



---

## Newsletter - Monday August 22, 2022

Welcome to our **Monday Edition** with curated news of the day -- more damning data, more half-admissions, more WEF BS. **Memes** at the bottom.

Please join us at 1PM today for our weekly community zoom.

[Click for 1PM Zoom](#)

### 75th Anniversary of Nuremberg Code

Saturday, holocaust survivor Vera Sharav was in Nuremberg, Germany, and had this to say:

“Unless All of Us Resist, Never Again is Now.” Read about it here:

<https://childrenshealthdefense.eu/eu-issues/vera-sharav-unless-all-of-us-resist-never-again-is-now-75th-anniversary-of-the-nuremberg-code/> and listen to her powerful and pointed speech here: <https://rumble.com/v1grs8f-vera-sharav-speech-at-nuremberg-75.html>.



Monadnock Gathering of Freedom Groups - *Please share!*

**When:** Saturday, September 24, 1-5PM

**Where:** The Village Church, 121 Cobble Hill Road, Swanzey NH

**Brief Description:** For all individuals and groups who fully understand the Great Reset narrative and are committed to freedom, this event provides an opportunity to meet others in The Monadnock region so that we can build resilient community networks to deal with possible social and supply chain disruptions and work towards creating viable parallel systems.

**More information and tickets at:** <https://www.eventbrite.com/e/monadnock-gathering-of-freedom-groups-tickets-395962403207>

*If you do not wish to purchase a ticket on the Eventbrite System, you can reserve your place by writing to [admin@riseupnh.org](mailto:admin@riseupnh.org) [please specify # of tickets, the names of ticket recipients and their town(s)].*

*Download the PDF flyer [here](#).*

---

To Victory!

John-Michael and the RiseUpNH team

*Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.*

**PLEASE DONATE TODAY to support our efforts. Thank you!**

---

## **SOVEREIGNTY NOTICE:**

*No one is telling you what to think or believe, or even what is true. Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so. Do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind. Collective sense-making is a path, not a destination.*

---



### Learn Organic Farming in Barter Exchange

Fertile Fields Farm in Westmoreland continues to offer a barter exchange opportunity for anyone interested in coming to participate in farm activities (planting, hoeing, cultivating, setting up fencing, harvesting, etc) and to learn the ins and outs of a small organic farm. Join us for a home made lunch and go home with a bag of fresh produce. Contact Lori at [schreierlori@aol.com](mailto:schreierlori@aol.com).

#### Meet Audra Wilson

Holistic Nurse and Health Practitioner



**RESTORING EDEN**  
— HOLISTIC HEALTH AND WELLNESS —

Restoring Eden is a Community Wellness Center for Holistic Health located in the heart of Gilsum New Hampshire. Founded by Audra Wilson, Restoring Eden focuses on whole body healing with services for all age groups.

Audra is Double Board Certified in Holistic Health, BC-Holistic Nurse Baccalaureate, and BC-Holistic Health Practitioner. She is a Member of the American Holistic Nursing Association, Sigma Theta Tau International Honor Society of Nursing (STTI), American Academy of Drugless Practitioners (AADP), Salt Therapy Association and Ozone Without Borders.

#### Certifications:

- Halotherapy
- Holistic and Integrative Health
- Meridian Stress Analysis (Bioenergetic Testing)
- NASM Personal Trainer
- Spirituality, Health and Healing
- Aromatouch Practitioner
- Healing, Wholeness and Prayer
- Limited Obstetric Ultrasound
- Teaching Nurse Self-Care and Sleep Hygiene
- Red Cross Certified Trainer for CPR/AED/FA

626 Route 10 Gilsum NH - 603-338-8797  
[RestoringEden4NaturalHealth@gmail.com](mailto:RestoringEden4NaturalHealth@gmail.com)



*Have a business or item you'd like to share here? Contact [admin@riseupnh.org](mailto:admin@riseupnh.org).*

---

## Events

### **August 27th from 10am to 11:30am in Swanzey, NH – NVC Study Group**

*Boundaries, Dealbreakers, and Self-protection*

This session is all about recognizing those times when you have to say no and walk away. You do not need to have attended previous classes to attend this one and benefit from learning nonviolent communication.

\$5 - \$10 sliding scale or barter

*Please RSVP to Kristen Reynolds, [kreynolds3000 at gmail dot com](mailto:kreynolds3000@gmail.com) for more information*

### **August 13-21, Sheep Camp: 8 Days of Everything Sheep! Greensboro VT**

**\$950**

Live, in-person workshop working with milk, wool, meat, and hides.

Full info and registration: <https://catehillorchard.com/sheep-camp/>

---

## The UpBeat

### **Major EMF Victory In Flower Hill, NY!**

*The Eastern District Court in New York upholds the village's denial of small cell permits, claims FCC has exceeded authority. It's time for every village, town and city to consider denying small cell applications unless the applicant can prove a lack of coverage for basic communications (not broadband services).*



<https://casetext.com/case/extenet-sys-v-vill-of-flower-hill>

### **Hope for PFAS contamination?**

*Cautious optimism is warranted...*

<https://cen.acs.org/environment/persistent-pollutants/Forever-chemicals-technologies-aim-destroy/97/i12>

### **Running Up That Hill - Kate Bush (Stranger Things a cappella) VoicePlay ft. Ashley Diane**

<https://youtu.be/SaZlnfqsIU>

---

## **Free/Cool/Fun/Weird/Noteworthy**

### **Globalist War on the Elements of Life**

*Mike Adams's mini (17-min) documentary about the war on carbon, oxygen and nitrogen*

