



Newsletter - Monday January 9, 2023

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Welcome to our **Monday Solutions Edition** with curated news of the day and memes at bottom. Today we're featuring a number of articles, videos and resource sites on the topic of **Creating a Parallel Society** -- 2023 is the time to get our conversations and planning underway. Find the items under the section *Rebuilding Relationships, Society and Culture* below.

To join our Community Zoom today at 1pm for an open conversation, please click here:.

[Click to Join Zoom](#)

Yes, we are winning!

John-Michael and the RiseUpNH team

We are (still) fundraising!

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.

PLEASE DONATE TODAY to support our efforts. Thank you!

SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true.

Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so.

In general, we do not repeat the ubiquitous mainstream narratives, though most items reference these in their arguments.

Please do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind.

Up First!

Top news and views....

"Brave Sasha"

Pharm Whistleblower Sasha Latypova and Legal Researcher Katherine Watt and many others have unlocked how the US MIIC deployed the long planned COVID Injection Operation using Emergency Powers as cover

Article, video, links to seminal articles/research: <https://sagehana.substack.com/p/brave-sasha>

Related: <https://anamihalceamdphd.substack.com/p/breaking-dod-controlled-covid-vaccines>

The Cytotoxic Bolus Theory on The Joe Rogan Experience

Vaccine Safety Myth - Bret Weinstein from the DarkHorse Podcast discusses how some people may be getting huge doses of the jab

<https://covidmythbuster.substack.com/p/the-cytotoxic-bolus-theory-on-the>

2023: The More Beautiful World our Hearts Know is Possible - Charles Eisenstein

We have passed already through the darkest hour. The outward structures of misery yet remain, in society, in ourselves, but a new self-world-story has formed within both. The shell of the old, though cracking, will probably stay intact for a few more years, but its demise is unstoppable now if only we stop holding it together.

Read or listen: <https://charleseisenstein.substack.com/p/2023-the-more-beautiful-world-our>

How BlackRock Runs The World And What They Say Comes Next - Mark Moss

Moss names names, showing how Blackrock is more powerful than the FED and the US Government. He shares investment strategies in light of this.

33 minutes: <https://youtu.be/tHfXhTKkyY0>

In 2022, The IRS Went After The Very Poorest Taxpayers

<https://thefreethoughtproject.com/the-state/in-2022-the-irs-went-after-the-very-poorest-taxpayers>

Things That Will Absolutely, Definitely, No Doubt Happen in 2023 - James Corbett

<https://www.activistpost.com/2023/01/things-that-will-absolutely-definitely-no-doubt-happen-in-2023.html>



Abenaki Springs Farm - 2023 CSA signups now available. Details:

Vegetable CSA: <https://abenakispringsfarm.com/vegetable-csa/>

Meat CSA: <https://abenakispringsfarm.com/meats/>



CELEBRATING THE WHOLE CHILD

I have over 20 years of experience as an occupational therapy practitioner, and I am offering support to families with life skills, sensory strategies, regulation, children's yoga and mindfulness as well as strategies for visual motor and visual perception success. I offer extensive experience working with children with a wide variety of learning styles and abilities. Contact Alison a-lovejoy@comcast.net for additional information on how to receive individual consultations and supports.





Have a business or item you'd like to share here? Contact admin@riseupnh.org.

The UpBeat

You and I, by the Duhks - Music video

*You and I are really just the same,
though you might think you're a little bit better,
when you fall don't look for me to blame,
you hold the key,
for the higher you think of me,
the better your world will be.*

https://youtu.be/akNa_LvhvOY

I went to space and discovered an enormous lie | Ron Garan on Big Think

On gaining an "Orbital Perspective"

8 minutes: <https://youtu.be/pJGCAWTgbn0>

Events

"Local Is Our Future" Book Study/Discussion Group Tuesdays starting January 23 7PM.

Book we'll be studying: <https://www.localfutures.org/store/Local-is-Our-Future-paperback-p140051233>. Book is available for 30% off - please let us know if you want a copy.

We'll be exploring the policy shifts and grassroots steps that can move us towards the local and, thereby, towards a better world. Our focus will be on what we can do in community.

Cost: Free or donation

Where: We'll be meeting by zoom, so you can be anywhere and participate. Expect the class to run about 1 hour per week, and will take place every Tuesday until we finish the book.

TO SIGN UP: contact admin@riseupnh.org - and also indicate if you want us to grab you a discounted book. (Also available here: <https://www.amazon.com/Local-Our-Future-Economics-Happiness/dp/1732980403>)

January 10, 2023

A Future of Food Security for All w/ Special Guest Ira Wallace January 10th

The seven chapters of the Northeast Organic Farming Association have been working to develop food security programs and learning opportunities throughout our region. This winter each chapter will be implementing various workshops at our Winter Conferences that discuss topics to build self-resiliency, grow agricultural communities, develop systems for improved access, increase land access, and reduce climate decline. To kick off our Winter Conference season we have invited the NOFA/Mass Keynote Speaker Ira Wallace, of the Southern Exposure Seed Exchange, to share with us the importance of food security and how seed saving continues to play such an important role in feeding our communities. We hope you will join us for this free, virtual event on January 10 from 12 PM – 1 PM.

