



Newsletter - Monday October 3, 2022

Welcome to our **Monday Edition** with curated news of the day and **Memes** at the bottom.

Please join us **today at 1pm for our weekly Community Zoom Chat**, where we will feature a number of **Cheshire County candidates** talking about how they came to stand up for health choice and other freedoms:

[Click for 1PM Zoom](#)

To Victory!

John-Michael and the RiseUpNH team

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.

PLEASE DONATE TODAY to support our efforts. Thank you!

SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true. Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so. Do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind. Collective sense-making is a path, not a destination.



Sweet Potatoes!

Fertile Fields Farm in Westmoreland needs help with their sweet potato harvest - come anytime and take home some "sweets." Contact Lori or Jim at [603 399-7772](tel:6033997772). Thank you.

<p>Meet Audra Wilson Holistic Nurse and Health Practitioner</p>   <p>RESTORING EDEN HOLISTIC HEALTH AND WELLNESS</p>	<p>Restoring Eden is a Community Wellness Center for Holistic Health located in the heart of Gilsun New Hampshire. Founded by Audra Wilson, Restoring Eden focuses on whole body healing with services for all age groups.</p> <p>Audra is Double Board Certified in Holistic Health, BC-Holistic Nurse Baccalaureate, and BC-Holistic Health Practitioner. She is a Member of the American Holistic Nursing Association, Sigma Theta Tau International Honor Society of Nursing (STTI), American Academy of Drugless Practitioners (AADP), Salt Therapy Association and Ozone Without Borders.</p> <p>Certifications:</p> <ul style="list-style-type: none"> • Halotherapy • Holistic and Integrative Health • Meridian Stress Analysis (Bioenergetic Testing) • NASM Personal Trainer • Spirituality, Health and Healing • Aromatouch Practitioner • Healing, Wholeness and Prayer • Limited Obstetric Ultrasound • Teaching Nurse Self-Care and Sleep Hygiene • Red Cross Certified Trainer for CPR/AED/FA <p>626 Route 10 Gilsun NH - 603-338-8797 RestoringEden4NaturalHealth@gmail.com</p>
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Larisa M. Trexler, RN, Certified EMF Specialist
contact info: emf@trexlah.com • 603.530.1200



sunset
EMF & HEALING

sunsetEMF.com

EMF evaluation & remediation – one of the greatest impacts on the path to restorative sleep, better energy, healing, and peace of mind.

Have a business or item you'd like to share here? Contact admin@riseupnh.org.

Events

October 8th, Saturday 10am to 11:30am MNC Study Group, Swanzey
with Kristen Reynolds

This study group for people who have either done an NVC intro with me, read the book Nonviolent Communication by Marshall Rosenberg, or have had NVC training elsewhere. (Kristen will do NVC intro workshops occasionally for those who wish to start this practice. If you are interested in an introduction, please contact her to set up a time. Intros take three hours.) Info/directions: kreynolds3000 at gmail dot com.

Straw Bale building workshops in Montague MA (revised dates):

Saturday, Oct 8, 9-4: Making and using our own natural lime exterior finish

Email bigfootfoodforest@gmail.com or call/text (781) 428-1670; www.bigfootfoodforest.com

Save the date: Saturday October 8th, Health Freedom NH

for a presentation and social evening. This is a private event in Temple NH. Tickets are required and will be live on our website soon...presentation, good food, good company and live music :).

More info here: <https://hfnh.org/event/oct8/>

Saturday Oct 20 Field trip to Forefather's Monument in Plymouth MA

Details: <https://riseupnh.org/wp-content/uploads/2022/08/Field-Trip-to-Plymouth-MA.pdf>

Have an event you'd like us to post? Contact admin@riseupnh.org.

