



Newsletter - Monday January 30, 2023

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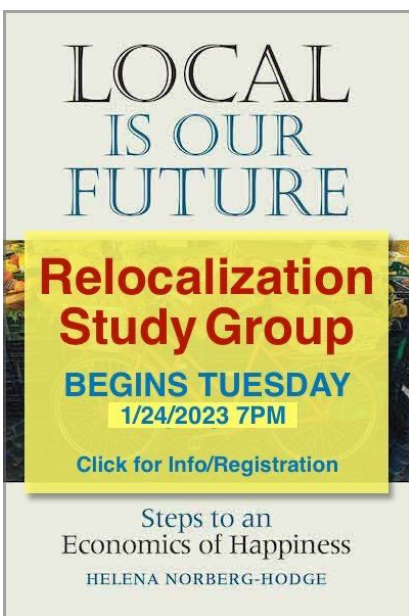
Welcome to our **Monday Solutions Edition**, with curated stories of the day, and memes at the bottom.

Join us at 1pm today for our Community Zoom:

<https://us02web.zoom.us/j/85668398722?pwd=RW0vL1BvajlqSHBKcHRNYm13dllpZz09>

The first meeting of our discussion group has been **postponed to tomorrow, Tuesday Jan 31.**

More info at <https://riseupnh.org/relocalization-book-group/>



NOTE: hyperlinked images do not seem to be transferring to the PDF as clickable – please see links provided below images.

Yes, we are winning!

John-Michael and the RiseUpNH team

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.

*PLEASE DONATE TODAY to support our efforts: <https://riseupnh.org/donate/>
Thank you!*

SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true. Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so. In general, we do not repeat the ubiquitous mainstream narratives, though most items reference these in their arguments. Please do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind.

COLLECTIVE SENSE-MAKING IS A PATH, NOT A DESTINATION.

UP FIRST



Never Again! Jan 30-Feb 3 7PM - 5-Part Documentary Series by Vera Sharav, Holocaust Survivor

A survivor and student of the Holocaust, Vera noticed that many things imposed on us for COVID 'protection' echoed what the Nazi did in the lead-up to the final solution.

Dr. Nass introductory text:

<https://merylnass.substack.com/p/my-best-friend-vera-sharav-directed>

Series showing at CHD: <https://live.childrenshealthdefense.org/chd-tv/events/never-again-is-now-global/>

Wow! Pfizer does NOT deny anything in the Project Veritas video!

Also, YouTube removes the Project Veritas video. Every expert I've talked to said, "you can't make up a story like that" when viewing the PV video. Plus, the part you didn't see...

Article, video of SK talking with Drs Malone, McCullough and Mikovits:

<https://stevekirsch.substack.com/p/wow-pfizer-does-not-deny-anything>

Pfizer Demonstrates the Firepower of Its Armed and Fully Operational Battle Station

Project Veritas video of Pfizer doctor vaporized from the internet and mainstream media.

<https://rwmalonemd.substack.com/p/pfizer-responses-to-veritas-expose>

You Are Not Sick. You Are Being POISONED

All about Aluminum. Aligning the CDC "50 yrs of Vaccine Progress" timeline with known military spraying experiments and disease outbreaks

5 minutes: <https://rumble.com/v245tmm-10000000-tons-of-aluminium-dumped-on-us-and-expert-amdit-the-consequences-u.html>

The Sovietization of Medical Care

The pandemic turned our healthcare system into an ugly unwanted soviet-style experience
<https://brownstone.org/articles/the-sovietization-of-medical-care/>

The War Against Us - James Howards Kunstler

"We now live in a nation where doctors destroy health, lawyers destroy justice, universities destroy knowledge, governments destroy freedom, the press destroys information, religion destroys morals, and our banks destroy our economy" – Chris Hedges

<https://kunstler.com/clusterfuck-nation/the-war-against-us/>

Trump speaks to NHGOP last Saturday

About 1 hour: <https://youtube.com/watch?v=vnm66ku4g5E&t=8001>

EVENTS

Bring your dancing shoes! Party with your community!

Friend-a-tine Day Open Mic and Community Dance! Bring a pal.

Blues, rock, even a bit of swing

Let's make this 11th of Feb a day to celebrate friends, family, and community.

DATE: Saturday, February 11, 2023

TIME: 5pm to 8pm

PLACE: Restoring Eden

626 Route 10, Gilsum NH 03448

COST: \$3 donation to Restoring Eden to help pay for physical space

BYOB: okay if discreet.

