



## Newsletter - Monday November 21, 2022

Welcome to our **Monday Solutions Edition**. **Memes** are at the bottom. Today's theme is "The Wild Ferment," which not only refers to food fermenting (lots of videos below on this age-old method) and mushrooms growing out of nature's ferment on the forest floor (several good resources below), but to the spirit of the times, as "uncultured" information -- like the truth bombs being dropped every day -- seeps its way into the consciousness of the collective, as as we increasing grok that the old systems are too corrupt to stand. The Wild Ferment tells us that *things will change, whether we want them to or not*. Let us therefore celebrate nature's ferment, and during this time of thanksgiving allow for the possibility that, even without our constant activity and monitoring, a greater order is emerging from the current chaos.

For our Zoom today, Ann Savastano will share the progress on 5G efforts in Keene. Click to join:

1PM Monday Zoom

Happy Thanksgiving to you! (There will be no newsletter this Friday.)

To victory!

John-Michael and the RiseUpNH team

*Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.*

**PLEASE DONATE TODAY** to support our efforts. Thank you!

## SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true. Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives

*towards gaining a fuller picture of what's so. In general, we do not repeat the ubiquitous mainstream narratives, though most items reference these in their arguments. Please do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind. Collective sense-making is a path, not a destination.*

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#### CELEBRATING THE WHOLE CHILD

I have over 20 years of experience as an occupational therapy practitioner, and I am offering support to families with life skills, sensory strategies, regulation, children's yoga and mindfulness as well as strategies for visual motor and visual perception success. I offer extensive experience working with children with a wide variety of learning styles and abilities. Contact Alison a-lovejoy@comcast.net for additional information on how to receive individual consultations and supports.



# Cope Counseling & Coaching David Cope MSW, LICSW

New online counseling practice

Individual, couples,  
family counseling & mediation

34 years experience  
helping teens, adults and seniors

[www.copecounselingandcoaching.com](http://www.copecounselingandcoaching.com)  
[david@copecounselingandcoaching.com](mailto:david@copecounselingandcoaching.com)  
**603-562-8889**



## Healing/ Empowerment Sessions

with  
**John-Michael  
Dumais**

603-757-6358  
[jmdumais@gmail.com](mailto:jmdumais@gmail.com)  
[www.Quest4Emergence.com](http://www.Quest4Emergence.com)

### Meet Audra Wilson

Holistic Nurse and Health Practitioner



**RESTORING EDEN**  
— HOLISTIC HEALTH AND WELLNESS —

Restoring Eden is a Community Wellness Center for Holistic Health located in the heart of Gilsum New Hampshire. Founded by Audra Wilson, Restoring Eden focuses on whole body healing with services for all age groups.

Audra is Double Board Certified in Holistic Health, BC-Holistic Nurse Baccalaureate, and BC-Holistic Health Practitioner. She is a Member of the American Holistic Nursing Association, Sigma Theta Tau International Honor Society of Nursing (STTI), American Academy of Drugless Practitioners (AADP), Salt Therapy Association and Ozone Without Borders.

#### Certifications:

- Halotherapy
- Holistic and Integrative Health
- Meridian Stress Analysis (Bioenergetic Testing)
- NASM Personal Trainer
- Spirituality, Health and Healing
- Aromatherapy Practitioner
- Healing, Wholeness and Prayer
- Limited Obstetric Ultrasound
- Teaching Nurse Self-Care and Sleep Hygiene
- Red Cross Certified Trainer for CPR/AED/FA

626 Route 10 Gilsum NH - 603-338-8797  
[RestoringEden4NaturalHealth@gmail.com](mailto:RestoringEden4NaturalHealth@gmail.com)





*Have a business or item you'd like to share here? Contact [admin@riseupnh.org](mailto:admin@riseupnh.org).*

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## Events

### ONE-TIME EVENTS

**Tuesday Nov 22 from 5-7? pm**

Country Life free vegan Thanksgiving meal, 15 Roxbury Street., Keene

**Sunday December 11, 2022 9:00AM-3:00PM**

**A BEGINNERS PARAMEDIC COURSE w/ Corey Bonnevie**

*An introduction to First Aid, CPR, and bleeding control. A combination of skills and psychological approach to effectively managing emergency situations.*

**Location:** Dresden Barn, 1011 Gardiner Rd. Dresden, Maine

**Cost** will depend on # of participants, likely to range from \$30-\$60pp

**Registration or questions:** call Rosemary at 978-994-5306

**Saturday, Dec 17, 4PM-?**

**Holiday Coffeehouse and Open Mic**

Restoring Eden, 626 Route 10, Gilsum NH

*Friends! Come listen to music, poetry, and stories in the lovely hall at Restoring Eden. An extra room will be opened up for folks who need a little quiet and conversation. Bring a poem to share (your own creation or just a favorite), a story, a song, and/or an instrument. The coffeehouse part will have refreshments (potluck) and a jam session for all interested musicians.*

*Please bring a snack to share.*

*Wine/beer:* Audra has no objection to people bringing alcohol beverages as long as we are self responsible and discreet.

