



Newsletter - Monday November 7, 2022

Welcome to our **Monday Solutions Edition**. Today we offer a number of resources on "**Game B**," which is a catch-all label for alternative systems to the one we have now, which is all about competition and zero-sum games, economically and socially. See the articles and resources under the *Rebuilding Relationships, Society and Culture* section below.

For today's Zoom chat, we will explore the continuing debate (uproar is more like it) around Emily Oster's Atlantic article calling for Amnesty (<https://bit.ly/3UBqLuw>). What should be our response when the whole COVID psyop is finally exposed? Where do you come down on the question of forgiveness versus punishment, and for whom? Click on the button to join:

1PM Monday Zoom

TONIGHT! Keene 5G Tower Meeting, 5 to 6 pm on Monday at the Keene Public Library

In the Miller-Vincent room on 2nd floor

Ann Savastano will provide bullet points re the health and environmental hazards and some good links to source material. Also, a thumbnail sketch of status in Keene, and legal recourses available, and what we in Keene can do to stop the installation of the 5G towers.

To victory!

John-Michael and the RiseUpNH team

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.

PLEASE DONATE TODAY to support our efforts. Thank you!

SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true. Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so. In general, we do not repeat the

ubiquitous mainstream narratives, though most items reference these in their arguments. Please do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind. Collective sense-making is a path, not a destination.



CELEBRATING THE WHOLE CHILD

I have over 20 years of experience as an occupational therapy practitioner, and I am offering support to families with life skills, sensory strategies, regulation, children's yoga and mindfulness as well as strategies for visual motor and visual perception success. I offer extensive experience working with children with a wide variety of learning styles and abilities. Contact Alison a-lovejoy@comcast.net for additional information on how to receive individual consultations and supports.



Cope Counseling & Coaching David Cope MSW, LICSW

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with
**John-Michael
Dumais**

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jmdumais@gmail.com
www.Quest4Emergence.com

Meet Audra Wilson

Holistic Nurse and Health Practitioner



RESTORING EDEN
— HOLISTIC HEALTH AND WELLNESS —

Restoring Eden is a Community Wellness Center for Holistic Health located in the heart of Gilsum New Hampshire. Founded by Audra Wilson, Restoring Eden focuses on whole body healing with services for all age groups.

Audra is Double Board Certified in Holistic Health, BC-Holistic Nurse Baccalaureate, and BC-Holistic Health Practitioner. She is a Member of the American Holistic Nursing Association, Sigma Theta Tau International Honor Society of Nursing (STTI), American Academy of Drugless Practitioners (AADP), Salt Therapy Association and Ozone Without Borders.

Certifications:

- Halotherapy
- Holistic and Integrative Health
- Meridian Stress Analysis (Bioenergetic Testing)
- NASM Personal Trainer
- Spirituality, Health and Healing
- Aromatherapy Practitioner
- Healing, Wholeness and Prayer
- Limited Obstetric Ultrasound
- Teaching Nurse Self-Care and Sleep Hygiene
- Red Cross Certified Trainer for CPR/AED/FA

626 Route 10 Gilsum NH - 603-338-8797
RestoringEden4NaturalHealth@gmail.com



Have a business or item you'd like to share here? Contact admin@riseupnh.org.

Events

ONE-TIME EVENTS

Friday-Sun Nov 11-13 Remote Viewing Workshop

Learned CRV - controlled remote viewing.

Fitzwilliam, taught by Jim Rodger, \$125 - still a couple of spots left.

Details, write: jmdumais@gmail.com

ONGOING EVENTS

Biweekly, Saturday 10am to 11:30am NVC Study Group, Swanzey

(Next class: Nov 19) - with Kristen Reynolds

This study group for people who have either done an NVC intro with Kristen, read the book Nonviolent Communication by Marshall Rosenberg, or have had NVC training elsewhere.

