



Newsletter - Friday July 29, 2022

Welcome to our **Friday Edition** with curated news of the day, plus **Memes** at the bottom.

Monday's zoom ([watch here](#)) focused on the **FDA's latest efforts to to end our access to Vitamins and Supplements**. Becky Montrone led the conversation on the latest efforts of Big Pharma to trample on our health rights, and discussed actions we can take:

TAKE ACTION: Petition: <https://www.npanational.org/news/controversial-durbin-braun-proposal-for-dietary-supplements-makes-its-way-into-pdufa/>

TAKE ACTION: Senate Contact List and Suggested script for calling:
<https://www.npanational.org/senator-contact-list/>

TAKE ACTION: Letter option: <https://anh-usa.org/action-center/?vsrc=%2fcampaigns%2f88223%2frespond>

Petition: Pull Us Out of the WHO!

Citizens for Free Speech - Say YES to HR7806 to WITHDRAW the United States from the UN's World Health Organization.

https://oneclickpolitics.global.ssl.fastly.net/messages/edit?promo_id=17590



Organized by Rise Up NH

To Victory!

John-Michael and the RiseUpNH team

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education & community resilience.

PLEASE DONATE TODAY to support our efforts. Thank you!

SOVEREIGNTY NOTICE:

No one is telling you what to think or believe, or even what is true. Articles and videos offered here do NOT imply any kind of imprimatur of truth or finality on the part of anyone in Rise Up NH, but are offered for consideration as partial perspectives towards gaining a fuller picture of what's so. Do your own research, suspend final conclusions in favor of continuing research, ignore what doesn't ring true for you, and always make up your own mind. Collective sense-making is a path, not a destination.



Learn Organic Farming in Barter Exchange

Fertile Fields Farm in Westmoreland continues to offer a barter exchange opportunity for anyone interested in coming to participate in farm activities (planting, hoeing, cultivating, setting up fencing, harvesting, etc) and to learn the ins and outs of a small organic farm. Join us for a home made lunch and go home with a bag of fresh produce. Contact Lori at schreierlori@aol.com.

Meet Audra Wilson

Holistic Nurse and Health Practitioner



RESTORING EDEN
— HOLISTIC HEALTH AND WELLNESS —

Restoring Eden is a Community Wellness Center for Holistic Health located in the heart of Gilsum New Hampshire. Founded by Audra Wilson, Restoring Eden focuses on whole body healing with services for all age groups.

Audra is Double Board Certified in Holistic Health, BC-Holistic Nurse Baccalaureate, and BC-Holistic Health Practitioner. She is a Member of the American Holistic Nursing Association, Sigma Theta Tau International Honor Society of Nursing (STTI), American Academy of Drugless Practitioners (AADP), Salt Therapy Association and Ozone Without Borders.

Certifications:

- Halotherapist
- Holistic and Integrative Health
- Meridian Stress Analysis (Bioenergetic Testing)
- NASM Personal Trainer
- Spirituality, Health and Healing
- Aromatouch Practitioner
- Healing, Wholeness and Prayer
- Limited Obstetric Ultrasound
- Teaching Nurse Self-Care and Sleep Hygiene
- Red Cross Certified Trainer for CPR/AED/FA

626 Route 10 Gilsum NH - 603-338-8797

RestoringEden4NaturalHealth@gmail.com

Larisa M. Trexler, RN, Certified EMF Specialist

contact info: emf@trexlah.com • 603.530.1200

sunset
EMF & HEALING

sunsetEMF.com

EMF evaluation & remediation - one of the greatest impacts on the path to restorative sleep, better energy, healing, and peace of mind.

Have a business or item you'd like to share here? Contact admin@riseupnh.org.

Events

Sat July 30 10-11:30AM Nonviolent Communication Study Group, Keene

Asking for What You Want. There are ways to ask people to change or give you something that will likely create or escalate conflict. You've probably experienced that already.

We'll go over ways to ask that might get you what you want or at the very least, not make

things worse. ***Note:** Each class stands on its own, you do not need to have attended prior classes to understand NVC or to receive value from the class.*

\$5 - \$10 sliding scale or barter

Please RSVP to Kristen Reynolds, kreynolds3000 at gmail dot com

Aug 4-7 Homesteading Skills Workshop, Farmington, Maine

Info: <http://countrylivingworkshop.com/>

Registration link:

<http://countrylivingworkshop.com/registration/>

Schedule:

<http://countrylivingworkshop.com/program/>

What to bring:

<http://countrylivingworkshop.com/what-to-bring>

August 13-21, Sheep Camp: 8 Days of Everything Sheep!

Greensboro VT

\$950

Live, in-person workshop working with milk, wool, meat, and hides.

Full info and registration: <https://catehillorchard.com/sheep-camp/>

SAVE THE DATE! Sept 24, 2022, 1-5PM: A Gathering of Monadnock Freedom Groups

Who are we? What are we seeing and wanting? How can we best work together? A grand networking opportunity.

To be held in Swanzey NH at the Village Church. Further details coming soon.

The UpBeat

Farmer's Footprint: Regeneration - The Beginning (Full Film)

The work of Dr Zach Bush

https://youtu.be/t_qx-JzcKWM

Avi Kaplan - I'm Only Getting Started (music video)

My bones don't lie they're broken, but they still got fight

I'm only getting started

You set my fire, those flames are getting higher and higher

I'm only getting started

https://youtu.be/a_mwmzIZa0E

Richard Ashcroft - They Don't Own Me (Official Music Video)

<https://youtu.be/1hV2up62i1l>

Free/Cool/Fun/Weird/Noteworthy

ICAN Obtains Crucial Pfizer Vaccine Lot, Dose, and Distribution Information

https://www.icandecide.org/ican_press/exclusive-ican-obtains-crucial-pfizer-vaccine-lot-dose-and-distribution-information/

Health Care Workers Settle COVID Shot Mandate for \$10.3 Million

Works out to \$25k/person in Illinois class action settlement against NorthShore University

HealthSystem's more than 500 current and former health care workers

<https://viralimmunologist.substack.com/p/health-care-workers-settle-covid>

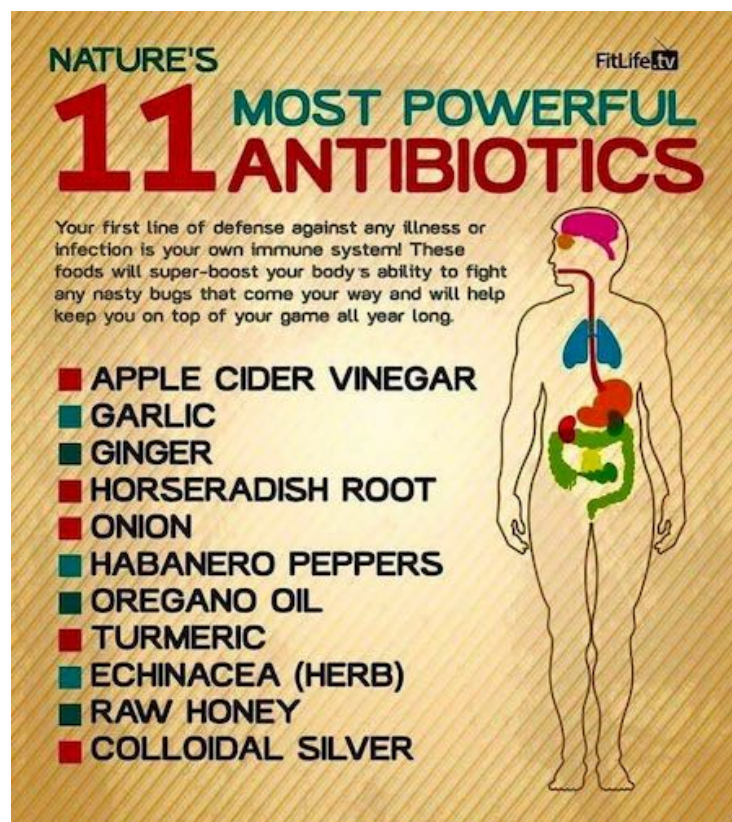
Self-Governing Off the Grid Squatters Paradise - Slab City's Story

<https://youtu.be/ILcUScfBJ4>

Americans Ask If Biden Has Body Double After Face Looks Totally Different in 2 Different Vids Posted on Same Day

Very odd -- you decide

<https://www.westernjournal.com/americans-ask-biden-body-double-face-looks-totally-different-2-different-vids-posted-day/>



Requires email signup.