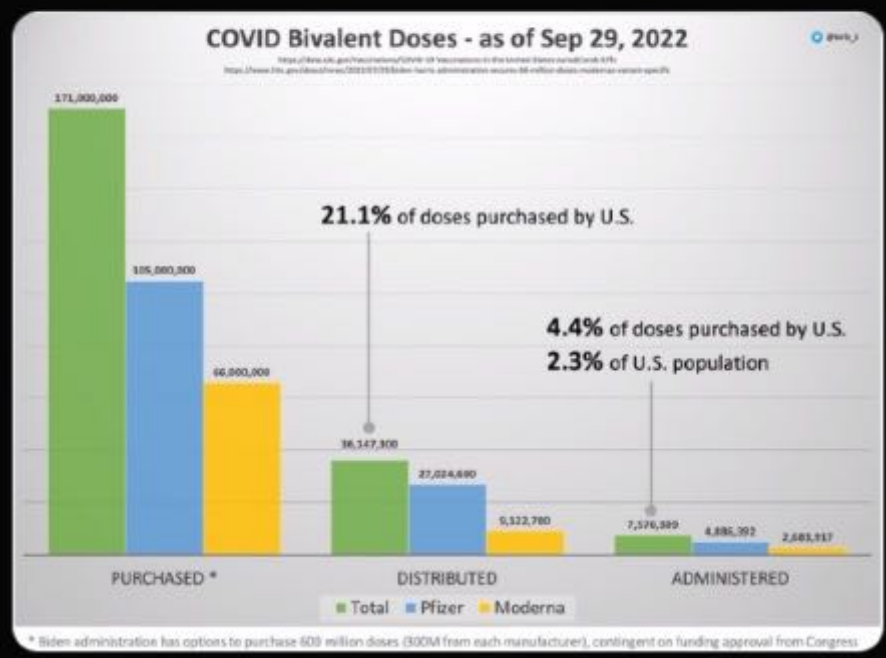
The UpBeat

KBirb @birb_k · 16h

One month later. Per CDC data, only 21% of U.S. purchased bivalent doses have been distributed, and 79% of those are not yet administered. Just 2.3% of U.S. citizens have received the injection.

data.cdc.gov/Vaccinations/C...

hhs.gov/about/news/2022...



Sweden stops vaccinating children under 18

Low risk of serious illness and death means it is pointless

<https://nakedemperor.substack.com/p/sweden-stops-vaccinating-children>

Only 1 out of 573 People Took "Bivalent Boosters" in a State Without Vaccine Mandates

<https://igorchudov.substack.com/p/only-1-out-of-573-people-took-bivalent>

Free/Cool/Fun/Weird/Noteworthy

The Sound of Silenced Science (music video)

The Adverse Events featuring The Spike Girls

4 minutes: <https://visceraladventure.substack.com/p/the-sound-of-silenced-science>

Politics, Bills, Elections, Voting & Natural Law

From Affirmative Action to Andy Warhol: Buckle up for a Wild Supreme Court Term

<https://jonathanturley.org/2022/10/03/from-affirmative-action-to-andy-warhol-buckle-up-for-a-wild-supreme-court-term/>

US Constitution Article V Convention

The "Convention of States" Projects' Argument in Favor of a Convention

<https://rwmalonemd.substack.com/p/us-constitution-article-v-convention>

Jordan Peterson's Vision for Conservatives

Part 1 - 38 minutes: <https://youtu.be/h2yHGcmhbEk>

Part 2 - 27 minutes: https://youtu.be/Q5a81_JNaok

Relocalization, Regenerative Ag & Prepping

The 5 Best Treatment Methods for 55-Gallon Water Barrels

11 minutes: <https://youtu.be/ESkpWviLvQ0>

Options for getting clean, purified water in a disaster or emergency

18 minutes: <https://youtu.be/ZtkWkvJrz40>

Do This NOW For A Thriving Garden NEXT YEAR - More Important Than Any Liquid Fertilizer

11 minutes: https://youtu.be/HhpbT7-v_Gk

7 Vegetables that can survive freezing

9 minutes: https://youtu.be/_JEv6kIVP1U

Prevent Freezing Pipes - Rise Up NH video

(23 minutes): <https://youtu.be/-cu0TDZRqaM>

Downloadable tip sheet: <https://bit.ly/3Rxu3xy>

Rebuilding Society & Culture

A Revolution of the Heart in the Heartland (Charles Eisenstein)

Dead springs come back to life, streams flow again, plants and animals not seen for decades return. Health is not so far away.