(Kristen will do NVC intro workshops occasionally for those who wish to start this practice. If you are interested in an introduction, please contact her to set up a time. Intros take three hours.) **Info/directions: kreynolds3000 at gmail dot com.**

Fridays from 4pm - 5:15pm

Energetic Vinyasa Flow Yoga class w/ Bronwyn Sims

@ Elements MMA, Keene

Drop in rate - \$22s

To sign up please click this link: <https://www.elements-mma.com/workshops>

If you have questions please email: justmoveyoga@protonmail.com

Even more classes -- see www.justmoveyogafitness.com

The UpBeat

6 reasons to feel grateful for the "pandemic"

<https://mickeyz.substack.com/p/6-reasons-to-feel-grateful-for-the>

George Harrison's Search For A Higher Truth

An eye-opening and moving sharing from musician and Beatles band member George Harrison (1943 - 2001) on truth, life, change and consciousness.

12 minutes: <https://youtu.be/4WLUcxIXgDA>

George Harrison - Give Me Love (Give Me Peace On Earth) (Live):

<https://youtu.be/EjHLxTGn--s>

Free/Cool/Fun/Weird/Noteworthy

What we might learn about this next election from what happened on November 22, 1963

With Dan Rather in the propaganda chorus screaming about "January 6," let's look back at his Big Lie about the (first) Kennedy assassination, to find some truth about America (and all the world) today

<https://markcrispinmiller.substack.com/p/what-we-might-learn-about-this-next>

The Energy Behind Things - Relendra

I don't want to say we lost—but if forced to choose one or the other, I'd say we lost.

Untangling the Knots that Bind Us to the Shadows.

<https://relendra.substack.com/p/the-energy-behind-things>

The Book We Need and Only Justin Hart Could Write

Rational Ground founder authors "Gone Viral: How Covid Drove the World Insane," covering it all: school, church, and business closures, masking, travel restrictions, forced jabs, populist disease panic, media censorship and complicity in lies, and the massive corruption of science.

<https://brownstone.org/articles/book-we-need-only-justin-hart-could-write/>

The Lost

Presidential Historian Michael Beschloss -- and many others -- go Full Dystopia Over Possibility of Red Wave Tomorrow

<https://chrisbray.substack.com/p/the-los>

Vermont - The social cost of false morality

OB-Fentanyl - Some feel moral as they endanger children. Open-Border-Fentanyl (OB-Fentanyl) is thirty (30X) times the social cost of COVID-19 in Vermont.

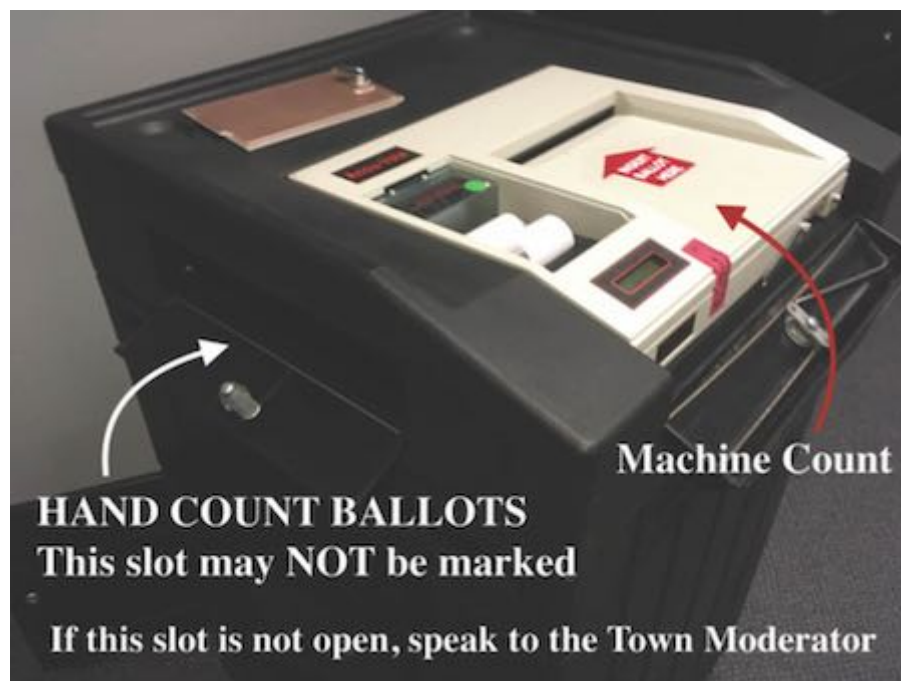
<https://coquindechien.substack.com/p/vermont-the-social-cost-of-false>