Open mic for the first hour, bring music, a song to share, a poem, a story.

Then the band will play music for dancing.

Bring potluck for dinner and meet more folks in our community.

There will be a separate, quieter room for conversation.

Questions? Want to help us? Helping before or after is a great way to give back. Email Bill - wmarog@yahoo.com or Kristen - reynolds3000@hotmail.com

BULLETIN BOARD



CELEBRATING THE WHOLE CHILD

I have over 20 years of experience as an occupational therapy practitioner, and I am offering support to families with life skills, sensory strategies, regulation, children's yoga and mindfulness as well as strategies for visual motor and visual perception success. I offer extensive experience working with children with a wide variety of learning styles and abilities. Contact Alison a-lovejoy@comcast.net for additional information on how to receive individual consultations and supports.



Cope Counseling & Coaching **David Cope MSW, LICSW**

New online counseling practice

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family counseling & mediation**

**34 years experience
helping teens, adults and seniors**

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david@pecounselingandcoaching.com**

603-562-8889

The UpBeat

MIT Professor: "This is clearly the most failing medical product in the history of medical products, both in terms of EFFICACY and SAFETY"

6-minute statement: <https://twitter.com/RetsefL/status/1619945525670981632>

Danish Newspaper APOLOGIZES For Failed COVID Coverage - Jimmy Dore Show
with guest Steve Kirsch

7 minutes: <https://youtu.be/AR-czlytJkY>

The Swingles - Air on a G String - a cappella

3 minutes: <https://youtu.be/03Gn4loM7As>

Free/Cool/Fun/Noteworthy

Family Court and the shots

Strategies to keep children safe.

22-min audio, with text summary:

<https://www.covidlawcast.com/p/family-court-and-the-shots>

musings on the militarization of covid

when (and why) did respiratory viruses become national security?

<https://boriquagato.substack.com/p/musings-on-the-militarization-of>

This Is The End ... Of The America We Have Known - Ed Mosca

According to a recent poll from Morning Consult, 84 percent of Gen-Z said they were NOT proud to live in the United States.

<https://granitegrok.com/blog/2023/01/this-is-the-end-of-the-america-we-have-known>

Upcoming Legislation

Recommendations from Health Freedom NH (www.HFNH.org):

3 bill hearings we're following this week:

> use HOUSE BILL SIGN-IN to register stance/add testimony:

<https://gencourt.state.nh.us/house/committees/remotetestimony/default.aspx>

> attend and testify at the hearing!

HB119 - SUPPORT homestead food operation licensure

Public Hearing 1/31 1:00 pm LOB 301-303

House Environment and Agriculture

HB348 - SUPPORT raw milk and products made with raw milk

Public Hearing 1/31 3:00 pm LOB 301-303

House Environment and Agriculture

HB619 - SUPPORT prohibit gender transition procedures- minors

Public Hearing 2/1 1:15 PM LOB 210-211

House Health, Human Services and Elderly Affairs

3 bills for executive session (committee vote still pending):

These bills have already had public hearings. Ask the committee members to support/oppose accordingly!

HB396 - SUPPORT state recognition of biological sex

email: HouseJudiciaryCommittee@leg.state.nh.us

HB353 - OPPOSE interstate compact for universal healthcare

email: HouseCommerceCommittee@leg.state.nh.us

HB61 - OPPOSE discrimination in public schools/workplaces

email: HouseEducationCommittee@leg.state.nh.us

Politics

Of COURSE the NH Municipal Association Was Working Behind The Scenes on an Anti-Right-To-Know Bill

<https://granitegrok.com/blog/2023/01/of-course-the-nh-municipal-association-was-working-behind-the-scenes-on-an-anti-right-to-know-bill>

Some thoughts about J6 and razor-tipped chain link fence perimeters, literal and metaphorical - Katherine Watt

Central bank orchestrators' intent and effect was to distance Congress from the People.

<https://bailiwicknews.substack.com/p/some-thoughts-about-j6-and-razor>

The Cartels Could be our Greatest Threat - Ray Cardello

<https://granitegrok.com/blog/2023/01/the-cartels-could-be-our-greatest-threat>

Relocalization, Regenerative Practices & Mindset, Prepping

The Future of Food (Is Ours to Decide) - James Corbett

For those looking to avoid the creepy culinary concoctions of the Great Food Resetters, that still leaves the question: what do we do about this agenda?