<https://charleseisenstein.substack.com/p/the-heartland>

Navigating the Storm of Global Change

Part 4: A Creative Way Forward (Installment 3)

<https://davidnicol.substack.com/p/navigating-the-storm-of-global-change-d18>

Beating a Path to the People's Reset by John-Michael Dumais. 16-minute mp3 version:

<https://riseupnh.org/wp-content/uploads/2022/09/Beating-a-Path-to-the-Peoples-Reset.mp3>

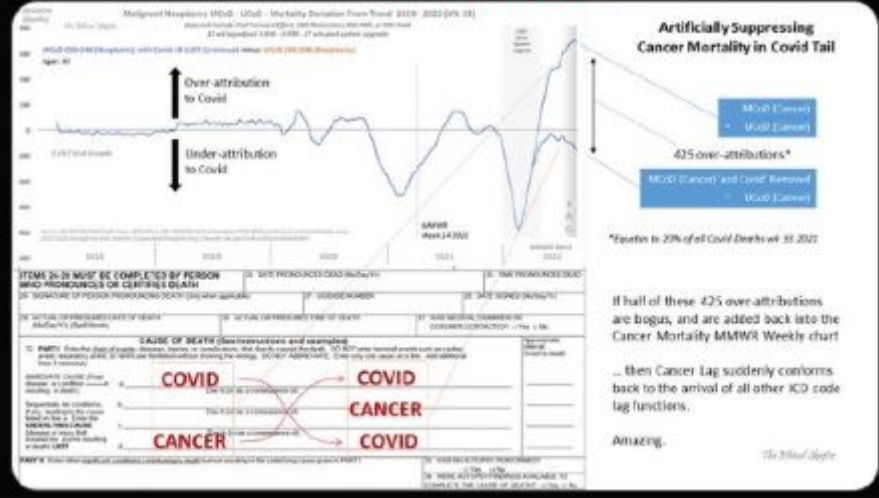
Jab, Health & Plandemic News

OK, found it.

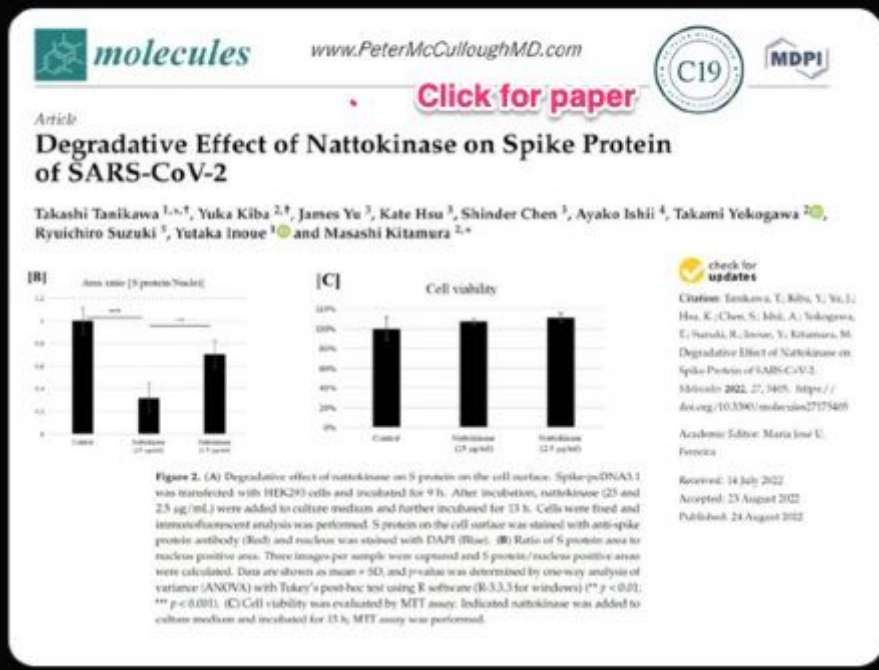
The set dynamics are complex, but the principle is straightforward.