**Donation:** \$2 - \$5 to pay for use of space at Restoring Eden

**Questions:** Bill Rogers, 401-835-0977

## ONGOING EVENTS

### **Biweekly, Saturday 10am to 11:30am NVC Study Group, Swanzey**

*(Next class: Dec 3) - with Kristen Reynolds*

This study group for people who have either done an NVC intro with Kristen, read the book Nonviolent Communication by Marshall Rosenberg, or have had NVC training elsewhere. (Kristen will do NVC intro workshops occasionally for those who wish to start this practice. If you are interested in an introduction, please contact her to set up a time. Intros take three hours.) **Info/directions: kreynolds3000 at gmail dot com.**

### **Fridays from 4pm - 5:15pm**

#### **Energetic Vinyasa Flow Yoga class w/ Bronwyn Sims**

@ Elements MMA, Keene

Drop in rate - \$22s

To sign up please click this link: <https://www.elements-mma.com/workshops>

If you have questions please email: [justmoveyoga@protonmail.com](mailto:justmoveyoga@protonmail.com)

**Even more classes -- see [www.justmoveyogafitness.com](http://www.justmoveyogafitness.com)**

*Have an event you'd like us to post? Contact [admin@riseupnh.org](mailto:admin@riseupnh.org).*

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## The UpBeat

### **A Prayer For My Friends**

<https://youtu.be/4pLtI8f3xW0>

### **The Passing of the Elves (Sindarin lyrics with translation)**

<https://youtu.be/6CfRJSKk2Ls>

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## Free/Cool/Fun/Weird/Noteworthy

### **The Covid/Crypto Connection will blow your mind**

*Jeffrey Tucker of Brownstone Institute uncovers some VERY interesting details between the Crypto implosion and the funding of pro-lockdown Covid interests.*

<https://brownstone.org/articles/covid-crypto-connection-ftx-and-sbf/>

### **Vitamin D2 and D3 Study Retrospective Study**

220,000 veterans given D3... Large retrospective study... 33% reduction in mortality rate...

Article, video: <https://popularrationalism.substack.com/p/vitamin-d2-and-d3-study-retrospective>

### **Workers' Compensation: A Pathway to Immediate Relief for COVID Vaccine Injury Victims?**

<https://childrenshealthdefense.org/defender/workers-compensation-covid-vaccine-injury-victims/>

*Folks in NH interested in pursuing this route, please write Risa at*

*ProQuery@protonmail.com, who can connect you to a lawyer who is handling such claims.*

### **Protocol for Defending Against Post-Infection Cardiovascular Disease**

*Orthomolecular Medicine News Service, Nov 11, 2022*

<https://bit.ly/3Tt7D0H>

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## **Politics, Bills, Elections, Voting & Natural Law**

### **Kari Lake Says She 'Will Become Governor' After Attorney General's Letter**

[https://www.theepochtimes.com/kari-lake-says-she-will-become-governor-after-attorney-generals-letter\\_4875040.html](https://www.theepochtimes.com/kari-lake-says-she-will-become-governor-after-attorney-generals-letter_4875040.html)

### **Texas Prepares Military Tanks For Southern Border After Governor Abbott Declares Invasion**

<https://www.zerohedge.com/political/texas-prepares-military-tanks-southern-border-after-governor-abbot-declares-invasion>

### **Proposed contract with the medical freedom community**

*Any politician who wants our vote in 2024 needs to agree to a 10-item pledge. This is not a wish list. This is a description of what it will take to stop the iatrogenocide.*

<https://tobyrogers.substack.com/p/proposed-contract-with-the-medical>

### **Some of the Fundamentals Behind Voting, Rights, and Legislating Morality**

10 minutes: <https://youtu.be/f7W8q19yQdE>

### **Love Freedom? Learn The History of Law. IPAK-EDU offers History of Law and Rights - Precis of Lectures - Spring Term**

*A Detailed Review of the Origins of Modern Views on Justice, Law and Rights from the Dawn of History to the Present*

<https://popularrationalism.substack.com/p/love-freedom-learn-the-history-of>

**To All the Republicans I Triggered - Melissa Blasek**

[https://granitegrok.com/mg\\_nashua/2022/11/to-all-the-republicans-i-triggered](https://granitegrok.com/mg_nashua/2022/11/to-all-the-republicans-i-triggered)

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## Relocalization, Regenerative Practices & Prepping

**Fermented Red Cabbage Sauerkraut**

17 minutes: <https://youtu.be/w5eVFFNQgHo>

**The Complete Guide to Fermenting Every Single Vegetable**

23 minutes: <https://youtu.be/ZghX4Mrg7kw>

**Lacto-Fermenting Lemons, Limes, and Oranges**

26 minutes: <https://youtu.be/E0NRK7PrrdM>

**Fermenting homemade mayo to greatly expand its shelf life**

9 minutes: <https://youtu.be/jNjKm36yuVg>

**Water Glassing Eggs: Preserve Your Eggs For Winter!**

Age-old method keeps eggs at room temps for months

13 minutes: <https://youtu.be/bTlcCvvUjI0>

**6 Canned Foods You Should Buy And 6 You Shouldn't**

12 minutes: [https://youtu.be/2\\_wp1R3DULo](https://youtu.be/2_wp1R3DULo)