Article, video: <https://www.naturalnews.com/2022-08-19-the-globalist-war-on-the-elements-of-life-bombshell-new-mini-documentary-here.html>

### **"Plandemic" Knowledge Base (PKB)**

*All of Covid-19 "plandemic" information in one place, continuously updated.*

<https://live2fightanotherday.substack.com/p/plandemic-knowledge-base-pkb>

### **"Weird AI" Yankovic - Like A Surgeon**

*Sadly somehow more poignant now*

<https://youtu.be/notKtAgfwDA>

### **A guide to US colleges and universities for those planning to survive their education**

*This resource notes which schools mandate "vaccines" and boosters, and which ones don't*

[https://docs.google.com/spreadsheets/d/11BrDadiUGN-vQBe7Jolcb\\_-aWhLT7S2AkWOkSX49M40/htmlview](https://docs.google.com/spreadsheets/d/11BrDadiUGN-vQBe7Jolcb_-aWhLT7S2AkWOkSX49M40/htmlview)

### **The Voluntaryist Handbook**

Free: <https://odysee.com/@KeithKnightDontTreadOnAnyone:b/The-Voluntaryist-Handbook:f>

Buy: <https://libertarianinstitute.org/books/voluntaryist-handbook/>

### **Uninformed Consent documentary**

*Vaccine Choice Canada has teamed up with Canadian filmmaker Todd Harris to produce a powerful new documentary. Plan a time for family and friends to come together and invite them to a personal screening in your home.*

<https://live.childrenshealthdefense.org/premiere-uninformed-consent-a-matador-films-picture>

### **New Book: Turtles All The Way Down: Vaccine Science and Myth**

*Edited by Zoey O'Toole and Mary Holland. Highly praised book will resolve the vaccine question for you, once and for all.*

<https://www.jeremyhammond.com/product/turtles-all-the-way-down-vaccine-science-and-myth/>

### **American R/Evolution - Dr David Martin's pre-COVID Documentary**

<https://youtu.be/8qPUGznCeww>

### **Free ebook: RFK Jr's 'A Letter to Liberals — Censorship and COVID: An Attack on Science and American Ideals'**

<https://childrenshealthdefense.org/ebook-sign-up/ebook-sign-up-a-letter-to-liberals/>

### **Free Resilient Prepping Guide (PDF and audio) - by Mike Adams**

*Requires email signup.*

<https://www.resilientprepping.com>

---

## **Politics, Bills, Elections, Voting & Natural Law**

### **Anthony Ferrantello running for Cheshire County Commissioner (District 2 – Keene, Marlborough & Roxbury)**

Tony wants to make certain that the approximate \$60 mil county budget is spent wisely on county operations and programs: meaning that said operations and programs will benefit Cheshire County residents rather than grow government. Learn more about his campaign in his flyer [here](#).

Contributions via checks can be made to:

Ferrantello for Cheshire County Commissioner

PO Box 1042

Keene, NH 03431

Volunteers can call and/or email me:

Cell: 603-499-3615

Email: [Tony@FerrantelloforCheshireCountyCommissioner.com](mailto:Tony@FerrantelloforCheshireCountyCommissioner.com)

Website: <https://FerrantelloforCheshireCountyCommissioner.com>

### **CD-1 Candidate Tim Baxter: Why the Vote for Speaker of the House is “Almost the**

### **Only Vote That Matters”**

[https://granitegrok.com/mg\\_windham/2022/08/cd-1-candidate-tim-baxter-why-the-vote-for-speaker-of-the-house-is-almost-the-only-vote-that-matters](https://granitegrok.com/mg_windham/2022/08/cd-1-candidate-tim-baxter-why-the-vote-for-speaker-of-the-house-is-almost-the-only-vote-that-matters)

**Gubernatorial candidate Thad Riley will be in Keene on August 28 for the Cheshire Park Annual Republican Committee BBQ.**

<https://www.thadforgovernor.com/calendar>

### **Sun-King Sununu Endorses Maggie Hassan**

<https://granitegrok.com/blog/2022/08/sun-king-sununu-endorses-maggie-hassan>

**Majority of American voters now think the FBI has become 'Biden's Gestapo'**  
**According to a Rasmussen poll published on Thursday, 53% of voters now agree**

<https://palexander.substack.com/p/majority-of-american-voters-now-think>

### **Strzok Out: How a Fired FBI Official Is Making the Case Against Himself**

<https://jonathanturley.org/2022/08/21/strzok-out-how-a-fired-fbi-official-is-making-the-case-against-himself/>

### **Dr. Meryl Nass: A Pledge to Restore Our Nation and its Values (just updated)**

*Final, improved version of Politician Pledge, with 5 items--still seeking comments if there are serious problems anywhere*

<https://merylnass.substack.com/p/newest-pledge-language>

---

## **Relocalization, Sustainability & Prepping**

### **New Garden Beds - No Till with *Chickens***

<https://youtu.be/4Xe9B2BqzEs>

### **The Case for Cardboard (in the garden)**

<https://youtu.be/wZ-H-Rwg19Q>

### **Agroforestry Regeneration Communities is Making an Impact**

<https://johnroulac.substack.com/p/agroforestry-regeneration-communities-4fb>

---

## **Rebuilding Society & Culture**

### **Surviving Eggregore Apotheosis**

Transcending the devolution of outrage & polarization culture by elevating resilience values -  
very interesting read

<https://hwfo.substack.com/p/surviving-egregore-apotheosis>

## Jab, Health & Plandemic News



**EnemyOfTheState** @squirrel2312 · 3h  
wow, stunning revelations frm chair of The Lancet's covid commission. he speaks openly abt the lies & cover-ups of the senior scientists involved incl collins & daszak. this shd be headline news  
pls RT.

