



Newsletter 4/25/22

Welcome to our Monday Edition newsletter with this week's legislative activism priorities, a news roundup (with more on the food supply destruction agenda), two EMF-5G webinars (tonight and tomorrow), and more. Positive Takes are up first, just below the Community Bulletin Board. Monday Memes as always wrap up the newsletter at bottom.

Over your morning coffee you might enjoy starting with **Becky Montrone Dissects Vaccine Outcomes after Year of Jabs**, from her radio show this past Saturday:

<https://wbbkradio.com/podcasts/wondrous-roots-with-becky-montrone-4-23-22/>

Join us for Today's Zoom with Raelle Kaia

Today's Zoom session will feature Kristen Reynolds interviewing Raelle Kaia, a friend of hers from Portland OR. They will be discussing Raelle's latest article, ***The Moral Reckoning - Covid Amnesia and the Call of Conscience*** - <https://raellekaia.substack.com/p/the-moral-reckoning>.

Raelle is an author (see her [excellent Substack blog](#)), healer, musician (hear [her music here](#)), and psychotherapist. She is also a writer and teacher of psychology, spirituality, and philosophy. A primary focus of her work is to question the spiritual roots of humankind's destructive assault on the world and the self; and to present an alternative intainment of deep connection by which to guide our lives. She holds a JD from University of Idaho, a Master's in Clinical Mental Health Counseling from Southern Oregon University, and is a certified Reiki Master.

Click for 1PM Zoom

Upward and Onward!

John-Michael and the RiseUpNH team

Rise Up NH and VCAL and projects of the Collaborative Communities Coalition, a 501(c)(3) nonprofit. [Please donate to help keep us going.](#)

Always remember: no one is telling you what to think or believe, or even what is true. Do your own research, consider multiple perspectives, suspend final conclusions, and make up your own mind. Collective sense-making is a path, not a destination.



Learn Organic Farming in Barter Exchange

Fertile Fields Farm in Westmoreland is offering a barter exchange opportunity for a person interested in coming one day a week from approx 9:30 am to 3:30 pm to participate in farm activities (planting, hoeing, cultivating, setting up fencing, harvesting, etc) and to learn the ins and outs of a small organic farm. Join us for a home made lunch and go home with a bag of fresh produce. Starting approx early May. Contact Lori at schreierlori@aol.com

Looking for Solstice Meeting Site with Bonfire

Rise Up NH would like to host a social convening around a bonfire in the Monadnock region, to accommodate up to 75 people, near the June solstice. Please contact admin@riseupnh.org if you know of a site. Thank you.

Larisa M. Trexler, RN, Certified EMF Specialist

contact info: emf@trexlah.com • 603.530.1200



sunsetEMF.com

EMF evaluation & remediation - one of the greatest impacts on the path to restorative sleep, better energy, healing, and peace of mind.

Have an item you'd like to share here? Contact admin@riseupnh.org.

EVENTS



**NEW HAMPSHIRE
COMMITTEE OF SAFETY**

**STATE ASSEMBLY
WILL TAKE PLACE ON**

Friday, April 29, 2022

from 7 pm to 9:30 pm
at the

Lake Sunapee Baptist Church
314 Sunapee Street
Newport, NH 03773
SULLIVAN COUNTY

COS Hatchet Hurl

MAY 1, 2022

12 PM TO 9PM

Proceeds to benefit NHCOS

AXE PLAY

Raffles

**Bring
Everyone**

142 Lowell Road Unit 19

Hudson, NH 03051

603-809-9081

\$25 per hour per person

If you don't know your rights, you don't have any



Join our efforts



WWW.COSNH.COM



Stay in touch Text 74121

CODE: COSNH

Positive Takes

Fourth Phase Water and Sunshine Are Good for Your Heart

The ability of water to hold energy allows it to structure itself in a different way – that's not solid, liquid or gas.

<https://dailyexpose.uk/2022/04/24/fourth-phase-water-and-sunshine-healthy-heart/>

Dr. Mercola with Dr. Jason Sonners - Hyperbaric Oxygen Therapy: Speeds Up Wound Healing, but Also a Natural COVID Antidote?