Free eBook - For new subscribers, get the free ebook, "Challenging the Pandemic Narrative," by JM Dumais, here: <https://bit.ly/3fa8JAr>

Politics, Bills, Elections, Voting & Natural Law

Getting your Vote Hand Counted

The Secretary of State guide book on new rulings state that a "Insert Hand Count Ballots Here" should be attached to the device base (signs will be distributed to the town by the SOS). If this is not available, the Town Moderators should be alerted.



2022 RebuildNH Candidate Endorsements

<https://rebuildnh.com/endorsement/2022/>

Get Your Sample Ballot for the General election:

<https://www.sos.nh.gov/elections/sample-ballots#>

Dem Party Turns On Anti-War Democratic Primary Winner - Jimmy Dore Show

MIT graduate and anti-war activist Geoff Young describes his fiercely anti-war, anti-duopoly and anti-establishment views.

13 minutes: https://youtu.be/7_ynTduON-E

"Make Peace Non-Partisan" - GOP House Candidate Joe Kent

The Grayzone's Anya Parampil speaks with retired US Green Beret Joe Kent about his bid to represent Washington state's 3rd congressional district in the US House of Representatives. Kent, who has gained a national reputation for his criticisms of the permanent war state, shares his plan to push for a diplomatic solution to the Ukraine crisis if elected to Congress.

32 minutes: <https://youtu.be/KBAdzRt9i54>

Meet Your Legal Fiction - Unveiling the Debt-Slave Matrix - Jeremy Griff with Aaron Abke

How did our world systems become so corrupt and service-to-self based? How does the fictitious and fraudulent legal society currently enslave nearly every human being on earth without them knowing it? In this clip, you will learn exactly how this plot was created, how it operates, and how you can transcend it to be the free and Divine Being you always have been.

35 minutes: <https://youtu.be/iGg0qzkOO2g>

Over 50 countries vote against anti-Nazism UN measure

Last year, the resolution condemning the glorification of Nazism was opposed by just the US and Ukraine

<https://lionessofjudah.substack.com/p/end-times-headline-news-8ca>

Relocalization, Regenerative Practices & Prepping

Masontops Complete Mason Jar Fermentation Kit - With Pickle Pipes

4 minutes: <https://youtu.be/fim8-TbSulo>

Cooking with the All American Sun Oven

9 minutes: <https://youtu.be/kkKCfXtAYJ4>

Rebuilding Relationships, Society & Culture

Omni-Win Recommendations: Introducing Game B - Duncan Autry

Instead of figuring out what we want, we need to ask ourselves how do we do it? How do we create a world where we all win, where we can all flourish, rather than merely exist? In this

video, I talk about Game B and how it could change our world for everyone's benefit, not just the few.

8 minutes: <https://youtu.be/jmFqRAxKs6M>

Initiation to Game B (creative video, 18 minutes): https://youtu.be/E_cyCuCKQhs

Game B Wiki (All the information): https://www.gameb.wiki/index.php?title=Game_B

What is Game B?: <https://youtu.be/3oedXxblCyA>

Join the Game B Community on Mighty Networks: <https://www.game-b.org/>

A Journey to Game B (Jim Rutt): <https://medium.com/@memetic007/a-journey-to-gameb-4fb13772bcf3>

Daniel Schmachtenberger on Weaponizing Game B (12 minutes):

<https://youtu.be/TwurXLghdlo>

Why collective intelligence is vital to navigate existential risk today - with Jamie Wheal

Human civilization increasingly has the potential both to improve the lives of everyone and to completely destroy everything. Daniel Schmachtenberger, founding member of The Consilience Project and Director of R&D, Co-founder, at Neurohacker Collective, discusses collective intelligence with which to navigate towards beneficial outcomes.

