



Newsletter - Monday December 12, 2022

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Welcome to our **Monday Solutions Edition** with resources on responding to the global metacrisis, relocalizing food, dealing with evil without becoming evil, reimagining schools, and more, plus curated news of the day. As always, **Memes** are at the bottom.

Please join us at 1pm today as we discuss possibilities for experimenting with local economics like bartering and community currency and exchange systems.

[Click to Join Zoom](#)

Up First:

Tonight 6PM! Covid Legal Issues with Live Q&A

Truth For Health Foundation Presents The Inaugural Medical Freedom Legal Symposium: Strategies For Overcoming Tyranny

<https://www.covidlawcast.com/p/covid-legal-issues-with-live-q-and>

Please Register in advance:

https://us02web.zoom.us/meeting/register/tZAIdqpgqjwjH9ADl0PbBQoCJBdCWH_qJFO5

Dr. Michael Yeadon: They're at It Again. Planning a FAKE Pandemic. Enabled by Untrustworthy PCR

"The entire scenario is FAKE. It signals to his fraudulent pandemic partners that they're going to do this whole charade again."

<https://lionessofjudah.substack.com/p/dr-michael-yeadon-theyre-at-it-again>

Prepare for 'Climate Lockdowns': Rogue British Council Wants to Strip You of Freedoms

14-minute video: <https://www.globalresearch.ca/video-prepare-for-climate-lockdowns-rogue-british-council-wants-to-strip-you-of-freedoms/5802014>

Digital Currency: The Fed Moves toward Monetary Totalitarianism

Banks involved in the pilot program include BNY Mellon, Citi, HSBC, Mastercard, PNC Bank, TD Bank, US Bank, and Wells Fargo.

<https://mises.org/wire/digital-currency-fed-moves-toward-monetary-totalitarianism>

Be it resolved, don't trust mainstream media - Munk Debate

Video version is finally available and well worth watching (the body language!). By the end, the audience shifted its attitude to support the anti-mass media perspective. Watch Matt Taibbi and Douglas Murray debate Malcolm Gladwell (who was truly awful) and Michelle Goldberg.

99 minutes: <https://youtu.be/R8OgH9EfxuM>

Welcome to Fifth Gen (Information) Warfare (and How to Resist It) - Dr. Robert Malone

The battleground is the consensus of the swarm and your own mind

Read or listen (31 minutes): <https://rwmalonemd.substack.com/p/welcome-to-fifth-gen-information>

The Alarm Bells Go Off - James Howard Kunstler

Twitter execs were regularly meeting with FBI over what to censor. Twitter's censorship was almost 100% aligned with the Dem Party. Twitter's chief censors were deranged ideologues abusing their power over our discourse to silence dissent. (Glenn Greenwald)

<https://kunstler.com/clusterfuck-nation/the-alarm-bells-go-off>

Yes, we are winning!

John-Michael and the RiseUpNH team

We are fundraising!

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.

PLEASE DONATE TODAY to support our efforts. Thank you!

SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true. Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so. In general, we do not repeat the ubiquitous mainstream narratives, though most items reference these in their arguments. Please do your own research, suspend final conclusions in favor of

continuing research, ignore what doesn't ring true for you, and always make up your own mind. Collective sense-making is a path, not a destination.



PROTEKNET Crop protection fabric FOR SALE -cut to size for you

Given the increasing concerns about supply shortages, costs going up exponentially, the need to grow more of our own food, increasing insect pressure due to climate changes etc, we purchased larger quantities of some farm supplies. . We are selling light weight 25 gram 14' wide ProtekNet that we will cut lengths to size at your request. We may also be willing to sell some of the mid weight 47 gram 14' wide which is stronger, We are selling a little above our costs. It is not easy to find in small quantities. We are selling the 25 gram sheets at \$2.50 per foot. The 47 gram is \$3.00 per foot. Lasts for at least a few years if taken good care of.

schreierlori@aol.com 603 399-7772

ProtekNet insect netting is the ideal choice for insect control over heat sensitive crops. The fine synthetic mesh is effective against even very small insects such as thrips and flea beetles (see chart below), is UV resistant, and lasts for at least several seasons. 89% light transmission. Keeps the critters out while not heating the crop and it is easy to see inside through the netting. Use over hoops.



CELEBRATING THE WHOLE CHILD

I have over 20 years of experience as an occupational therapy practitioner, and I am offering support to families with life skills, sensory strategies, regulation, children's yoga and mindfulness as well as strategies for visual motor and visual perception success. I offer extensive experience working with children with a wide variety of learning styles and abilities. Contact Alison a-lovejoy@comcast.net for additional information on how to receive individual consultations and supports.