When a death cert lists Cancer as the UCoD and Covid as MCoD - the UCoD & MCoD are being swapped, and Covid is being listed as the UCoD 100% (425/wk).

[click for detail](#)



Tanikawa, Japan, 2022, hopeful preclinical work on degradation of Spike with nattokinase which is derived from *Bacillus subtilis* var natto. A proteolytic enzyme works as thrombolytic and in catabolism of several proteins. Should be advanced in trials of Spike syndromes.



New paper confirms the COVID vaccines kill brain cells and heart cells leading to death

The CDC isn't going to tell you any of this. Today, it's the job of "misinformation spreaders" like me to let you know what is in the most respected peer-reviewed scientific journals.

<https://stevekirsch.substack.com/p/it-is-now-known-that-the-covid-vaccines>

Ed Dowd: If Excess Mortality Trends Continue, Life Expectancy Could Drop to 53 years By 2025

Article: <https://sukwan.substack.com/p/ed-dowd-if-excess-mortality-continues>

Video with Greg Hunter and Dowd, 42 minutes: <https://rumble.com/v1lv4dc-unpayable-debt-and-vax-causing-hell-on-earth-ed-dowd.html>

Doctors Group Sues FDA

The Association of American Physicians and Surgeons (AAPS) filed a motion and amicus brief Thursday evening with the federal district court in Galveston urging it to allow a lawsuit to proceed against the Food & Drug Administration (FDA) for its misleading statements against ivermectin.

<https://www.yahoo.com/now/fda-misled-public-ivermectin-accountable-144900899.html>

Tragedy: 20-Year-Old Med Student Dies from Heart Attack ONE DAY After Covid Vaccine

Med student received vaccine in order to participate in clinicals, family states.

<https://palexander.substack.com/p/devastation-and-tragedy-20-year-old>

Scottish government has ordered a review into spikes in newborn baby deaths.

Data show the death rate for babies under one year old is at its highest level in 10 years.

<https://www.bbc.com/news/uk-scotland-63097142>

mRNA spike protein detected in the brain and heart in deceased man, a case report published in the top journal "Vaccines" shows

<https://www.mdpi.com/2076-393X/10/10/1651>

Dr. Naomi Wolf: "Pfizer, FDA, CDC Hid Proven Harms to Male Sperm Quality, Testes Function, from mRNA Vaccine Ingredients"

Plus: Pfizer's own documents and other medical studies show mRNA vaccine ingredients can be transferred from one person to another via skin-to-skin contact, inhalation and via "sexual intercourse," through bodily fluids.

<https://behindthefdacurtain.substack.com/p/pfizer-fda-cdc-hid-proven-harms-to>

IT'S OFFICIAL: Pfizer's new C19 Vax Figures prove the old Vaccine had Negative Efficacy within 30 days

<https://expose-news.com/2022/10/03/pfizer-proves-covid-vaccine-doesnt-work-makes-things-worse/>

Israeli Government Has Been Covering Up Long-Lasting Harmful Effects of Covid Injections for Longer than Previously Thought

<https://expose-news.com/2022/10/02/covering-up-harm-for-longer-than-previously-thought/>

Congressman Dr. Paul Gosar introduces the 'End Lockdowns and Vaccine Mandates Act'

...to stop all future governments from doing the lockdown lunacy that Fauci, Birx, Francis Collins did to us & killed us.