165 minutes: <https://youtu.be/fowcm7b8Dlw>

Technology is Not Values Neutral: Ending the Reign of Nihilistic Design - The Consilience Project

We fail to take tech seriously when we do not grasp its full impact on humans. It is essential that we adopt an approach to design that accounts for how tech affects the way people think and behave. This is axiological design, a values-based approach that examines how tech affects power dynamics in society, forms ecologies and habitats, and shapes the thoughts, values, and relationships of those using it.

<https://consilienceproject.org/technology-is-not-values-neutral/>

Exclusive Screening and Discussion of The Abortion Talks - The Heterodox Academy

The Abortion Talks, a new documentary, examines the six-year clandestine dialogue that took place between three abortion-rights and three anti-abortion leaders in the aftermath of the 1994 Brookline clinic murders. Not yet publicly released, it offers a convincing look at the value of constructive disagreement around an emotionally-charged topic that is front-of-mind for many of our students. Can we learn from these efforts?

For either viewing, the link will be live for nine hours only:

Thursday, November 10, 6:00 p.m. ET

Tuesday, November 15, 6:00 p.m. ET

Register free for either session at <https://heterodoxacademy.org/events/exclusive-screening-and-discussion-of-the-abortion-talks-november-15-2022/>

The 90-minute screening will be followed by a 30-minute pre-recorded discussion between

HxA's Kyle Vitale and the filmmakers, HxA Member Sarah Perkins and Josh Sabey, on how the film's topics translate to campus and higher education today.

Jab & Plandemic News

Exclusive: Leaked Hospital Memo Reveals 500 Percent Rise in Stillbirths; Fetal Specialist Explains Likely Cause | Facts Matter

25 minutes: https://www.theepochtimes.com/exclusive-leaked-hospital-memo-reveals-500-rise-in-stillbirths-fetal-specialist-explains-likely-cause-facts-matter_4834951.html

Association Between Vaccines and EXCESS MORTALITY Getting Stronger -- and is Discussed in UK Parliament

<https://igorchudov.substack.com/p/association-between-vaccines-and>

"Pfizer-BioNTech To Test Combined Covid And Flu Vaccine"

A vaccine comprised of a failed COVID & a failed flu component? This makes no sense & being done only to drive us to take the fraud COVID vax based on make belief flu vaccine success; flu vax fails!

<https://palexander.substack.com/p/pfizer-biontech-to-test-combined>

Bobbie Anne Cox: How I Secured a Landmark Victory Suing the Governor of New York Over 'Quarantine Camp' Regulation

41 minutes: https://www.theepochtimes.com/bobbie-anne-cox-how-i-secured-a-landmark-victory-suing-the-governor-of-new-york-over-quarantine-camp-regulation_4839932.html

EU Vaccination Roadmap, 2018-2022

In case you were skeptical about EU vaccination passport planning, here are the receipts

<https://rwmalonemd.substack.com/p/eu-vaccination-roadmap-2018-2022>

General Health & Wellness

James Lyons-Weiler: Autism Following Vaccination and Eczema Following Vaccination Are Linked Causally via IL-6. Are Luteolin and Quercetin Therefore Possible Solutions Post-Vaccination?

Eczema used to be used by doctors as a clear indication that bad things might happen if an infant was vaccinated. A new study linking Eczema and severe ASD is worth a good look.

<https://popularrationalism.substack.com/p/autism-following-vaccination-and>

How To REPROGRAM Your Mind While You Sleep To Heal The BODY & MIND! | Bruce Lipton

Dr. Lipton discusses the subconscious mind, how it develops and operates, and how to break the programming.

93 minutes: https://youtu.be/GjcuD_Y9w9U

Gregg Braden - the Biological Clock and Longevity Paradigm

Is it possible that the advanced awareness achieved by monks, nuns, and mystics--considered rare in the past--is actually meant to be a normal part of our daily lives?

