



## Newsletter - Monday August 8, 2022

Welcome to our **Monday Edition** with curated news of the day, plus **Memes** at the bottom.

Today's zoom will be another open conversation on news of the day.

[Click for 1PM Zoom](#)



Monadnock Gathering of Freedom Groups - *Please post/share!*

**When:** Saturday, September 24, 1-5PM

**Where:** The Village Church, 121 Cobble Hill Road, Swanzey NH

**Brief Description:** For all individuals and groups who fully understand the Great Reset narrative and are committed to freedom, this event provides an opportunity to meet others in your area so that you can build resilient community networks to deal with possible social and supply chain disruptions and work towards creating a viable parallel system.

**More information and tickets at:** <https://www.eventbrite.com/e/monadnock-gathering-of-freedom-groups-tickets-395962403207>

*If you do not wish to purchase a ticket on the Eventbrite System, you can reserve your place*

by writing to [admin@riseupnh.org](mailto:admin@riseupnh.org) [please specify # of tickets, the names of ticket recipients and their town(s)].

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To Victory!

John-Michael and the RiseUpNH team

*Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.*

**PLEASE DONATE TODAY** to support our efforts. Thank you!

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### SOVEREIGNTY NOTICE:

*No one is telling you what to think or believe, or even what is true. Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so. Do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind. Collective sense-making is a path, not a destination.*

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#### Learn Organic Farming in Barter Exchange

Fertile Fields Farm in Westmoreland continues to offer a barter exchange opportunity for anyone interested in coming to participate in farm activities (planting, hoeing, cultivating, setting up fencing, harvesting, etc) and to learn the ins and outs of a small organic farm. Join

us for a home made lunch and go home with a bag of fresh produce. Contact Lori at [schreierlori@aol.com](mailto:schreierlori@aol.com).

<p><b>Meet Audra Wilson</b> Holistic Nurse and Health Practitioner</p>   <p><b>RESTORING EDEN</b> — HOLISTIC HEALTH AND WELLNESS —</p>	<p>Restoring Eden is a Community Wellness Center for Holistic Health located in the heart of Gilsum New Hampshire. Founded by Audra Wilson, Restoring Eden focuses on whole body healing with services for all age groups.</p> <p>Audra is Double Board Certified in Holistic Health, BC-Holistic Nurse Baccalaureate, and BC-Holistic Health Practitioner. She is a Member of the American Holistic Nursing Association, Sigma Theta Tau International Honor Society of Nursing (STTI), American Academy of Drugless Practitioners (AADP), Salt Therapy Association and Ozone Without Borders.</p> <p>Certifications:</p> <ul style="list-style-type: none"><li>• Halotherapist</li><li>• Holistic and Integrative Health</li><li>• Meridian Stress Analysis (Bioenergetic Testing)</li><li>• NASM Personal Trainer</li><li>• Spirituality, Health and Healing</li><li>• Aromatouch Practitioner</li><li>• Healing, Wholeness and Prayer</li><li>• Limited Obstetric Ultrasound</li><li>• Teaching Nurse Self-Care and Sleep Hygiene</li><li>• Red Cross Certified Trainer for CPR/AED/FA</li></ul> <p><b>626 Route 10 Gilsum NH - 603-338-8797</b> <b>RestoringEden4NaturalHealth@gmail.com</b></p>
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**Larisa M. Trexler, RN, Certified EMF Specialist**  
contact info: [emf@trexlah.com](mailto:emf@trexlah.com) • 603.530.1200



**sunset**  
EMF & HEALING

[sunsetEMF.com](http://sunsetEMF.com)

EMF evaluation & remediation - one of the greatest impacts on the path to restorative sleep, better energy, healing, and peace of mind.

*Have a business or item you'd like to share here? Contact [admin@riseupnh.org](mailto:admin@riseupnh.org).*

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## Events

### Nonviolent Communication Study Group, Keene

Due to moving and summer visitors, the next NVC study group will be Saturday, August 27th.