<https://palexander.substack.com/p/congressman-dr-paul-gosar-introduces>

Hospital Pulls Ad After Critics Complain It 'Normalized' Myocarditis in Kids

New York-Presbyterian Hospital pulled a 30-second ad about myocarditis in children after Children's Health Defense and numerous doctors accused the hospital of normalizing and trivializing the condition.

<https://childrenshealthdefense.org/defender/newyork-presbyterian-hospital-normalize-myocarditis-kids/>

Excess Deaths? Debunking The Debunkers & An Honest Look At The Data

Dr Madhava Setty presents a critique of what is being said in the mainstream regarding excess deaths around COVID

65 minutes: <https://youtu.be/yXb-CfTPgDM>

Xlear: A simple, cheap nose spray can reduce your risk of getting viral and bacterial infections

The nasal spray is just water with 11% xylitol and .2% grapefruit seed extract. You can make it yourself easily.

Article, video: <https://stevekirsch.substack.com/p/xlear-a-simple-cheap-nose-spray-can>

NIAID Gives More Cash to EcoHealth to Study Bat Coronaviruses

Teeing us up for the next pandemic

<https://sagehana.substack.com/p/niaid-gives-more-cash-to-ecohealth>

The case against fluoride

We've been fluoridating water since the 1950's. The science is similar to vaccines: they simply forgot to do the all-cause mortality and morbidity studies showing the benefits outweigh the harms.

<https://stevekirsch.substack.com/p/the-case-against-fluoride>



EMFs

Report on Sept 26, 2022 EMF Meeting of the NH House Science, Technology and Energy Sub-Committee - by Kevin Chapman

<https://riseupnh.org/wp-content/uploads/2022/10/Report-on-Sept-26-2022-EMF-Meeting.pdf>

Technocracy, AI/Transhumanism, Geoengineering, Eugenics & The Deep/Surveillance State

Literally Mindblowing: We can AEROSOLIZE NANOBOTS to clump your blood or neuromodulate masses – DARPA expert lectures

<https://anamihalceamdphd.substack.com/p/literally-mindblowing-we-can-aerosolize>

Bill Gates: Civil War & Blocking the Sun

99 minutes: <https://youtu.be/fiaHzxjKS1E>

As Gates Doubles Down on Digital IDs, Critic Warns of 'Gravest Technological Threat'

to Liberty

The Bill & Melinda Gates Foundation this month announced \$200 million in new funding — part of an overall \$1.27 billion commitment in support of “global health and development projects” that include creating a global digital ID system.

<https://childrenshealthdefense.org/defender/bill-melinda-gates-foundation-investments-global-digital-id-system/>

Money, Food, Energy & Resources

Vermont Electric Vehicle Mandates “Interview” Never Asks the Only Question That Matters ...

<https://granitegrok.com/blog/2022/10/interview-on-looming-vt-electric-vehicle-mandates-never-asks-the-most-important-question-of-all>

A Global Financial Storm of Epic Proportions

With global debt, contingent liabilities and derivatives approaching \$2.5 quadrillion, there are a lot of assets/liabilities which need to implode before the world can show healthy and debt free growth again.

<https://www.dollarcollapse.com/a-global-financial-storm-of-epic-proportions/>

US Banks in Danger: Emergency Fed Meeting Indicates Solvency Crisis Imminent

13 minutes: https://youtu.be/DIK_cbvcrYk

Is Credit Suisse about to be the new Lehman Brothers?

Something is brewing in the financial world

<https://nakedemperor.substack.com/p/is-credit-suisse-about-to-be-the>



Ukraine, False Flags & Globalist Militarism

Russia names sole beneficiary of Nord Stream sabotage

The pipelines were the last thing ensuring EU energy independence, Moscow's envoy to the UN said

<https://www.rt.com/business/563850-russia-names-beneficiary-nord-stream-incident/>

The Narrative That This War Was "Unprovoked" Prevents Peace (Caitlin Johnstone)

Marvel supervillains have more depth and complexity than the one-dimensional characters the imperial spin machine concocts to represent its official enemies.