Cope Counseling & Coaching David Cope MSW, LICSW

New online counseling practice

Individual, couples,
family counseling & mediation

34 years experience
helping teens, adults and seniors

www.pecounselingandcoaching.com
david@pecounselingandcoaching.com
603-562-8889



Healing/ Empowerment Sessions

with
*John-Michael
Dumais*

603-757-6358
jmdumais@gmail.com
www.Quest4Emergence.com

<p>Meet Audra Wilson Holistic Nurse and Health Practitioner</p>   <p>RESTORING EDEN HOLISTIC HEALTH AND WELLNESS</p>	<p>Restoring Eden is a Community Wellness Center for Holistic Health located in the heart of Gilsum New Hampshire. Founded by Audra Wilson, Restoring Eden focuses on whole body healing with services for all age groups.</p> <p>Audra is Double Board Certified in Holistic Health, BC-Holistic Nurse Baccalaureate, and BC-Holistic Health Practitioner. She is a Member of the American Holistic Nursing Association, Sigma Theta Tau International Honor Society of Nursing (STTI), American Academy of Drugless Practitioners (AADP), Salt Therapy Association and Ozone Without Borders.</p> <p>Certifications:</p> <ul style="list-style-type: none"> • Halotherapy • Holistic and Integrative Health • Meridian Stress Analysis (Bioenergetic Testing) • NASM Personal Trainer • Spirituality, Health and Healing • Aromatouch Practitioner • Healing, Wholeness and Prayer • Limited Obstetric Ultrasound • Teaching Nurse Self-Care and Sleep Hygiene • Red Cross Certified Trainer for CPR/AED/FA <p>626 Route 10 Gilsum NH - 603-338-8797 RestoringEden4NaturalHealth@gmail.com</p>
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Larisa M. Trexler, RN, Certified EMF Specialist
contact info: emf@trexlah.com • 603.530.1200



sunset
EMF & HEALING

sunsetEMF.com

EMF evaluation & remediation - one of the greatest impacts on the path to restorative sleep, better energy, healing, and peace of mind.

Have a business or item you'd like to share here? Contact admin@riseupnh.org.

The UpBeat

Defense Bill to Require Pentagon to Rescind Military Vaccine Mandate in Major GOP Victory

<https://www.breitbart.com/politics/2022/12/06/defense-bill-require-pentagon-rescind-military-vaccine-mandate-major-gop-victory/>

Why 2023 Could Be The Greatest Year Of Your Life - Kyle Cease

A new take on those New Year's resolutions

30 minutes: https://youtu.be/v_-Mb1pe0DM

PlantWave Quartet - Habitable Zone - Relaxing Plant Music

Four plants create a symphony of music. Each plant is connected to a PlantWave device (<http://plantwave.com>), which is translating its electrical data into notes.

17 minutes: <https://youtu.be/oHv6YcZfJyE>

Events

NH Agricultural Policy Forum on December 13th, 5:30pm - 6:30pm (on-line).

Topics include: 2023 Farm Bill policy priorities, Inflation Reduction Act impact on New England small-scale farms; soil health; farm to school; food access bills coming to the NH legislature, & more.

Register now for this free event: <https://www.eventbrite.com/e/2022-nh-agricultural-policy-forum-tickets-439215915627>

Saturday, Dec 17, 4PM-?

Holiday Coffeehouse and Open Mic

Restoring Eden, 626 Route 10, Gilsum NH

Friends! Come listen to music, poetry, and stories in the lovely hall at Restoring Eden. An extra room will be opened up for folks who need a little quiet and conversation. Bring a poem to share (your own creation or just a favorite), a story, a song, and/or an instrument. The coffeehouse part will have refreshments (potluck) and a jam session for all interested musicians.

Please bring a snack to share.

Wine/beer: Audra has no objection to people bringing alcohol beverages as long as we are self responsible and discreet.

Donation: \$2 - \$5 to pay for use of space at Restoring Eden

Questions: Bill Rogers, 401-835-0977

Please join us one hour early for the Holiday Coffeehouse on Saturday, December 17th to make the place jolly.

Bring twinkly lights and any other holiday decorations you have. Please let Kristen know if you can be on the team. We can't do it without you.

Email Kristen at kreynolds3000 at gmail dot com or call 540-588-4173.

January 5, 2023

Winter Book Study: A Precautionary Tale

We hope you will join NOFA-NH and Seacoast NH Permaculture this winter for a 5-part Zoom book discussion of A Precautionary Tale: How One Small Town Banned Pesticides, Preserved Its Food Heritage and Inspired a Movement by Philip Ackerman-Leist. Meetings

will take place every other Thursday from January 5 to March 2. Register for the whole 5-week series for \$10 (NOFA members) or \$15 (non-members). Only six spots are available and will be filled on a first come first serve basis. Participants must purchase their own copy of the book.

