



Newsletter 5/9/22

Welcome to our **Monday Edition** newsletter (with **Memes** at bottom).

Today's Zoom will feature **Larisa Trexler**, whom you will recognize from Health Freedom NH, discussing **EMFs**. She'll cover some of the science of how this radiation harms us and what can be done to protect us from this cellular damage. Larisa is a Registered Nurse that has come full circle from a career in the trenches of allopathic medicine to traditional and holistic health ideals and questioning all things conventional. She is a Certified Wellness Coach and a Certified EMF Specialist. She resides in Stoddard NH with her husband and children.

See her website: <http://www.sunsetemf.com>.

Click for 1PM Zoom

URGENT: Please sign FDA Supplement Petition

Senator Durbin's (D-IL) supplement regulation threatening 41,000 supplements is moving forward, and on multiple fronts. We must respond immediately. Urgent Action Alert!

<https://anh-usa.org/supplement-bombshell-coming/>

Upward and Onward!

John-Michael and the RiseUpNH team

*Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. We are a diverse non-partisan group focused on education and community building. **PLEASE DONATE TODAY** to support our efforts.*

Always remember: no one is telling you what to think or believe, or even what is true. Do your own research, consider multiple perspectives, suspend final conclusions in favor of continuing research, and always make up your own mind. Collective sense-making is a path, not a destination.



Fundraiser for Peggy Schauffler

Peggy Schauffler is the owner and manager of Country Life Restaurant in Keene which serves the community in many ways, not the least of which is cooking delicious, nutritious, vegan food made with love. Peggy has provided a supportive welcoming place for many to gather and share support, camaraderie, music, health education, gardening events and nourishment during difficult times of the past 2 years and beyond. Peggy receives no compensation but offers her work as a service and gesture of love to the community.

At this time Peggy is needing our support. She is attempting to heal cataracts in both eyes with natural remedies which often works for most health issues but so far she hasn't seen results. Her left eye is mostly blind. Her daily tasks are greatly compromised. Her insurance only covers a small portion of the surgery for each eye. \$3000 is needed to cover the uninsured costs for the surgery for the eye that is currently blind. Your support will go a long way towards restoring Peggy's eyesight and providing some normalcy to her life. Thank you for whatever you can give. Here is the link to the fundraiser:

<https://www.givesendgo.com/G311F>.

Learn Organic Farming in Barter Exchange

Fertile Fields Farm in Westmoreland is offering a barter exchange opportunity for a person interested in coming one day a week from approx 9:30 am to 3:30 pm to participate in farm activities (planting, hoeing, cultivating, setting up fencing, harvesting, etc) and to learn the ins and outs of a small organic farm. Join us for a home made lunch and go home with a bag of fresh produce. Starting approx early May. Contact Lori at schreierlori@aol.com

Larisa M. Trexler, RN, Certified EMF Specialist

contact info: emf@trexlah.com • 603.530.1200



sunsetEMF.com

EMF evaluation & remediation - one of the greatest impacts on the path to restorative sleep, better energy, healing, and peace of mind.

Have an item you'd like to share here? Contact admin@riseupnh.org.

The UpBeat

Get Out of the Way - It's Being Done For You - Kyle Cease

<https://youtu.be/XGsvZFw8lxI>

Charles Eisenstein: A Puncture in the Bubble of Separation

Exploring the themes of sacred economics and the living earth, ecology and right livelihood, what we are grateful for, what is breaking our heart, and the consciousness of love.

<https://accidentalgoods.life/thrutopia-bonus-10th-anniversary-of-sacred-economics/>

Bills, Elections and Voting

Andrew Manuse and RebuildNH - Congratulations, we are rebuilding NH!

Grassroots Activism Brings 15 Liberty Bills to The Governor's Desk

<https://rebuildnh.com/pr-rebuilding-new-hampshire/>

The Resolve Initiative

The NH Resolve initiative is a **nonpartisan write-in campaign** that is gaining traction extremely quickly. The point of this innovative idea is to assemble voters and create an ideal lineup of candidates for the 2022 election cycle; from the Governor, to the Executive Council,

to the Senate, and even the County Sheriffs. Leveraging off all the existing resources but uniquely outside the current campaign framework lending itself to an increased inventory of great legislators versus the typical bought-and-paid-for Pay-to-Play politicians.