@HeatherEHeying @hector\_drummond @RealKeriSmith

**RFK JR THE DEFENDER**

**click to listen**

open.spotify.com

**Origins of the Virus with Jeffrey Sachs**

Listen to this episode from RFK Jr The Defender Podcast on Spotify. Jeffrey Sachs is Chair of The ...

**New Cool Trick To End Corona Just Dropped**

Virus moron Eric Topol and snakeoil saleswoman Akiko Iwasaki plug Gates-backed mRNA

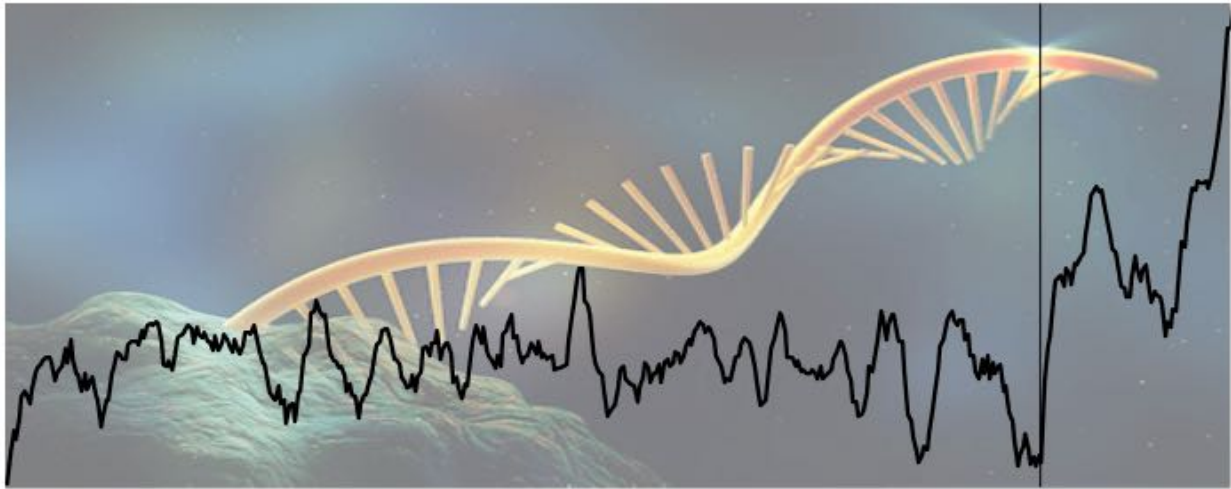


*nasal spray hocus pocus, demand a second Operation Warp Speed to further tinker with billions of human immune systems*

<https://www.eugyppius.com/p/new-cool-trick-to-end-corona-just>

---

## **Featured Article**



### **Houston, We Have a Problem (Part 1 of 3) - The Ethical Skeptic**

*Seven of the major eleven International Classification of Diseases codes tracked by the US National Center for Health Statistics exhibit stark increase trends beginning in the first week of April 2021 – featuring exceptional growth more robust than during even the Covid-19 pandemic time frame... The following work is the result of thousands of hours of dynamic data tracking and research on the part of its author. (highly recommended)*

<https://theethicalskeptic.com/2022/08/20/houston-we-have-a-problem-part-1-of-3/>

---

### **New and Recurrent Cancers After mRNA Vaccines, Studies Suggest Immune Changes**

[https://www.theepochtimes.com/new-and-recurrent-cancers-after-mrna-vaccines-studies-suggest-immune-changes\\_4669064.html](https://www.theepochtimes.com/new-and-recurrent-cancers-after-mrna-vaccines-studies-suggest-immune-changes_4669064.html)

### **Dr. Meryl Nass: Monkeypox virus: some truth about the virus and the horribly false solution**

<http://anthraxvaccine.blogspot.com/2022/08/monkeypox-virus-some-truth-about-virus.html>

### **Podiatrist: Death and devastating injuries linked to the COVID-19 Vaccine in 80% of elderly patients**

*A podiatrist contacted Wayne Allyn Root to disclose his personal experience. He had to keep his identity confidential because he doesn't want to lose his license. What he said is absolutely stunning.*

<https://stevekirsch.substack.com/p/podiatrist-death-and-devastating>

## What Have We Done To The Children?

*Peer Reviewed Thai Study Finds Nearly 30% Of Children with Cardiac Signs and Symptoms Following A Second Dose of The Pfizer Covid-19 Vaccine.*

<https://supersally.substack.com/p/what-have-we-done-to-the-children>

**Icelandic vaccine study (Eythorsson et al.) show probability of reinfection higher in persons who had received 2 or more doses compared with 1 dose or less**