**Everything You Need To Know About Root Cellaring**

*Root cellaring and alternatives*

31 minutes: <https://youtu.be/IFyhg8HsIRU>

**Unlimited Freeze Dried Yogurt -- Will a Yogurt Culture Survive Freeze Drying?**

18 minutes: <https://youtu.be/O2sUcfo6eeU>

**How to Pressure Can Beef Stew**

24 minutes: <https://youtu.be/DyTQMvYlfjU>

**37° Extreme COLD in Russian Bear tent**

26 minutes: <https://youtu.be/FfjxyOXtw0c>

Tent stoves: <https://hot-tent.com/collections/stoves-for-tents>

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## Rebuilding Relationships, Society & Culture

### How to Deal With (Uninformed) Family Over the Holidays - CHD TV

<https://live.childrenshealthdefense.org/chd-tv/shows/good-morning-chd/how-to-deal-with-family-over-the-holidays/>

### COVID-19, The Nuremberg Code + The Question of Amnesty - CHD TV

*Mary Holland is joined by Vera Sharav, Prof. Francis Boyle, Dr. Ev Pariti, Dr. David Bell and others.*

2 hours: <https://live.childrenshealthdefense.org/chd-tv/events/covid-19-the-nuremberg-code-the-question-of-amnesty/covid19-the-nuremberg-code--the-question-of-amnesty/>

### Looking Inward to Change the World and The importance of a meaningful life

*David Marks' interview of Mattias Desmet*

<https://rwmalonemd.substack.com/p/looking-inward-to-change-the-world>

### Bringing Love To All Situations - Rupert Spira

12 minutes: <https://youtu.be/6R2-siKJmh8>

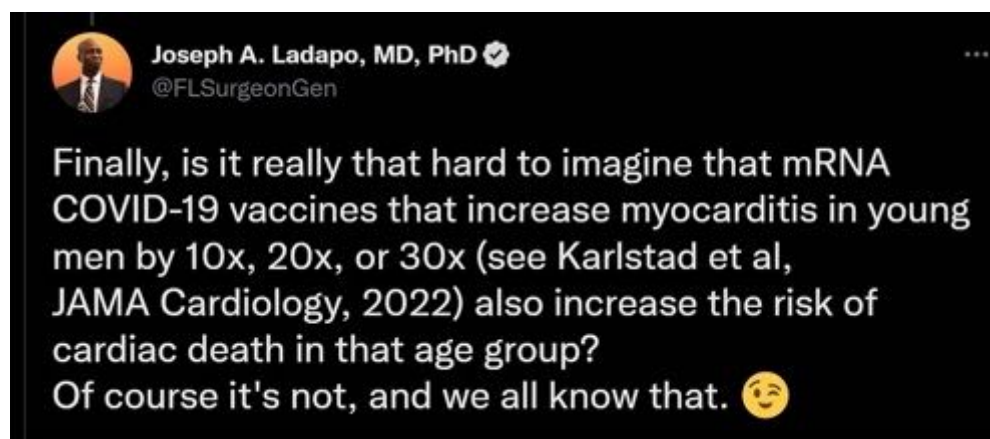
### Brown and Levinson's 4 Universal Politeness Strategies

Managing face-threatening actions.

18 minutes: <https://youtu.be/rUBHvSuJJ0g>

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## Jab & Plandemic News





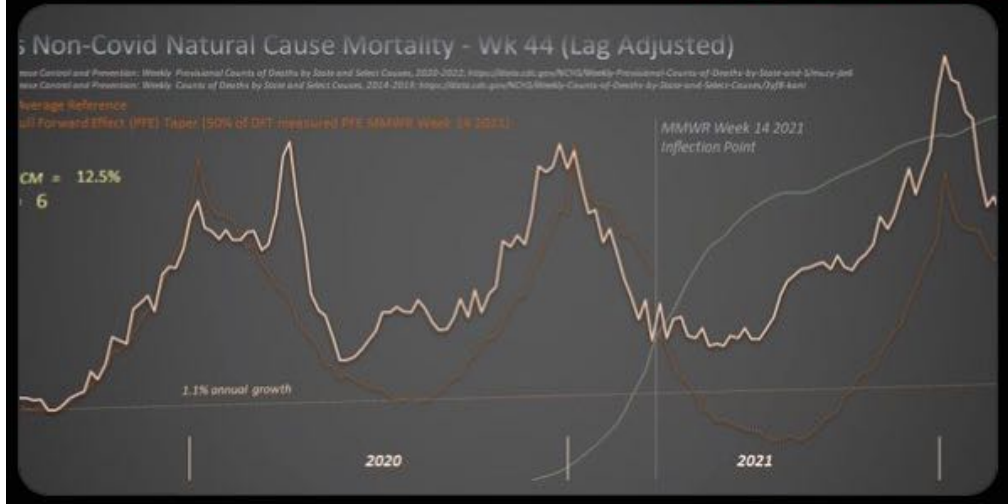
**Ethical Skeptic** 🌞 @EthicalSkeptic · Nov 19

So, what have we learned?