You can learn more here: <https://www.nofanh.org/kickoff-event>

The Greater Reset - Jan 18-22 Event organized by Derrick Broze

10-minute clip with Del Bigtree: <https://voluntarytube.com/videos/watch/3f65b940-631c-4e35-a4e1-fba09684b277>

The Greater Reset 4: Co-Creation (TX and Mexico, or livestreamed):

<https://www.thegreaterreset.org>

Have an event you'd like us to post? Contact admin@riseupnh.org.

Free/Cool/Fun/Weird/Noteworthy

When you believe your beliefs - Satire with JP Sears

9 minutes: <https://youtu.be/MaQ3uA4AcKU>

Social Justice Warrior Therapist | We The Internet TV

4 minutes: <https://youtu.be/MCdM1TIQilU>

After 15 Grueling House Speaker Votes, America's Long National Nightmare Can Finally Begin - The Babylon Bee (satire)

<https://babylonbee.com/news/after-15-grueling-house-speaker-votes-americas-long-national-nightmare-can-finally-begin>

Deep State NH & Agenda 2030

Well researched website

<https://www.grazingthesurface.com>

See, in particular, the interactive map here: <https://www.grazingthesurface.com/research/>

20 Entertaining Uses of ChatGPT You Never Knew Were Possible

Everything from creating games and code, to twitter threads and novels

<https://markwschaefer.medium.com/20-entertaining-uses-of-chatgpt-you-never-knew-were-possible-3bc2644d4507>

THE TOP 100 REASONS TO #StopTheTreaty, #StopTheAmendments, and #ExitTheWHO.

The World Health Organization's attempted POWER GRAB must be stopped. Please help spread the word.

<https://jamesroguski.substack.com/p/100-reasons>

Article, video: <https://jamesroguski.substack.com/p/100-reasons>

Politics, Bills, Elections, Voting & Natural Law

Carol McGuire: New Hampshire House Update

Updates on rules changes

https://granitegrok.com/mg_manchester/2023/01/carol-mcguire-new-hampshire-house-update

The NHGOP Is NOT Representing Republican Voters - Ed Mosca

<https://granitegrok.com/blog/2023/01/the-nhgop-is-not-representing-republican-voters>

Kevin McCarthy Wins – But at the Cost of the Nation

House Speaker just another swamp monster.

<https://www.armstrongeconomics.com/international-news/politics/kevin-mccarthy-wins-but-at-the-cost-of-the-nation/>

The Rules of the Game Almost Always Determine the Winner

How Kevin McCarthy became Speaker of the House of Representatives - perhaps not all the news is bleak

<https://attorneycox.substack.com/p/the-rules-of-the-game-almost-always>

Insurrection Anybody? James Howard Kunstler

On election fraud, the House Speaker drama, and more.

<https://kunstler.com/clusterfuck-nation/insurrection-anybody/>

Relocalization, Regenerative Practices & Mindset, Prepping

Surviving Long-Term Power Outage Cold-Weather Disasters with Jim Phillips

44 minutes: <https://youtu.be/ymWEwdE7Zhw>

Gas As For Free - How to cheaply produce LPG in your own home

28 minutes (turn on English subtitles): https://youtu.be/Lstcynvsy_k

SHOCKING! Your NEW Food Pyramid | Prepping for SHTF

The new food pyramid will kill us. Better options are not that difficult.

8 minutes: <https://youtu.be/SCnWcb6EEq4>

Top 50 Survival & Prepper Blogs

<https://survivalpulse.com/top-50-survival-blogs/>

Rebuilding Relationships, Society and Culture

The Parallel Society vs Totalitarianism | How to Create a Free World

“...the “independent society” does not compete for power. Its aim is not to replace the powers that be with power of another kind, but rather under this power – or beside it – to create structures that respect other laws and in which the voice of the ruling power is heard only as an insignificant echo from a world that is organized in an entirely different way.”

12 minutes: <https://youtu.be/wJr7awWGWAo>

Transcript: <https://academyofideas.com/2022/02/parallel-society-vs-totalitarianism-how-to-create-a-free-world/>

Let's Play a Game: Designing Society 4.0 - Michael Haupt

An overview of what's ailing us, and some constructive thoughts on how we might go about re-imagining how society works.

<https://medium.com/society4/starting-a-new-civilisation-7b10f963de03>

#MakeAmericaQuantum - A Proposal to Fix America

An interesting bullet-point overview of what's wrong and how to fix it.