Learn more and sign up at www.nofanh.org/book-club.

January 10, 2023

A Future of Food Security for All w/ Special Guest Ira Wallace January 10th

The seven chapters of the Northeast Organic Farming Association have been working to develop food security programs and learning opportunities throughout our region. This winter each chapter will be implementing various workshops at our Winter Conferences that discuss topics to build self-resiliency, grow agricultural communities, develop systems for improved access, increase land access, and reduce climate decline. To kick off our Winter Conference season we have invited the NOFA/Mass Keynote Speaker Ira Wallace, of the Southern Exposure Seed Exchange, to share with us the importance of food security and how seed saving continues to play such an important role in feeding our communities. We hope you will join us for this free, virtual event on January 10 from 12 PM – 1 PM.

Registration will open soon. You can learn more here: <https://www.nofanh.org/kickoff-event>

Have an event you'd like us to post? Contact admin@riseupnh.org.

Free/Cool/Fun/Weird/Noteworthy

The Twelve Doses For Christmas, A Christmas Carol

<https://www.brighteon.com/26274c0f-e8d3-42bb-b428-62f23408e264>

The Nurse Freedom Network

Writings, podcast, events, more.

<https://nursefreedomnetwork.substack.com/>

Difference Between An Individualist And Collectivist

2 minutes: <https://youtu.be/qC9ZhFTRWAK>

Dr. David Martin: Health Authorities are Turning Roughly 4 Billion People into “Bioweapons Factories” - Man in America Podcast

The war on people and the food supply via the mRNA tech

68 minutes: <https://www.brighteon.com/0679a67b-592c-45fc-a9f7-a23dbfb06f88>

Why You May Soon Find Yourself in ‘Digital Prison’ - Dr. Mercola

Your digital identity will be required to unlock all aspects of life, from logging onto the internet to accessing social services, travel, food, shopping and financial services.

<https://childrenshealthdefense.org/defender/digital-identity-prison-social-credit-system-cola/>

Abrupt global ocean circulation collapse. Time to start prepping?

The AMOC system has been weakening for decades and it is likely to grind to a halt at some point in the not too distant future, with profound effects on our planetary systems.

12 minutes: <https://youtu.be/j2ETr6X1IOk>

The De-Population Bomb

American scholar Nicholas Eberstadt reveals how the United States is heading toward the problem of not enough people.

75-minute video: <https://www.activistpost.com/2022/12/the-de-population-bomb.html>

Waste from Fracking Wells that Used “Forever Chemicals” (PFAS) Dumped at Approx. 100 U.S. Locations

<https://www.dailyclimate.org/fracking-pennsylvania-pfas-2658846325.html>

The Dunning Kruger Effect

DKE is a cognitive bias that makes people believe they are smarter and more capable than they actually are.

4 minutes: <https://youtu.be/4FGnb2lgPBA>

US Sen. Ron Johnson's All-Star Roundtable, Dec 7: COVID-19 Vaccines - What They Are, How They Work and Possible Causes of Injuries

With Drs. McCullough, Kory, Marik, Malone, Cole, Risch, plus Aaron Siri, Ed Dowd, and many others.

3-hr video starts at 6:30 mark: <https://rumble.com/v1ze4d0-covid-19-vaccines-what-they-are-how-they-work-and-possible-causes-of-injuri.html>

Defender summary article on the event: <https://childrenshealthdefense.org/defender/ron-johnson-senate-hearing-covid-pandemic-mismanagement/>

Politics, Bills, Elections, Voting & Natural Law

Pray Tell, What Is the GOP? - Granite Grok Op-Ed

https://granitegrok.com/mg_manchester/2022/12/pray-tell-what-is-the-gop

So, You Want to Know to Whom or What Gov. Sununu Is Connected? Check This Out!

<https://granitegrok.com/blog/2022/12/so-you-want-to-know-to-whom-or-what-gov-sununu-is-connected-check-this-out>

FBI Reveals Seth Rich Computer Showed He May Have been The DNC Leaker

<https://www.armstrongeconomics.com/world-news/conspiracy/fbi-reveals-seth-rich-computer-showed-he-may-have-been-the-dnc-leaker/>

Xi Jinping's Visit to Saudi Arabia and the Overthrow of Atlanticism

<https://thecradle.co/Article/Analysis/19283>

Relocalization, Regenerative Practices & Mindset, Prepping

GLOBAL vs LOCAL food systems: A world of difference

This short snippet from Local Futures' documentary 'Planet Local: A Quiet Revolution' contrasts the global food system versus localized food systems, highlighting their dramatically different outcomes re- productivity, sustainability, and human and planetary health.