<https://wethepeoplenh.org/the-resolve/>

<https://rumble.com/v131yc9-the-resolve-initiative.html>

In case you missed it: those interested in **voting integrity in NH** will appreciate **Deborah Sumner's report** on recent bills and their implications. You can read or download it [here](#).

EMFs

NH for Safe Technology is offering a series webinars for how to use technology safely!

There are two dates and times to choose from. We hope you can join us! Please share with others. If you cannot attend, please register and we can send you the video after the event.

INFORM. EMPOWER. PROTECT.

May 10th (6-7pm) registration link:

<https://us02web.zoom.us/j/7ZloduypgDsuHdfcuXBbLQ3Gr7K9O...>

May 24th (noon-1pm) registration link: <https://us02web.zoom.us/j/7ZMod...>

One of the flyers below is for signing up with a link that you can forward to others and another is a flyer you can print out with an email address others can use to register. **Download flyers here:** <https://riseupnh.org/wp-content/uploads/2022/05/NH-4-Safe-Tech-May-2022-flyers.pdf>

Free Resources

I Came to Give - Project Thrive 21

We are restoring these five key principles as the foundation of local communities around the world. This will empower their families to thrive during a period of rapid and profound change.

Website and **free book/audiobook:** <https://thrive21.org>

FREE 8-part docu-series "Propaganda EXPOSED"

<https://Propaganda-Exposed.com/Shurka/>

177 Years of Medical Experimentation - Free 59-page eBook

<https://177report.info/>

Free Audiobook: Mikki Willis - Pl@ndemic: Fear is the Virus. Truth is the Cure

<https://plandemicaudiobook.com> (just released)

Jab and Plandemic News

7PM Tonight: Exclusive Interview With Dr. Reiner Fuellmich + More on CHD.TV

<https://live.childrenshealthdefense.org/chdtv-exclusive-crimes-against-humanity-dr-reiner-fuellmich-in-depth-interview>

Sudden Rise of Children with Liver Damage Were Breastfed By Vaccinated Mothers

<https://www.investmentwatchblog.com/sudden-rise-of-unvaccinated-children-with-liver-damage-were-breastfed-by-fully-vaccinated-mothers/>

Confidential Pfizer Docs. reveal 90% of Covid Vaccinated Pregnant Women lost their Baby; but Pfizer claimed: “No safety signals emerged”

<https://dailyexpose.uk/2022/05/09/confidential-pfizer-docs-90percent-pregnancies-miscarried/>

Official U.S. Government data suggests Fully Vaccinated Americans are developing Acquired Immunodeficiency Syndrome

<https://dailyexpose.uk/2022/05/08/usa-gov-data-fully-vaccinated-have-a-id-s/>

CDC Investigating ‘Highly Vaccinated’ Carnival Cruise Ship

https://news.ntd.com/cdc-investigating-highly-vaccinated-carnival-cruise-ship_776679.html

Pilots Injured by COVID Vaccines Speak Out: ‘I Will Probably Never Fly Again’

<https://childrenshealthdefense.org/defender/pilots-injured-covid-vaccines-speak/>

FDA Limits Use of J&J Vaccine Over Blood Clotting Disorder, But Experts Say Pfizer, Moderna Shots Pose Similar Risk

<https://childrenshealthdefense.org/defender/fda-limits-j-j-vaccine-blood-clotting-disorder/>

Denmark’s Pandemic of the Vaccinated

3-minute audio newsclip: <https://dailyexpose.uk/2022/05/09/denmarks-pandemic-of-the-vaccinated/>

Geert Vanden Bossche: VSS Scientific Updates During Pandemic Times #19

On mask compliance and effects, vaccine reactions, variants and more

<https://voiceforscienceandsolidarity.substack.com/p/vss-scientific-updates-during-pandemic-afe>

Vaccine Harms Roundup

A roundup of the latest theories on the mechanisms of jab injury.