<https://www.resilientprepping.com>

Justin Hart @justin_hart · 20h ...

What? What is going on? Does the press discuss this issue at all? This is... weird.

**click to watch
(transcript below)**



LEGISLATIVE AGENDA
Capitol Hill
C-SPAN
1:27 1.9M views

"We're sending stuff over to the Senate. Well, its ... most of the product that we've done is ... 'cept now what wha we may have added in the last [slur] day or so and some of what we added is Senate ... to the bill, like uh hearing. Bernie doesn't like hearing. Excuse me. Bernie loves hearing. Manchin [laugh] doesn't want hearing in the bill uhn listen. [sniff, laugh] Um, so some by send oean [?] and then we have the family medical lee [slur]. We figure if they're putting things in, then we can put something in, uh, even if Manchin doesn't like. So, um, uh ... so we are getting some ... [long pause] ... bird and privilege. I think juh, I think mostly we're getting privilege scrub cuz privilege strud [?] is deadless to a bill. Bird bull, neh. It's important. It's you have to take it out, but privilege violation can take you out. So, so we're, again, getting that as we go along, as well. But when we pass the bill, then they will see ff- see it in its aggregate and make, uh, some ... [listening to media question: "...You said you weren't going to send a messaging bill."] ... No, no wern guh [slurred] send a messaging bill but [slurring] be, uh, wanna be sure that what we send is not bertible ors ... bird bath or privilege scrub. They're the two th ... um ... [wiggling fingers during long pause] ... [laugh] exercises we're can ... in casesh [slur - laugh] bathing ex ..."

Politics, Bills, Elections, Voting & Natural Law



NH We The People's RESOLVE Initiative

The Resolve initiative is a nonpartisan write-in campaign

<https://wethepeoplenh.org/the-resolve/>

8 Valid Reasons to Ban Voting Machines

<https://wethepeoplenh.org/2022/02/19/8-valid-reasons-to-ban-voting-machines/>

Wild Swans: A Precursor to Lily Tang Williams for Congress

Tang is running for U.S. Congress in NH District 2

https://granitegrok.com/mg_monadnock/2022/07/wild-swans-a-precursor-to-lily-tang-williams-for-congress

GrokGauntlets – Well, Yet Another Establishment Candidate Blew Us Off: Matt Mowers

<https://granitegrok.com/blog/2022/07/grokgautlets-well-yet-another-establishment-candidate-blew-us-off-matt-mowers>

Whistleblowers: FBI Manipulating 'Domestic Terrorism' Data To Fit Biden Narrative

<https://www.zerohedge.com/political/whistleblowers-fbi-manipulating-domestic-terrorism-data-fit-biden-narrative>

Our Political Leaders, Are Not Leaders, and They Have Failed Us

https://granitegrok.com/mg_lakesregion/2022/07/our-political-leaders-are-not-leaders-and-they-have-failed-us



Relocalization, Sustainability & Prepping

13 Veggies You Can Plant in July and still get a harvest

<https://youtu.be/BvRrDI82e48>

I've been preserving this salad for the winter for 5 years

Preserving tomatoes, peppers, cucumbers and onions until winter

https://youtu.be/Z06-O0za_YY

Build an Automated Hydroponic System

<https://youtu.be/nyqykZK2Ev4>

Magical 28-Year-Old Permaculture Food Forest

https://youtu.be/mdi_9o92XcU

How to Secure Your Water Supply for Emergencies

Prepping 101: Even More Important Than Stocking Up on Food

<https://lionessofjudah.substack.com/p/how-to-secure-your-water-supply-for>

Top 7 Mistakes to Avoid when Harvesting Rain Water

<https://youtu.be/zxcthuHEXUY>

Zinc Bromide GEL batteries. Cheaper, greener, simpler & safer than lithium-ion!

<https://youtu.be/4QaZmoh4K7E>

Revolutionary Tulip-Inspired Wind Turbine Design

<https://youtu.be/sTebeFHCTmA>

Rebuilding Society & Culture

Most third parties have failed. Here's why ours won't (David Jolly, Christine Todd Whitman and Andrew Yang)

All efforts to challenge the UniParty are worth considering...

<https://www.washingtonpost.com/opinions/2022/07/27/forward-party-new-centrist-third/>

Charles Eisenstein: Pandemia, Part 4

How to become incorrigible (and stop Bill Gates)

<https://charleseisenstein.substack.com/p/pandemia-part-4>

EMFs

5G and electromagnetic fields

With more bandwidth, EMFs become stronger.

<https://www.propilotmag.com/5g/>

Best Air Tube Headset EMF Protection Anti Radiation Headphone


<https://techwellness.com/products/anti-radiation-emf-protection-headphone-headset>

Jab, Health & Plandemic News

Ethical Skeptic 🌞 @EthicalSkeptic · 21h

On Wk 21 someone from the Administration stepped in and pretended to be an expert (in order to get rid of undesired inference), and fouled up the entire MMWR reporting system.

...during an Emergency Use Authorization no less, wherein data is critical & system upgrade is stupid.

 **ابوجاسم** @bobokeeper1 · Jul 27

Replying to @bell00david

David-any idea why the US stopped tracking all-cause Mortality since May 15th, 2022?

Other sites, using CDC as the source, report only through week 21.

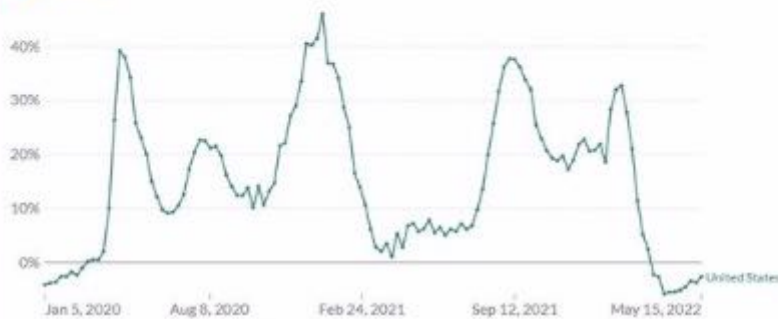
[click for larger graph](#)

Excess mortality: Deaths from all causes compared to projection based on previous years

The percentage difference between the reported number of weekly or monthly deaths in 2020-2022 and the projected number of deaths for the same period based on previous years. The reported number might not count all deaths that occurred due to incomplete coverage and delays in reporting.


Our World in Data

[Add country](#)



KBirb @birb_k · 1h

Wow - this!

 **Wouter Aukema** @waukema · 5h

(Early) Treatment Protocol for #COVID19 found at the #Ukraine's Health Ministry:

Vit. B C D3 + Zinc + #Ivermectin + Melatonin + Acetylsalicylic acid

Why are Western Medical Doctors #hunted when following #Ukraine's protocol?