<https://youtu.be/C1NUWu-MQhI>

'Planet Local: A Quiet Revolution' full documentary is freely available here:

50 minutes: <https://youtu.be/EHAXdrLagwY>

Granite Grok's Survival Sunday Blog Post (Prepping links)

<https://granitegrok.com/blog/2022/12/survival-sunday-prep-edition>

Can This Metal Really Beat the Lithium Battery?

Exploring the graphene aluminum battery

13 minutes: <https://youtu.be/5B6icvUBNzE>

Rebuilding Relationships, Society and Culture

In Search of the Third Attractor - Daniel Schmachtenberger

DS offers a masterclass for understanding the quandary of our time: a multiplicity of emerging crises that seem to be beyond human control, and how to approach thinking about and solving them without falling into the traps of catastrophism or centralized control. Long but well worth the journey.

Part 1 (2.75 hours): <https://youtu.be/8XCXvzQdcug>

Part 2 (98 minutes): <https://youtu.be/ZCOfUYrZJMQ>

Schmachtenberger's websites:

Civilization Emerging: <https://civilizationemerging.com/>

Consilience Project: <https://consilienceproject.org/>

Charles Eisenstein - Handfuls of Dust and Splinters of Bone

Eisenstein attempts to address the question, "How, when we face a monstrous Machine, can we create its opposite, when to fight that Machine brings into the world only more fighting?" In Part 2 he address humanity's longstanding pursuit of power and our tendency to do evil in the name of good - and how this has brought us to the age of mandates, lockdowns and the Great Reset.

Part 1: The Origin of "Evil" (Read or listen):

<https://charleseisenstein.substack.com/p/handfuls-of-dust-and-splinters-of>

Part 2: The Nature of Power (Read or listen):

<https://charleseisenstein.substack.com/p/handfuls-of-dust-and-splinters-of-16c>

Intuition's claims on truth - Dr. Iain McGilchrist with Spanish physicist turned neuroscientist Dr Àlex Gómez-Marín

Intuition often gets a bad rap, but plays a more important role in helping us stay in touch with reality

1 hour: <https://youtu.be/H66x0Lb8Ook>

Jab & Plandemic News

COVID Booster Mandates for Young Adults Will Cause 'Net Harm,' BMJ Study Says

<https://childrenshealthdefense.org/defender/covid-booster-mandates-young-adults/>

Cause Unknown: The Epidemic of Sudden Deaths - Ed Dowd with Dr. Mercola

Detailed coverage of insurance and disability data, impacts of infrastructure, life expectancy, and more.

Video, article: <https://articles.mercola.com/sites/articles/archive/2022/12/11/cause-unknown-epidemic-sudden-death.aspx>

Dowd's book, "Cause Unknown: The Epidemic of Sudden Deaths in 2021 and 2022":

<https://amzn.to/3W5TVCE>

'All These Vaccines Need to Be Withdrawn From the Market': COVID Roundtable Part 2

Further summary and transcripts of key testimony from Sen Johnson recent panel - and the case for SARS-CoV-2 as a bioweapon.

<https://childrenshealthdefense.org/defender/ron-johnson-senate-roundtable-part-2-covid-vaccines/>

'Pure Blood' Movement: Viral Immunology Professor Explains Why He Does Not Want 'Vaccinated' Blood

"They should be labeling this. If I need a blood transfusion, I want to ensure that I am not receiving blood from someone who hasn't received these products."

<https://lionessofjudah.substack.com/p/pure-blood-movement-viral-immunology>

C19-induced myocarditis was a delusion at best, possibly a lie, could virus-induced hepatitis, poliomyelitis or others be fake too?

Vaccine Need Myth - A mathematical conundrum shakes the basis on which some vaccines have been sold to society, further widening the gap between the population and the Healthcare-Medical Community.

<https://open.substack.com/pub/covidmythbuster/p/c19-induced-myocarditis-was-a-delusion>

General Health & Wellness

Masterclass: Unlock Your Body's Resilience Through the New Biology - Sayer Ji, GreenMedInfo

Discusses how much water one should drink, among other things.

2 hrs (requires email): https://regeneratemasterclass.byhealthmeans.com/livestream/?idev_id=20024

EMFs

Please sign & share this petition ASAP regarding FCC Commissioner

Sign this petition now to get Gigi Sohn confirmed as FCC Commissioner

<https://actionnetwork.org/letters/confirm-gigi-sohn-to-the-fcc/>. The cut off date for signatures is December 31, 2022!