Well, first - after months of saying that these charts were 'all made up', most of the troll audience is begrudgingly admitting we have an Excess Non-Covid Natural Cause Mortality problem now. 'Long Covid' in their minds.

That settled, TES was right.

**click for detail**



## Is RSV More Severe in Covid Vaccinated Kids Due To Destroyed Hematopoietic Stem Cells?

*Oops, we destroyed your stem cells, sorry we did not know, never mind*

<https://igorchudov.substack.com/p/is-rsv-more-severe-in-covid-vaccinated>

## What is Causing the Explosion of RSV?

*Big Pharma Has a Remarkably Effective Business Model*

<https://amidwesterndoctor.substack.com/p/what-is-causing-the-explosion-of>

## 48,817 DEAD and 5,107,883 Injured Following COVID-19 Vaccines in European Database of Adverse Reactions

<https://healthimpactnews.com/2022/48817-dead-and-5107883-injured-following-covid-19-vaccines-in-european-database-of-adverse-reactions/>

It appears that one motive for the Foreign data set purge (from VAERS) was to remove the MHRA reports from VAERS - Dr. Jessica Rose

<https://jessicar.substack.com/p/it-appears-that-one-motive-for-the>

## Suddenly changed? Personality changes after mRNA-Injection - ICIC-Net

*Dr. Fuellmich with Dr. Sucharit Bhakdi, Dr. Naomi Wolf and Dr. Peter Breggin*

101 minutes: <https://video.icic-net.com/videos/watch/18907e79-a065-4f6e-853e-3c6c2e859a46>

## **Too Little Too Late? Pfizer, Moderna to Study Long-Term Risk of Myocarditis After COVID Vaccines**

<https://childrenshealthdefense.org/defender/pfizer-moderna-covid-vaccine-trials-myocarditis/>

## **Camel Virus (MERS) becomes cause of concern as World Cup 2022 kicks off in Qatar**

<https://www.express.co.uk/news/world/1698674/camel-virus-world-cup-2022-qatar-latest-news-ont>

## **CHD Forum Conversation: Norman Fenton - On The Revelations of Pandemic Data**

*Fenton, a veteran UK risk management professor and mathematician, explains how the manipulation of pandemic data by scientists, government agencies and mainstream media supports a false narrative with devastating consequences.*

<https://rwmalonemd.substack.com/p/forum-conversation-norman-fenton>

## **They Will Lock You Down Again - Jeffrey A. Tucker**

*The idea is not to dial back the mandates or cool it on them. It's the reverse: centralize all pandemic planning to make a South Dakota, Georgia, and Florida experience impossible the next time.*

<https://brownstone.org/articles/they-will-lock-you-down-again/>

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# **General Health & Wellness**

## **Bad flu shots and worse: self-amplifying mRNA for vaccines and drugs - Dr. Meryl Nass**

*No way to turn it off, or know the dose, and greater problems standardizing its manufacture than COVID vaccines: a disaster*

<https://merylnass.substack.com/p/bad-flu-shots-and-worse-self-amplifying>

## **Super Easy Home Congestion Remedy - From The Amish!**

8 minutes: [https://youtu.be/op7aGvOOs\\_o](https://youtu.be/op7aGvOOs_o)

## **How to Create Your Own Enlightenment Project - Psychotherapist Jonathan Robinson**

*Finding peace and love within is not rocket science*

46 minutes: <https://youtu.be/wxUvhd5gk9g>

## **Mushrooms as Medicine with Paul Stamets**

32 minutes: <https://youtu.be/7agK0nkiZpA>

## Why These 5 Mushrooms Are Better Than The Other 3 Million

*Reishi, Lion's Mane, Cordyceps, Turkey Tail, and Chaga*

15 minutes: <https://youtu.be/5cATnedwHP4>

## Best Nootropics for 2022

*Nutrients for alertness, cognition, memory, creativity and productivity*

23 minutes: [https://youtu.be/0\\_tJ4v36Ftk](https://youtu.be/0_tJ4v36Ftk)



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## EMFs

Monday Nov 21 6PM:

### NH for Safe Technology - Wireless Technology Risks and Safer Solutions

To Register: [Ma4safetech.Org/Events](https://ma4safetech.org/events) Or Email

[Newhamphshireforsafetechnology@Gmail.Com](mailto:Newhamphshireforsafetechnology@gmail.com)

### Arthur Firstenberg: Wireless Technology And Climate Change - Report from COP 27

*On the blind spot that must be filled*

[http://cellphonetaskforce.org/wireless-technology-and-climate-change-report-from-the-cop-](http://cellphonetaskforce.org/wireless-technology-and-climate-change-report-from-the-cop-27)

## Money, Food, Energy, Jobs & Resources

### **Big Banks Team Up With Feds to Test Digital Dollar Pilot Program Amid FTX Cryptocurrency Scandal**

*The Federal Reserve Bank of New York is partnering with numerous global financial giants to launch a 12-week digital dollar pilot program, just as the FTX cryptocurrency scandal shakes consumer confidence in digital currency.*