I look forward to seeing you then!

Please RSVP to Kristen Reynolds, kreynolds3000 at gmail dot com for more information

### **Friday, August 19, 2022 At 5 PM: Monadnock Local Harvest @ Coop**

*Join us in celebrating New Hampshire Eats Local month! This event will celebrate local farms and producers throughout our region and New Hampshire!*

Musicians Lenny Solomon and Becca Myari performing in the Amphitheater behind the Co-op! Ice Cream from Walpole Creamer will be served, and Wildlife Encounters Ecology and Wellness Center will have an educational exhibit featuring a few of their ambassador animals!

### **August 13-21, Sheep Camp: 8 Days of Everything Sheep! Greensboro VT \$950**

Live, in-person workshop working with milk, wool, meat, and hides.

Full info and registration: <https://catehillorchard.com/sheep-camp/>

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## **The UpBeat**

**Katie Melua - Heading Home (Acoustic) (Official Audio)**

<https://youtu.be/y-53tgIKKxM>

**Mr. Blue Sky | Electric Light Orchestra | VoicePlay A Cappella Cover**

<https://youtu.be/1XYgvvu5U3A>

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## **Free/Cool/Fun/Weird/Noteworthy**

**Free ebook: RFK Jr's 'A Letter to Liberals — Censorship and COVID: An Attack on Science and American Ideals'**

<https://childrenshealthdefense.org/ebook-sign-up/ebook-sign-up-a-letter-to-liberals/>

**India's Vandana Shiva with Russell Brand: "THIS Is How We Beat The Great Reset"**

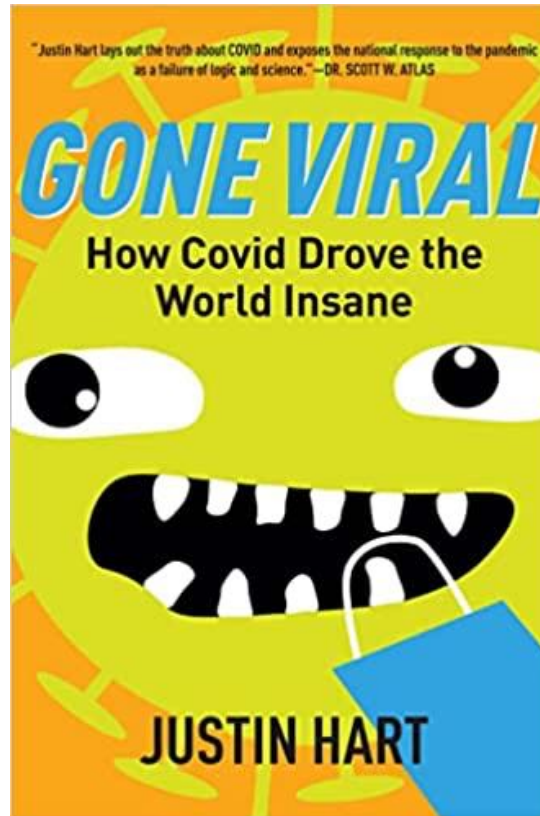
*Renowned environmental activist and author speaks about how the mainstream media have framed the Dutch Farmer protests, the hidden land grab agenda, agribusiness's war on the soil and nature, how data is not the highest evidence for living, and how a good healthy body is!*

37 minutes: <https://rumble.com/v1d6v83-vandana-shiva-this-is-how-we-beat-the-great-reset.html>



## **Gone Viral: How Covid Drove the World Insane**

Book by Justin Hart to be released Sept 22 - [preorder now](#)



## **Free Resilient Prepping Guide (PDF and audio) - by Mike Adams**

*Requires email signup.*

<https://www.resilientprepping.com>

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## **Politics, Bills, Elections, Voting & Natural Law**