<https://corbettreport.substack.com/p/the-future-of-food-is-ours-to-decide>

Local Currency Models- Schumacher Center

a nice brief overview of various currency models

<https://centerforneweconomics.org/apply/local-currencies-program/local-currency-models/>

Micro Bug-Out Kit

6 minutes: <https://youtu.be/P1qVcdLz8AA>

Survival Soup Better Known as Scotch Broth

18 minutes: <https://youtu.be/4l-sM3zLlsg>

It's Time to Plan Your Victory Garden and Stock up on Seeds

11 minutes: https://youtu.be/n-YjIjp_HFU

You Must Sow These Seeds in February

13 minutes: <https://youtu.be/9dM8KVmgZZ8>

Emergency Family GMRS Radio Goes 40 Miles, Unbelievable!

Wouxun KG-1000G GMRS Base/Mobile Radio

19 minutes: <https://youtu.be/M-iQUbuHgfk>

Genius Micro Hydro Turbine Is Far Cheaper Than Solar

7 minutes: <https://youtu.be/Nc2vTM7KMC0>

INTENSIVE "Advanced Energy Technology: The Juice of the New Paradigm?" - Joel Garbon at ANP Conference

The anticipated global transformation includes the dawning of a “New Energy Era” that would be heralded by the disclosure, dissemination, and widespread deployment of advanced clean energy technologies. What would be the implications of such a revolution? Is our civilization ready for it? Garbon is co-author of the award-winning book *Breakthrough Power*.

97 minutes: <https://youtu.be/LybUa7Wz0Z0>

Rebuilding Relationships, Society and Culture

The Seven Features of a Flourishing School (or Organization)

Principle Two: INFORMATION (or what, & why, we notice)

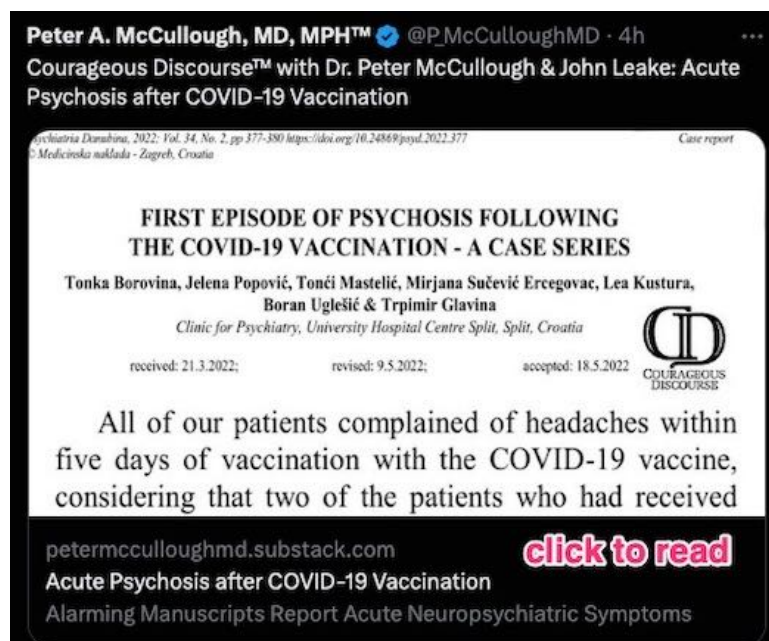
<https://samchaltain.substack.com/p/the-seven-features-of-a-flourishing-724>

The Crisis of Meaning and Subjective Well-Being: An Existentialist Scientist's View - James Lyons-Weiler

Some factors that help you can withstand a Crisis of Meaning are, thank goodness, factors you can control. Knowing they are under your control is key to improving your life.

<https://popularrationalism.substack.com/p/the-crisis-of-meaning-and-subjective>

Jab, Plandemic News



<https://petermcculloughmd.substack.com/p/acute-psychosis-after-covid-19-vaccination>

COVID + Flu Shots Injected Together: A Deadly Combo with 147 Already Dead and Over 6000 Injured

Read a selection of VAERS report excerpts

<https://healthimpactnews.com/2023/covid-flu-shots-injected-together-a-deadly-combo-with-147-already-dead-and-over-6000-injured/>

UK: Stunning New data show that COVID Gene Injection Vaccines (mRNA) are deadly as they reveal Mortality Rates per 100k are LOWEST among the Unvaccinated in all Age Groups

The data reveals the gap between the unvaccinated and vaccinated population in terms of mortality rates is widening by the month.