<https://childrenshealthdefense.org/defender/big-banks-federal-reserve-digital-dollar-pilot-program-et/>

### **Where Crypto Went Wrong - Charles Hugh Smith**

*The potential of cryptos has been squandered in the Gold-Rush Greed of speculative schemes which depend on a greater fool volunteering to be the bagholder for an intrinsically utility-free (i.e. of no productive utility) speculative vehicle.*

<https://www.oftwominds.com/blognov22/crypto11-22.html>

### **The Case for Democratic Worker Control**

*Automation, humane work and some possible ways forward*

<https://consortiumnews.com/2022/11/21/the-case-for-democratic-worker-control/>

### **There's No Bottom Until Frenzied Speculation Turns to Dust - Charles Hugh Smith**

*With the central banks providing a permanent backstop, investors have increased the size and risk of every bet. Valuations are based on central bank liquidity rather than real-world metrics such as sales, margins, profits or (gasp) improvements in productivity and real-world utility.*

<https://www.oftwominds.com/blognov22/speculation11-22.html>

### **The Silent Killer of the Middle Class | Tax Evasion | ENDEVR Documentary**

*A documentary on the history and present-day reality of big-business tax avoidance*

1.5 hours: <https://youtu.be/mt6O3US9IE4>

### **Electric Cars: Inconvenient Facts, Part 2 - John Stossel**

6 minutes: <https://youtu.be/ptl6BRVC1Kw>

Part 1: <https://youtu.be/z2HneqfZGsM>

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# Technocracy, AI/Transhumanism, Eugenics, Geoengineering & The Deep/Surveillance State

## **Sam Bankman-Fried and the Pandemic Industrial Complex**

*This is the modern political machine in all its stark, inhuman nihilism.*

<https://brownstone.org/articles/sam-bankman-fried-pandemic-industrial-complex/>

## **The “Great Reset” Must Fail — The Sooner, The Better - Ron Paul**

24-minute video: <https://www.activistpost.com/2022/11/the-great-reset-must-fail-the-sooner-the-better.html>

## **Dane Wigington Interview – Geoengineering & Climate Change: Gambling With The Human Species**

Links, 74-minute video: <https://www.activistpost.com/2022/11/dane-wigington-interview-geoengineering-climate-change-gambling-with-the-human-species.html>

## **The White House Admits It: We Might Need to Block the Sun to Stop Climate Change**

<https://www.thedailybeast.com/white-house-admits-we-might-need-to-block-the-sun-to-stop-climate-change>

## **"We Have To Talk About Mr. Global"**

*A brilliant and majestic conversation, between C.J. Hopkins and Catherine Austin Fitts, about what we are living through -- and more on how this whole psyop got started*

Article, link to 1-hr video: <https://celiafarber.substack.com/p/we-have-to-talk-about-mr-global>

## **The Myth of Progress**

*What is the tradeoff? And who decides that it's worth it? The paradox of our civilization: the juggling and redistribution of comforts and poisons in a manner that sweetens the lives of the people in high chairs and poisons the lives of the people at the bottom.*

<https://tessa.substack.com/p/the-myth-of-progress>

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## Schools & Education

### **The Strange Death of the University, Part 3: The Strange Death of Science - James Lindsay**

*How Agenda 2030 and its notion of "sustainability" is killing higher ed.*

2.5 hours: <https://youtu.be/g2vAk4YJSzg>

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# Ukraine, False Flags & Globalist Militarism

## **The Real Path to Peace in Ukraine**

*Noam Chomsky, Jill Stein, Vijay Prashad, Medea Benjamin, Brian Becker, Eugen Puryear and Claudia de la Cruz spoke on the need for negotiation, not escalation at a People's Forum/ANSWER Coalition event in New York.*

3+ hours: <https://youtu.be/asndac1ETFk>

## **House Republicans Demand Audit of Ukraine Funding**

<https://www.armstrongeconomics.com/world-news/corruption/house-republicans-demand-audit-of-ukraine-funding/>

## **Scott Ritter Exposes All the Lies in Ukraine - Clear Lines Podcast w/ Clayton Morris**

1 hour: <https://youtu.be/L-csPQonihM>

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# 1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking

## **McCullough Tells RFK, Jr.: Board Investigation May End His Career — But It Won't Silence Him**

Article, 40-minute video: <https://childrenshealthdefense.org/defender/peter-mccullough-medical-certifications-censoring-rfk-jr-podcast/>

## **Astounding Propaganda Piece Just Published in Biomedicine Taipei Shows the Extent of Pseudoscience**

*Heart attacks, strokes and blood clotting seen around the time of Covid-19 Vaccination are described as being caused by anxiety triggered vasoconstriction in turn caused by antivax messaging. One of the Last Straws in the Loss of Scientific Integrity.*