### **Dr. Meryl Nass: Newest Politician Pledge language**

*Simple, explicit, brief.*

<https://merylnass.substack.com/p/newest-pledge-language>

### **U.S. Senate passes \$740 billion "Inflation Reduction" Act. Kamala Harris casts tie-breaking vote.**

*Bill massively expands IRS and "climate change" mitigation.*

<https://twitter.com/disclosetv/status/1556360414237265920>

<https://www.zerohedge.com/political/inflation-reduction-act-would-make-irs-among-largest-agencies-government>

### **Lies, Damned Lies, and the January 6 Committee**

*A careful review of the official transcripts of its eight long hearings shows the committee repeatedly made connections that weren't there, took events and quotes out of context, exaggerated the violence of the Capitol rioters, and omitted key exculpatory evidence otherwise absolving former President Donald Trump of guilt.*

[https://www.theepochtimes.com/lies-damned-lies-and-the-january-6-committee\\_4641510.html](https://www.theepochtimes.com/lies-damned-lies-and-the-january-6-committee_4641510.html)

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## Relocalization, Sustainability & Prepping

**70 Backyard Projects Book (\$37)**

<https://nogridsurvivalprojects.com/book/>

**Best Non-Lethal Gun Option for Home Self Defense**

<https://youtu.be/68dGgmDnDQ0>

**Revolutionary Tech in Israel's Negev Desert**

<https://youtu.be/ST0VFtfk3XE?t=517>

**Harley Davidson Engine that Runs on Water | Free Energy Motor**

<https://youtu.be/ghQSHfqrB4E>

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## Rebuilding Society & Culture

**Pan Vera on The Blissful Parenting podcast: how we can give our kids the space to grow and learn to make good choices while still having a safety net around them.**

<http://theblissfulparent.com/83>

**Charles Eisenstein: Towards A More Beautiful World**

*How do we create the more beautiful work our hearts know is possible? How do we live fully, and sing our resonant song amidst a world in trouble? Charles provides insight into where we are today post pandemic and hold and honor the sacred and the beauty we all know is possible.*

66 minutes: <https://youtu.be/Vh9sLjAbCiA>

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## Jab, Health & Plandemic News

**Real-World Bombshell: Professor in Scotland Declares Excess Deaths in Scotland**

## **Linked to COVID-19 Vaccines**

<https://trialsitenews.com/p/trialsitenews/real-world-bombshell-professor-in-scotland-declares-excess-deaths-in-scotland-linked-to-covid-19-vaccines-d8b9d754>

**Israel now considers only 7.73% of its population as "vaccinated" against COVID as up-to-date "boostering" further declines.**

<https://twitter.com/disclosetv/status/1555526168429871104>

## **Philippines All Cause Mortality up 64%**

*...between March and September 2021. Excess mortality increased each month in lockstep with the increase in Covid-19 vaccines rollout.*

<https://supersally.substack.com/p/philippines-all-cause-mortality-when>

## **9 Research papers showing devastating impact of COVID gene injection on innate immune system and neurotoxicity; keep for your libraries**

*A lead researcher is MIT's Dr. Stephanie Seneff; brilliant!*

<https://palexander.substack.com/p/research-papers-showing-devastating>

## **Maajid Nawaz's Radical podcast: On Flying While (Un)Vaccinated**

*Nawaz speaks to JetStar and Qantas Captain Alan Dana, Virgin pilot and flight instructor Captain Glen Waters, President of US Freedom Fliers Captain Joshua Yoder, and United States Airforce veteran and pilot Captain Bob Snow who are all pilots in opposition vaccine mandates for airline staff.*

99 minutes: <https://odysee.com/@MaajidNawaz:d/Radical-Episode-16:b>

## **Protocol for Vaccine-Injured Focuses on Spike Protein and Helping Patients Recover: Dr. Pierre Kory**

Article, audio: [https://www.theepochtimes.com/protocol-for-vaccine-injured-focuses-on-spike-protein-and-helping-patients-recover-dr-pierre-kory\\_4648481.html](https://www.theepochtimes.com/protocol-for-vaccine-injured-focuses-on-spike-protein-and-helping-patients-recover-dr-pierre-kory_4648481.html)