<https://www.coffeeandcovid.com/p/-vaccine-harms-roundup->

Proof of Statistical Sieves in VE Data, Part 2: ONS Data

The Vaccine Wars Part XXXVII: UK's Office for National Statistics (ONS) data suggests miscategorization of COVID-19 deaths to give false impression of COVAX efficacy

<https://roundingtheearth.substack.com/p/proof-of-statistical-sieves-in-ve>

On medical gaslighting: Why doctors can't, and won't, see injuries resulting from their "care"

<https://amidwesterndoctor.substack.com/p/why-do-doctors-close-their-eyes-to>

Preventing Bill Gates from Preventing the Next Pandemic

A book review.

<https://www.eugyppius.com/p/we-must-find-a-way-to-prevent-bill?>

Dismissing Reality

Deriding Mass Formation and Dismissing its Influence During a Global Crisis – is a Verification of the Phenomenon

<https://rwmalonemd.substack.com/p/dismissing-reality>

Virus Vs Terrain Wars: "SARS-CoV-2": Bailey, Cowan, Kaufman respond to Cole, McCullough and Malone

<https://odysee.com/Iconic-Interview:efca0e053acaaec716be61cd94358050c5a91533>

James Corbett: How to Control Your Soul's Desire for Freedom

So thank you once again, comrade! We couldn't do it without you.

<https://corbettreport.substack.com/p/how-to-control-your-souls-desire?s=r>

Money & Resources

Watch Bill Gates Attempt to Sell His GERM Team and GERM Games to The World

GERM team will monitor sovereign nations and decide when they need to suspend people's civil liberties, force them to wear masks and close borders.

<https://dailyexpose.uk/2022/05/08/watch-bill-gates-attempting-to-sell-his-germs/>

Yellen Vows Next Bailout to come "As Quickly As Possible"

In other words, keep doing what has not worked.

https://www.youtube.com/watch?v=_kPsIR2ukCo



A Monetary Reset Where the Rich Don't Own Everything

We have a serious debt problem, but solutions such as the World Economic Forum's "Great Reset" are not the future we want. It's time to think outside the box for some new solutions.

<https://www.globalresearch.ca/monetary-reset-where-rich-dont-own-everything/5779689>

What Happens When Complexity Unravels?

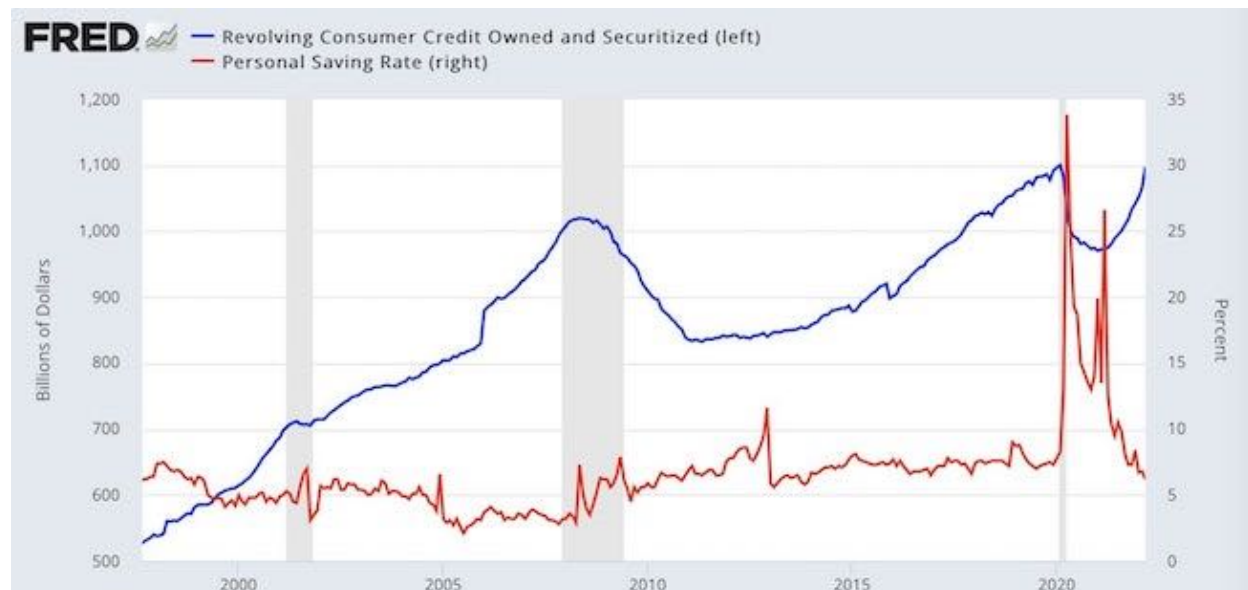
Why critical systems will be hollowed out and cease functioning.