Read or listen: <https://caitlinjohnstone.substack.com/p/the-narrative-that-this-war-was-unprovoked>

Nord Stream explosions are a 'tremendous opportunity' – US

Washington can now step in as Europe's top supplier of LNG, the Biden administration explained

<https://www.rt.com/news/563861-blinken-nord-stream-opportunity/>

1st & 2nd Amendments, Psy-Ops, Propaganda, Censorship & Critical Thinking

UN Secretary for Global Comms says they "own the science" on PSYOP-CLIMATE CHANGE

Opposing viewpoints have now been pushed down in search results through their partnership with Google

Brief article and video: <https://2ndsmartestguyintheworld.substack.com/p/new-un-secretary-for-global-comms>

Journalism is Dead (DarkHorse podcast clip)

20 minutes: <https://youtu.be/DGpEOUbvGfI>

Michael Shellenberger @ShellenbergerMD · 23h

Over the last week, the mainstream news media claimed that hurricanes are becoming more frequent & intense, but they're not, as the data clearly show. What's more, it's clear that the media are engaging in *deliberate* misinformation. These aren't innocent mistakes.

click for graphs

g US Hurricanes have se in cost of hurricane

Three bar charts showing hurricane data from 1900 to 2021. The first chart shows the number of hurricanes per year. The second chart shows the number of hurricanes landing in the continental US. The third chart shows normalized losses from Atlantic hurricanes, with a red line indicating a constant 2021 level.

Photo: J. Battisti et al., "Continental U.S. Hurricane Landfall Observations and Future Risks," *Bulletin of the American Meteorological Society*, 2021. Photo: J. Battisti et al., "Continental U.S. Hurricane Landfall Observations and Future Risks," *Bulletin of the American Meteorological Society*, 2021.

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Ivan Pentchoukov @IvanPentchoukov · 19h

One of the most important statistics about modern science:

"More than 70% of researchers have tried and failed to reproduce another scientist's experiments, and more than half have failed to reproduce their own experiments."

click to read

Don't know Yes, a significant crisis

30% No, there is no crisis

1,576 researchers surveyed

nature.com

1,500 scientists lift the lid on reproducibility

Nature - Survey sheds light on the 'crisis' rocking research.

Culture Wars

Vermont: Female Volleyball Players Punished for Being Modest, They are No Longer Allowed in the Female Locker Room

<https://granitegrok.com/blog/2022/10/female-volleyball-players-punished-for-being-modest->

[they-are-no-longer-allowed-in-the-female-locker-room](#)

Pronouns Unbound: San Francisco Unified School District facilitates secret child sexual transitions and allows students to identify as “it.” (Christopher Rufo)

<https://christopherrufo.com/pronouns-unbound/>

Open Letter Regarding Equity Propaganda Presented at North Carolina Board of Education Working Session

<https://newdiscourses.com/2022/09/open-letter-regarding-equity-propaganda-presented-north-carolina-board-education-working-session/>

Blurring the lines of the woke joke

A self-defeating ideology reaches endgame and the world begins to heal

<https://boriquagato.substack.com/p/blurring-the-lines-of-the-woke-joke>

Paradigm Expanding

Gregg Braden - This PRAYER CODE is Mirrored in the Most Sophisticated Computer System in the World