## **US Rules out Summer COVID Boosters to Focus on Fall Campaign**

*"Pfizer and Moderna expect to have updated versions of their shots available as early as September, the Food and Drug Administration said in a statement. That would set the stage for a fall booster campaign to strengthen protection against the latest versions of omicron."*

<https://apnews.com/article/covid-health-government-and-politics-8474cb7c84ef5cec85ea1029269acfc6>

## **Dr. Vernon Coleman: New, Scary Flu Jab Coming!**

*Beware. Take care. Don't believe what governments say. Warn everyone.*

<https://vernoncoleman.org/videos/new-scary-flu-jab-coming>

## The Potemkin Argument, part VI: The Ballad of Lopez-Medina

A public "peer review" of Scott Alexander's essay on ivermectin

<https://doyourownresearch.substack.com/p/the-potemkin-argument-part-vi-the>

## CJ Hopkins - The "Unvaccinated" Question (Revisited)

*Germany continues headlong towards fascism: "in New Normal Germany, we will be forced to wear a visible symbol of our different beliefs (our "otherness") in public, so that the authorities and the Good German masses will be able to identify us."*

<https://cjhopkins.substack.com/p/the-unvaccinated-question-revisited>



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## Technocracy, AI, Transhumanism, Eugenics & The Surveillance State

### France to Introduce Biometric Health Cards

<https://www.activistpost.com/2022/08/france-to-introduce-biometric-health-cards.html>

### MIND WARFARE: Inside China's terrifying 'brain control weapons' capable of 'paralysing enemies and its own people' with mystery tech

*Weapon purports to "paralyse and control the opponent" by "attacking the enemy's will to resist"*

<https://www.the-sun.com/news/4370120/chinas-brain-control-weapon/>

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## Money, Food, Energy & Resources

**Something Snaps In The Job Market: Multiple Jobholders Hit All Time High As Unexplained 1.8 Million Jobs Gap Emerges**

<https://www.zerohedge.com/markets/something-snaps-job-market-multiple-jobholders-hit-all-time-high-unexplained-18-million>

**Civil Unrest in Panama Continues (over the economy)**

Article, video: [https://www.armstrongeconomics.com/international-news/central\\_america/civil-unrest-in-panama-continues/](https://www.armstrongeconomics.com/international-news/central_america/civil-unrest-in-panama-continues/)

**The Pope is telling kids that God wants them to eat less meat.**

<https://twitter.com/TheRealKean/status/1555590356317511681>



**I can't feed  
my family**



**Enjoy your IRS audit**

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## Ukraine, Militarism, False Flags, & other Globalist-Inspired BS

**China ignores phone calls from Pentagon – Politico**

The reported break in communications comes amid large-scale military drills around Taiwan