<https://www.bitchute.com/video/McVwrnXEMZhx/>

Regenerative Farms and Healthy Soil Grow Healthier Food

<https://www.washington.edu/news/2022/02/24/farms-following-soil-friendly-practices-grow-healthier-food-study-suggests/>

April 26 1PM EST: Free Trauma-Informed Leadership Presentation with Thomas Hübl

Exploring the nature of individual, ancestral and collective trauma, and demystifying "normal" aspects of our work and life that are actually trauma symptoms.

<https://charterforcompassion.org/trauma-informed-leadership-course>

Charles Eisenstein: Reinventing Progress - Moving Beyond Technocracy (20-minute audio)

Sovereignty is an inside job

<https://charleseisenstein.substack.com/p/audio-version-of-reinventing-progress>

5G-EMF News & Events

Tonight 7 p.m. Eastern - Zoom

Pittsfield, MA Verizon Cease and Desist Order Expert Forum 3

Please join us via Zoom for an update with Courtney Gilardi on the Pittsfield Board of Health's issuance of an Emergency Order to Verizon to address the cell tower that made 17 children and adults sick, and the pollinators disappear!

Courtney's guests include:

- Frank Clegg, retired President of Microsoft Canada and Co-founder of Canadians for Safe Technology
- Dr. Lisa Nagy, environmental medicine specialist and Massachusetts Medical Society Delegate
- Jonathan Mirin, founder of Hilltown Health and Producer of Canary in a Gold Mine
- Cece Doucette, Director of Massachusetts for Safe Technology

[REGISTER HERE.](#)

Tuesday, 6 - 7:30 p.m. Eastern

Greater Boston Functional Medicine Virtual Spring Meeting: Biological Health Risks of Electromagnetic Fields & Wireless Radiation

Dr. Cindy Russell, Director of Physicians for Safe Technology, and Cece Doucette are honored to present medical facts and public policy insights to health care professionals. Please share with your health care teams, this will be a good introduction for all to the wireless radiation issue.

[REGISTER HERE \(FREE\)](#)

LEGISLATIVE ACTIVISM

From RebuildNH (watch/listen to overview by Rep. Melissa Blasek [here](#))

Priorities for the week of April 24th

1. [Sen. Jeb Bradley](#) wants to kill [HB 1210](#), the ONLY bill that helps protect employee rights to exemption from vaccine mandates this year. Sen. Bradley cares more about woke business agendas than individual liberty. We understand you've already filled up his voicemail, so please **text Jeb Bradley directly on his personal cell phone: 603-387-2365** and explain that he works for the People of New Hampshire, not the lobbyists, and the People demand a law to protect our right to bodily autonomy. Here's some other talking points:
 1. HB1210 is the ONLY bill that helps protect employee rights to exemption from vaccine mandates.
 2. We need to eliminate the inquisition that many employees were put through in order to gain religious exemptions.
 3. Individual rights trump the desires of corporations and lobbyists.
2. Add [HB 1022](#) to the list of bills Sen. Bradley is opposing. Don't let his powerful, big-money influence destroy this no-brainer bill that would make ivermectin an over-the-counter medicine in New Hampshire. We know it's not a profit maker for the industry, but we also know that it is good, and we believe that government exists to promote the general welfare. This bill falls into that category. It's important that this safe and effective medication is available to all New Hampshire residents to help fight inflammation and viral infections. **Text Bradley to support HB 1022: 603-387-2365.**
3. [HB 1131](#), our bill to prohibit mandatory masks at schools, has an Ought to Pass with Amendment (OTP-A) recommendation on the Senate calendar and will receive a vote of the Senate this week on Thursday. We think it would help if you could come and hold signs outside the State House in the morning as the Senators head in to their session, which is taking place on Thursday, April 28, starting at 10 a.m. We know it's school vacation week, so moms, dads and children coming out around 9 a.m. to the State House to support this important parental rights issue would go a long way. While you're at it, tell the Senators to support the other two efforts this week.

Senate Session: Thursday, April 28

There is a bit of celebration in order this week: Your activism works! Because we have held the Senate's activities up to the light of day, they have honored their side of the deal on [HB](#)

[275](#) and are ready to pass this State of Emergency reform bill unanimously on the consent calendar, and then it's on to the governor's desk. This is the result of two years of significant effort, and has been one of the top priorities of this organization. Thank you!