21 minutes: <https://youtu.be/fQOckr3kMQo>

EMFs

Bulleptroof wireless code, Langley WA

<https://ehtrust.org/new-wireless-code-for-langley-washington-state/>

5G Reminder Keene:

- Nov 9 6pm - next meeting of City Council
- Sign/scan letter to Patty Little, plittle@keenenh.gov - will get to mayor and all councillors

ART's EMF Advocate's Tool Kit

<https://www.americansforresponsibletech.org/tool-kit>

5G - An Undeniable Risk Webinar

96 minutes: https://youtu.be/_ltJdtmsA58

Money, Food, Energy, Jobs & Resources

Michael Hudson: Why the US has a unique place in the history of imperialism

"The World Bank" has always been an arm of the US Military." Prof. Hudson speaks on the nature of US financial dominance, the role of World Bank in developing countries, USA's ability to run a huge balance of payment deficit, changes in Russia after the fall of the Soviet Union, the problems of US economy with post-industrialization, and the role of neoclassical economics in all this.

61 minutes: <https://youtu.be/K9nbj4X556A>

Insurance Companies Are WORSE Than Wall Street! w/Michael Hudson

9 minutes: <https://youtu.be/ZOJfOy7CNrM>

I call BS on America running out of Diesel Gas FOR THE RECORD! - Off Grid with Doug Stacy

10 minutes: <https://youtu.be/KurUIYQyOug>

Economics In Practice - John Day MD

Dr. Day surveys a number of recent articles and books regarding the manipulation of the economy and even the weather.

<https://drjohnsblog.substack.com/p/economics-in-practice>

Technocracy, AI/Transhumanism, Eugenics, Geoengineering & The Deep/Surveillance State

How Elites Will Create a New Class of Slaves | Whitney Webb | The Glenn Beck Podcast

84 minutes: <https://youtu.be/w-d3jFIGxdQ>

The Government Is Still Waging War on America's Military Veterans- John & Nisha Whitehead

November 7, 2022

"For soldiers ... coming home is more lethal than being in combat."

https://www.rutherford.org/publications_resources/john_whiteheads_commentary/the_government_is_still_waging_war_on_americas_military_veterans



Schools & Education

DeAngelis: School Choice is a Rising Tide Lifts All Boats. It's a Win-Win Solution

Corey DeAngelis, Senior Fellow at the American Federation for Children, joins Conduit News to discuss the latest NAEP scores, COVID amnesty, and passing school choice legislation in Arkansas.

23 minutes: <https://youtu.be/nadIT6rjXjc>

Megyn Kelly: A Deep Dive on School Choice and Education Freedom, with Parents, Experts, and Advocates

98 minutes: <https://youtu.be/vsoYLxVoWnM>

FULL Homeschool Day in the Life: Lessons, Chores, Hard days.

14 minutes: <https://youtu.be/JOleVvhXV5k>

Ukraine, False Flags & Globalist Militarism

Ukraine war escalates as diplomacy disappears - The Grayzone

Aaron Maté speaks with Richard Sakwa, Emeritus Professor of Russian and European politics at the University of Kent. His books include "Frontline Ukraine: Crisis in the

Borderlands” and his latest, “Deception: Russiagate and the New Cold War.”

43 minutes: <https://youtu.be/ACk2HuBposs>

The Chris Hedges Report: The truth about Ukraine with Medea Benjamin

Benjamin discusses the history of Ukraine as explained in her new book, War in Ukraine: Making Sense of a Senseless Conflict

34 minutes: <https://youtu.be/4fTxHIVUjRc>

Let's Be Clear: If WW3 Happens It Will Be The Result Of Choices Made By The US Empire - Caitlin Johnstone

Read: <https://caitlinjohnstone.substack.com/p/lets-be-clear-if-ww3-happens-it-will>

Listen, 6 minutes: <https://youtu.be/M3x3jST6vPM>

1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking

Questioning Pelosi Attack Story Is ESSENTIAL Says Glenn Greenwald - Jimmy Dore Show

Textbook example of the narrative spin wars.