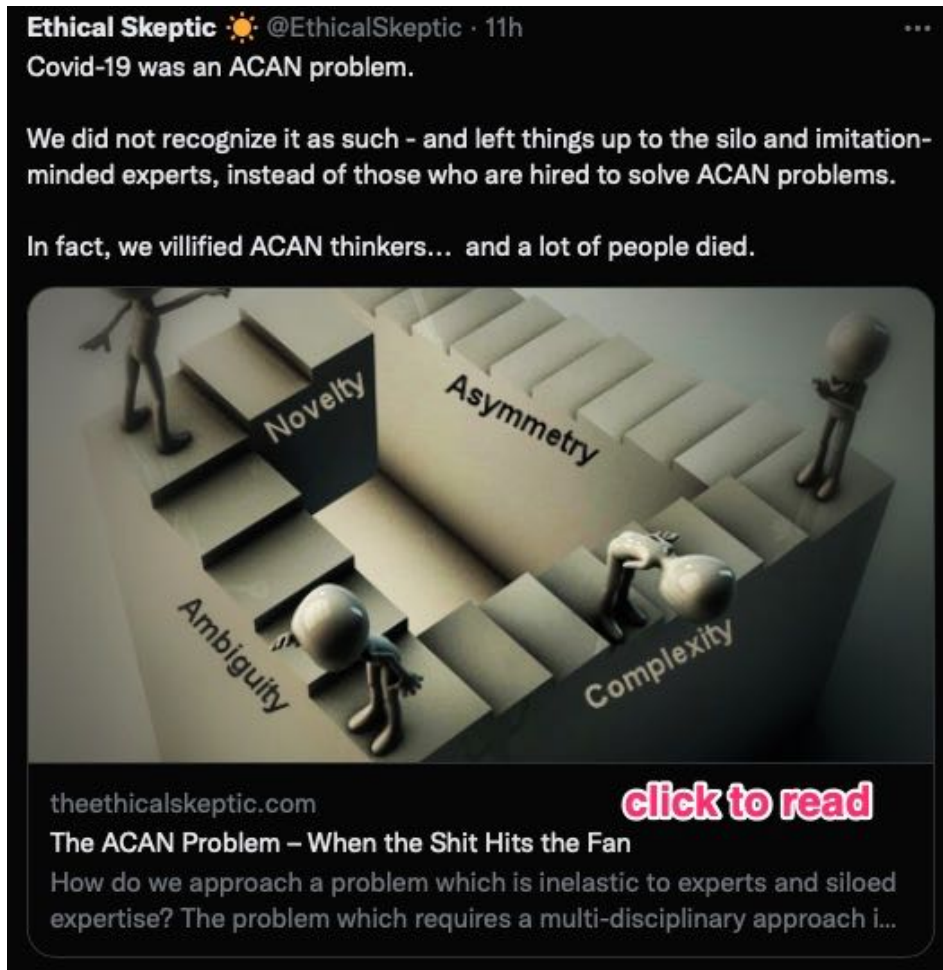
<https://www.rt.com/news/560343-china-ignore-pentagon-calls/>

**North Korea Willing To Send Russia 100,000 Troops For Ukraine War: Report**

<https://www.zerohedge.com/markets/north-korea-willing-send-russia-100000-troops-ukraine-war-report>

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# Free Speech, Censorship, Propaganda, PsyOps, Critical Thinking, & 2nd Amendment



## Dr. Mark Crispin Miller: Propaganda Overview and Flashpoints

*At the American Freedom Alliance Conference*

40-minute video: <https://rumble.com/v1e1951-dr.-mark-crispin-miller-propaganda-overview-and-flashpoints.html>

## This Was Happening Long Before Humans Appeared on Earth | Gregg Braden

*Braden deftly shows how long-cycle science debunks the human-made climate change claim*

<https://youtu.be/CmSxaoXvYtI>

## The Rise Of "Constitutional Carry" Is A Sign Of Failing Trust In Government

<https://www.zerohedge.com/political/rise-constitutional-carry-sign-failing-trust-government>

## "Russian Propaganda" Just Means Disobedience

<https://caityjohnstone.medium.com/russian-propaganda-just-means-disobedience-79c36f45365a>

Justin Hart @justin\_hart · Aug 4

My appearance on FoxNews last night on @ShannonBream with @danielsuhr discussing my lawsuit filed by the @LJCenter challenging the government in their efforts to censor Americans around COVID-19. WATCH!

click to watch





**Peter McCullough, MD MPH**  
@P\_McCulloughMD

...