<https://supersally.substack.com/p/astounding-propaganda-piece-just>

## **Twitter Reactivates Trump's Account Following Poll of 15 Million Users**

*Project Veritas also reinstated*

[https://www.theepochtimes.com/trump-will-be-reinstated-on-twitter-says-musk-following-poll\\_4874463.html](https://www.theepochtimes.com/trump-will-be-reinstated-on-twitter-says-musk-following-poll_4874463.html)

## **Not So Fast Elon: Europe Warns Musk He Must Hire Hundreds Of Moderators To Limit Free Speech**

<https://www.zerohedge.com/markets/not-so-fast-elon-europe-warns-musk-he-must-hire-hundreds-moderators-limit-free-speech>



## Culture Wars

### Stand & Deliver Episode 42: Freedom of religion attacked with Respect for Marriage Act

*Patrick Wood and Bob Frantz discuss a true challenge to free speech and freedom that comes from the House and Senate "Respect for Marriage Act" and the federal government's attempts to spy on virtually every aspect of every American's life.*

28 minutes: <https://www.cffspodcast.com>

### Federal Judge Blocks Biden Admin's Radical Transgender Overreach

<https://granitegrok.com/blog/2022/11/federal-judge-blocks-biden-admins-radical-transgender-overreach>

### Post-Woke #59: Protecting children from the "trans" agenda w/ Brandon Showalter

*Standing up to the manipulation, medicalization & mutilation. Showalter is a journalist, podcaster, and Senior Investigative Reporter with The Christian Post covering such bioethics topics as euthanasia, assisted suicide, artificial reproductive technology, and surrogacy; and the developments of the "gender identity" movement and transgender ideology.*

50-minute audio: <https://mickeyz.substack.com/p/post-woke-59-protecting-children>



# Paradigm Expanding

## **Cold Laser Technology With John White**

*Cold laser therapy is also known as low-level laser therapy (LLLT), low-power laser therapy (LPLT), soft laser biostimulation and photobiomodulation. It can deliver non-thermal photons of light to the body to help heal injured cells.*

68 minutes: <https://youtu.be/tLqenIAWuKc>

MiraMate Cold Laser Devices: <https://www.miramatelight.com/?ref=13>

## **Bernardo Kastrup on Universal Mind, Artificial Sentience, the Great Void, and the Universe's Telos**

*Kastrup is a metaphysical idealist, arguing that universal phenomenal consciousness is all there ultimately is. He holds a Ph.D. in computer engineering and another in philosophy, and is the executive director of the Essentia Foundation.*

3.5 hours: <https://youtu.be/iaCij4vXwpA>

Bernardo's website: <https://www.bernardokastrup.com/>

Essentia Foundation: <https://www.essentiafoundation.org>

## **The Secret Effort to Investigate Aliens | Special Interview | The Richard Dolan Show**

*Analyzing a number of recently leaked documents (Davis-Wilson, Oke Shannon Notes, Jack Houck notes) along with other documents, publications, and interviews to piece together a fascinating story of a group of individuals in the classified world trying to penetrate the secrets of UFOs and aliens.*

3 hours: <https://youtu.be/IULcG6RJ9tg>

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## Monday Memes

**I'VE HAD ALL KINDS OF  
DOCTORS CHECK MY HEAD**



**AND THEY'VE FOUND NOTHING!**



VISIT [PATRIOTPOST.US](http://PATRIOTPOST.US) FOR THE BEST HUMOR AND MEMES



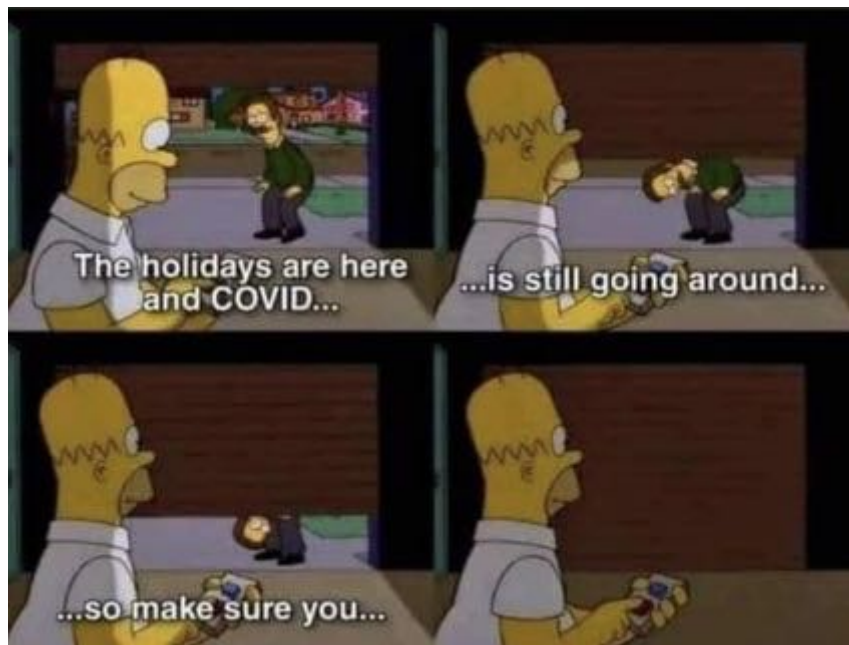
**NOW HIRING  
EX TWITTER EMPLOYEES  
ALL POSITIONS**



## Medicine Commercials be like: The Side Effects









Some people wouldn't know tyranny if it  
covered their faces,  
locked them in their homes,  
enacted the biggest wealth transfer in history,  
censored them,  
made them show papers,  
and force medicated them

Basically what I envision when  
someone says they're taking their  
kid in for a "well-baby visit"





**The Prisoner**

@DilligafTiers

For 18 months the (Covid) death toll was published on state TV every single day... Every single day. Now the excess death rate is rising to very worrying levels... and nothing from state TV.