<https://qintel.pro/plan/>

Václav Havel's Lessons on How to Create a "Parallel Polis"

The Cold War–era writings of the Czech writer Václav Havel offer ideas on how dissidents can resist “the irrational momentum of anonymous, impersonal, and inhuman power.”

<https://www.newyorker.com/books/page-turner/vaclav-havels-lessons-on-how-to-create-a-parallel-polis>

Organizing Principles for a World in Transition

Brief article and several 20-minute-ish videos exploring: The Changing World Order, What is Emerging? and Net Zero: Environmental or Economic Policy?

<https://medium.com/society4/responding-to-a-world-in-transition-31961cac6ed1>

Homo ImagineUs - How connecting ourselves and the Earth can bring out the creativity within us - Penelope Mavor

How through connection with ourselves, each other, the ground under our feet and the very air we breath we can heal the world within ourselves, we can use our inner truth to bring our limitless creative power to the world outside.

29-minute podcast: <https://podcasts.apple.com/us/podcast/homo-imagineus-how-connecting-ourselves-and-the-earth/id1630785440?i=1000568824325>

Wisdom for the Meta-Crisis - Dr. Roger Walsh w/ Layman Pascal

The Meta-Crisis is the defining challenge of our time -- the convergence of multiple wicked problems, at global scale. What are the wisdom skills needed to apprehend, navigate, and respond to this? Roger Walsh, M.D., Ph.D. DHL. has degrees in psychology, physiology, neuroscience, and medicine - <https://drrogerwalsh.com>.

109 minutes: <https://youtu.be/qQsAoVT1q9w>

The Ten Commandments of Parallele Polis

From the Institute of Cryptoanarchy comes some interesting perspectives on creating a parallel society.

<https://www.parallele.at/the-ten-commandments-of-parallele-polis/>

A guide to surviving humanity's tipping point | Ari Wallach

Overcoming short term thinking through transgenerational empathy

8 minutes: <https://youtu.be/teNE748O-vw>

Harvard negotiator explains how to argue | Dan Shapiro

How to escape the tribal trap to communicate effectively and find common ground.

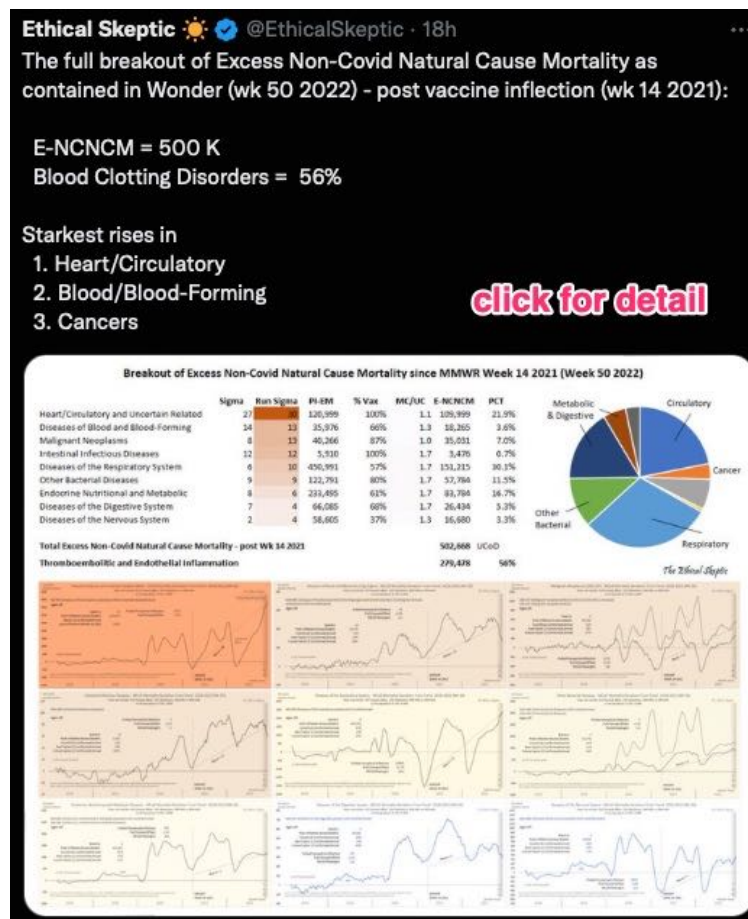
5 minutes: <https://youtu.be/IDj1OBG5Tpw>

Commons Transition

A website dedicated to exploring policy proposals and ideas to implement a Social Knowledge Economy

<https://commonstransition.org/#about>

Jab & Plandemic News



Explosive Increase in Cardiac Symptoms after Second Injection

Adolescent COVID-19 Vaccination Results in Cardiotoxicity and ECG Changes Prompting Concern

<https://petermcculloughmd.substack.com/p/explosive-increase-in-cardiac-symptoms>

Philippines Updates on Covid-19 Vaccination. Sudden Deaths. China letting Covid-19 Rip. Concerning Drops in 2022 Registered Live Births.