**American First Legal breakthrough with released documents. Money flowing between CDC and Facebook to block information on prevention and treatment and promote the mass mandated products. Americans railroaded into "a needle in every arm." It's a crime.**

**AFL CALLS FOR SENATE AND HOUSE INVESTIGATIONS INTO THE CDC FOR ILLEGALLY ACCEPTING \$15M DOLLAR GIFT FROM FACEBOOK USED TO PROMOTE PROPAGANDA AGAINST THE AMERICAN PEOPLE**



FRIDAY, AUGUST 5, 2022

**WASHINGTON, D.C.** - America First Legal (AFL) has sent a formal request to the Senate Committee on Homeland Security and Governmental Affairs and the House Committee on Oversight and Reform investigate the Centers for Disease Control (CDC) for violating federal law that forbids the use of appropriated funds to pay a "publicity expert" unless funds are specifically appropriated for that purpose. AFL calls upon Congress to take this action following the CDC's acceptance of a \$15,000,000 gift from Facebook and then spending it to manipulate public opinion to push false propaganda on the American people.

AFL uncovered this bombshell more than a year after it filed a FOIA request with the CDC the day after the Biden White House admitted to collaborating with social media allies to control related public information and speech. This information, along with other shocking documents showing collusion between the Biden Administration and big tech, was finally turned over to AFL after it sued to enforce the law.

## **Twitter Suspends Scientist After He Creates His Own Social Media Community on Locals.com**

What else is new? It's 2022.



**James Lyons-Weiler**

Aug 5 ❤️ 💬 ↗

**Find JLW's content on <https://popularrationalism.locals.com/>**

After repeatedly being found to be utterly incorrect in their fact-checking, Twitter has finally given me the boot by... get this... "Permanently Suspending" my account. It's time to celebrate:



# Culture Wars

## New Zealand Judge Declares 12-Year-Old Children Can Consent To Sex With Adults

*A New Zealand judge has told a jury that 12-year-old children can consent to sexual intercourse with adults.*

<https://newspunch.com/new-zealand-judge-declares-12-year-old-children-can-consent-to-sex-with-adults/>

## Sweet Karma: Rabid 'Social Justice ' Movement Implodes, Self-Cannibalizes

*A collection of recent happenings.*

<https://www.zerohedge.com/news/2022-08-05/sweet-karma-rabid-social-justice-movement-implodes-self-cannibalizes>

[illegible]

## Paradigm Expanding

## The true story of Nikola Tesla - told by Lt. Col. Thomas Bearden - Free Energy device explained

<https://youtu.be/7yJnYCpboGU>

**Stanford's Dr Garry P Nolan on UAPs/UFOs (black budget tech, exposure injuries, possible nature of ETs visiting earth, and more) – with Tucker Carlson**

*Nolan has published over 300 research articles, is the holder of 40 US patents, and has been honored as one of the top 25 inventors at Stanford University.*

56 minutes: [https://www.youtube.com/watch?v=T3sszdf\\_93w](https://www.youtube.com/watch?v=T3sszdf_93w) 