In other good news, the Senate is ready to pass [HB 1466](#), relative to the off-label use of prescription drugs and relative to pharmacy prescriptions, on the consent calendar. This bill would protect doctors from disciplinary action for prescribing approved, off-label medication, such as Ivermectin. However, the bill is not limited to the ivermectin issue and would extend to any instance where a doctor believes a prescription might be useful in treating a condition that it might not be directly designed for. Celebrate the Legislature's recognition that the doctor-patient relationship for managing care ought to be private and free.

The Senate will be meeting to vote on the following bills at 10 a.m. on Thursday, April 28. We'd love it if you could come out to stand in front of the State House starting at 9 a.m. to support our medical freedom efforts this week.

Oppose Interim Study, Support OTP—[HB 1268](#), limiting the authority for city council bylaws and ordinances. This bill changes the enabling statute that allows cities and towns to pass "any" ordinance to only allow cities and towns to pass those bylaws and ordinances that the Legislature has empowered them to make. This law is the way New Hampshire has always operated until the pandemic, when various cities and towns abused their authority and passed several unlawful public health laws; for example, ordinances that forced citizens to wear masks. Citizens should not have to consult a law book when they cross town lines, and this bill would ensure they are protected by uniform laws across the state. Please ask the Senate to oppose Interim Study for this bill and advance a motion to pass this bill into law, instead.

Support OTP—[HB 1099](#), prohibiting the department of health and human services from requiring vaccine passports for services. While this bill could be broader to prohibit discriminatory vaccine passports across the board, it is a start to prohibit the State from getting involved in promoting them.

Support OTP-A—[HB 1131](#), relative to facial covering policies for schools. This bill prohibits public schools from creating policies that force students or members of the public to wear masks.

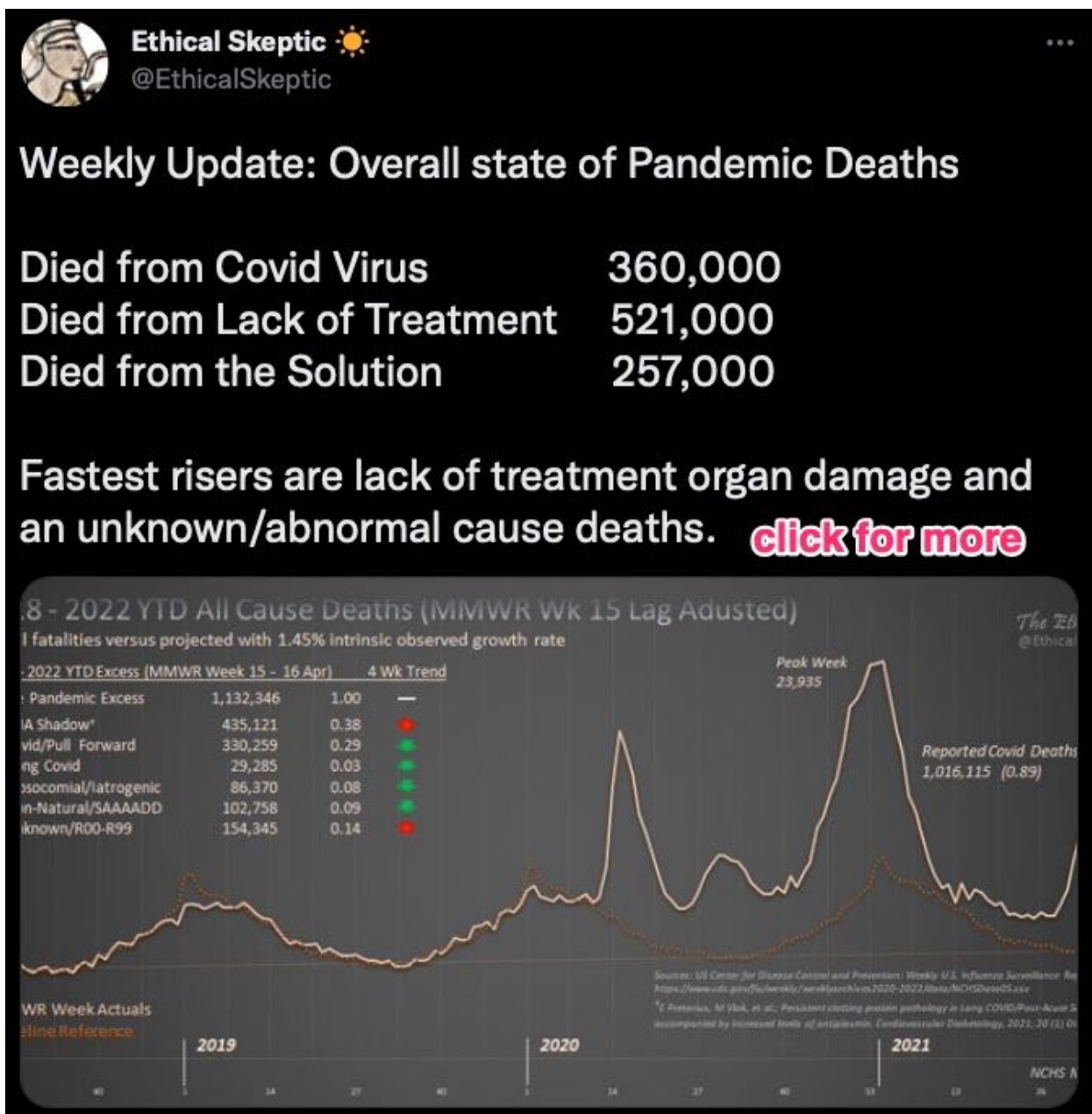
Support OTP-A—[HB 1606](#), making the state vaccine registry an opt-in program. This bill