We need Gigi Sohn as FCC Commissioner. She is a long-time consumer advocate and not beholden to any industry. She is arguably the most qualified candidate ever to be nominated to FCC Commissioner. The telecom industry has been engaging in a smear campaign in the hopes of scuttling her confirmation.

If Gigi Sohn is not confirmed before 12/31/22, President Biden will have to re-nominate someone to that position. We have no idea who that will be. If it isn't Gigi Sohn, it is likely we

will continue to have no traction at the FCC. This is why she needs to be confirmed during this lame duck session.

(From NH for Safe Technology)

Take Action: Virginia Families Forced to Choose Between Smart Meters or No Power At All

Despite freezing temperatures and with little to no warning, Dominion Energy Virginia showed up at the homes of more than half a dozen families in Virginia and shut off their power because they refused to have “smart” meters installed in their homes.

<https://childrenshealthdefense.org/defender/take-action-virginia-smart-meters-power/>

No Kidding! Girl Scouts of the USA Organization Promoting 5G Technology

<https://www.activistpost.com/2022/12/no-kidding-girl-scouts-of-the-usa-organization-promoting-5g-technology.html>

NH 4 Safe Technology:

Join us for our free wireless Safety Education session

December 15th at 6pm:

<https://us02web.zoom.us/join/register/tZApduCurT4tEteieNZO30sYtBPRrgIXeMYy>

Money, Food, Energy, Jobs & Resources

What Does the Fed's Jerome Powell Have Up His Sleeve?

The Real Goal of Fed Policy: Breaking Inflation, the Middle Class or the Bubble Economy?

<https://scheerpost.com/2022/12/07/ellen-brown-what-does-the-feds-jerome-powell-have-up-his-sleeve/>

The Housing Market Crash Nobody Thinks Possible Is Here

16 minutes: https://youtu.be/novvOSFtE_o

BlackRock and Vanguard come under fire from 19 US States over ESG ideology

Also: House Republicans launch an investigation to probe into climate groups spearheading the environmental, social, and corporate governance (“ESG”) movement.

<https://www.2ndsmartestguyintheworld.com/p/blackrock-and-vanguard-come-under>

Green Fail: UK Grid Fires Up Coal Power Stations Amid Energy Crisis

<https://www.breitbart.com/europe/2022/12/12/green-fail-uk-grid-fires-up-coal-power-stations-amid-energy-crisis/>

Austrian energy prices more than double

Households stock up on wood amid worsening crisis, data from the country's energy agency shows

<https://www.rt.com/business/567966-austrian-energy-prices-double/>

Switzerland Considers Electric Vehicle Ban To Avoid Blackouts

<https://21stcenturywire.com/2022/12/07/switzerland-considers-electric-vehicle-ban-to-avoid-blackouts/>

Massive Supply Bottleneck Threatens the Entire Green Agenda - Heresy Financial

The war on food and fuel and the problem of lithium supplies for EVs

11 minutes: <https://youtu.be/yEYMPgCkaDA>

The Blowback from Stripmining Labor for 45 Years Is Just Beginning - Charles Hugh Smith

The clueless technocrats are about to discover that unfairness and exploitation can't be measured like revenues and profits, but that doesn't mean they're not real.

<https://www.oftwominds.com/blogdec22/blowback12-22.html>

1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking

"Infodemic" crackdown in WHO pandemic treaty || Dr. David Brownstein

Allison Morrow and Dr. B discuss the proposed censorship in the new treaty.

24 minutes: <https://youtu.be/i2LwXybJhMk>

From Shadow Bans to Black Lists, Musk Forces a Free-Speech Reckoning for Politicians and Pundits

Turley discusses the first several tranches of the Twitter Files, and how mainstream media is tamping down on this news

<https://jonathanturley.org/2022/12/12/from-shadow-bans-to-black-lists-musk-forces-a-free-speech-reckoning-for-politicians-and-pundits/>

Twitter Files: Secret Blacklists and Shadow-banning of Conservative and Independent Users

<https://www.activistpost.com/2022/12/twitter-files-secret-blacklists-and-shadow-banning-of-conservative-and-independent-users.html>

The Elitist, Snide Worldview of Yoel Roth—Twitter's Former Censor-in-Chief, with Michael Tracey - Glenn Greenwald

8 minutes: <https://youtu.be/Xecigl8IV9U>

As Gov't Fails Them Americans Quickly Realize the Power of Gun Rights, AR-15s and Private Police

"We are tired of this nonsense"

<https://thefreethoughtproject.com/be-the-change/as-govt-fails-them-americans-quickly-realize-the-power-of-gun-rights-ar-15s-and-private-police>

Neil Oliver Exposes the Climate Change Deception and 'Sustainable' Fraud

12 minutes: <https://www.youtube.com/watch?v=9LDV5sD5QZc>



John Kiriakou: The Lies Spies Tell About Assange

The imprisoned publisher was attacked during a big-name counter-intelligence event in Washington this week with the same kind of innuendo that a larger gang, back in 2019, threw at the Hunter Biden laptop story - and again, without any proof.