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## Monday Memes



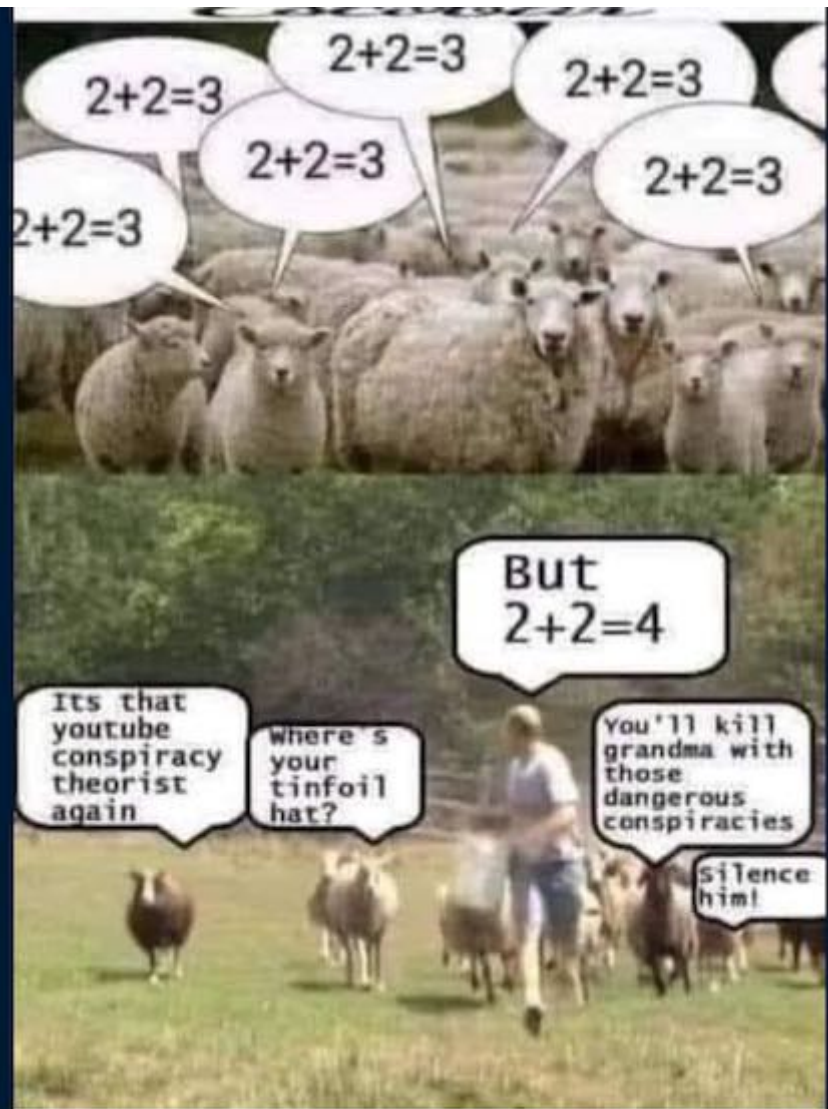


# SHEEPL

# ESSENTIALS KIT

COVID-19 BRAINWASHED  
IDIOT STARTER PACK INCLUDES...







"All I'm saying is that the difference between humans & animals is that animals would never allow the dumbest of the herd to lead them."