would require the state to receive permission from citizens before entering their private medical information into the state's vaccine registry, which complies with Part 1, Article 2B of the State Constitution.

Support OTP-A—[HB 1431](#), establishing the parental bill of rights. With masking at schools against parents wishes, the overactivity of DHHS, recently in the case of JR Hoell, and other state encroachment into parental rights in other examples too numerous to cite, it is high time that the People's Legislature create legal barriers to this state encroachment.

Please contact the whole Senate and ask them to support all of the above bills!

Contact info: <http://www.gencourt.state.nh.us>



Jab and Plandemic News

NH Senate passes bill that could empower hospitals to arrest family members who argue with doctors

<https://www.theblaze.com/op-ed/horowitz-nh-senate-passes-bill-that-could-empower-hospitals-to-arrest-family-members-who-argue-with-doctors>

Attorney Fojo Podcast Episode #26 - Nurse Terese Grinnell from We The People NH

<https://rumble.com/v10yw03-podcast-episode-26-terese-grinnell-from-we-the-people-nh.html>

Say NO to WHO Pandemic "Treaty"

Sign now: <https://standforhealthfreedom.com/action/who/>

Woke->Broke: Rhode Island Lawmakers Propose Doubling Taxes for Parents of Unvaccinated Children

<https://childrenshealthdefense.org/defender/rhode-island-monthly-fines-taxes-unvaxxed/>

Agents of "SHIELD": The Illinois government's plan to export medical tyranny nationwide and how to stop it

FOIA request reveals Total Surveillance and Control program

<https://standforhealthfreedom.com/federal/this-is-your-warning/>

Covid-19 Deaths are rising across Canada and the Fully Vaccinated account for 4 in every 5 of them

<https://dailyexpose.uk/2022/04/22/4-in-every-5-covid-deaths-canada-fully-vaccinated/>

UK: Official Government reports prove the Fully Vaccinated have been suffering Antibody- Dependent Enhancement since the turn of the year

<https://dailyexpose.uk/2022/04/24/gov-report-fully-vaccinated-suffering-ade-since-new-year/>

Some cases of long COVID-19 may be caused by an abnormally suppressed immune system.

