine/

Tech tips for your health | Dr. Alexia McKnight | TEDxLancaster

McKnight was healthy until a smart electric meter that was placed on her house.

17 minutes: https://youtu.be/2-ua-e-rY5M

Electric Malady in cinemas 3 March

One man's harrowing battle with electrosensitivity www.conic.film/films/electricmalady

Education & Schools

NH Schools Building Psychological Profiles on Children Without Parental Knowledge or Consent

https://granitegrok.com/blog/2023/02/nh-schools-building-psychological-profiles-on-children-without-parental-knowledge-or-consent

In One of North America's Oldest Cities, a New Vision for the Future of Learning

This is Trafalgar's (and Montreal's) Big Bold Move

https://samchaltain.substack.com/p/in-one-of-north-americas-oldest-cities

Money, Food, Energy, Jobs & Resources



HBAR: The Best Investment I Have Ever Made Outside Gold & Silver (Hedera Hashgraph) - Mike Maloney

35 minutes: https://youtu.be/vdrQXkrsHig

Custom-made 3D printed solid-state batteries made by US company

10 minutes: https://youtu.be/i4_luBHQiLk

World's highest energy density Lithium Air battery solved! Up to 2000km EV range!

12 minutes: https://youtu.be/Xz7jWiQoKA8

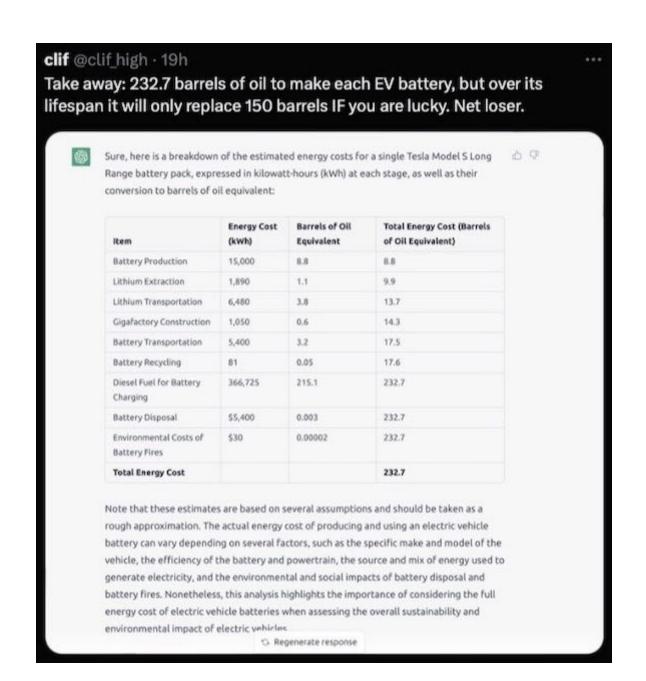
Stainless Steal - Charles Hugh Smith

The decay in quality reveals that the collapse of the neoliberal-hyper-financialization-hyper-globalization model has already occurred.

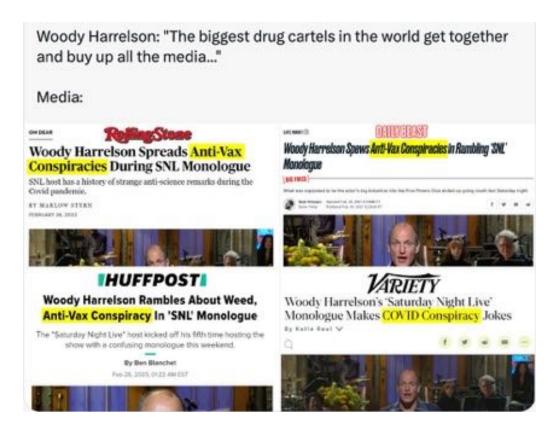
https://www.oftwominds.com/blogfeb23/stainless-steal2-23.html