14 minutes: <https://youtu.be/Sj7YIBSIH8>

Could The New Twitter Bill of Rights Transform The Political Landscape?

Maybe Elon the PERSON is not relevant. But when you follow the changes he has implemented, it reads like something from....Mars, compared to what we have grown accustomed to. The new rules listed.

<https://celiafarber.substack.com/p/the-question-becomes-could-the-new>

The Conflation of Ideological State Programming: PSYOP-19 & PSYOP-CLIMATE-CHANGE

<https://2ndsmartestguyintheworld.substack.com/p/the-conflation-of-ideological-state>

An Existential Threat to Doing Good Science

What scientists are able to teach and what research we can pursue are under attack. I know because I'm living it, writes biologist Luana Maroja.

<https://www.commonsense.news/p/an-existential-threat-to-doing-good>

Culture Wars

James Lindsay: Totalitarianism and the Progressive Impulse

33 minutes: <https://youtu.be/ol1MaaTKfRc>

Paradigm Expanding

The Power of Ancient Sound Frequencies with Jonathan Goldman

The use of sound, including simple humming, for health and well-being

25 minutes: https://youtu.be/H_sOsH2s2Xc

PAST LIVES Regression Session with James van Praagh... The Importance of REINCARNATION

30 minutes: <https://youtu.be/gDMyjnRD1TE>

Monday Memes



Biden Asks For COVID Amnesty, Afghanistan Pullout Amnesty, Gas Prices Amnesty, Inflation Amnesty, Student Loan Amnesty, War With Russia Amnesty, Nuclear Armageddon Amnesty, And Weaponizing The FBI Against Political Enemies Amnesty

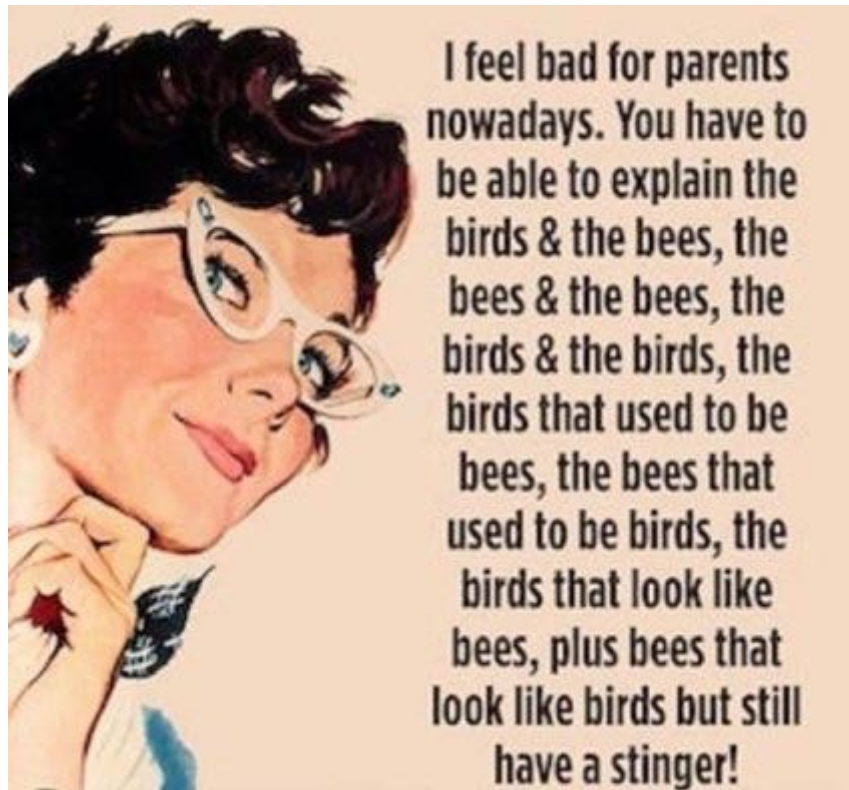
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Matthew J. Peterson