<https://palexander.substack.com/p/uk-stunning-new-data-show-that-covid>

Vax Injury Evidence Series: Case Study #1: Two Teens in CT Found Dead at Home - Justin Hart

Case study details autopsy results

<https://covidreason.substack.com/p/vax-injury-evidence-series-case-study>

AstraZeneca Consultant alters study to remove obvious signs COVID Vaccination is causing Dementia

<https://expose-news.com/2023/01/28/dementia-study-omits-covid-vaccine/>

Hochul WON'T REHIRE Unvaxxed Health Workers Who Were Fired Over Mandate DESPITE Staff Crisis

10 minutes: <https://youtu.be/sSy8Y2w3-tM>

General Health and Wellness

Navigating a Failed Health Care System with Jennifer Walters and Matt R. Hale

Hosted by Corey Lynn and James White

3-minute segment, lots of resource links:

<https://home.solari.com/coming-tuesday-solution-series-navigating-a-failed-health-care-system-with-jennifer-walters-and-matt-r-hale/>

Legalizing Marijuana Will Destroy the Mental Health of New Hampshire Residents

https://granitegrok.com/mg_nashua/2023/01/legalizing-marijuana-will-destroy-the-mental-health-of-new-hampshire-residents

Medicare Advantage Is A HUGE SCAM - Jimmy Dore Show

How Medicare Advantage plans are scams designed to trick seniors and funnel even more government money into private insurers' coffers

8 minutes: <https://youtu.be/jkaPw6c6reU>

The Italian Mafia's New Weapon: Olive Oil | Food Fraud Mafia Investigation

12 minutes: <https://youtu.be/kwyrangVexl>

EMFs

Concerned about 5G/4G Small Cells? "Colocation" Will Allow Telecom to Deploy 10,000 More of Them in the U.S. This Year

Article, videos: <https://www.activistpost.com/2023/01/concerned-about-5g-4g-small-cells-colocation-will-allow-telecom-to-deploy-10000-more-of-them-in-the-u-s-this-year.html>

Education & Schools

How to Protect Kids from the Dark Side of Technology - PragerU

45 minutes: <https://www.prageru.com/video/how-to-protect-kids-from-the-dark-side-of-technology>

MassResistance forces leftist School Board to remove obscene material

<https://www.massresistance.org/docs/gen4/23a/TX-MR-forces-school-to-remove-book/index.html>

Money, Food, Energy, Resources, Labor

Massive Fire Destroys Commercial Egg Farm Belonging To Top US Supplier

<https://www.activistpost.com/2023/01/massive-fire-destroys-commercial-egg-farm-belonging-to-top-us-supplier.html>

The Technocrats Exposed: Almost 70,000 Layoffs in Big Tech so far in 2023 as Techno-Prophecies Fail

Tech sector promises fall short; the ghost worker class

<https://healthimpactnews.com/2023/the-technocrats-exposed-almost-70000-layoffs-in-big-tech-so-far-in-2023-as-techno-prophecies-fail/>

Scam: Taxes & Social Security — Doug Casey's Take

Casey explains why social security is not insurance

13 minutes: <https://youtu.be/mFc6gxBugAQ>

Don't Call It Capitalism: The Fed's \$8 Trillion Hoard of Financial Assets

<https://mises.org/wire/dont-call-it-capitalism-feds-8-trillion-hoard-financial-assets>

Why There Will Never Be a Gold Standard - Martin Armstrong

Gold will rise and fall in value BECAUSE of the business cycle.

<https://www.armstrongeconomics.com/markets-by-sector/precious-metals/gold/the-new-world-alternative-order/>
<https://www.armstrongeconomics.com/markets-by-sector/precious-metals/gold/money-gold-theories/>

1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking

Lawfare - As Discussed on the Tom Renz Show

Winning the fight for American freedom requires we take a different approach. It isn't just law, it is lawfare.

<https://tomrenz.substack.com/p/lawfare-as-discussed-on-the-tom-renz>

The Censorship of Mercola — A Timeline

Starting with his Vitamin D advocacy in 2020

<https://articles.mercola.com/sites/articles/archive/2023/01/30/mercola-censorship-timeline.aspx>

Archived: <https://riseupnh.org/wp-content/uploads/2023/01/Mercola-censorship-timeline-1.30.23.pdf>

Federal Assault Weapons & Magazine Bans Submitted...There's MORE Too!!