@ClareCraigPath

@P_McCulloughMD

@chrismartenson

click for detail

Google Translate

Text Documents Websites

UKRAINIAN - DETECTED ENGLISH SPANISH FRENCH ENGLISH UKRAINIAN DUTCH

Протокол управління COVID-19
Профілактика

- Вітамін С 500 мг два рази на день та кверцетин 250 мг на день
- Вітамін D3 1000-4000 од / день
- Комплекс вітамінів групи В
- Цинк 30-50 мг / добу
- Мелатонін (повільне вивільнення) починати з 0,3 мг і збільшити, якщо переноситься, до 2 мг на ніч
- Івермектин для постконтактної профілактики (200 мкг / кг негайно, потім повторити на 3-й день) та профілактика у групах високого ризику (200 мкг / кг день 1, потім день 3 і потім кожні 4 тижні)

Пацієнти з легкими симптомами, які знаходяться вдома:

- Івермектин 150-200 мкг / кг на день за дві дози
- Вітамін С 500 мг два рази на день та кверцетин 250-500 мг двічі на день
- Вітамін D3 2000 - 4000 од / день
- Комплекс вітамінів групи В
- Цинк 75-100 мг / добу
- Мелатонін 6-10 мг на ніч (оптимальна доза невідома)
- Ацетилсаліцилова кислота (аспірин) 81-325мг / добу (якщо нема протипоказань)

У пацієнтів із симптомами рекомендується спостереження за допомогою домашньої пульсоксиметрії. Амбулаторна десатурація нижче 94% вимагає госпіталізації

Пацієнти з легкими симптомами (лежачі):

- Івермектин 150-200 мкг / кг на день за дві дози
- Вітамін С 500 мг перорально кожні 6 годин та кверцетин 250-500 мг два рази на день (за наявності)
- Вітамін D3 20000 - 60000 мкг разова пероральна доза. Кальцифедол 200-500 мкг є альтернативою. Потім 20000 мкг D3 (або 200 мкг кальцифедолу) щотижня до виписки з лікарні.
- Комплекс вітамінів групи В
- Цинк 75-100 мг / добу
- Мелатонін 10 мг на ніч (оптимальна доза невідома)

COVID-19 management protocol
Prevention

- Vitamin C 500 mg twice daily and quercetin 250 mg daily
- Vitamin D3 1000-4000 units / day
- Complex of vitamins of group B
- Zinc 30-50 mg/day
- Melatonin (slow release): start with 0.3 mg and increase if tolerated to 2 mg per night
- Ivermectin for post-exposure prophylaxis (200 mcg/kg immediately, then repeat on day 3) and prophylaxis in high-risk groups (200 mcg/kg day 1, then day 3 and then every 4 weeks)

Patients with mild symptoms who are at home:

- Ivermectin 150-200 mcg/kg per day in two doses
- Vitamin C 500 mg twice a day and quercetin 250-500 mg twice a day
- Vitamin D3 2000 - 4000 units / day
- Complex of vitamins of group B
- Zinc 75-100 mg/day
- Melatonin 6-10 mg per night (optimal dose unknown)
- Acetylsalicylic acid (aspirin) 81-325mg/day (if there are no contraindications)

Monitoring with home pulse oximetry is recommended in symptomatic patients.
Ambulatory desaturation below 94% requires hospitalization

Patients with mild symptoms (bedridden):

- Ivermectin 150-200 mcg/kg per day in two doses
- Vitamin C 500 mg orally every 6 hours and quercetin 250-500 mg twice daily (if available)
- Vitamin D3 20000 - 60000 mu single oral dose. Calcifediol 200-500 mcg is an alternative. Then 20,000 mcg D3 (or 200 mcg calcifediol) weekly until hospital discharge.
- Complex of vitamins of group B
- Zinc 75-100 mg/day
- Melatonin 10 mg at night (optimal dose unknown)

Senior Physician Warns: Aggressive and Unusual Cancers following Covid 'Vaccination' are on the Rise in Sweden

Dr. Kruger, who has worked in pathology for 25 years and 18 years in breast cancer diagnostics, has studied 8,000 autopsies and is now convinced of the link between vaccination and death.

Article, video: <https://rairfoundation.com/senior-physician-warns-aggressive-and-unusual-cancers-following-covid-vaccination-are-on-the-rise-in-sweden-video/>

SHOCKING: UK Government admits COVID Vaccinated Children are 4423% more likely to die of any cause & 13,633% more likely to die of COVID-19 than Unvaccinated Children

<https://expose-news.com/2022/07/27/uk-gov-vaccinated-children-increased-mortality/>

Official Documents suggest Monkeypox is a coverup for damage done to Immune System by COVID Vaccination resulting in Shingles, Autoimmune Blistering Disease & Herpes Infection

<https://expose-news.com/2022/07/26/monkeypox-coverup-covid-vaccine-immune-system-damage/>

Study shows Omicron BA.4/5 infection triggers highly cross-reactive neutralizing antibodies

<https://www.news-medical.net/news/20220720/Study-shows-Omicron-BA45-infection-triggers-highly-cross-reactive-neutralizing-antibodies.aspx>

Justin Hart: California ready to devastate its kids all over again.

38-minute audio: <https://www.callin.com/episode/california-ready-to-devastate-its-kids-all-over-PeKdMnaWsH>

Schools Rake in the Covid Monies

<https://covidreason.substack.com/p/schools-rake-in-the-covid-monies>

Non-pharmaceutical Public Health Measures For Mitigating The Risk And Impact Of Epidemic And Pandemic Influenza World Health Organization (2019)

"Active **contact tracing** is NOT recommended in general because there is no obvious rationale for it in most Member States." (p. 38)

"Home **quarantine** of exposed individuals to reduce transmission is NOT recommended because there is no obvious rationale for this measure, and there would be considerable difficulties in implementing it." (p. 47)

"The EFFECT of reactive **school closure** in reducing influenza transmission varied but was generally LIMITED." (p 50) "In such cases, the adverse effects on the community should be fully considered (e.g. family burden and economic considerations), and the timing and duration should be limited to a period that is judged to be optimal." (p. 52)

"The strength of EVIDENCE on **workplace closure** is very LOW because the identified studies are all simulation studies." (p. 54)

"The EFFECT of measures to avoid **crowding** [e.g. large meetings, religious pilgrimages, national events and transportation hub locations] alone in reducing transmission is UNCERTAIN... the quality of evidence of its effectiveness is very low." (p. 57).

"NO scientific EVIDENCE was identified for the effectiveness of **travel advice** against pandemic influenza; however, providing information to travellers is simple, feasible and acceptable." (p. 61)

Entry and exit screening of travellers [e.g., health declarations, visual inspections for symptoms and temperature checks] is "NOT recommended due to the overall ineffectiveness in reducing the introduction of infection and delaying local transmission." "Involuntary screening may have ethical or legal implications." (p. 64)

"Overall, **border closure** is NOT recommended... This is due to the very low quality of evidence, economic consequences, resource implications and ethical implications." (p. 69)

<https://t.me/abirballan1>

Dr. Robert Malone: The PANDA WHO Review (*portion of document shown above*)
And Why it Matters to You

<https://rwmalonemd.substack.com/p/the-panda-who-review>

Direct link to PANDA doc: https://www.pandata.org/wp-content/uploads/PANDA_WHO_Review.pdf

**In memory of those who "died suddenly" in the United States and worldwide, July 19-
July 25**

Actors in the US, UK, Italy, South Africa, Japan and India; musicians in the US, Canada, Puerto Rico, Colombia, Jamaica, Italy, Austria and Russia; three doctors in one town in Canada; and many more

<https://markcrispinmiller.substack.com/p/in-memory-of-those-who-died-suddenly-a7e>

What's goin' on? 50 great soul music artists have died (suddenly?) in 2022

Why is this not news, beyond one website? Why has (say) the New York Times not picked it up, to look into the CAUSE of all those deaths? We know why....