<https://www.oftwominds.com/blogmay22/complexity5-22.html>

Savings Rate Plummets while Debt Soars

All the helicopter money dropped on the nation has quickly disappeared. Personal saving rates (in red) are quickly falling back to recession levels.

<https://nakedemperor.substack.com/p/a-picture-is-worth-a-thousand-words-273>



Ukraine & Other Globalist Shenanigans

CJ Hopkins: The Rise of the New Normal Reich

Current examples of GloboCap going totalitarian

<https://cjhopkins.substack.com/p/the-rise-of-the-new-normal-reich>

Money for Weapons as the Planet Burns

As world's military spending surpasses \$2 trillion mark, Vijay Prashad reflects on the social wealth being wasted in the name of defending U.S. hegemony.

<https://consortiumnews.com/2022/05/09/money-for-weapons-as-the-planet-burns/>

Podcast: It's Time to Change the Climate Conversation, Author Tells RFK, Jr.

Charles Eisenstein talks with Robert F. Kennedy, Jr. about the limits of focusing on carbon emission reduction as a measure of ecological health.

<https://childrenshealthdefense.org/defender/change-climate-conversation-rfk-jr-podcast/>

The Globalist Psychopaths Pushing the Climate Change Scam Believe That the Real Enemy Is Humanity Itself

<https://dailyexpose.uk/2022/05/06/globalist-psycopaths-pushing-climate-scam/>

Free Speech & Critical Thinking

"Selfish": The King of Covid Epithets

<https://brownstone.org/articles/selfish-the-king-of-covid-epithets/>

No Such Thing as Dissent in the Age of Big Tech (podcast/transcript)

Robert Scheer interviews Joe Lauria about the quashing of non-mainstream coverage of Ukraine by companies such as PayPal, YouTube and Facebook.

<https://consortiumnews.com/2022/05/06/listen-no-such-thing-as-dissent-in-the-age-of-big-tech/>

In case you missed this (click to watch - about 1 minute):

Scott Morefield ✓ @SKMorefield · 11h

This short clip from @RandPaul is the most important minute & fifteen seconds you'll watch this year, maybe this century. If a majority understood this, we could begin to fix what's gone horribly wrong in this country. Bravo.



Culture Wars

From Court Packing to Leaking to Doxing: White House Yields to a National Rage Addiction

<https://jonathanturley.org/2022/05/09/from-court-packing-to-leaking-to-doxing-white-house-yields-to-a-national-rage-addiction/>

Alabama Governor Kay Ivey signs new law outlawing childhood puberty blockers

<https://www.foxnews.com/us/alabama-law-criminalizing-gender-transition-surgery-drugs-for-minors-takes-effect>

Elon Musk Exposes the Censorship Establishment; Abortionists Launch Campaign of Rage

https://www.theepochtimes.com/elon-musk-exposes-the-censorship-establishment-abortionists-launch-campaign-of-rage_4451398.html

Have You Drunk Your Diet Woke™ Today?

<https://solluckman.substack.com/p/have-you-drunk-your-diet-woke-today>

**Identity politics is the
weaponization of victim
consciousness; on the scale of
self-empowering ideas, it slots
in somewhere between
suicide and crystal meth.**

Sol Luckman www.Snooze2Awaken.com

Paradigm Expanding

Understanding Operation Blue Beam - Michal Jaco and Jason Shurka

<https://youtu.be/rSktkBuyjbc>

Related: What is Project Blue Beam?