11 minutes: https://youtu.be/P8rM_x2YFgc

Climate Cancel Culture - Tony Heller

Blaming truth-tellers is their latest strategy.

6 minutes: <https://youtu.be/XShymTavD0s>

Deep State, AI, Eugenics, Geoengineering, Surveillance State



<https://twitter.com/loffredojeremy/status/1619786795943710721>

Gregg Braden on Transhumanism - We DO NOT Understand the Implications, There Will be NO WAY BACK....

38 minutes: <https://youtube.com/watch?v=tANxLHRL0Xk&t=66>

How the 'Climate Cartel' Justifies the 2030 Agenda | Crossroads

Crossroads with Joshua Philipp

9 minutes: <https://youtu.be/ItbLFRPHc7A>

Geoengineering Watch Global Alert News, January 28, 2023, # 390 (Dane Wigington)

Sky spraying and weather engineering

55 minutes: <https://youtu.be/-jxeuCWYyaY>

Ukraine, False Flags & other Globalist Militarism

14 dead, 24 injured in Ukrainian strike on civilian hospital – Russian MOD

The attack by Kiev's forces on a medical facility in the Lugansk People's Republic was "deliberate," Moscow claims

<https://www.rt.com/russia/570626-ukraine-mssile-strike-hospital-crime/>

NATO Is Ready For A Direct Confrontation With Russia Says Top NATO Official

<https://newspunch.com/nato-is-ready-for-a-direct-confrontation-with-russia-says-top-nato-official/>

Caitlin Johnstone: Incentivizing Russia To Hit NATO

The message to Moscow at this point — with de-escalation and detente entirely missing from public discourse — is that they're going to get squeezed harder and harder until they attack NATO itself.

<https://consortiumnews.com/2023/01/27/caitlin-johnstone-incentivizing-russia-to-hit-nato/>

RUMORS OF WAR: Experts warn that Israel is 'preparing to go to war' with Iran this summer

<https://endtimeheadlines.org/2023/01/rumors-of-war-experts-warn-that-israel-is-preparing-to-go-to-war-with-iran-this-summer/>

Why Is The Mainstream Media Being So Quiet About The Military Strikes That Are Causing Massive Explosions In Iran?

<http://theeconomiccollapseblog.com/why-is-the-mainstream-media-being-so-quiet-about-the-military-strikes-that-are-causing-massive-explosions-in-iran/>

In 2014 The Guardian published an op-ed about Ukraine that would be shriekingly condemned as Russian propaganda today.

Read or listen: <https://caitlinjohnstone.substack.com/p/the-mass-media-used-to-publish-perspectives>

The Culture Wars

Beck: "Debunking Outrageous LIES from the New Hulu Series, 'The 1619 Project'

48 minutes: <https://youtu.be/ok-WRBUoP9A>

The Downfall of the Ivy League | Victor Davis Hanson with Dr. Jordan Peterson

105 minutes: <https://youtu.be/SUC2Xk2YW9M>

Paradigm Expanding

Embodying Higher Consciousness - A New Way of Living on the Earth

Free online event, Wed Feb 1 12noon

<https://www.humanitysteam.org/masterclasses/sacred-journey/signup>

What is the Nature of Reality? How Can We Know Our Purpose? Suzanne Giesemann & Jude Currivan, PhD