[Traduire le Tweet](#)

11:04 · 17 oct. 22 · [Twitter for iPad](#)





Covid didn't cause millions of deaths over the past 2 years. The treatments did.

What if that's true for every disease?

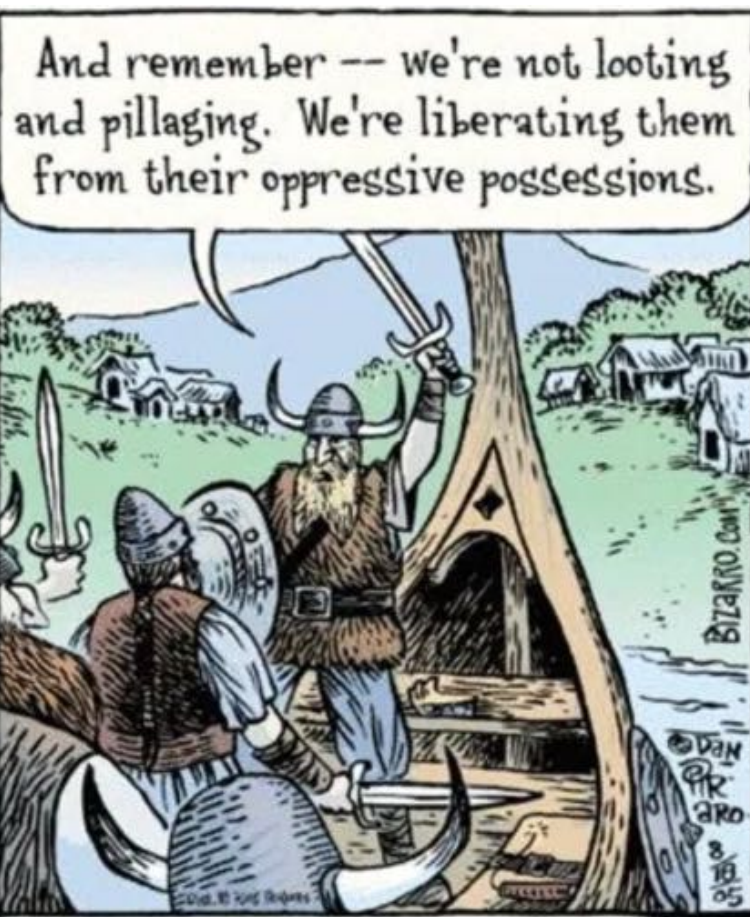




Remember, illuminati is everywhere







*"Yes, the planet got destroyed.  
But for a beautiful moment in time we  
created a lot of value for shareholders."*