<https://markcrispinmiller.substack.com/p/whats-goin-on-50-great-soul-music>

Sen. Ron Johnson going after CDC Director Rochelle Walensky for her obfuscation and lies about her/CDC performing COVID vaccine safety data surveillance

<https://palexander.substack.com/p/senator-ron-johnson-going-after-cdc>

Biden's looming purge of 27 percent of the Army partially vaccinated against Covid will take years to recover from, threatens national security

<https://dailytorch.com/2022/07/bidens-looming-purge-of-27-percent-of-the-army-partially-vaccinated-against-covid-will-take-years-to-recover-from-threatens-national-security/>

German Hospital Federation Demands Withdrawal of Vaccination Mandate After Massive Side Effects Revealed

Even after the Ministry of Health admitted on Wednesday that 1 in every 5,000 injections given causes "serious side effects," they continue to mandate Covid "vaccinations."

<https://rairfoundation.com/german-hospital-federation-demands-withdrawal-of-vaccination-mandate-after-massive-side-effects-revealed/>

Drive-thru monkeypox vaccinations start in Westchester Co.

https://twitter.com/backtolife_2023/status/1552602076194242560

Monkeypox: State of emergency declared in San Francisco

<https://twitter.com/disclosetv/status/1552768876827615232>

33 Dead & Sick Friends Since Our Wedding Only 8 Months Ago

All 33 vaxxed. A "vaccine death & disease cluster."

<https://www.frontpagemag.com/fpm/2022/07/33-dead-sick-friends-our-wedding-only-8-months-ago-wayne-allyn-root/>

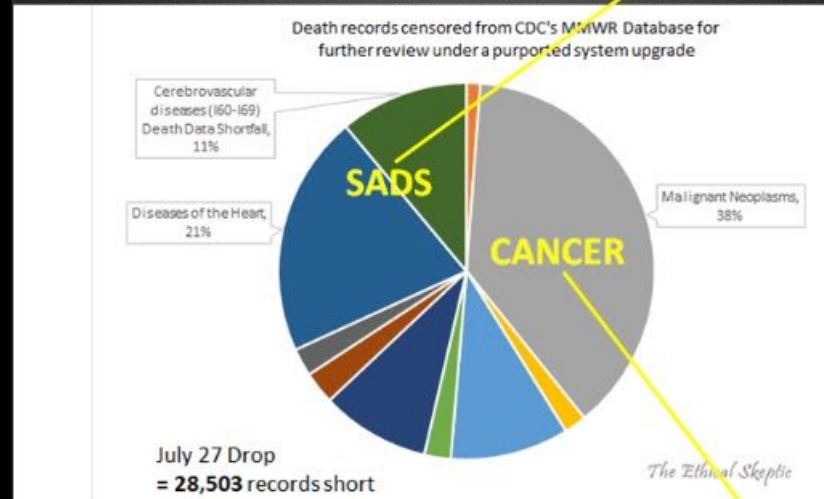
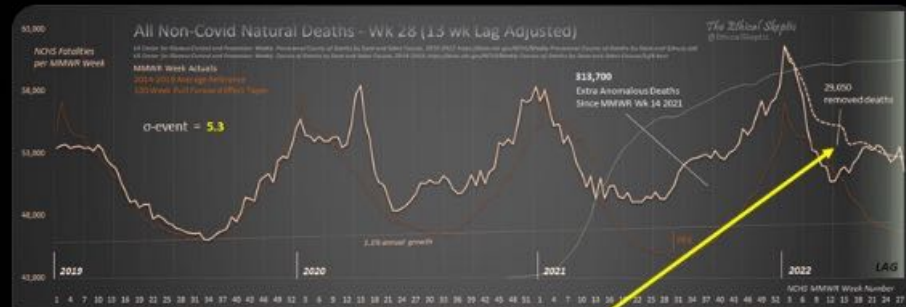


Ethical Skeptic ☀️
@EthicalSkeptic

Despite TES Tweets being impression-suppressed, this has caught some major attention and is being watched.

CDC withholding of publicly owned data has merely served to delay my summary article on this.

I would whistle-blow now, while you still have the chance.



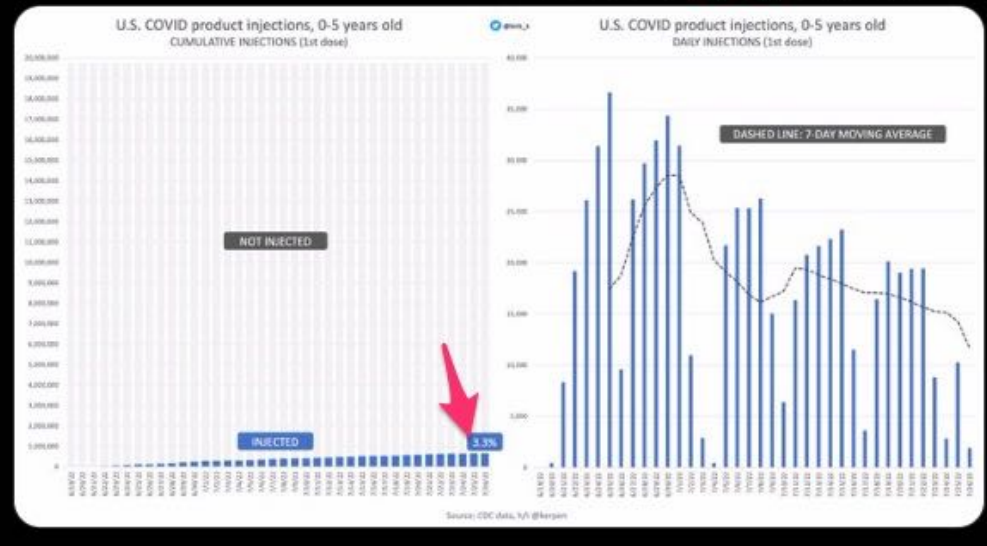


KBirb
@birb_k

Concerned parents. Youngest age group (0-5)
injections update 27 July 2022. After FDA EUA in June,
only 3.3% of the group have been injected. Peak may
have already occurred, with trend-line showing decline
after week two.

1/

[click for graph detail](#)



CRONY CAPITALISM: BIG PHARMA, COVID, AND VACCINES

SPEAKERS:

RON JOHNSON

US Senator from
Wisconsin

- Dr. Pierre Kory
- Dr. Robert Malone
- Dr. Peter McCullough

A PANEL DISCUSSION

DATE: 11:30 am
on August 3rd

LOCATION:

Van Andel Lecture Hall
at Hillsdale College,
Washington, DC

LUNCH PROVIDED



JOHNSON



KORY



MALONE



MCCULLOUGH

Seat Reservations Available: support@theamericanconservative.com



LIVESTREAM AVAILABLE ON TAC'S YOUTUBE CHANNEL

Peter McCullough, MD MPH @P_McCulloughMD · 20h

Daniel Horowitz, conservative journalist, Blaze Media, ecological analysis of case fatality ratio and population normalized data showing increased mortality in Pacific Rim even with milder Omicron once mandated products penetrated populations.



50

1,153

2,070





Paul D. Thacker

@thackerpd

...