SuperSally covers a tranche of plandemic news.

<https://supersally.substack.com/p/9-jan-2022-philippines-updates-on>

DEVASTATING Australian (NSW) COVID vaccination hospitalization, ICU, and death data to 31st December 2022

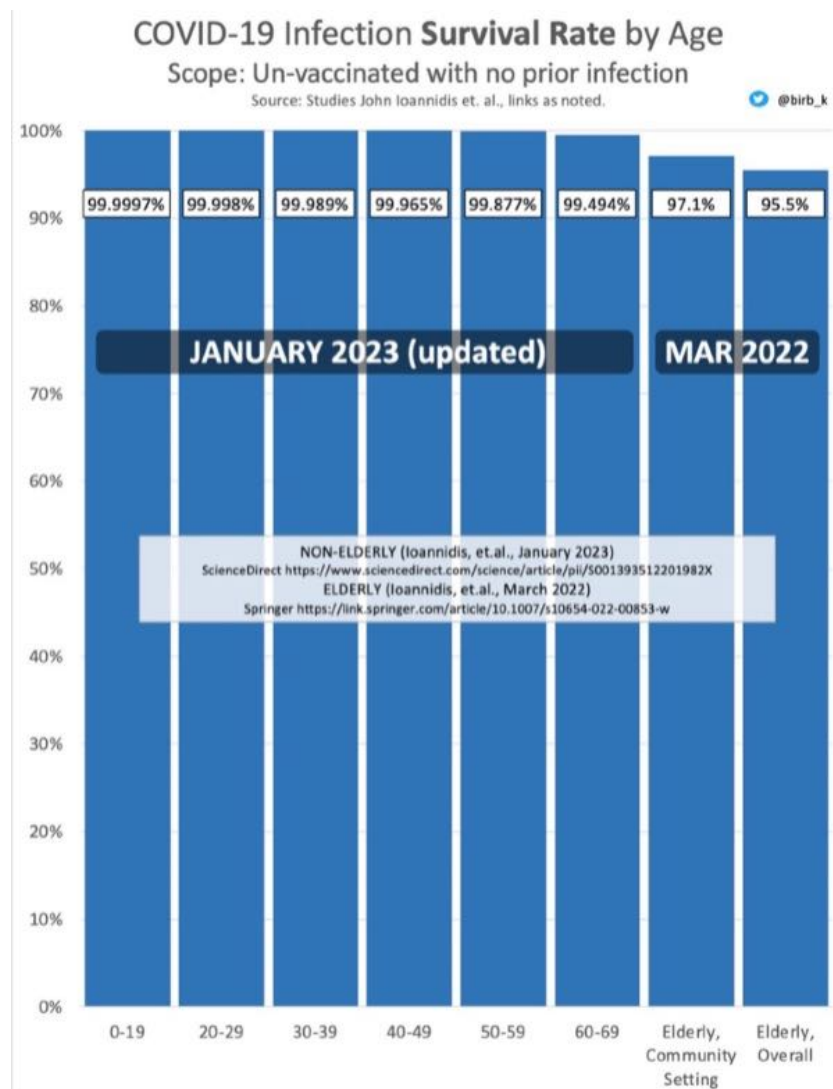
The more doses one gets after the 1st dose, the greater the risk of hospitalization, ICU, and death, very staggeringly clear data! with no vaccine, there are '0' hospitalizations or '0' ICU