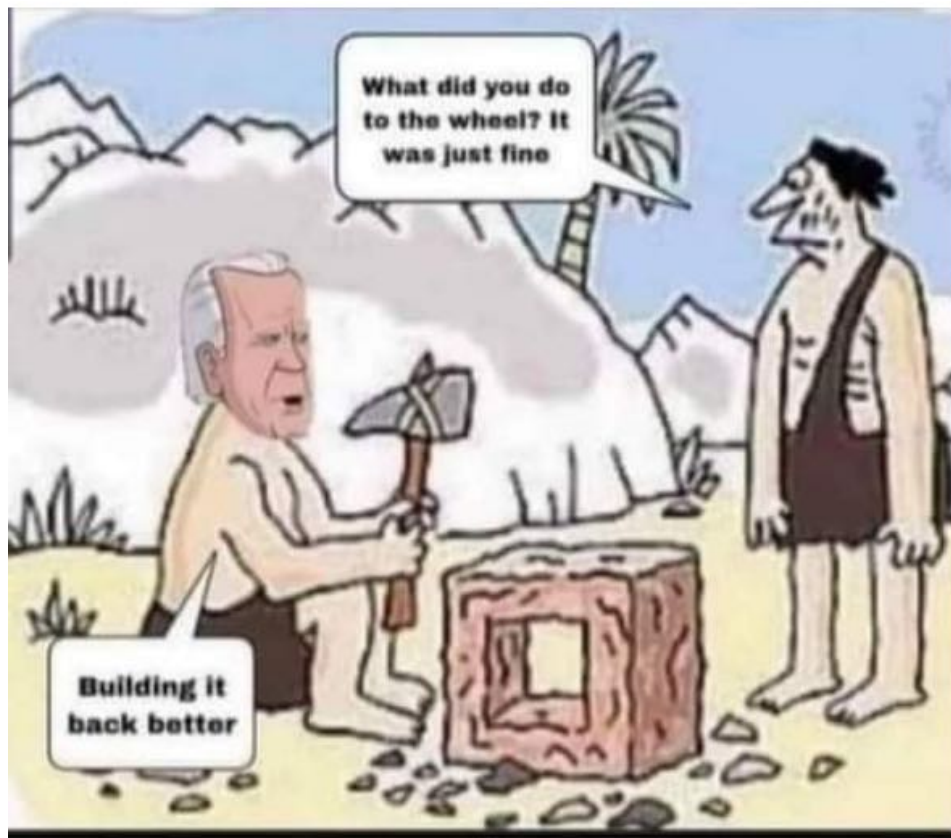
<https://exposingmedicaltyranny.wordpress.com/2021/09/17/1608/>