Article and video: <https://consortiumnews.com/2022/12/09/john-kiriakou-the-lies-spies-tell-about-assange/>

The Political Weaponization of AI: Is Woke AI the Future of Censorship?

More on the New AI Chatbot Sensation ChatGPT and How It Demonstrates Incurable Political & Ideological Corruption of AI (lots of examples of bias and outright lying)

<https://ashmedai.substack.com/p/the-political-weaponization-of-ai>

Greta Thunberg Needs To Announce That She's a Boy if "He" Wants to "Save" the 'Planet'

<https://granitegrok.com/blog/2022/12/greta-thunberg-needs-to-announce-that-shes-a-boy-if-he-wants-to-save-the-planet>

Technocracy, AI/Transhumanism, Eugenics, Geoengineering & The Deep/Surveillance State

VICTORY! Apple Commits to Encrypting iCloud, Drops Phone-Scanning Plans

<https://www.activistpost.com/2022/12/victory-apple-commits-to-encrypting-icloud-drops-phone-scanning-plans.html>

The Matrix Is Here - GMO "Humans": EctoLife: Concept Unveiled for the World's First Artificial Womb Facility

<https://www.google.com/url?q=https://open.substack.com/pub/anamihalceamdphd/p/the-matrix-is-here-gmo-humans-ectolife>

Schools & Education

To Reimagine Education, We Must Stop “Scaling Up”

It's not only not attainable; it's not how Nature works . . .

<https://samchaltain.substack.com/p/to-reimagine-education-we-must-stop>

Education Reimagined

Explore and discover learner-centered spaces - some good ideas, despite some social justice bias.

<https://education-reimagined.org>

More SEL Group Therapy in Schools: Training Kids to Keep Information Secret

<https://granitegrok.com/blog/2022/12/more-sel-group-therapy-in-schools-are-training-kids-to-keep-information-secret>

Ukraine, False Flags & Globalist Militarism

Russia Hands UN Details of Ukrainian Attacks on Civilian Targets

Moscow has harshly criticized Western arms shipments to Kiev, claiming they are used to kill civilians in the region

<https://www.globalresearch.ca/russia-hands-un-details-ukrainian-attacks-civilian-targets/5801990>

Defense Aid to Ukraine Tops \$20 Billion as New \$275M Package Announced

<https://www.zerohedge.com/military/defense-aid-ukraine-tops-20-billion-new-275m-package-announced>

‘Western Mass Formation’ with guest Vladimir Golstein

Professor Golstein, Chair of Slavic Studies department at Brown University, discusses the Russia-Ukraine Conflict and the West's political and cultural reaction to it, and how the current western mass formation of anti-Russian hysteria mirrors many regrettable aspects of life in the former Soviet Union.

Goldstein section starts at 40:09 (audio): <https://21stcenturywire.com/2022/12/11/episode-445-western-mass-formation-with-guest-vladimir-golstein-and-more/>

Culture Wars

“The Transgender Movement Isn’t Just Targeting Kids, It’s Targeting Families” and More!

<https://granitegrok.com/blog/2022/12/the-transgender-movement-isnt-just-targeting-kids-its-targeting-families-and-more-stack-of-stuff-33>

Child Mutilation... What is Their Motivation?

<https://granitegrok.com/blog/2022/12/child-mutilation-what-is-their-motivation>

Paradigm Expanding

The Connection between Ancient Tech and Modern Top Secret Black Magic - Nick Redfern with Whitley Strieber