<https://palexander.substack.com/p/devastating-australian-nsw-covid>

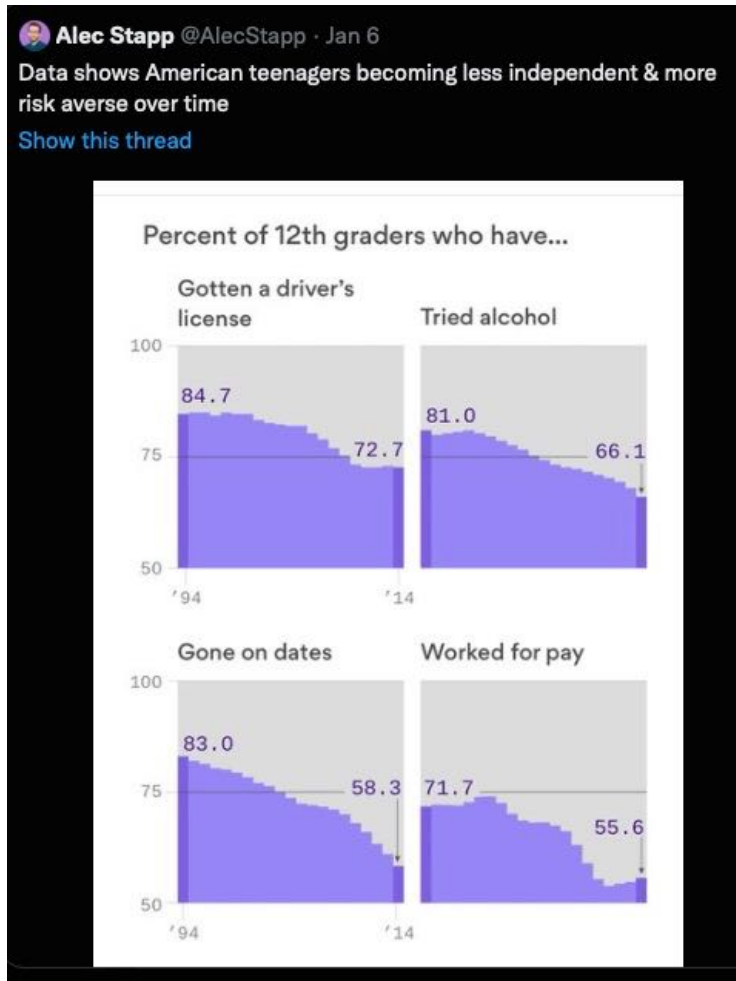
Dr. Robert O. Young: Should The Jibby Jabb Be Investigated For ALL of These Sudden Injuries & Deaths?

Can YOU Explain ALL of These Incidents?

<https://www.drrobertyoung.com/post/should-the-jibby-jabb-be-investigated-for-all-of-these-sudden-injuries-deaths>



General Health & Wellness



2 in 5 Kids Have Multiple Food Allergies — and It's Taking a Toll on Their Mental and Physical Health

And nearly half of adults are allergic to multiple foods, according to new research, which also shows the effect on their physical and psychological health.

<https://childrenshealthdefense.org/defender/food-allergies-kids-mental-physical-health/>

Dr Paul Thomas: The Real Story Uncensored - Are the Unvaccinated Healthier than the Vaccinated?

He saw something he couldn't ignore. They asked for the evidence. He provided it. They took his license... The story that needs to be heard and shared with EVERYONE, ESPECIALLY parents...

Article: <https://justthinkthepodcast.substack.com/p/dr-paul-thomas-the-real-story-uncensored>

Podcast (72 minutes): <https://rumble.com/v23xryg-episode-82-dr.-paul-thomas-the-real-story-uncensored.html>

Aluminum: The Brain Toxin Found Everywhere, Ways to Remove - Ana Maria Mihalcea, MD, PhD

On EDTA Chelation (claims also works for graphene, hydrogel)

<https://anamihalceamdphd.substack.com/p/aluminum-the-brain-toxin-found-everywhere>

Disconnected from Reality: How Smartphones and Social Media Promote a Schizophrenic-Like Condition

On the need to re-embody in all aspects of life.

10 minutes: <https://youtu.be/cwqbu0slcc0?t=28>

Whole Earth, Whole body: Next Level Wellness with Margaret Floyd Barry

On the power of food in health and whole life healing strategies from sleep to stress.

36-minute podcast: <https://podcasts.apple.com/us/podcast/whole-earth-whole-body-next-level-wellness-with/id1630785440?i=1000570187463>

EMFs

NYC Legislators, Residents Protest the Installation of More 5G Cell Towers; “our service is great, our WiFi is great.”

<https://www.activistpost.com/2023/01/legislators-residents-protest-the-installation-of-more-5g-cell-towers-our-service-is-great-our-wifi-is-great.html>

What You Should Know About Wireless Radiation

The Federal Communications Commission relies on a cellphone radiation exposure standard from 1996, when the Motorola StarTAC flip phone was cutting edge, but the newest 5G generation of cellphone technology remains largely untested.

<https://childrenshealthdefense.org/defender/5g-cellphone-wireless-radiation-exposure/>

Money, Food, Energy, Jobs & Resources

Media Blackout Over Terror Incident At Vegas Power Plant

The US power grid is under attack.

<https://summit.news/2023/01/08/media-blackout-over-terror-incident-at-vegas-power-plant/>

Fed Confetti Party Will End Rudely & Abruptly – John Titus w/ Greg Hunter

The FED is between a rock and a hard place: inflation and deflation.

1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking

The White House Covid Censorship Machine - WSJ - Aaron Kheriaty, MD

With our attorney in Missouri v. Biden case, I published this article in the Wall Street Journal today, documenting how the White House pressured Facebook and Google to censor disfavored covid opinions.