Stanford's John Ioannidis had vaccine preprint rejected by medRxiv (too sensitive) & arXiv (we'll post after you publish!???) He then published in Nature

[nature.com/articles/s41544...](https://www.nature.com/articles/s41544-021-00154-4)

Why does science treat vaccine papers different?

@VPrasadMDMPH has the story

sensiblemed.substack.com/p/john-ioannidis

In December 2020 I wrote a paper where, based on mathematical modeling, I showed that once people started to increase their exposures again, vaccines with modest effectiveness in halting transmission would probably even lose all of their effectiveness for this outcome. medRxiv declined to post my paper as a preprint claiming it was dealing with a sensitive public health issue. arXiv also declined to post my paper as a preprint, the message I received was stunning: "Our moderators have determined that your submission is not of sufficient interest for inclusion within arXiv. The moderators have rejected your submission after examination, having determined that your article does not contain sufficient original or substantive scholarly research."

I sent an appeal and the reply was even more stunning: arXiv, a preprint server, offered to post my paper as a preprint only AFTER it had been published by a conventional peer-reviewed journal! I submitted the paper to SSRN and then it got published in npj Vaccines, the vaccines journal of Nature, several months later.



Technocracy, AI, Transhumanism, Eugenics & The Surveillance State

Dictatorship Chic

https://www.theepochtimes.com/dictatorship-chic_4625901.html

Trust Stamp integrating biometric hash solution with Mastercard on children's vaccine record system

<https://www.biometricupdate.com/202007/trust-stamp-integrating-biometric-hash-solution-with-mastercard-on-childrens-vaccine-record-system>

Horowitz: McConnell helps Dems pass \$280 billion Big Tech corporate welfare bill. Schumer betrays him in return.

Handouts for huge chip manufactures and the 5G industry

<https://www.theblaze.com/op-ed/horowitz-mcconnell-schumer-reconciliation-bill>

Transhumanism: Utopian Fantasy and Totalitarian Fact

<https://www.theorganicprepper.com/transhumanism/>

What Is the FBI Trying To Hide About Its Raid on 100s of Innocent Americans' Safe Deposit Boxes?

Federal prosecutors want to keep key details about the planning & execution of the March 2021 raid hidden

<https://reason.com/2022/07/26/what-is-the-fbi-hiding-about-its-raid-on-innocent-americans-safe-deposit-boxes/>

My Journey From MK Ultra Gov Slave To Whistleblower & Freedom Fighter | Cathy O'Brien

<https://www.youtube.com/watch?v=4JeQpY3Pglc>

The Sovereign accounts of the rich and powerful exposed

IT programmers (aka white hat hackers) hired to stress-test the Financial Reset CSRQ-SM software have exposed the exclusionary class system being implemented within it. They do not agree with it, and they have blown the whistle.

<https://oculumlabs.com/the-sovereign-accounts-of-the-rich-and-powerful-exposed/>

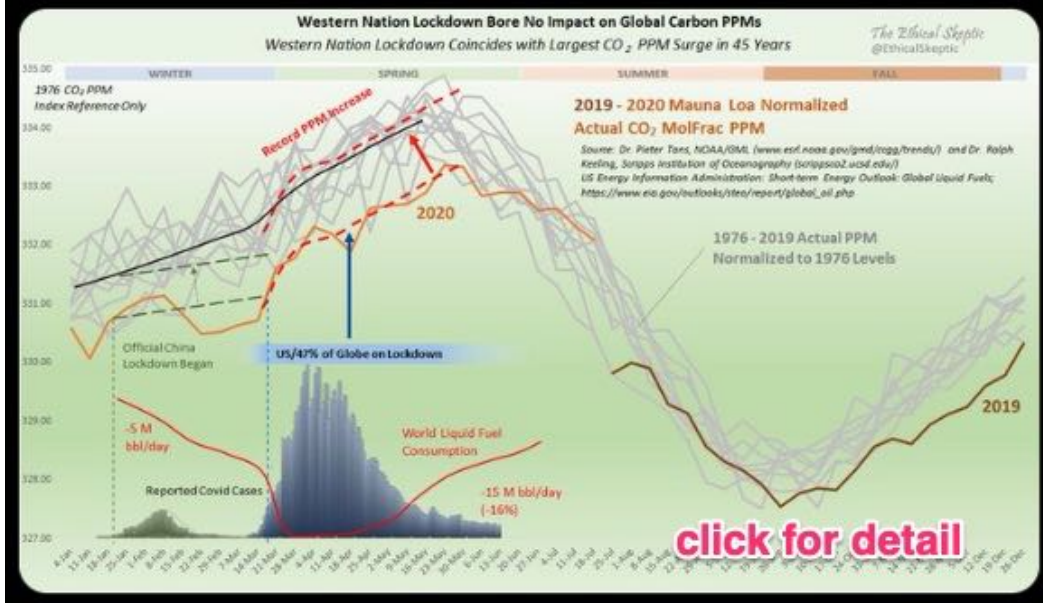


Ethical Skeptic ☀️
@EthicalSkeptic

...

When they blame climate change on YOU - remember, 47% of globe was shut down during 2020 Covid - represented mostly by the 'capitalist West' - ironically at that very same time, the Earth underwent its largest CO2 PPM increase in 45 years...

It is never really about 'science'.





Money, Food, Energy & Resources

United States is entering a recession: GDP contracted by 0.9% in Q2, the second quarter in a row.

<https://twitter.com/disclosetv/status/1552635133890633731>

Is The Fed At The End Of Its Rope?

The Federal Reserve delivered another 75 basis point interest rate hike at its July FOMC meeting. This pushes the federal funds rate over the 2% threshold to between 2.25% and 2.5%.

<https://www.zerohedge.com/markets/fed-end-its-rope>

"If The Fed Marches On, They're Creating Another Lehman Situation", Larry McDonald Warns Powell Is "Pumping A False Narrative"

<https://www.zerohedge.com/markets/if-fed-marches-theyre-creating-another-lehman-situation-larry-mcdonald-warns>

Ed Dowd on Central Banks, Global Debt & COVID

<https://rwmalonemd.substack.com/p/central-banks-global-debt-and-covid>

Food Supply Shutdown: Deer, fish, pigs euthanized; crops not planted (Ice Age Farmer)

22 minutes: <https://www.youtube.com/watch?v=oOH9RkTKLOY>



Here We Go Again: Record Container Ship Traffic Jam As Backlog Continues To Build

<https://www.zerohedge.com/markets/here-we-go-again-record-container-ship-traffic-jam-backlog-continues-build>

Bank Closings!

Barclays to close 160 branches - <https://www.which.co.uk/news/article/barclays-to-close-160-branches-in-2022-28-more-closures-announced-akhJO3I4TLk1>

HSBC to close 69 branches - <https://www.thesun.co.uk/money/17953393/hsbc-close-69-bank-branches-2022-full-list/>

Lloyds to close 66 more branches - <https://ca.finance.yahoo.com/news/lloyds-set-to-close-66-bank-branches-073416596.html>

German Cities Turn Off Hot Water And Cut Lighting At Government Buildings

<https://www.zerohedge.com/commodities/german-cities-turn-hot-water-and-cut-lighting-government-buildings>

In the Past Year, Chinese Investors Purchased \$6.1 BILLION Worth of Property in The US After Being Banned by Other Countries for Pushing Up House Prices

<https://www.thegatewaypundit.com/2022/07/past-year-chinese-investors-purchased-6-1-billion-worth-property-us-banned-countries-pushing-house-prices/>

Where Central Banks Have Issued Digital Currencies

<https://www.zerohedge.com/crypto/where-central-banks-have-issued-digital-currencies>