64 minutes: <https://youtu.be/DOdXylU7IWA>

Above Top Secret: What We Really Know! - UFO Documentary Makes Huge Claims

51 minutes: <https://youtu.be/bgmBFMiUiGA>

Monday Memes



Find out which one is best for you



Pfizer/ BioNTech

- Blood clots
- Myocarditis
- Pericarditis
- Bals palsy
- Death



Moderna

- Blood clots
- Myocarditis
- Pericarditis
- Bals palsy
- Death



AstraZeneca

- Blood clots
- Myocarditis
- Pericarditis
- Bals palsy
- Death



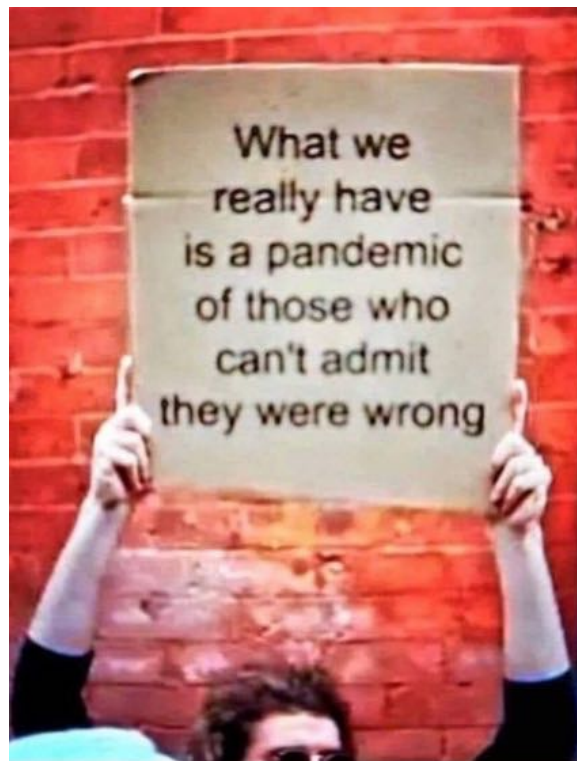
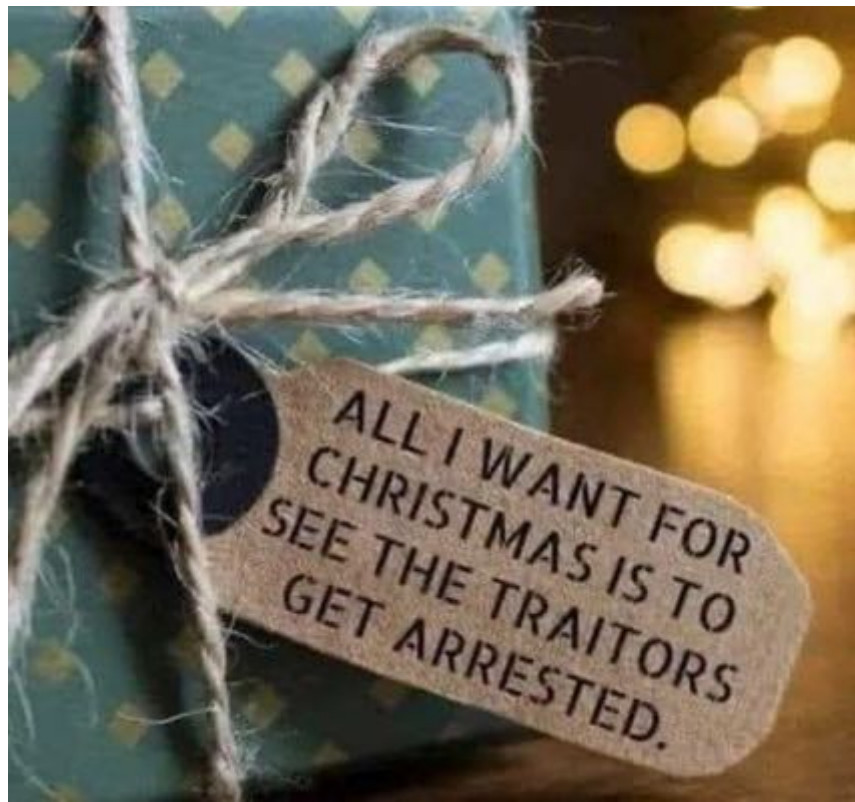
Johnson-Johnson

- Blood clots
- Myocarditis
- Pericarditis
- Bals palsy
- Death



Novavax

- Blood clots
- Myocarditis
- Pericarditis
- Bals palsy
- Death





This is Christine Grady,

She is the head of "NIH Bio Ethics"
They are the company that approves
Drugs for the FDA.
This is her husband...



Are you starting to get it?