Monday Memes

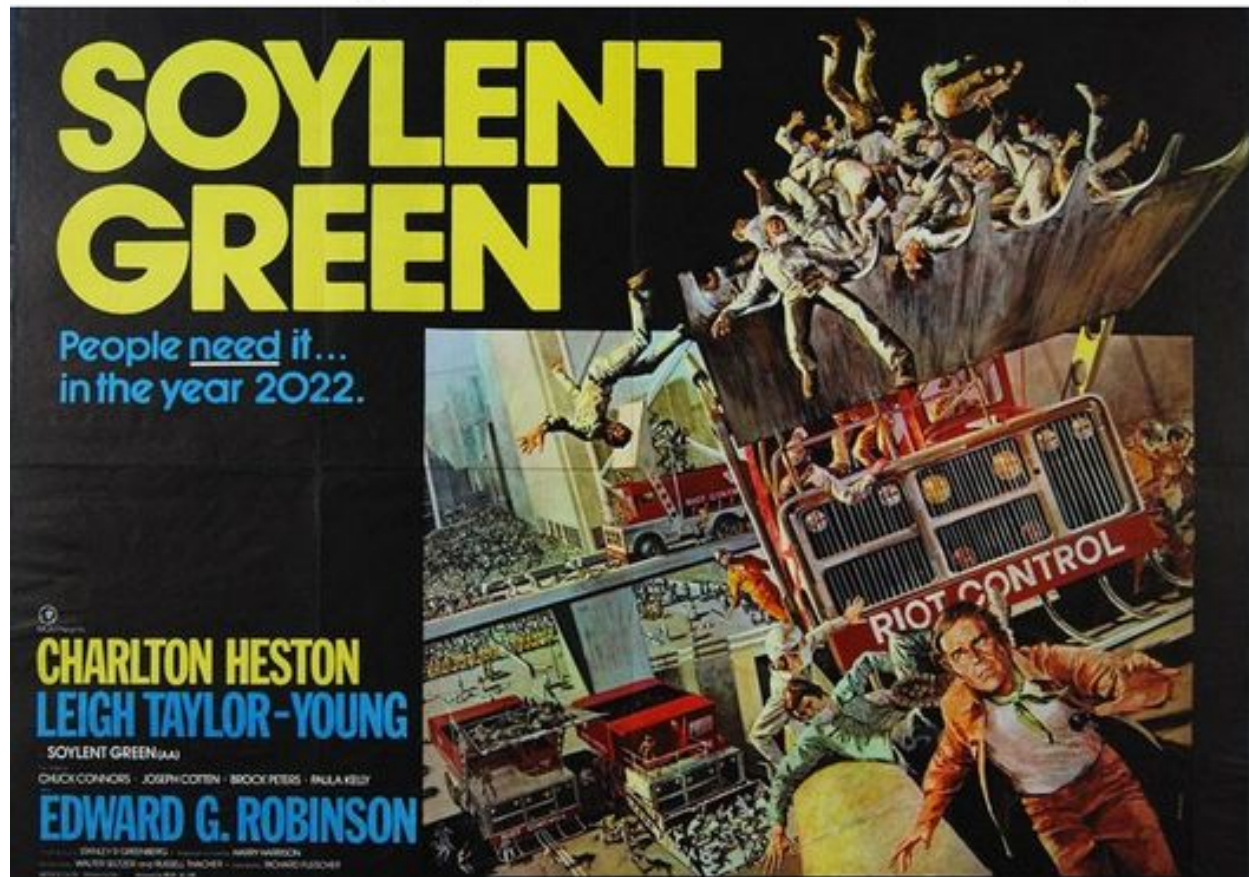
Every. Single. Day..







remember in the Soylent Green movie where it's 2022 and due to supply shortages only the rich eat actual food while the rest eat synthetic factory junk, and there's food riots because they ran out of everyone's favorite factory junk, haha science fiction is crazy



WHAT DO THESE CODES MEAN?