<https://palexander.substack.com/p/icelandic-vaccine-study-eythorsson>

EXCESS MORTALITY BY DETAILED AGE BAND

Age	Q2 2020	Q3 2020	Q4 2020	Q1 2021	Q2 2021	Q3 2021	Q4 2021	Q1 2022	4/20-3/22	% COVID	% Non-COVID	% Count
0-24	116%	124%	104%	101%	119%	127%	110%	91%	111%	3.3%	8.1%	2%
25-34	127%	132%	121%	118%	131%	178%	131%	125%	133%	13.3%	19.6%	2%
35-44	123%	134%	128%	129%	133%	200%	156%	136%	142%	23.1%	19.2%	4%
45-54	123%	127%	129%	133%	119%	180%	151%	143%	138%	27.4%	10.8%	9%
55-64	117%	123%	130%	130%	114%	153%	141%	137%	131%	24.0%	6.7%	18%
65-74	117%	115%	133%	130%	108%	131%	125%	122%	122%	18.6%	3.9%	17%
75-84	114%	114%	133%	123%	106%	119%	121%	121%	119%	14.0%	4.6%	20%
85+	112%	103%	124%	111%	92%	104%	105%	103%	107%	10.3%	-3.5%	27%
All <sup>11</sup>	116%	115%	129%	123%	107%	134%	126%	122%	121%	17.1%	4.3%	100%

## The Mystery of Fall 2021

*Edward Dowd presents another set of data that backs up his claim that Millennials suffered a catastrophe one year ago.*

Article: <https://etana.substack.com/p/the-mystery-of-fall-2021>

Video (6 min): <https://rumble.com/v1gmubr-smoking-gun-new-actuarial-report-reaffirms-the-trail-of-death-caused-by-vac.html>

## Unexpected 40 Percent Increase in 'All Cause Deaths' in 2021

*Dr. Kelly Victory on KUSI News, describes data revealed by 3 career military physicians*

8-minute video: <https://thevaccinereaction.org/2022/08/unexpected-40-percent-increase-in-all-cause-deaths-in-2021/>

## Reuters 'Fact Checkers' Forced to Admit That 1 in 6 Teens Develop Heart Problems after COVID Jab

*One of Facebook's fact-checkers tasked with censoring online content has been forced to admit that COVID jabs cause heart problems in teenagers.*

<https://newspunch.com/reuters-fact-checkers-forced-to-admit-that-1-in-6-teens-develop-heart-problems-after-covid-jab/>

## Massive Miscarriage Rates Among Vaccinated Pregnant Women Found Buried In The

## **Pfizer Documents**

*The pharmaceutical industry has committed crimes for decades, paying \$30 billion in civil and criminal fines since 2000. The Pfizer documents reveal their latest criminal assault on our health.*

<https://pierrekory.substack.com/p/massive-miscarriage-rates-among-vaccinated>

## **Sen. Johnson to DoD, FDA, CDC: "Whistleblower Allegations about COVID-19 Vaccine Mislabeling and Unauthorized Manufacturing Must be Fully Addressed"**

*On Thursday, U.S. Sen. Ron Johnson (R-Wis.) sent a letter to Department of Defense (DoD) Secretary Lloyd Austin, FDA Commissioner Robert Califf, & CDC Director Rochelle Walensky regarding concerns about mislabeling and unauthorized manufacturing*

<https://palexander.substack.com/p/sen-johnson-to-dod-fda-cdc-whistleblower>

## **University student 'dies of joy' after hearing he'd passed his exams with flying colours**

*Yes, this was really the headline*

<https://www.mirror.co.uk/news/world-news/university-student-dies-joy-after-27613873>

## **Dr. Jane Ruby: White Embalmer "Clots" Are Self-Assembling Circuits**

*Mike Adams examines embalmer's white clots under a plasma mass spectrometry microscope (reveals atomic elements): "Not made of blood or blood vessels"*

Starts at 3:15 mark: <https://rumble.com/v1glsch-live-7pm-shocking-white-embalmer-clots-are-self-assembling-circuits.html>

## **Herpes Zoster Reactivated Following mRNA COVID Shots, Studies Show**

<https://thevaccinereaction.org/2022/08/herpes-zoster-reactivated-following-mrna-covid-shots-studies-show/>

## **Nope-95: Not even N95 masks make a difference**

*From 2019 Randomized Clinical Trial: N95 Respirators vs Medical Masks for Preventing Influenza Among Health Care Personnel*

<https://jamanetwork.com/journals/jama/fullarticle/2749214>

## **Highwire Episode 281: Pandemic Politics: Inside The U.S. Covid Debacle**

*Featuring Senator Ron Johnson*

<https://thehighwire.com/watch/>



---

## EMFs

**Technology Safety session with Cece Doucette from MA for Safe Technology.**

*Learn the wireless radiation science, risks and simple ways to use today's technology more safely - and help others too!! Feel free to share this information with anyone who would like to learn more - we welcome all!*

**September 19, 2022 at 12:00 PM EST -** <https://us02web.zoom.us/meeting/register/tZ0uc-ytrTovEt2FLb1Qv7vPcJOpPPUGbeyh>

**September 27, 2022 6:00 PM EST -**  
<https://us02web.zoom.us/meeting/register/tZcofu6uqj4iGNZPxHupbdofgNJ7zzVZcyUx>

**EMF & 5G: Safety, Science & Media Bias || Oram Miller with Alison Morrow**

112 minutes: [https://youtu.be/tW-P\\_hOvtBA](https://youtu.be/tW-P_hOvtBA)

Miller's website: <https://createhealthyhomes.com/>

**College text: Electromagnetic Fields of Wireless Communications Biological and Health Effects**

*Diverse topics related to physics, biology, pathology, epidemiology, and plausible biophysical and biochemical mechanisms of microwave telecommunication EMFs, emitted by antennas,*

and devices are included.