1 hour: <https://youtu.be/dobNw-Wpe3Y>

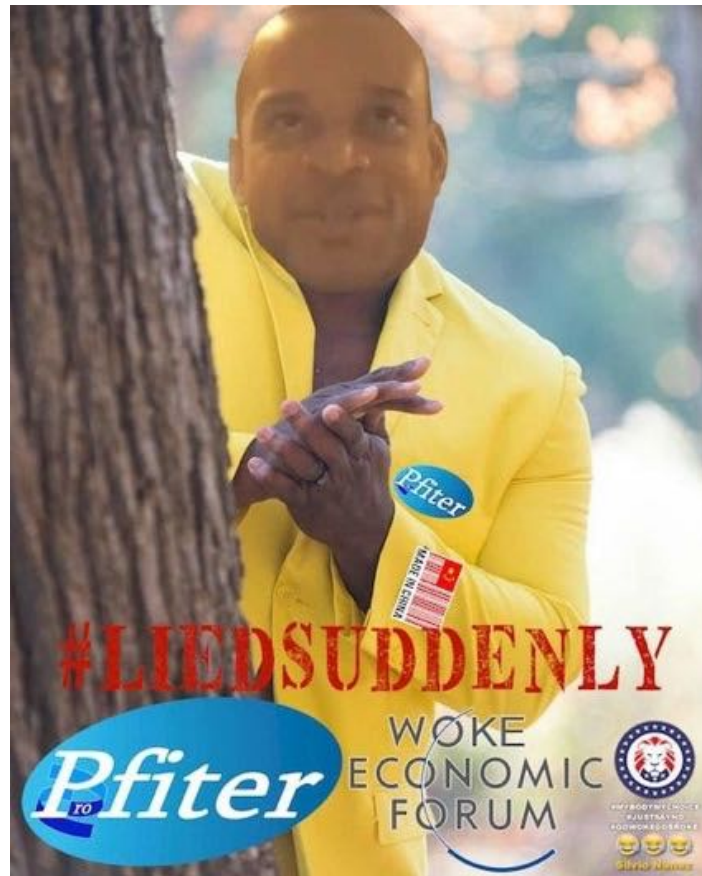
Monday Memes

CONSPIRACY THEORIST

THE TERM USED TO DISCREDIT SOMEONE WHO SPEAKS ABOUT THINGS YOU CAN'T BEAR TO LOOK AT, BECAUSE IF IT WERE TRUE, IT WOULD REVEAL A DARKNESS IN THE WORLD YOU'RE SIMPLY NOT READY TO ACCEPT.







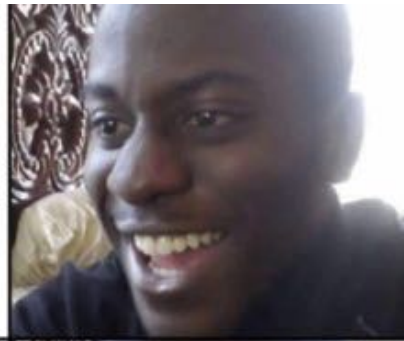
Company plans to unleash modified viruses onto 8 billion people? Thats OK, as long as I profit and go on hot dates! But if you...



**but if you record what I said about this plan
OH NOOOO!
its wrong! you cant do THAT!!!
Wheres the police?**

I'd much rather
my mother
found out I was
a telephone
scammer preying
on vulnerable
seniors than
desperate single
Pfizer guy.

**GETTING
A MATCH
ON GRINDR**

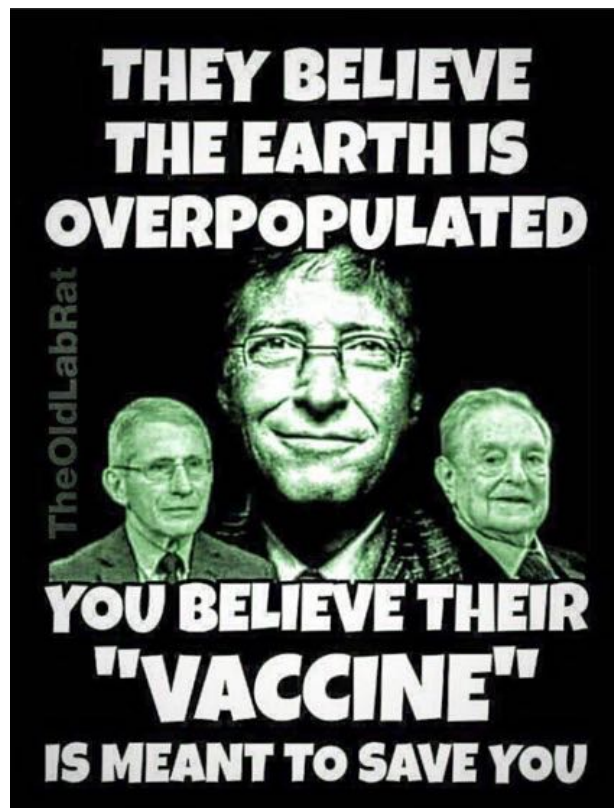


**GETTING
CATFISHED
BY PROJECT
VERITAS**











BREAKING NEWS

DJK 🤪

The federal government now recommends that you wear a blindfold along with your face mask to protect you from seeing what's really going on.

Our Politics 24/7