Mark Mills: The energy transition delusion: inescapable mineral realities

47 minutes: https://youtu.be/sgOEGKDVvsg

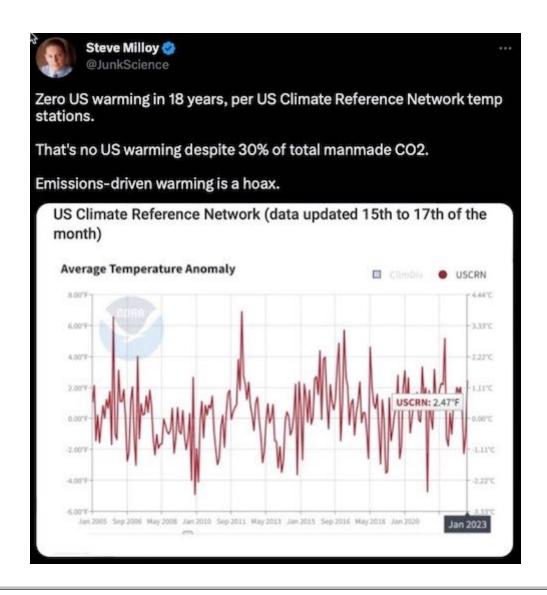


1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking



SCOTUS Hears MONUMENTAL Case On Future Of Free Speech Online: Google v Gonzalez - The Hill

11 minutes: https://youtu.be/m91TxwLum6A



Technocracy, Al/Transhumanism, Eugenics/Euthanasia, Geoengineering & The Deep/Surveillance State

Did Al Just Layoff THOUSANDS At Google? | Breaking Points

12,000 get the a(i)xe. The further commodification of human beings.

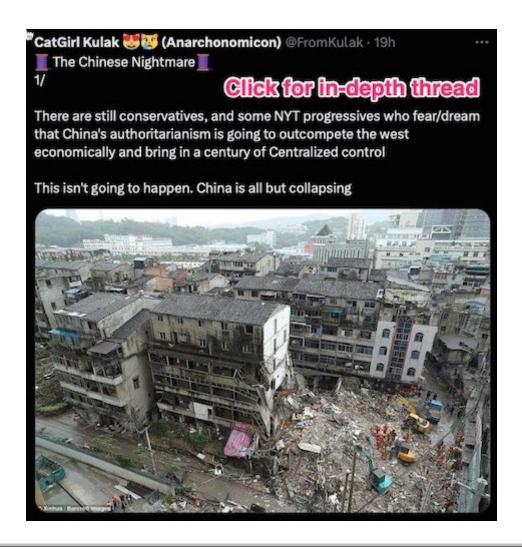
7 minutes: https://youtu.be/UvRVbyhYrhU

Soros, Geoengineering, & Moon Dust - ClimateViewer (Jim Lee)

Resource links in show notes below video

49 minutes: https://www.youtube.com/live/mEOSCq9O2d0

Jim Lee's website: https://connect.climateviewer.com/



Ukraine, False Flags & Globalist Militarism

Seymour Hersh Joins Brie & Robby For An Exclusive Interview On Rising

29 minutes: https://youtu.be/yghLy27cJMI

Democrats DEFLECT Nord Stream Explosion Inquiries As Questions Mount - The Hill/Briahna Joy Gray

18 minutes: https://youtu.be/-wN2jVMEuQY

Western Leaders Privately Admit Ukraine Can't Win The War

https://www.zerohedge.com/geopolitical/western-leaders-privately-admit-ukraine-cant-winwar

Ukraine War Poses Existential Threat To Survival Of The Russian People: Putin https://www.zerohedge.com/geopolitical/ukraine-war-poses-existential-threat-survival-russian-people-putin

Culture Wars

Professor warns Tucker of 'very troubling patterns in society'

Equity agenda exposes a new form of institutional racism

3 minutes: https://youtu.be/o2ZdGkeVs2k

Paradigm Expanding

Plot Twist: There's No Dark Matter. Our Theory of Gravity is Broken.