<https://www.routledge.com/Electromagnetic-Fields-of-Wireless-Communications-Biological-and-Health/Panagopoulos/p/book/9781032061757>

---

## Technocracy, AI/Transhumanism, Eugenics & The Surveillance State

**World Economic Forum Suggests There Are “rational” Reasons to Microchip Your Child**

<https://www.activistpost.com/2022/08/world-economic-forum-suggests-there-are-rational-reasons-to-microchip-your-child.html>

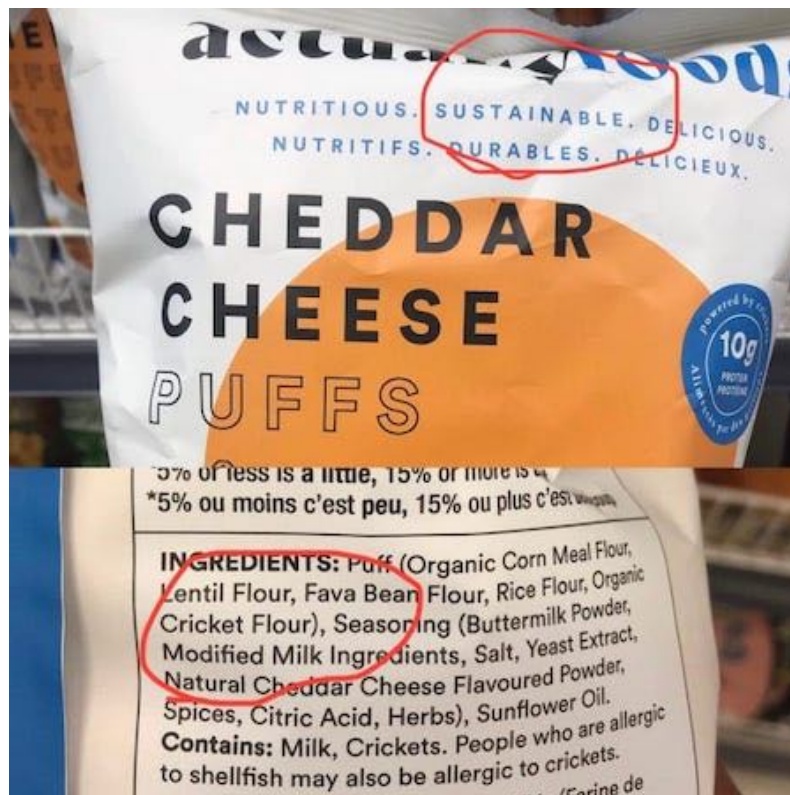
**'Nitrogen Agenda' Used by Globalists to Take Land: Farmer Faces Having to Cull 95 Percent of His Cows (Facts Matter with Roman Balmakov)**

24 minutes: <https://youtu.be/N5svHnExYGw>

**The Mandate Gold Rush**

*Examining all the kooky fake astroturf movements like “climate change” and their deranged offspring like INTENTIONALLY processing bugs into snack food.*

<https://www.coffeeandcovid.com/p/-coffee-and-covid-saturday-august-b8b>





## **Geoengineering Watch August 20 (Dane Wigington)**

*The climate engineers control the drought / deluge global rain scenarios all over the world.*

47 minutes: [https://youtu.be/Z\\_9eSfZbEz0](https://youtu.be/Z_9eSfZbEz0)

## **How the few control the many**

*Science: the greatest show on earth*

<https://secularheretic.substack.com/p/how-the-few-control-the-many>

## **Dr. Meryl Nass in 98 Seconds**

*"They identified and took over many nodes of power and spun a web around the world."*

Article, video: <https://sagehana.substack.com/p/dr-meryl-nass-in-98-seconds>

---

# **Money, Food, Energy & Resources**

## **Judge Permanently Blocks Biden Oil And Gas Leasing Pause In 13 States**

*"President Biden's executive order to choke off energy development didn't just increase prices and hurt American families—it was flatly illegal..."*

<https://www.zerohedge.com/political/judge-permanently-blocks-biden-oil-and-gas-leasing-pause-13-states>

## **Klaus Schwab, The Great Reset, Inflation & Covid**

*Connecting some more dots...*

<https://www.zerohedge.com/news/2022-08-20/klaus-schwab-great-reset-inflation-covid>

## **Something is Looming Geopolitically, and We Better Start Taking It Seriously**

*Western governments are intentionally trying to lower economic activity to meet the intentional drop in energy production. (Let's hope they've been watching closer than this - but yeah.)*

<https://theconservativetreehouse.com/blog/2022/08/18/something-is-looming-geopolitically-and-we-better-start-taking-it-seriously/>

## **The Real Story of America Abandoning the Gold Standard**

*Even currencies maintaining convertibility to gold are still subject to bond yields, interest rates, trade and capital flows.*

<https://www.oftwominds.com/blogaug22/gold-window8-22.html>

## **China's Power Crisis Worsens As More Factories Suspend Operations**

*Heat waves confound suppliers*

<https://www.zerohedge.com/markets/chinas-power-crisis-worsens-more-factories-suspend->



---

## Ukraine, Militarism, False Flags, & other Globalist BS

**Russian soldiers in Ukraine hospitalized with severe chemical poisoning – Moscow**

*Traces of the toxin Botulinum toxin Type B have been discovered, the Defense Ministry says*