20 minutes: <https://youtu.be/PrUT3OGcnRI>

The Stanley Meyer - Full Story on the Water Powered Car

29 minutes: <https://youtu.be/cQCbtch4vM>

Monday Memes

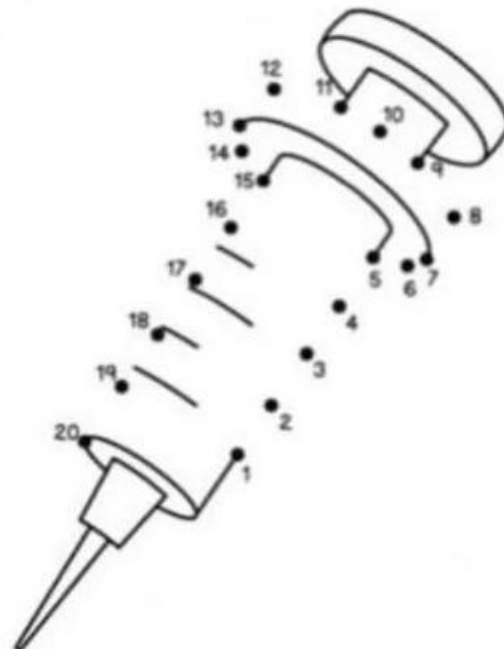
**BEFORE YOU JUDGE PUBLIC
HEALTH OFFICIALS, WALK A
MILE IN THEIR SHOES...**

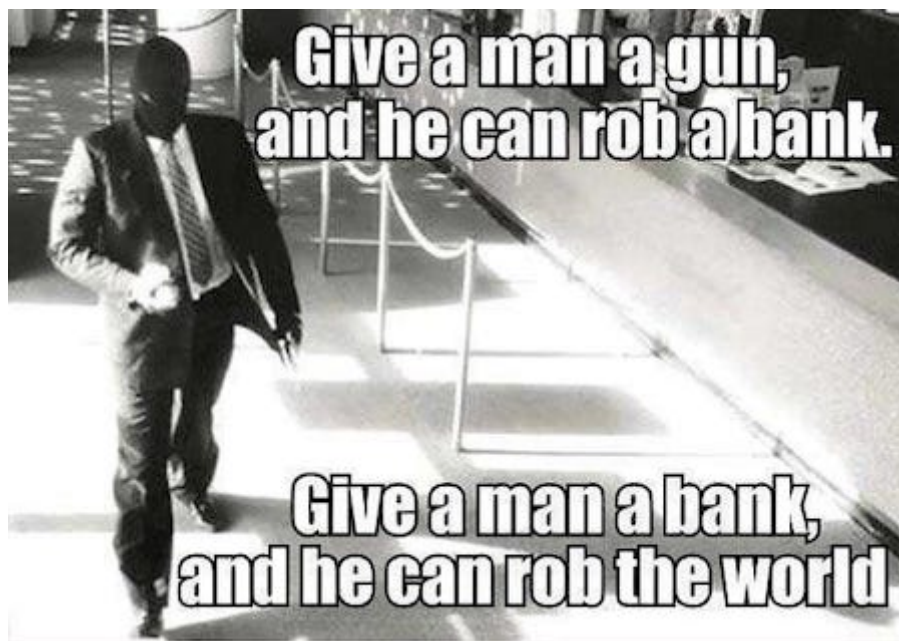



COUNTERTHINK



With all these unexplained "Sudden Deaths" just wondering has anyone played "Connect The Dots?"





Q1 '21		"QE wont cause inflation"
Q2 '21		"Some inflation but transitory"
Q3 '21		"Ok high inflation but we are peaking"
Q4 '21		"Ok inflation maybe not transitory but job market, wage growth very strong"
Q1 '22		"Need to hike aggressively to curb inflation but no worries economy very strong and soft landing possible"
Q2 '22		"Negative growth in Q1 but no recession risk"
Q3 '22		"Ok recession coming but you will not lose your home"
Q4 '22		"Ok you may lose your home but you wont starve to death" (introduce the bugs)
Q1 '23		"You may die but you go to heaven"







BBC

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DISINFORMATION

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of your slave-masters.

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propaganda, 24 hours a day.

**DOLL REPRESENTS HOW MANY VACCINES
A CHILD RECEIVES..... BY AGE 2**





"Those who don't study history are doomed to repeat it.
Yet those who *do* study history are doomed to stand by
helplessly while everyone else repeats it."