IN THIS HOUSE WE BELIEVE

**PHARMA PAYS DOCTORS**

*PHARMA PAYS RESEARCHERS*

PHARMA PAYS POLITICIANS

*PHARMA PAYS MEDICAL SCHOOL*

**PHARMA PAYS FDA**

**PHARMA PAYS MEDIA**

**PHARMA PAYS HOLLYWOOD**

PHARMA PAYS BIG TECH

**PHARMA CAN F\*CK OFF**

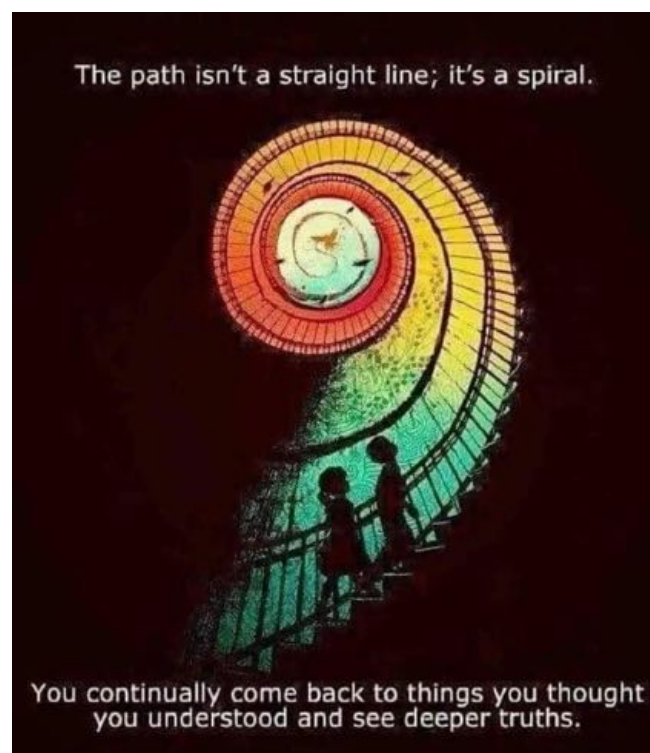
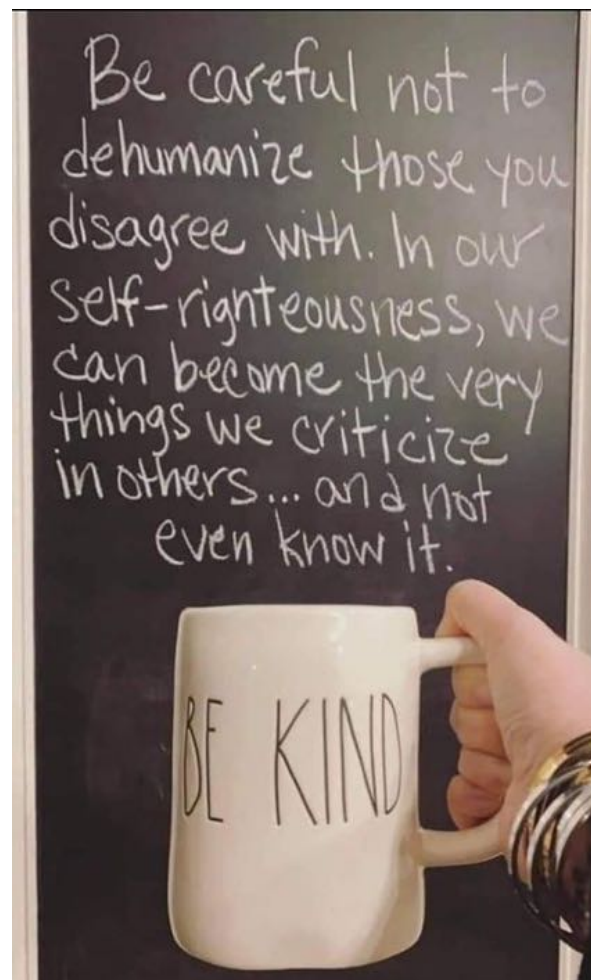
@free.range.momma

### JOURNALISM 101:

**“If someone says it’s raining  
& another person says it’s  
dry, it’s not your job to quote  
them both. Your job is to look  
out the fucking window and  
find out which is true.”**

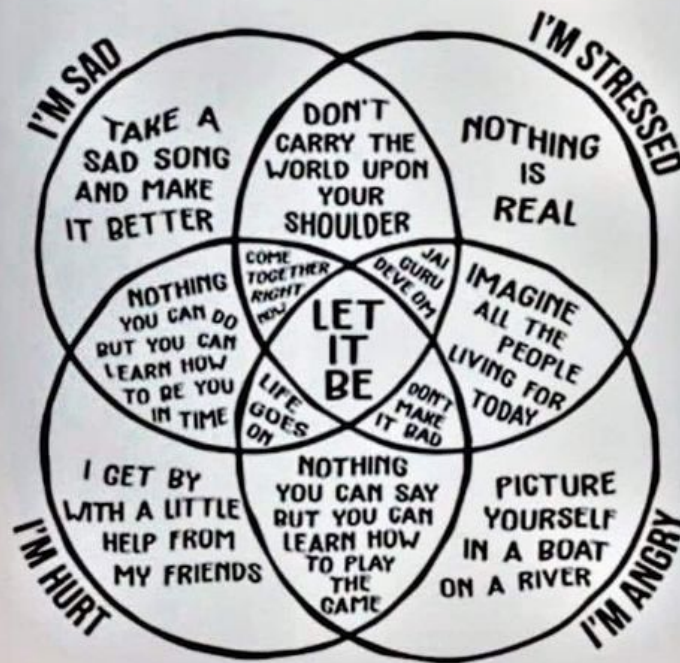
Source: Journalism Tutor via Sally Claire







# ADVICE FROM THE BEATLES



## Let's avoid a hellish dystopian nightmare by remembering the **RULES OF CIVIL CONVERSATION**

- |   |  |   |  |
|---|--|---|--|
| 1 | I will try to reach a shared understanding rather than 'win the argument'.                   | 2 | I will clarify with others to make sure I genuinely understand their perspective.    |
| 3 | I shall endeavor to avoid committing logical fallacies in support of my claims.              | 4 | I will attempt to account for my own biases and try to be intellectually humble.     |
| 5 | I will also try to be reasonable, rational, and create coherent arguments.                   | 6 | I may challenge ideas, but will refrain from personal attacks and mean-spiritedness. |
| 7 | I will use the 'Principle of Charity' to interpret others' points of view in the best light. | 8 | I promise to remain genuinely receptive to changing my mind.                         |

Download this poster for free and invite good-faith engagement online at

[TheRulesOfCivilConversation.org](http://TheRulesOfCivilConversation.org)