World's Largest Fund (Blackrock) has Trillion Dollar Losses

2 minutes: <https://youtu.be/rqzxSWbiyeA>

Ukraine, False Flags, & other Globalist-Inspired BS

Lawless tyrant Zelensky echoes Nazi fascists, issues BLACKLIST of US lawmakers and journalists while skimming BILLIONS from US taxpayers

<https://www.naturalnews.com/2022-07-27-tyrant-zelensky-echoes-nazi-fascists-issues-blacklist-of-us-lawmakers-and-journalists.html>

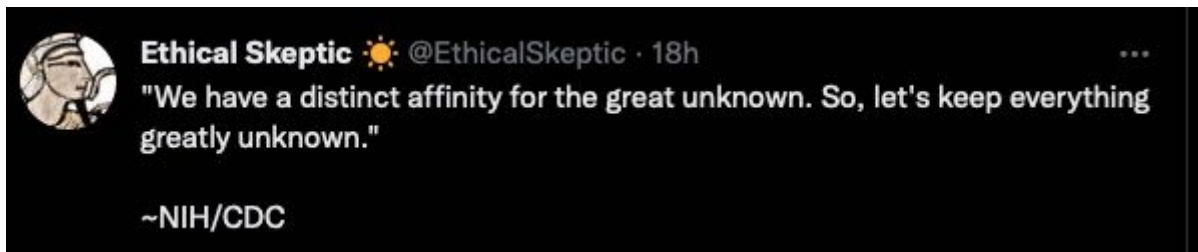
LGBTQNATO: Send Arms to Ukraine to 'Make Pride in Mariupol Possible'

<https://www.breitbart.com/europe/2022/07/24/lgbtqnato-send-arms-ukraine-make-pride-mariupol-possible/>

Kim Jong Un warns he is ready to use nuclear weapons against the US and South Korea

<https://www.dailymail.co.uk/news/article-11056601/Kim-Jong-Un-threatens-use-nukes-amid-tensions-US-South-Korea.html>

Free Speech, Censorship, Propaganda, PsyOps, Critical Thinking, & 2nd Amendment



How the CDC Coordinated With Big Tech To Censor Americans

Damning! Includes \$15M in free Facebook Ads for HHS & CDC

<https://palexander.substack.com/p/how-the-cdc-coordinated-with-big>

Former CIA Analyst Mel Goodman on the Agency's Media Manipulation

<https://rebeccastrong.substack.com/p/former-senior-cia-analyst-mel-goodman>



Justin Hart
@justin_hart



Unbelievable.



Phil Magness @PhilWMagness · Jul 28

We live in an Orwellian hell-scape. Facebook is now "fact checking" anyone who questions the White House's word-games about the definition of a recession.

[Show this thread](#)



You shared a photo.

Jul 24, 2022



Independent fact-checkers reviewed the photo and said it was partly false.

Jul 28, 2022



Facebook added a notice to the post.

Jul 28, 2022



People who repeatedly share false information might have their posts moved lower in News Feed so other people are less likely to see them.

From independent fact-checkers



PolitiFact - No, the White House didn't change the definition of "recession"

Fact-check by PolitiFact



Ron Bassilian  @Ron4California · 23h

The internet is forever, Dr Birx



ON DECEMBER 15, 2020, SHE TOLD ABC:
"THIS IS ONE OF THE MOST HIGHLY-EFFECTIVE VACCINES
WE HAVE IN OUR INFECTIOUS DISEASE ARSENAL."

HOWEVER ON JULY 22, 2022, SHE TOLD FOX:
"I KNEW THESE VACCINES WERE NOT GOING TO PROTECT AGAINST INFECTION.
AND I THINK WE OVERPLAYED THE VACCINES."

Culture Wars

Christopher F. Rufo   @realchrisrufo · Jul 28

Portland Public Schools is now injecting academic queer theory into elementary school, teaching children to subvert the sexuality of "white colonizers," acknowledge that girls can have penises, and begin experimenting with "ze/zir" pronouns and "the infinite gender spectrum."

Click to watch (3:34)



Pronouns

You can use:

she/her like "She likes cats."

he/him like "He is really good at cooking."

they/them "They are outside on the playground."

ze/zir= "Where are ze?"

Or make up your own



»OBTAINED BY CHRIS RUFO



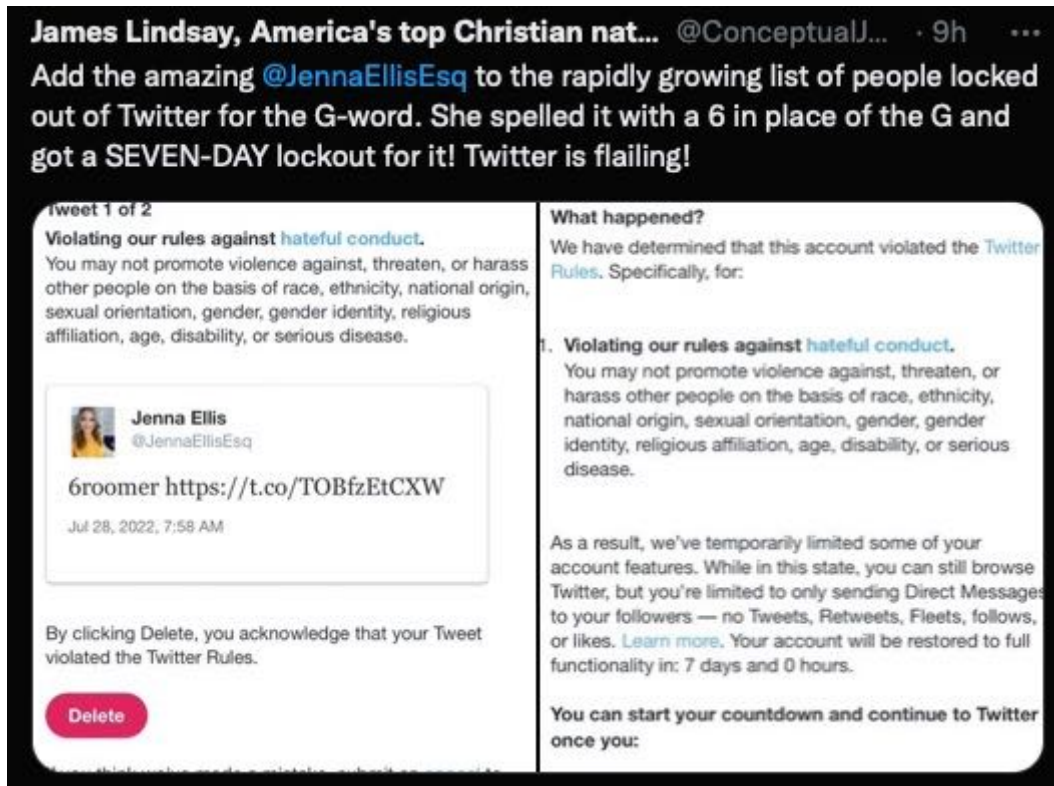
► CHRIS RUFO | MANHATTAN INSTITUTE SENIOR FELLOW

3:48 | 62.7K views

EXPOSED: PORTLAND PUBLIC SCHOOLS' REAL AGENDA



Lindsay predicted the suppression of the term "Groomer" back in March. Looks like he was right:



Paradigm Expanding

Free Your Mind from Control by the Other - Shunyamurti

Shunyamurti shares how to cultivate an energy field of peace and power and pure presence, unalloyed by any conditioned thinking, and completely open to the spontaneity of the heart