10 minutes: https://youtu.be/U5AaG OlxPo

Monday Memes







UK Health Advisor



Californian US Health Advisor



Canadian Health Minister



Belgium Health Minister

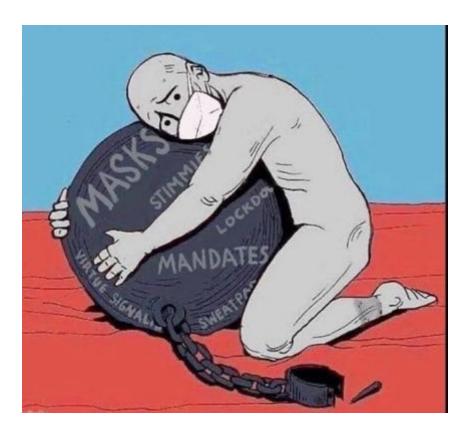


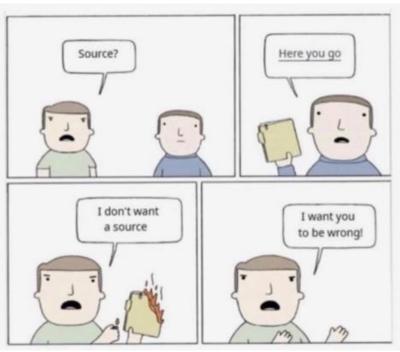
USA Health Advisor





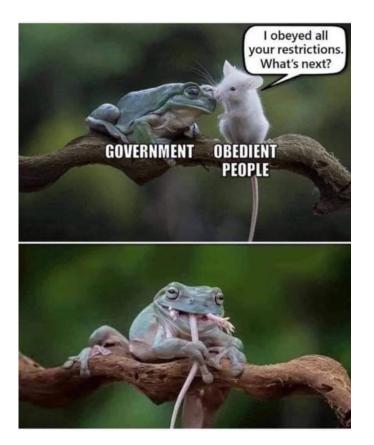
Family That Can't Afford Groceries Comforted By Fact We Have Most Diverse Administration In History



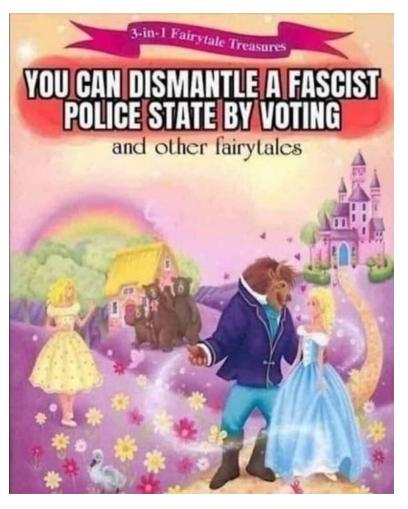


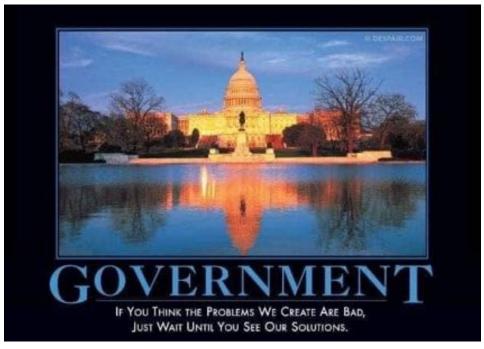


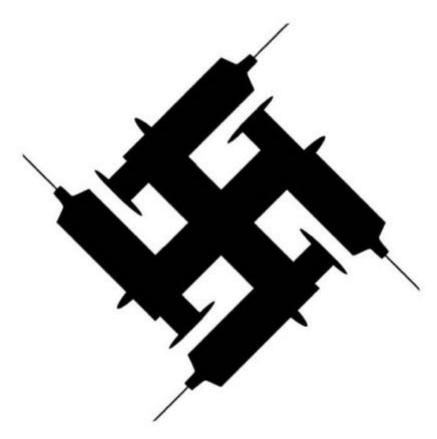




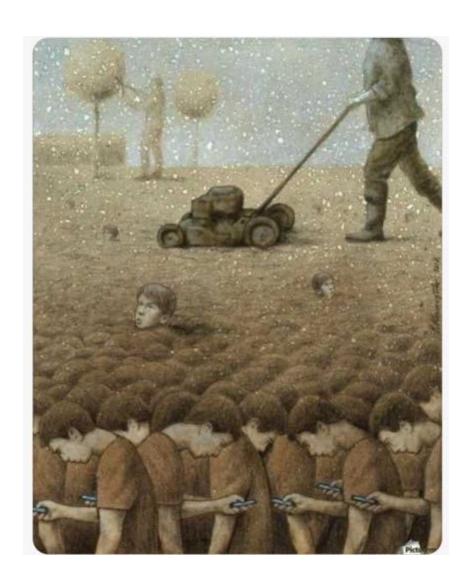


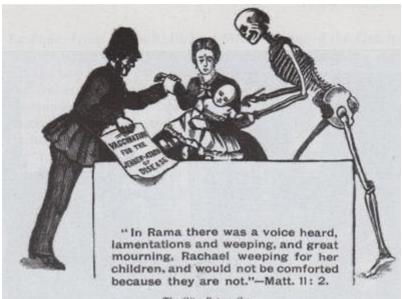












The City Papers Cry

VACCINATE! VACCINATE!! VACCINA THERE'S MONEY IN IT!!!