<https://www.rt.com/russia/561214-ukraine-chemical-poisoning-moscow/>

**Chang: China Is Preparing To Go To War**

<https://www.zerohedge.com/geopolitical/chang-china-preparing-go-war>

**Past as Prologue? 2015's Jade Helm, The Intruder and Dark Tech**

<https://youtu.be/XAxZlfPdEQ8>

---

## Free Speech, Censorship, Propaganda, PsyOps, Critical Thinking, & 2nd Amendment

**Dr. Malone sues WAPO for defamation**

<https://rwmalonemd.substack.com/p/lawsuit-filed-rw-malone-vs-wp-company>

**Where Did the Rest of the Internet Go? (Truthstream Media)**

*"The past was erased, the erasure was forgotten, the lie became the truth." — George Orwell (1984)*

Part I: (47 min): <https://youtu.be/6zyJB45ewvU>

Part II (15 min): <https://youtu.be/4F8jBONgw80>

## **Carbon Dioxide is Making The World Greener w/ Freeman Dyson, Institute for Advanced Studies (from 2015)**

*Dyson was a physicist at the Institute of Advanced Study in Princeton, New Jersey*

23 minutes: <https://youtu.be/BQHhDxRuTkl>

## **Coleman Hughes on Pandemics and Politics with Nicholas Christakis**

*Christakis is a physician, a sociologist, and a professor at Yale University*

80 minutes: <https://youtu.be/KaniucT1OZo>

**KBirb** @birb\_k · 2h

### **Medical gaslighting.**

This image from a Nov 2019 article (before COVID). The BMJ article referenced by Dr. McCullough shows that the manipulation was supercharged relative to Covid vaccine injuries. Medical gaslighting has serious consequences.

[ajourneythroughthefog.co.uk/2019/11/have-y...](http://ajourneythroughthefog.co.uk/2019/11/have-y...)

**click for article**

### **What is gaslighting?**

Gaslighting is a tactic in which a person or entity, in order to gain more power, makes a victim question their reality. Anyone is susceptible to gaslighting, and it is a common technique of abusers, dictators, and narcissists.

The term comes from the 1938 stage play *Gas Light*, in which a husband attempts to drive his wife crazy by dimming the lights (which were powered by gas) in their home. When his wife points it out, he denies that the light changed.

Gaslighting is an extremely effective form of emotional abuse that causes a victim to question their own feelings, instincts and sanity, which gives the abusive partner a lot of power. Once an abusive partner has broken down the victim's ability to trust their own perceptions, the victim is more likely to stay in the abusive relationship.

I have experienced gaslighting myself in past relationships, from people who I regarded as friends, on social media, from employers, and most worryingly from medical professionals.

### **Medical gaslighting**

While gaslighting is manipulating someone into questioning their own sanity, medical gaslighting is manipulating a patient into thinking that they are exaggerating their own condition, causing a patient more and prolonged pain, putting their well-being or even their lives at risk.



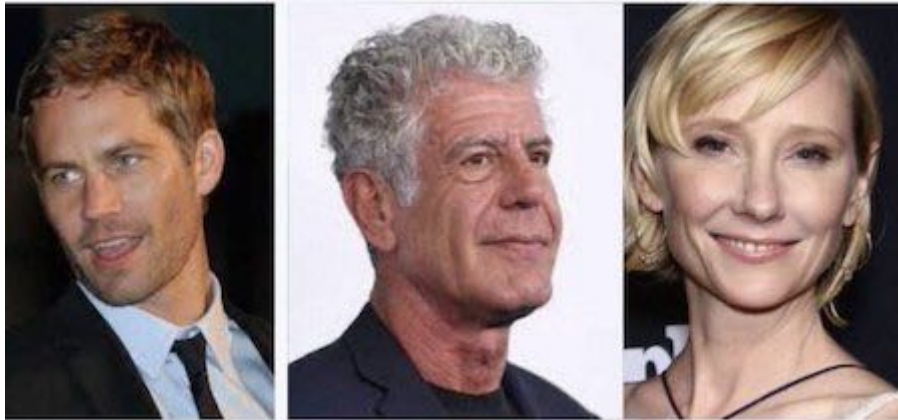
**Peter McCullough, MD MPH** @P\_McCulloughMD · 5h



Wise, BMJ, "Medical Gaslighting" new term can be applied when patients seek medical care for \ / injuries and new syndromes (CV, neuro, immune). Doctors don't know the cause, but they are certain its NOT due to the "\ /." How? Patients furious at lack of clinical ...

Halyna Hutchins' next project was a documentary about Hollywood pedophile rings when she was shot and killed on set by Alec Baldwin.

**Paul Walker, Anthony Bourdain, Anne Heche... All were working on documentaries regarding human trafficking/paedophilia.**



---

## Culture Wars

### Christopher F. Rufo - The New Ideological Regime | Ep. 3

*Understanding how the intellectual left has hijacked America's knowledge-making institutions in service of their own political power. How conservatives can use postmodern tools to dismantle left-wing ideas.*

26 minutes: <https://youtu.be/TJKLI9BBMzs>

### Leftist-Turned-Conservative Podcasters Unapologetically Question Pervading Progressive Ideologies

[https://www.theepochtimes.com/leftist-turned-conservative-podcasters-unapologetically-question-pervading-progressive-ideologies\\_4676156.html](https://www.theepochtimes.com/leftist-turned-conservative-podcasters-unapologetically-question-pervading-progressive-ideologies_4676156.html)



Joel Fischer   
@realJoelFischer

.@KathyHochul has signed a new law banning 'gendered language' for professions. Cannot say Salesman, Councilman, He/or Her--it was replaced with "they." Woke is now official in NY law.