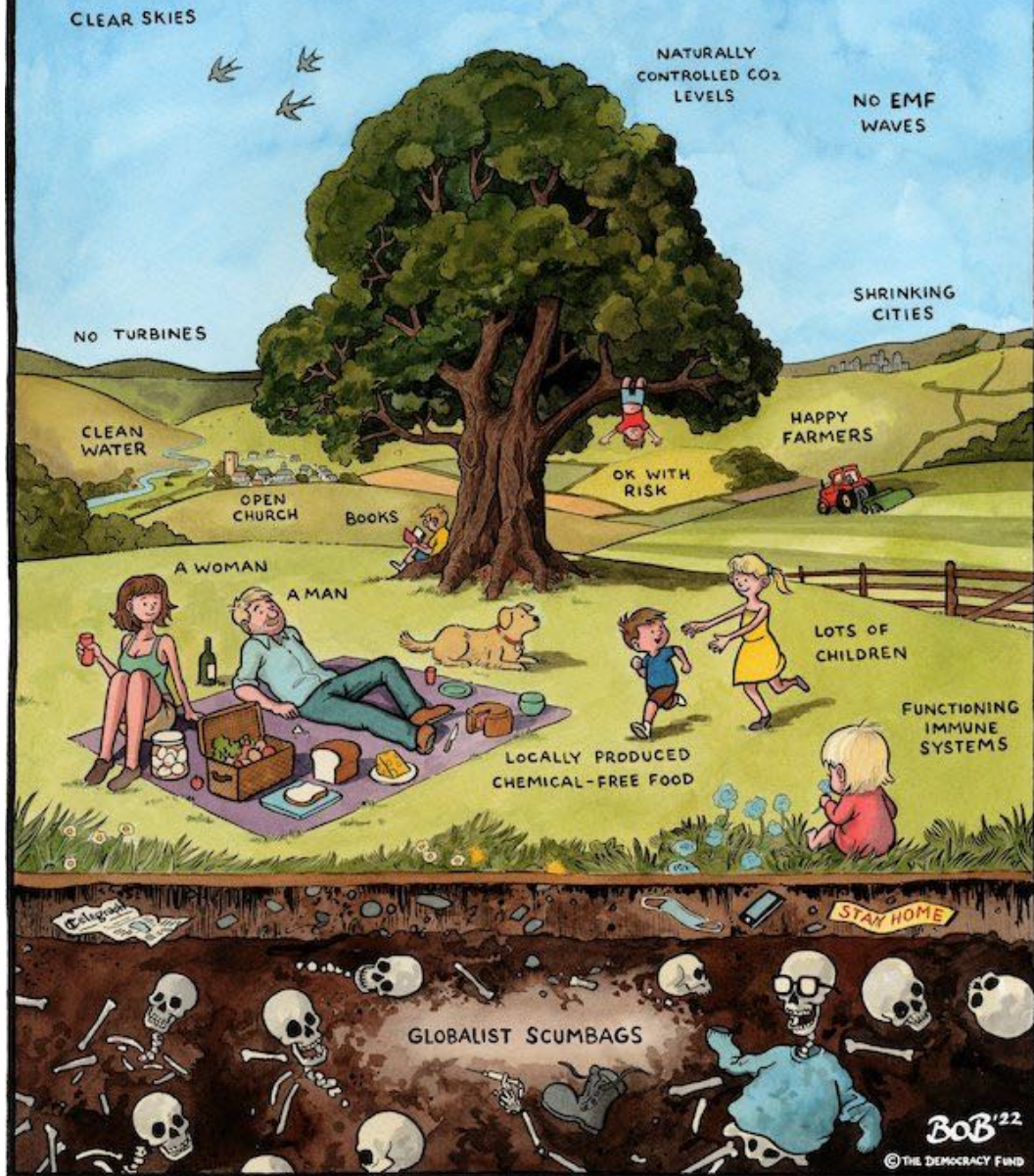
<https://youtu.be/h9JMV7Yu1yQ>

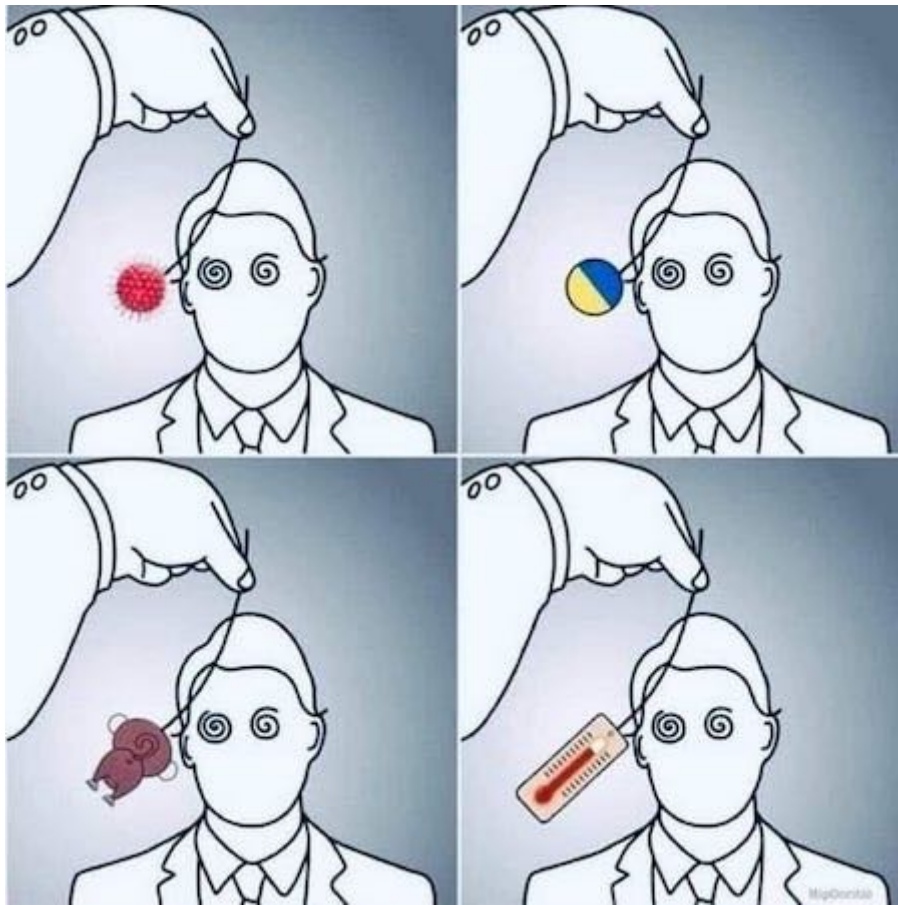
The Emergence of the Breakaway Civilization | Walter Bosley