Full WSJ article: <https://aaronkheriaty.substack.com/p/the-white-house-covid-censorship>

Yet Another Story on Re-Analyzing a Major Trial

The Study of the Week once again underscores the value of sharing medical trial data for re-analysis

<https://sensiblemed.substack.com/p/yet-another-story-on-re-analyzing>

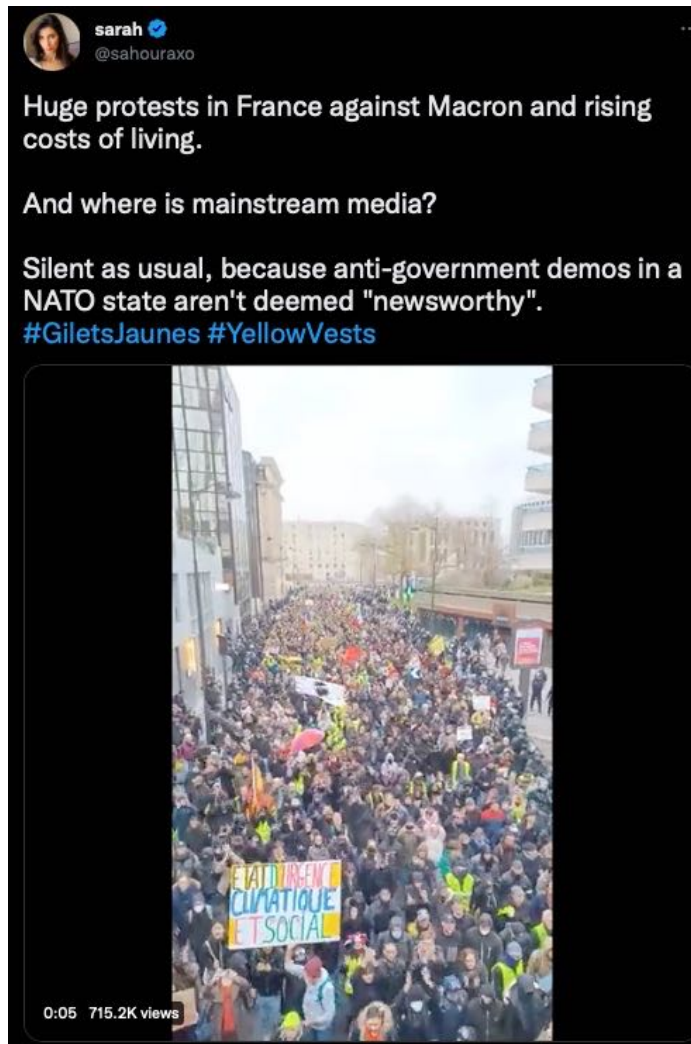
The Campaign to Reeducate Jordan Peterson Will Actually Hurt Canada's Thought Police

Who in the world thought this was a good idea?

<https://spectator.org/the-campaign-to-reeducate-jordan-peterson-will-actually-hurt-canadas-thought-police/>

China suspends social media accounts of Covid policy critics

<https://www.cnbc.com/2023/01/07/china-suspends-social-media-accounts-of-covid-policy-critics.html>



Technocracy, AI/Transhumanism, Eugenics/Euthanasia,
Geoengineering & The Deep/Surveillance State

Wall Street Silver @WallStreetSilv · 23h

What could go wrong ... ??? 🤔

"The vaccine is incorporated into royal jelly, a sugar feed given to queen bees. Once they ingest it, the vaccine is then deposited in their ovaries, giving developing larvae immunity as they hatch."

U.S.D.A. Approves First Vaccine for Honeybees

Dalan Animal Health's vaccine for American foulbrood, an aggressive bacterial disease, is the first for any insect in the United States.

Give this article



click to read

A conditional license for a vaccine to protect honeybees against American foulbrood disease has been approved by the U.S. Department of Agriculture. Newsday LLC / Getty Images

Is the global elite intent on sterilizing men in an effort to control the population?

Much of our societal circumstances are engineered rather than organic in nature. Ideas and norms that are thought to have emerged organically will meet with less resistance than those known to have been promoted by those with an agenda...

<https://strangesounds.org/2023/01/is-the-global-elite-intent-on-sterilizing-men-in-an-effort-to-control-the-population.html>

Canadian doctor who's euthanized 400 people says 'It's the most rewarding work we've ever done'

<https://endtimeheadlines.org/2023/01/canadian-doctor-whos-euthanized-400-people-says-its-the-most-rewarding-work-weve-ever-done/>

Totalitarian (Corporate) Surveillance

The inevitable signal of over-extension and collapse

<https://cesg.substack.com/p/totalitarian-corporate-surveillance>

Reminder: The Medical Mafia™ has been at it for more than a century

<https://mickeyz.substack.com/p/reminder-the-medical-mafia-has-been>

Ukraine, False Flags & Globalist Militarism

Russia offering 'Korea-style' peace deal – Kiev

Moscow wants to formalize the status quo on the ground, Ukraine's top security official said