<https://medicalxpress.com/news/2022-04-cases-covid-abnormally-suppressed-immune.html>

BIOFASCISM 2.0: The Proposed WHO Pandemic Treaty

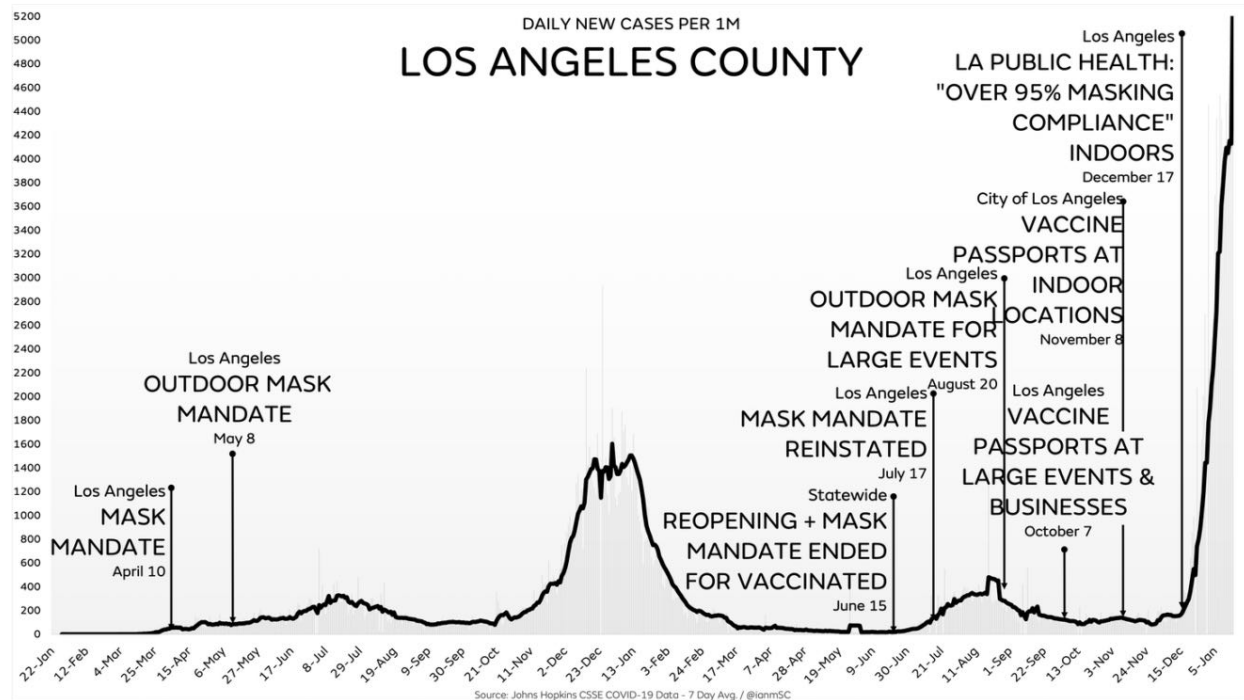
If another "pandemic" can result in more power for the power-hungry, there will likely be another "pandemic."

<https://tessa.substack.com/p/who-pandemic-treaty?s=r>

Philadelphia and Los Angeles Are the Future of Masking

Two of the nation's dumbest cities show how rolling mandates will look

<https://ianmsc.substack.com/p/philadelphia-and-los-angeles-are>



World Economic Forum a Failing Criminal Organization – Clif High with Greg Hunter (article and video podcast)

Also: 2022 election, hyperinflation, the death of the dollar, a new currency, huge cancer increases caused by the CV19 vax, Russia's plan in Ukraine, gold, silver, Bitcoin and more

<https://usawatchdog.com/world-economic-forum-a-failing-criminal-organization-clif-high/>

Chinese Politics Influenced WHO Report on COVID Origins, Emails Reveal

An early World Health Organization report about the COVID-19 pandemic was influenced by political considerations in China, emails obtained through the Freedom of Information Act show.

<https://childrenshealthdefense.org/defender/chinese-politics-influenced-who-report-covid-origins-emails/>

The death throes of the 'Public Health expert'

A fraudulent profession has been exposed to the world.

<https://dossier.substack.com/p/the-death-throes-of-the-public-health>

Shocks to the System

None of these shocks can be postponed anymore. The Left's war on America's psyche is over....

<https://kunstler.com/clusterfuck-nation/shocks-to-the-system/>

Money/Food/Economic News

Jon Rappoport: Open letter to FBI, NYT, WaPo: ongoing destruction of food processing plants across America

<https://blog.nomorefakenews.com/2022/04/25/ongoing-destruction-of-food-processing-plants-across-america/>

Destruction of Food Begins in Shanghai with Fences Installed to Keep People Locked Down

PCR tests are being used on poultry and fish in markets as tons of fresh vegetables are destroyed in Shanghai, China.