Ionizing Irradiation

Electronically Pasteurized

PLU codes that start with a 3: **#3xxxx**

Conventionally Grown

Sprayed with pesticides

PLU codes that start with a 4: **#4xxx**

Precut Produce

Fruits & vegetables

PLU codes that start with a 6: **#6xxx**

GMO & GE

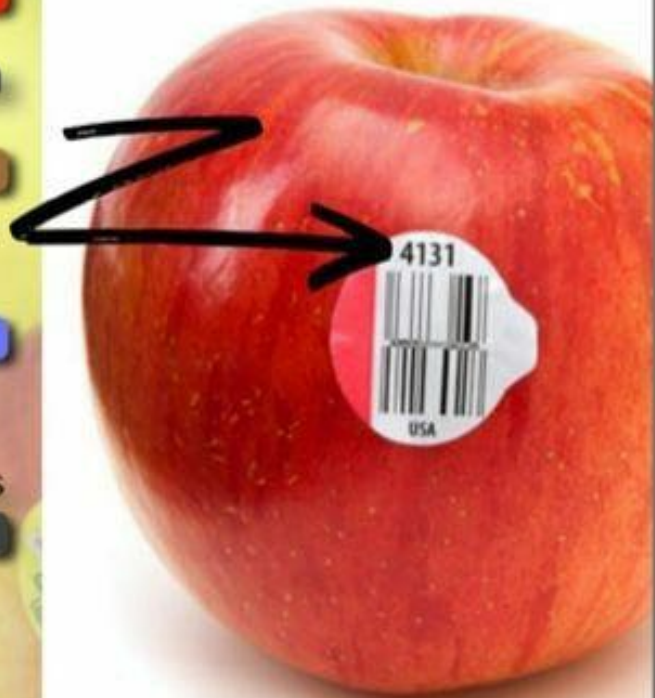
Genetically Modified Organisms

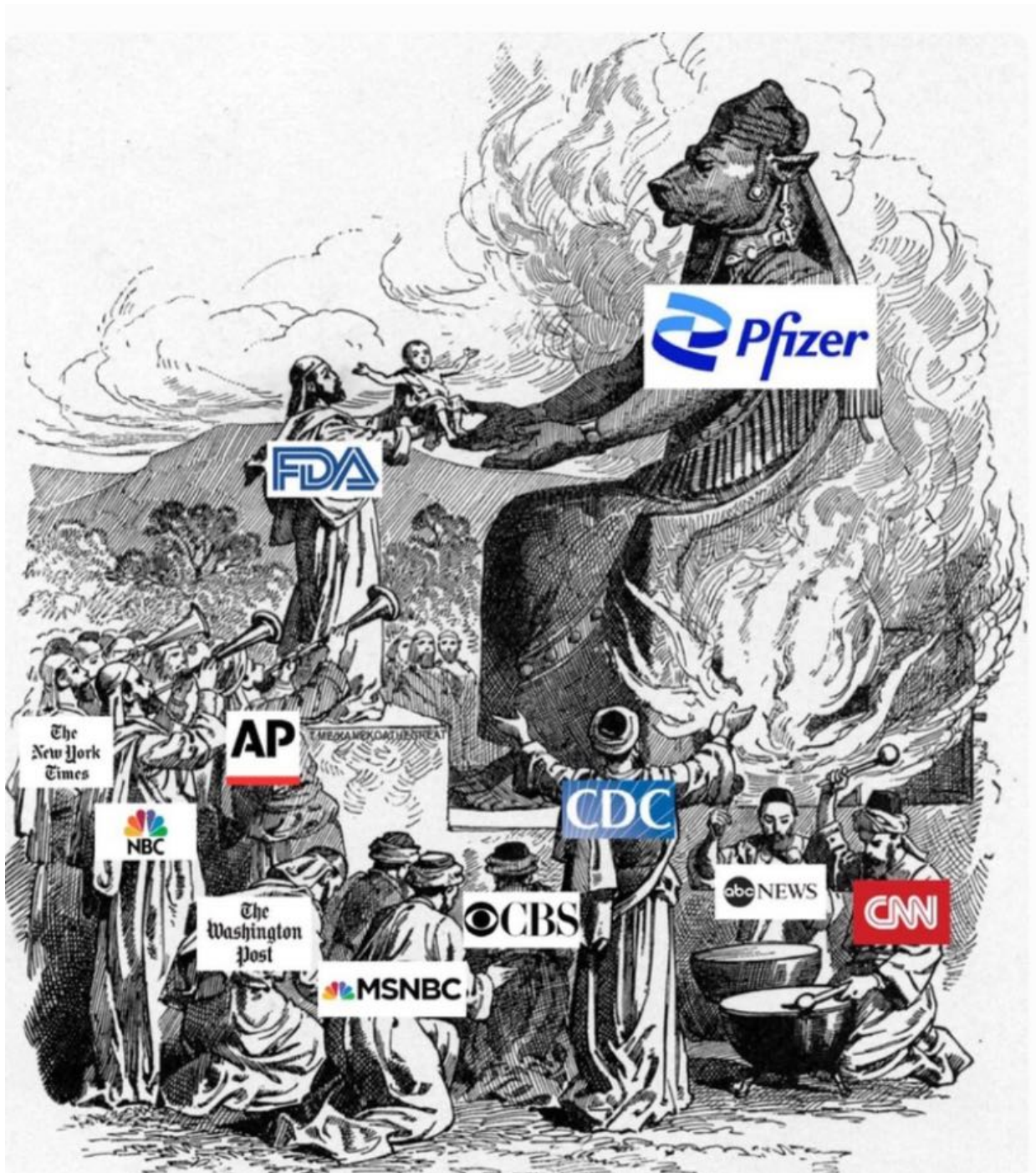
PLU codes that start with a 8: **#8xxxxx**

Organic

Limits the use of synthetic materials during production

PLU codes that start with a 9: **#9xxxxx**





**We all place ourselves in danger
to one degree or another when
we stand up. However, we place
our children and grandchildren in
even greater danger when we
don't.**