<https://www.rt.com/russia/569563-russia-ukraine-korea-scenario/>

Zelensky deprives Orthodox priests of citizenship – media

Kiev has targeted the clerics for allegedly supporting Russia

<https://www.rt.com/russia/569528-zelensky-orthodox-priests-citizenship/>

More: <https://www.rt.com/russia/568614-war-and-churches-in-ukraine/>

Ukraine Sanctions Dozens of Russian Artists for Allegedly Supporting the War

<https://news.antiwar.com/2023/01/08/ukraine-sanctions-dozens-of-russian-artists-for-allegedly-supporting-the-war/>

Lindsey Graham Calls For US Tanks On The Ground In Ukraine For War Against Russia

<https://lionessofjudah.substack.com/p/end-times-headline-news-f00>

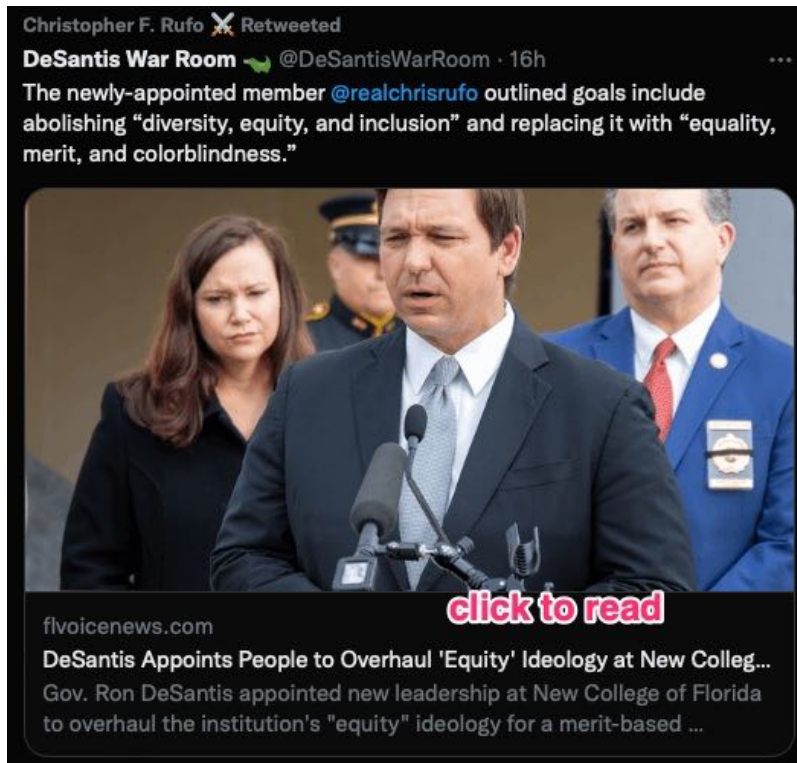
Scott Ritter: Russia is on the right side of history

From his 1/6 talk at the Community Church of Boston. Ritter is a former UN weapons inspector and US Marine intelligence officer who served in the Soviet Union.

32 minutes: <https://youtu.be/FkLU0vFAUQs>

Full episode: <https://youtu.be/0lvmmoGsdGA>

Culture Wars



The madness of total equality | Douglas Murray

4 minutes: <https://youtu.be/p-LMh8GoBZE>

The False God of "Antiracism"

Profs Glenn Loury and Michael Fortner discuss the unique and critical historical, social, and economic perspectives of the legacy of race on the American experience and offer reflections for responsible leadership of such challenging and enduring issues. At Claremont McKenna College.

Article, Transcript: <https://glennloury.substack.com/p/the-false-god-of-antiracism>

Video (74 minutes): <https://youtu.be/l35CP5SuO14>

How DEI Is Supplanting Truth as the Mission of American Universities

An obsession with Diversity, Equity and Inclusion threatens students, professors, and the very credibility of higher education in the U.S.

<https://www.thefp.com/p/how-dei-is-supplanting-truth-as-the>

"Wokeism" and Today's "Woke" Society" - Teal Swan

How much of wokeism is mere gaslighting

18 minutes: <https://youtu.be/vFJfADldyLU>

Paradigm Expanding

Anthropologist debunks Darwin's most abused idea | James Suzman

Was life in hunter-gatherer times really "nasty, brutish and short"?