<https://healthimpactnews.com/2022/destruction-of-food-begins-in-shanghai-with-fences-installed-to-keep-people-locked-down/>

California Governor Gavin Newsom Is Creating a Water, Energy, and Food Disaster

<https://healthimpactnews.com/2022/california-governor-gavin-newsom-is-creating-a-water-energy-and-food-disaster/>

High Inflation Rates Will Continue in 2022

Monetary policy is primarily responsible for the current inflation

<https://www.aier.org/article/yes-the-high-inflation-rates-will-continue-in-2022/>

‘Stain on Democracy’: 25 Richest People in U.S. Paid True Tax Rate of Just 3.4% from 2014-18

<https://childrenshealthdefense.org/defender/stain-democracy-25-richest-people-true-tax-rate/>

Ukraine & Other Globalist Happenings

The US stoked the Ukraine war—and will soon pay dearly for it

Two must-watch videos on the likely consequences of this new disaster

Thierry Meyssan on Ukraine, and the West's collusion with its Nazi elements:

<https://www.bitchute.com/video/Kdn4IEOwTcYY/>

Scott Ritter, Max Blumenthal and Alistair Crooke on the consequences of this war for all the world:

<https://www.youtube.com/watch?v=vrMJoRDfRFI>

U.S. Media Are Lying About Russian Atrocities in Mariupol, Says Embedded Reporter at Ground Zero

<https://covertactionmagazine.com/2022/04/23/u-s-media-are-lying-about-russian-atrocities-in-mariupol-says-embedded-reporter-at-ground-zero/>

EU says pay for Russian gas in euros to avoid breaching sanctions

<https://www.reuters.com/business/energy/eu-says-gas-payments-may-be-possible-under-russian-roubles-proposal-without-2022-04-22/>

Macron Won – One Giant Step toward World War III

There was NO POSSIBLE WAY that the EU would have allowed Le Pen to win for she would have upset the EU and gone against this madness of creating a war with Russia

<https://www.armstrongeconomics.com/international-news/politics/macron-won-one-giant-step-toward-world-war-iii/>



Miscellaneous News

Hacking Democracy New Hampshire (video)

Election shenanigans in NH

<https://rumble.com/v114rzo-hacking-democracy-new-hampshire.html>

Censor The Internet Act: EU Agrees To Expand Online Censorship With 'Digital Services Act'

Hillary and Barack are at it again

<https://www.blacklistednews.com/article/82409/censor-the-internet-act-eu-agrees-to-expand-online-censorship-with-digital-services.html>

Twitter bows to the inevitable

Twitter board forced to consider Musk's offer

<https://alexberenson.substack.com/p/twitter-bows-to-the-inevitable/>

Viruses don't cause cancer ? | Virology Series

In medical training, the idea that viruses can cause cancer is taught as fact. Unfortunately, that claim is devoid of historical context, biological plausibility, as well as confirmatory evidence.

<https://www.remnantmd.com/2-do-viruses-cause-cancer-virology-series/>

Dr. Mercola: How to Fight Transhumanism and Protect Your Privacy

Transhumanists don't have to put a microchip into your arm to gain control, they already alter reality and brainwash the population via data collection and the manipulation of information.

<https://childrenshealthdefense.org/defender/fight-transhumanism-protect-privacy/>

Rebel Wisdom: The State of Heterodoxy

David Fuller & Meghan Daum on 'Talking Sense Into Sensemakers'