@docMJP

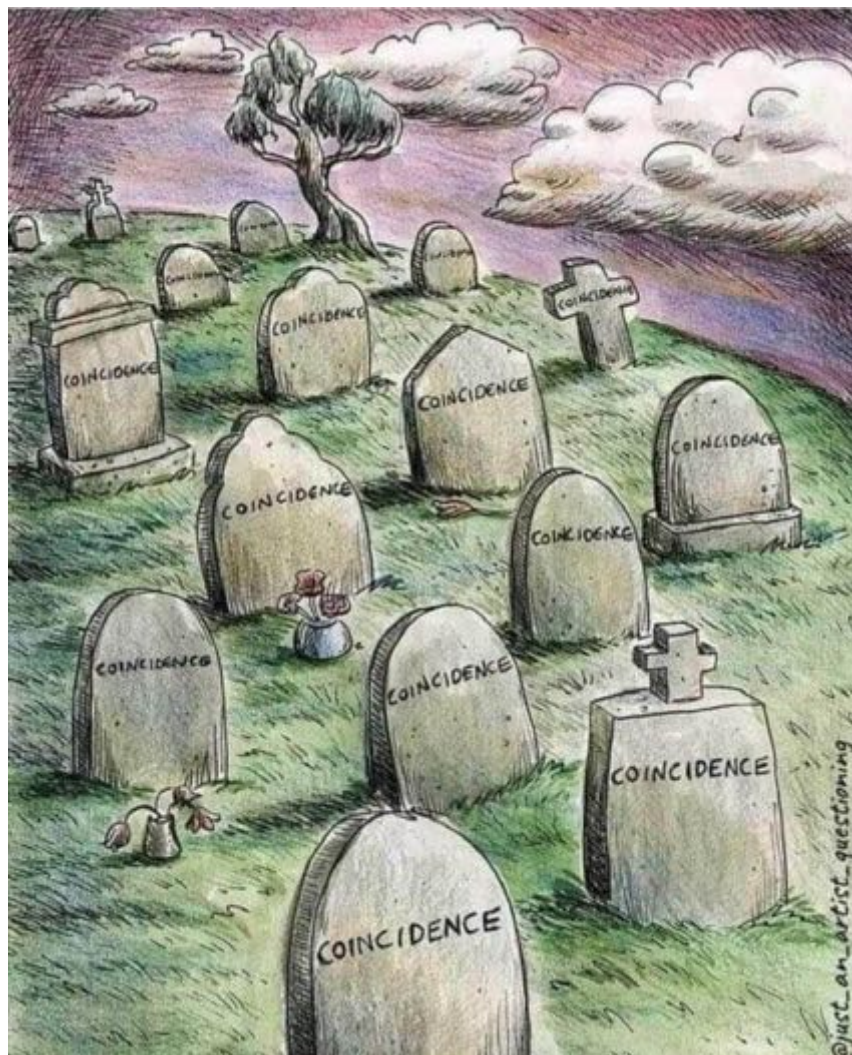
Hey—sorry you lost your job b/c of the vax that doesn't work and your grandmother died alone and you couldn't have a funeral and your brother's business was needlessly destroyed and your kids have weird heart problems—but let's just admit we were all wrong and call a truce, eh?



Medicine Commercials be like: The Side Effects



Millennials living through Y2K, 9/11, a plague, 2 economic recessions, and a possible WW3 before they hit 40



Well, it's day 487 of
Build Back Better...



Nothing is Built.
Nothing is Back.
Nothing is Better.

**AAA SAYS PROPERLY INFLATED TIRES
CAN SAVE 3 CENTS PER GALLON.
PROPERLY COUNTED BALLOTS CAN SAVE
\$3/GALLON**

**A FULL LIST OF SCENARIOS WHERE
GIVING UP YOUR RIGHTS WILL
MAKE YOU SAFER:**



2020 the year of science 🤖