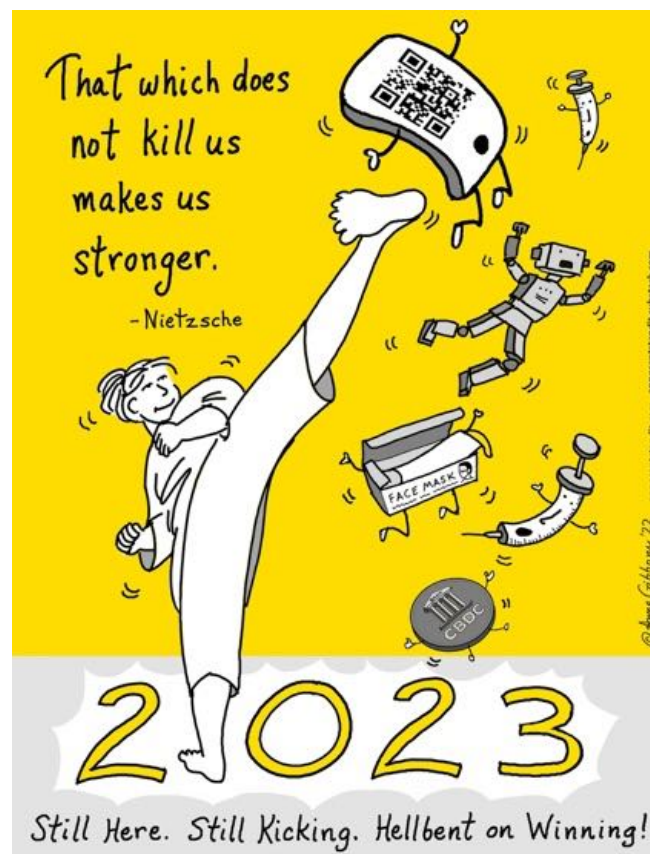
8 minutes: <https://youtu.be/P4SDBVaUboc>

Robert Lanza: Rethinking Our Insanely Improbable Universe (Biocentrism)

Lanza presents the case for abandoning the "dumb universe" paradigm and going beyond the illusion of our individual separatism.

20 minutes: <https://youtu.be/x1aFivhFWGc>

Monday Memes



Breaking News

THERE ARE NOW MORE COVID VARIANTS







Just.A.Thought

@e_galv

...

It's weird how many people think we've been in a pandemic for 3 years when we've really been in the Milgram Experiment.

11:24 PM · Dec 31, 2022

81.2K Views 429 Retweets 29 Quote Tweets

2,288 Likes






IF YOU CAN QUESTION IT,
IT'S SCIENCE
IF YOU CAN'T QUESTION IT,
IT'S PROPAGANDA






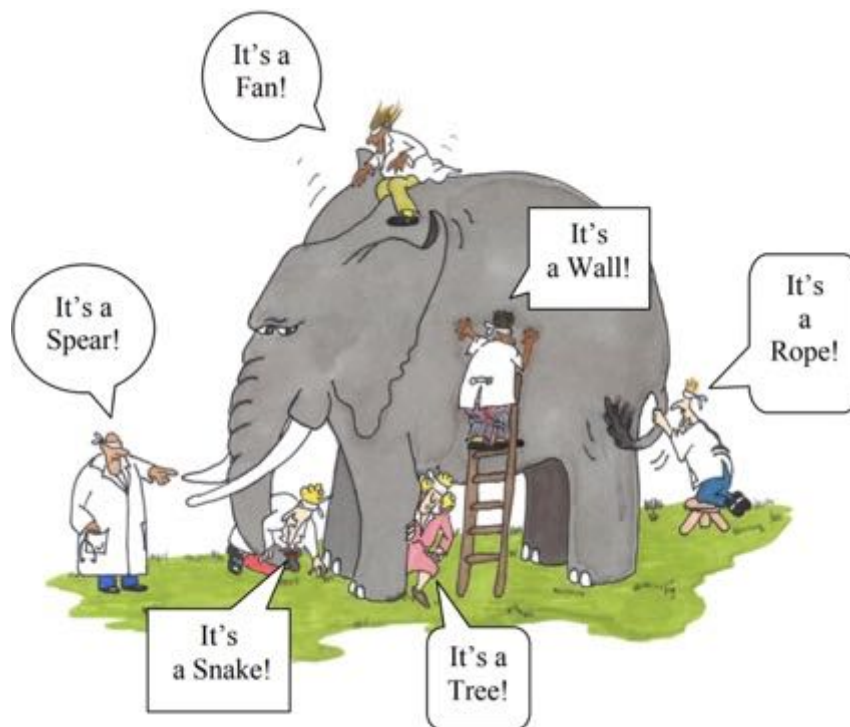
**war is when your
government tells
you who the
enemy is.**

**Revolution is
when you figure it
out by yourself**



“ Many people only want the truth if it makes them feel more stable, feel more in control and feel good. This means that many of us have a very conditional relationship with truth. ”

 **TEAL SWAN**



I DON'T
WANT YOU
TO THINK
LIKE ME



I JUST
WANT YOU
TO THINK.

YOU MUST ALWAYS BE WILLING
TO TRULY CONSIDER EVIDENCE
THAT CONTRADICTS YOUR
BELIEFS, AND ADMIT THE
POSSIBILITY THAT YOU MAY
BE WRONG.

INTELLIGENCE ISN'T KNOWING
EVERYTHING, IT'S THE ABILITY
TO CHALLENGE EVERYTHING
YOU KNOW.