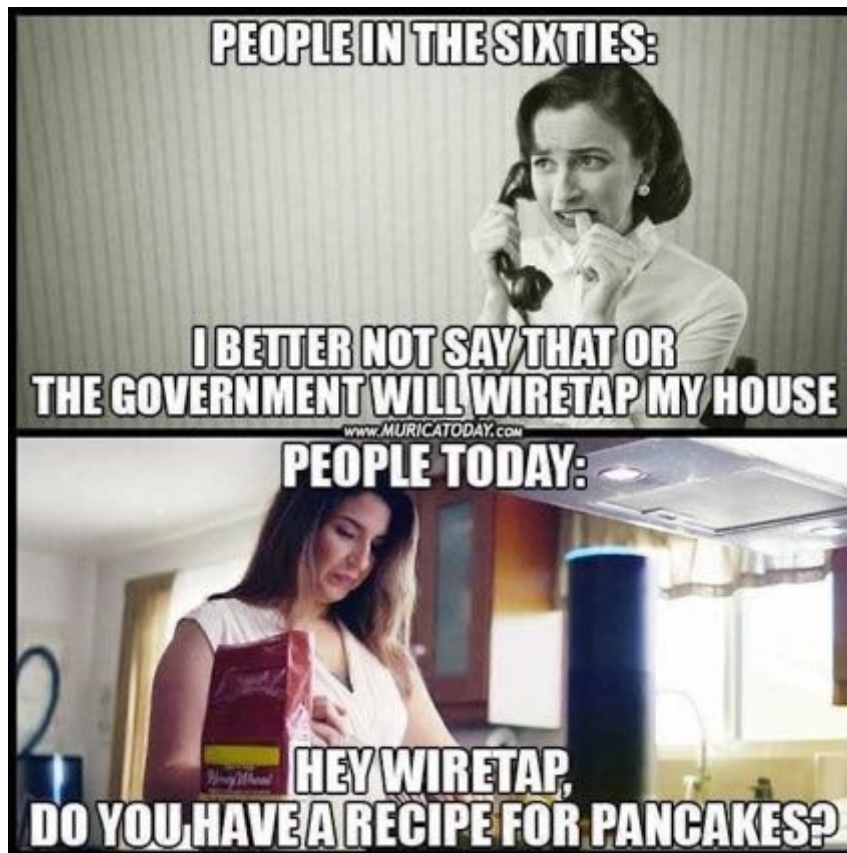
Elon Musk [@elonmusk](#) · 3h

**"JUST ONE
MORE LOCKDOWN,
MY KING..."**





The biggest story this week is
the suppression of the story
about the suppression of a story.
Of course, that story is also
suppressed. Stay tuned. We'll
have less on this story later.



Old Journalism Ethics

"Chase after the truth like all hell and you'll free yourself,
even though you never touch its coat tails."
--Clarence Darrow



The New Ethics

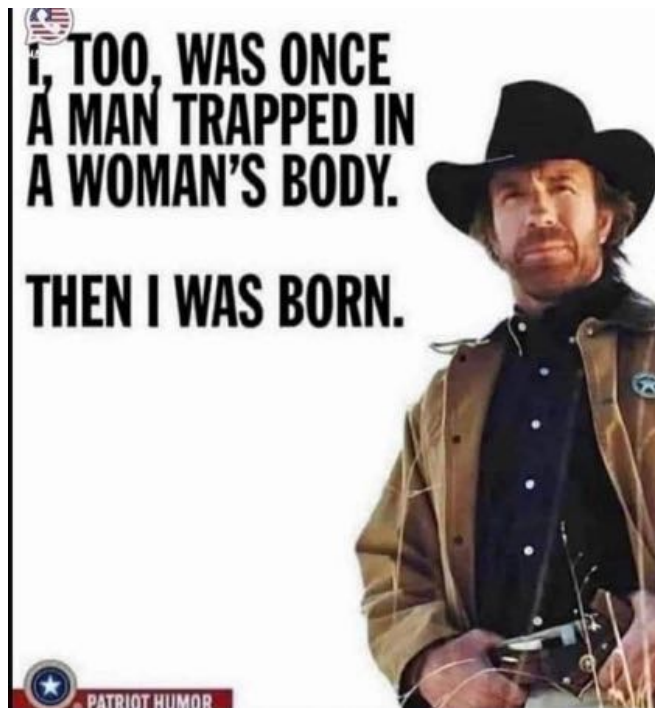
PROTECT THE
ESTABLISHMENT AT
ALL COSTS...



EVEN THE TWILIGHT ZONE



ISN'T THIS FUCKED UP



***CHEERS TO ALL THE OTHER
MEMBERS OF THE SHIT-
HASN'T-BEEN-ADDING-UP-
FOR-QUITE-
SOME-TIME-
NOW CLUB***



TO THE REBELS

This is for ones that see the through the deception and lies. That actively resist tyranny and live a life which is lead by their own intuition and heart. They are owned by no one.

To the brave Women and Men who courageously risk their reputation and relationships to stand up for what they believe in. Although they may be courageous, they are also selfless, intuitive, and conscious. They care. They love. They fight. Not only for their freedom, but for everyone's freedom.

To the rebels of the world.

DESIDERATA

GO PLACIDLY amid the noise and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story. Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is as perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

Max Ehrmann