https://www.youtube.com/watch?v=ci6_M28zosY

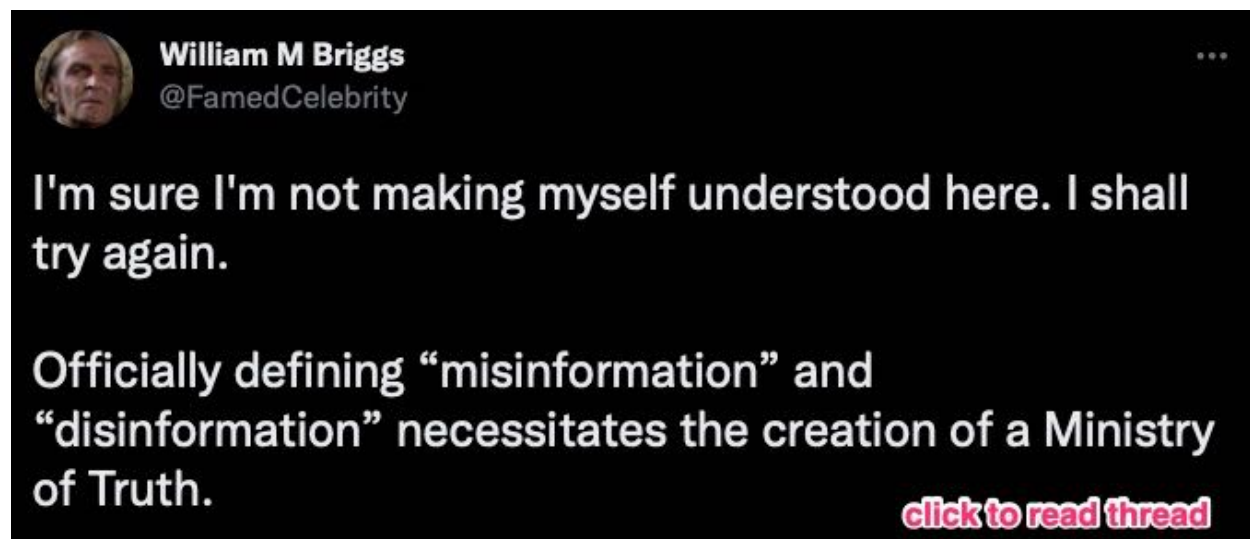
Popular Pill Exposed; Was This Intentional Mass Murder?

Another Layer of Corruption in the Opioid Scandal Revealed

<https://articles.mercola.com/sites/articles/archive/2022/04/25/mckinsey-fda-opioids.aspx>

(available for 48 hours)

Archived here: <https://riseupnh.org/wp-content/uploads/2022/04/Mercola-mckinsey-fda-opioids-4-25-22.pdf>



Culture Wars

More Secret Gender Transition Closets Discovered in Public Schools

Groups fear parents are being kept in the dark

https://www.theepochtimes.com/more-secret-gender-transition-closets-discovered-in-public-schools_4414184.html

Parent asks for advice on what to say to a gender confused 13 year old

Heather Heying and Brett Weinstein weigh in

<https://www.youtube.com/watch?v=IPNcPTbAJM4>



Douglas Murray - The War on the West: How to Prevail in the Age of Unreason

<https://www.youtube.com/watch?v=nzsD2XH5Ef4>

Murray's new book: <https://www.amazon.com/gp/product/B09HSBM23P/>



Paradigm Expanding Perspectives



Michael Salla

@MichaelSalla



Paramount's new HALO series is good example of soft disclosure. Its 26th century future has elements drawn from today's SSP programs: supersoldiers, clones, space marines, Draco Reptilians, AI, ancient ET artifacts, human DNA activating ET tech, etc.



youtube.com

Halo The Series (2022) | Official Trailer | Paramount+

#HaloTheSeries #MasterChief #ParamountPlusDramatizing
an epic 26th-century conflict between humanity and an alie...

Monday Memes



Dave Hurt

@iamdavehurt

The CDC now recommends a healthy diet, exercise, getting enough sleep, drinking plenty of water, getting sunshine, and supplementing with vitamins to bolster your immune health.

Just kidding, no they don't.

Mexico: Home of the Free





When you're putting microchips in humans brains while also creating a worldwide high speed satellite network to connect all those microchips and people think you're a hero



American starter home style evolution

1970s



1990s



2010s



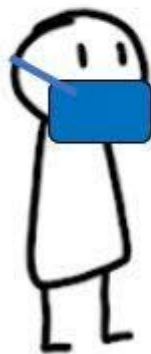
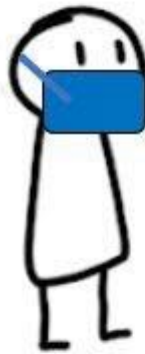
2030s







Mandate or Not,
I'm still wearing a
mask!





I support anyone's right to
be who they want to be.

My question is:
To what extent do I have to
participate in **your self-image?**

- Dave Chappelle







Being called weird
is like being called
limited edition.
Meaning you're
something people
don't see that often.
Remember that.

- Ashley Purdy