TWENTY THOUSAND VICTIMS!!! will be Vaccinated within the next ten days in this City under the present ALARM !!!

That will put \$10,000 into the pockets of the Medical Profession.

CLEANLINESS, SANITATION AND HYCIENE ARE "NONSENSE," unworthy of attention by our Board of Health.

FILTHY STREETS, FILTHY LANES, AND FILTHY DRAINS help the Medical Profession.

THERE'S MONEY IN IT!!!

The City Papers Cry

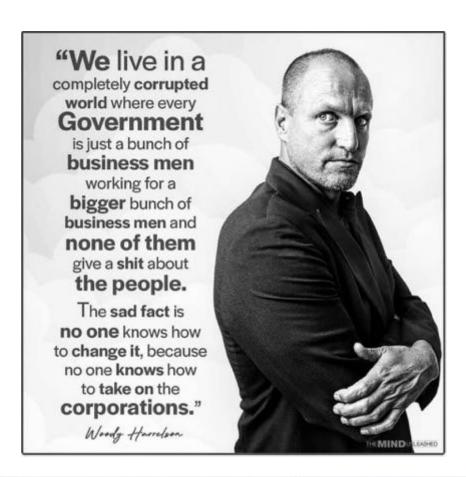
VACCINATE! VACCINATE!! VACCINATE!!!

August 1885 mores 1

Vaccination (pre-2015): Injection of a killed or weakened infectious organism in order to prevent the disease.

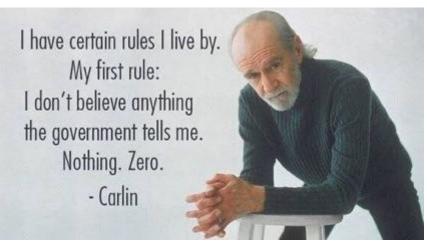
Vaccination (2015-2021): The act of introducing a vaccine into the body to produce immunity to a specific disease.

Vaccination (Sept 2021): The act of introducing a vaccine into the body to produce protection from a specific disease.









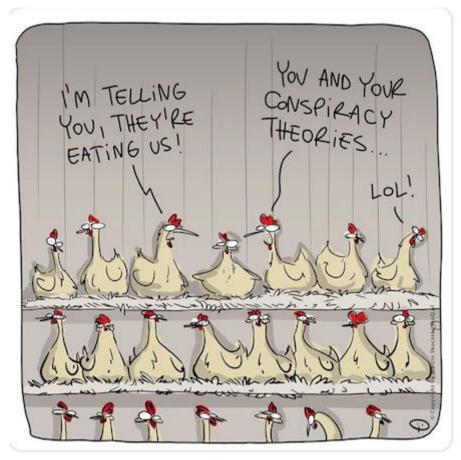
No one should have to cross this bridge. NO ONE.



They took a black woman off of Aunt Jemima pancakes but put a black man dressed as a woman and wearing a blonde wig on Cheezits. We are living in the twilight zone.









Let's avoid a hellish dystopian nightmare by remembering the **RULES OF CIVIL CONVERSATION** I will try to reach a shared understanding I will clarify with others to make sure I rather than 'win the argument'. genuinely understand their perspective. I shall endeavor to avoid committing logical I will attempt to account for my own biases 3 fallacies in support of my claims. and try to be intellectually humble. I may challenge ideas, but will refrain from I will also try to be reasonable, rational, 5 6 personal attacks and mean-spiritedness. and create coherent arguments. I will use the 'Principle of Charity' to interpret I promise to remain genuinely receptive to 8 others' points of view in the best light. changing my mind. Download this poster for free and invite good-faith engagement online at TheRulesOfCivilConversation.org