1hr:26M - <https://youtu.be/ijA7atHnm8M>

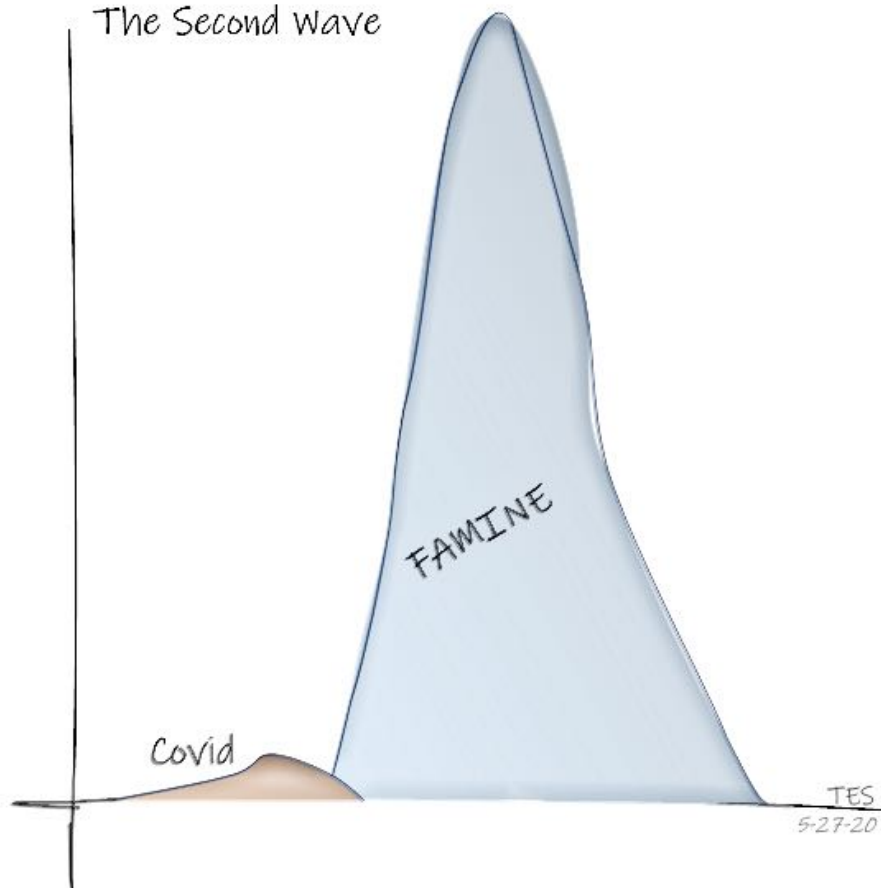
Friday Memes

THE GOOD RESET





The Second Wave



When humans try to kill you with 99.9%
bacteria killing hand sanitizer but you're
that .1% that survives...



[laughs microscopically]

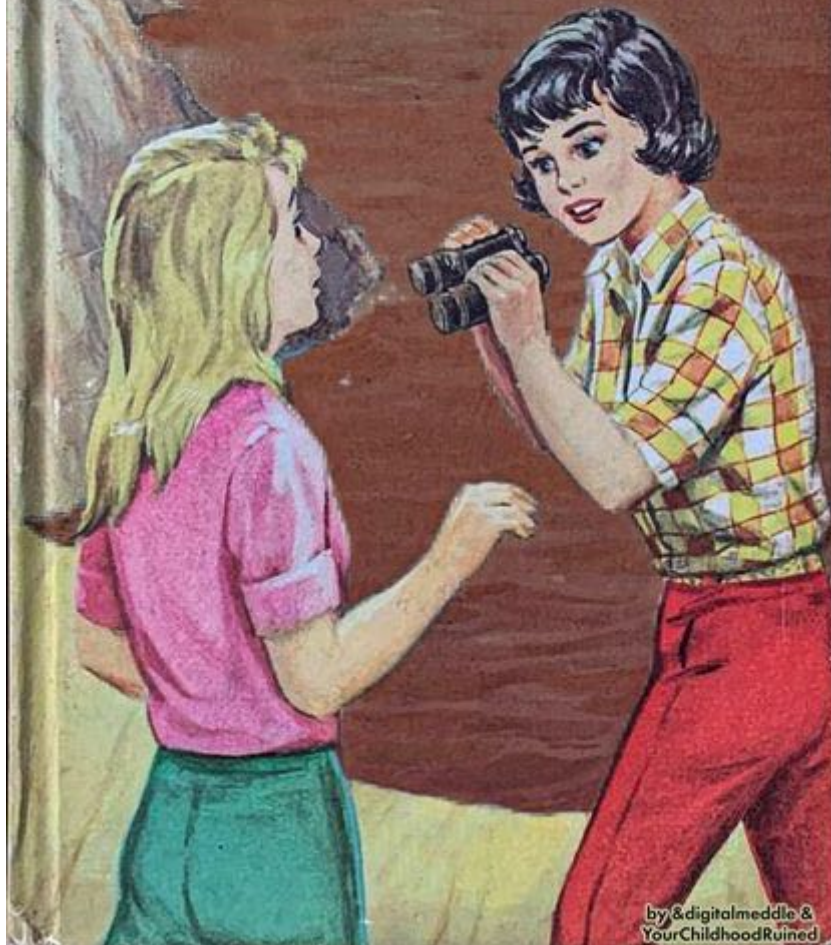




Them: Won't homeschool kids grow up to be socially awkward?
Also them:



It's a
Fucking Ocean
OF ABSOLUTE
BULLSHIT



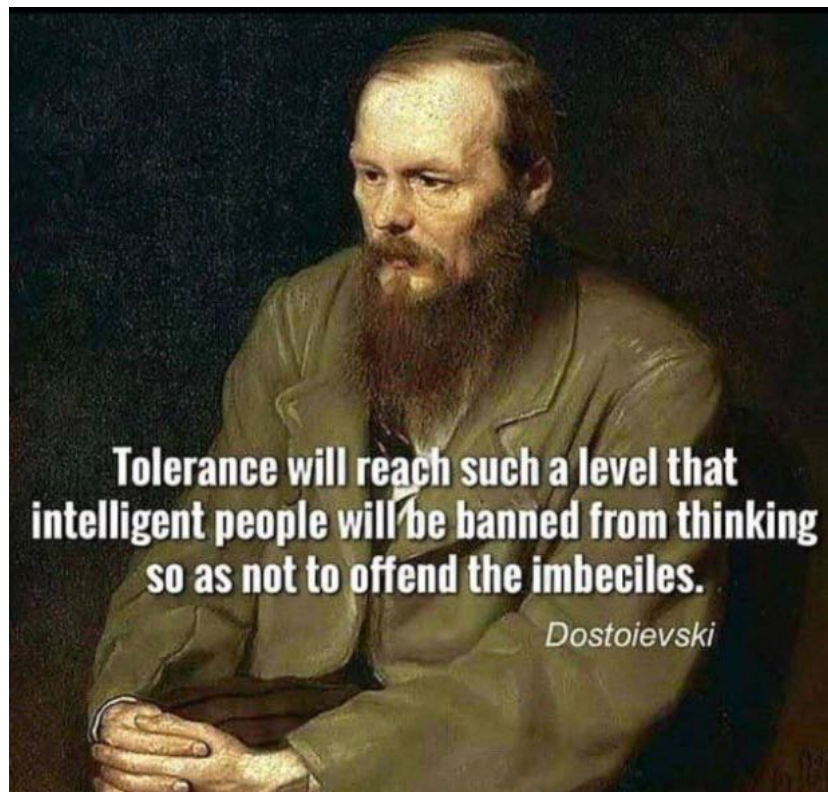
by & digitalmeddle &
YourChildhoodRuined

**IF YOU ONLY KNEW
HOW MUCH MONEY
WAS SPENT TO
BRAINWASH YOU,
YOU WOULD REALIZE
HOW SPECIAL YOU
ARE.**



when they ask why I'm
not wearing a mask





Nuremberg Code

1. Voluntary informed consent
2. Fruitful result for the good of the society
3. Prior experimentation on animals and prior knowledge of the problems
4. Avoidance of unnecessary physical or mental injury
5. Banning of known lethal or disable procedures
6. Degree of risks should exceed benefits
7. Proper preparation and proper facilities to prevent injury or death
8. Performance of experiments only by scientifically qualified persons
9. Participants may freely end the experimentation.
10. The experiments must stop if it proves too dangerous

Your mind is the
museum of your
thoughts.
*You are the
curator.*
Only hang
beautiful
thoughts in your
gallery.

Bruce van Horn

www.seizeyourvision.co.za