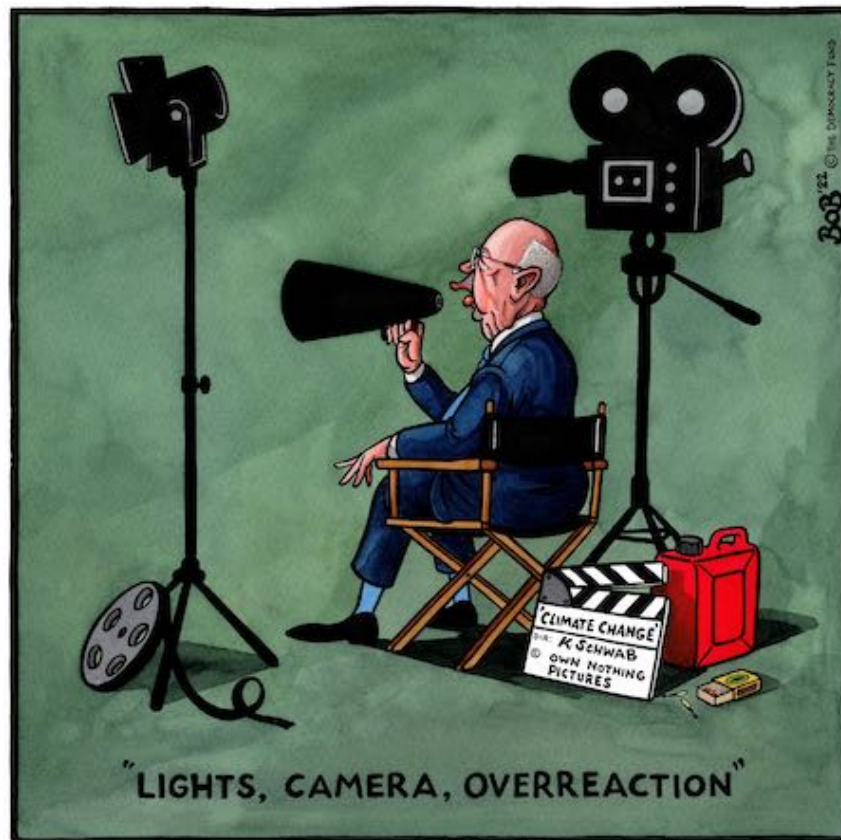


THE PRESIDENT HAS REBOUND COVID, SO, OUT OF AN ABUNDANCE OF CAUTION, WE'RE KEEPING HIM IN STRICT ISOLATION!!!

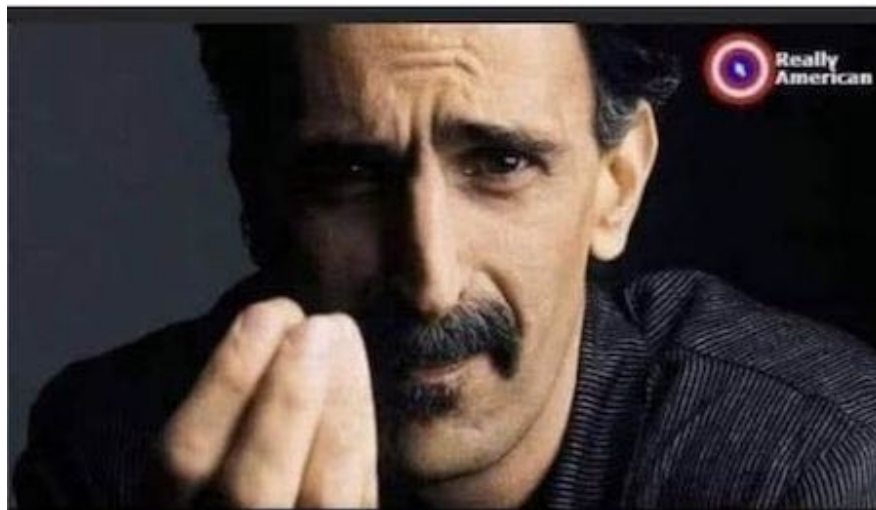
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UNTIL NOVEMBER 2024.





"LIGHTS, CAMERA, OVERREACTION"



**"Civics was a class that used to be required before you could graduate from high school. You were taught what was in the U.S. Constitution.**

**"And after all the student rebellions in the Sixties, civics was banished from the student curriculum and was replaced by something called social studies. Here we live in a country that has a fabulous constitution and all these guarantees, a contract between the citizens and the government – nobody knows what's in it...**

**"And so, if you don't know what your rights are, how can you stand up for them? And furthermore, if you don't know what's in the document, how can you care if someone is shredding it?"**

**- Frank Zappa**

Source: Frank Zappa, "The American Dream," 1971, as quoted in <https://www.rollingstone.com/music/frank-zappa/frank-zappa-1992-11-19/>



I feel bad for parents nowadays. You have to be able to explain the birds & the bees...The bees & the bees...😞😞😞 The birds & the birds...😞😞😞 The birds that used to bees...😭😭  
👧👧 The bees that used to be birds...👧 The birds that look like bees...👧 Plus bees that look like birds but still got a stinger!!!😬😬😬😭😭  
😭

**Great news! UBER is now available in rural IDAHO!**





NOT ALL WOMEN  
WANT FLOWERS.

SOME JUST WANT A  
40-ACRE OFF-GRID  
HOMESTEAD WITH A  
FLOWING CREEK.



**Laura Matsue**  
@lauramatsue

Rudolph Steiner said they would find a way to eliminate the soul w/ medicine. We are watching that statement play out now.

The cure is: keep your heart open, let love in, let life move you.

Anchor the soul into your body.

In a spiritual war, living soulfully will protect you.

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