5:32 PM · 19 Aug 22 · [Twitter for iPhone](#)

---

## Paradigm Expanding

### Donald J. Trump - The Forbidden Story - Part 2

*A tale of two Trumps, Tesla, death rays and UFO's*

<https://secularheretic.substack.com/p/donald-j-trump-part-2-the-forbidden>

### Foster Gamble with rogue physicist Nassim Hamein - Unified Field Trip

*Hamein has recently completed an epic series of papers correcting and completing Einstein's quest for an accurate UFT.*

<https://youtu.be/k3GYwKYmZtc>

### Connect All the Dots of Death and God is Revealed - Shunyamurti Teaching

*Shunyamurti connects all of the crises we are seeing as the necessary precondition for profound mass awakening*

10-minute excerpt: <https://youtu.be/ZgkPmNJ2SQ4>

### Alex Collier at the Mt. Shasta Summer Conference - July 7-10 2022

*Collier is a famous ET contactee and has much to say about what is happening on the planet now*

95 minutes: <https://youtu.be/2EmJptJtmUQ>

---

## Monday Memes





People who got 3 shots just “so they could travel” reading the new CDC guidelines





It's dangerous to believe  
anything blindly.

the science is settled

that's.... not how  
science works.

you're a racist

Q 2030:

Jane and Jamal want to buy some lab-grown apples before the 5pm curfew. The apples cost 4 digi-credits each. Jane has 12 credits but Jamal only has 3.



Jane wants to buy an apple for Jamal.  
However, Jane's account has been frozen because she criticised the government in an online post.

Do you really want this future for your children?

when you posted enough truth and just  
waiting on the staged alien invasion...

[www.usanmapa.org](http://www.usanmapa.org)



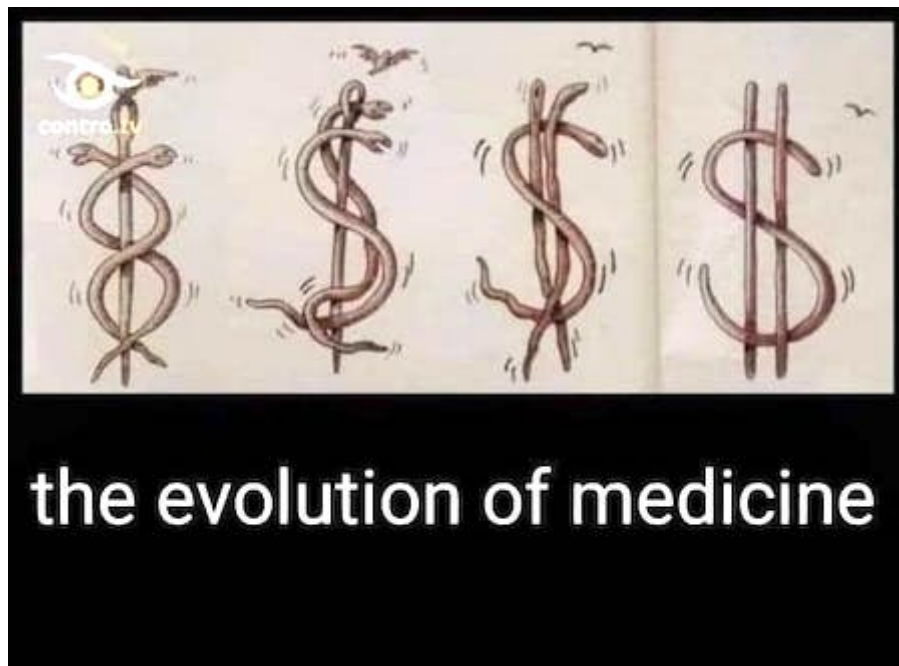
# The Booster Shirt



\*only available in Wool

May all your problems  
disappear faster than a  
Hydroxychloroquine video  
from Facebook ❤️

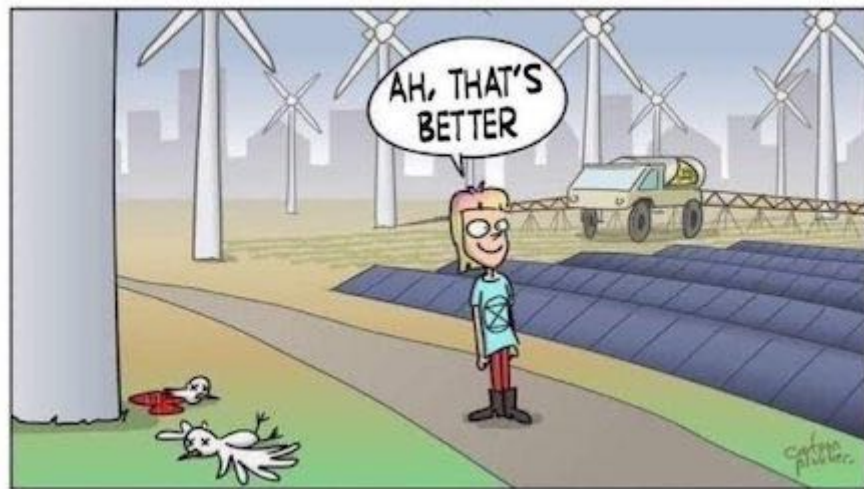






When you unleash an untested medical treatment and coerce most people to take it and then say the science changed and it doesn't matter anymore







## Harvard Med School Officially Replaces Oath 'Do No Harm' With 'Mutilate Kids For Money'

HEALTH · Aug 13, 2022 · BabylonBee.com





# PHARMA WATCHING YOU HEAL YOURSELF

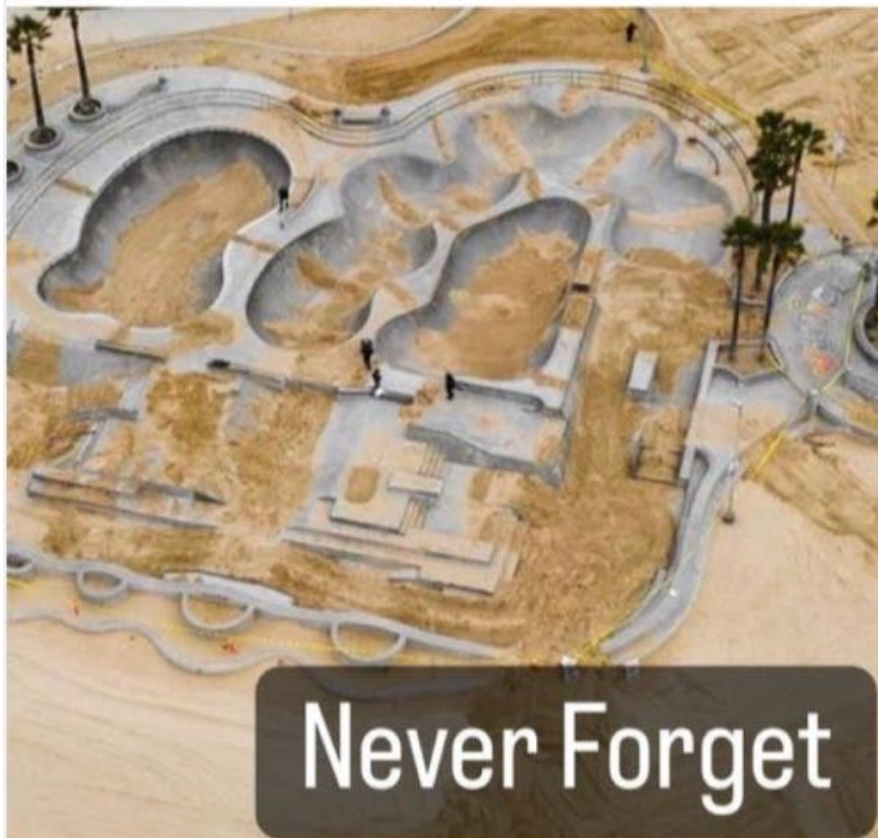




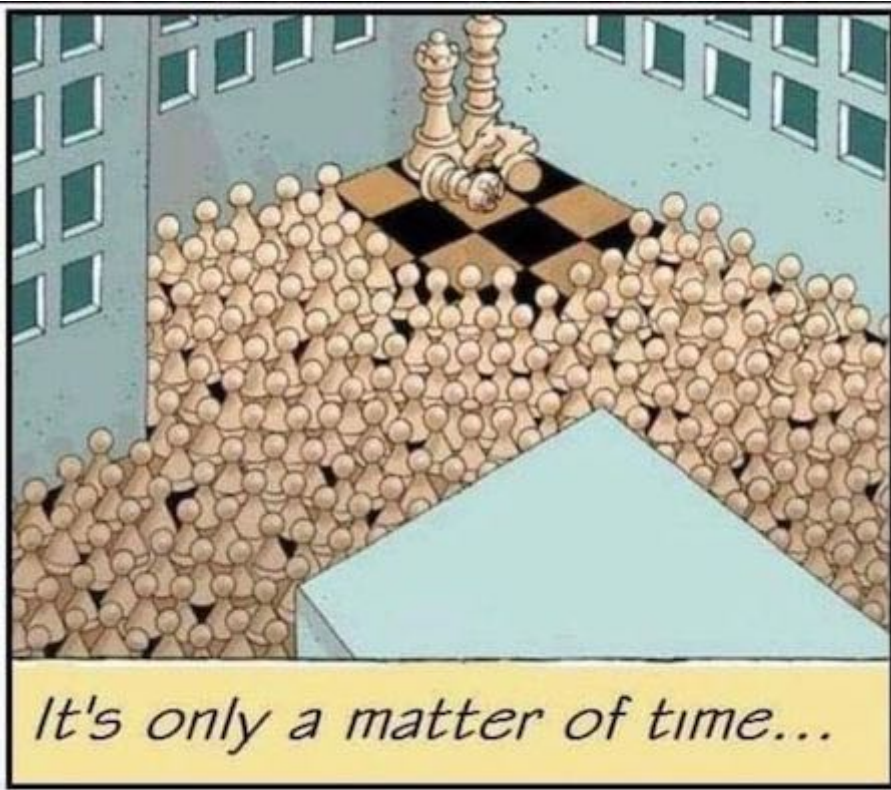
Carla Gericke  
4h · 🌐

...

But without government, who would fill the skate parks with sand to prevent kids from exercising in sunlight during an event where the only people dying were fat & Vit D deficient?







## Five Daily Reminders

1. You can not change your past
2. Others' opinions do not define your reality.
3. Positive thoughts cultivate positive actions.
4. Overthinking a problem will not solve the problem.
5. You cannot make everyone happy.

