



Newsletter 3/21/22

Here is our Monday news and events edition. As always, memes/cartoons are at the bottom.

Please join us for our Community Zoom today at 1PM today as we feature another conversation with Kristen Reynolds, this time discussing our April 2 workshop on the Art of Navigating Difficult Conversations (more info under Events below). We'll also have time for general discussion.

[Join Us @1PM on Zoom](#)

For victory!

John-Michael and the Rise Up NH Crew

Do you value what Rise Up NH brings? Please DONATE! (tax-deductible)

Legislative Actions This Week

From RebuildNH

Watch Melissa Blasek discuss this week's priorities: <https://rebuildnh.com/directors-report-on-to-the-senate/>

Senate Committee Hearings This Week

Wednesday, March 23, 2022 | N.H. Senate

[Senate Committee on Health, Human Services, and Elderly Affairs](#)

State House, Room 100

9:45 a.m. — SUPPORT — HB 1003, prohibiting health care providers from refusing to provide care or services based on patient vaccination status. Sadly, this bill is very much needed to protect unvaccinated citizens from being treated as second-class citizens. Please [Click here to register your disposition](#). [Email the committee](#).

Senate Session This Week

[SB 382](#) is on the Regular Calendar for the Senate this week, and Senators will be voting for or against this bill. Here is the summary that we posted before, and we stand by it fully. Please call and email your senators, but especially Sen. President Chuck Morse and Sen. Majority Leader Jeb Bradley, and ask them to kill this bill.

OPPOSE OTP, SUPPORT ITL: [SB 382](#), relative to licensure requirements for telehealth services. Apparently Senators have been convinced by their lobbyists to support this bill, and that is a serious problem. **This bill is EVIL!** This bill would prohibit telemedicine from any practitioner not licensed in New Hampshire, which would cut-off effective COVID treatments from people who have been receiving them from out-of-state telemedicine doctors. The N.H. Legislature does not have the authority to regulate interstate commerce, because this power is delegated to the U.S. Congress in the U.S. Constitution, and thus we believe this bill is unconstitutional! This bill needs to die.

More on RebuildNH's [Telegram Channel](#) or [our Facebook page](#).

EVENTS


Every Wednesday

RiseUpNH lunch at Country Life Restaurant, 12-2PM-ish, Roxbury St off the Square in Keene. No agenda, just good times and lots of informational info sharing and networking.

ARE YOU PREPARED?

HOME AND MEDICAL PREPAREDNESS WORKSHOP


March 26, 2022 12-3:30PM | Londonderry NH Baptist Church, 368 Mammoth Road



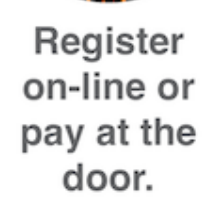
Learn about back up water and electric sources



Register on-line or pay at the door.




What should be in your health, first aid kit and bug out bag



What to stock up on and how to store for longevity



Meet the speakers and network



<https://www.eventbrite.com/e/home-and-medical-preparedness-workshop-tickets-275948859467>

March 27: Hyperbaric Fitness group session

Sunday March 27 1 pm.

Please call to make your own reservation. Space is limited.

603 460-5683

March 30 Webinar: WIRELESS TECHNOLOGY RISKS & SAFER SOLUTIONS

Not Sleeping - easy fix - it could be the radiation from your wireless devices:

Join us on Wednesday, March 30th from 6:00-7:00 PM for a free webinar: Wireless Technology Risks and Safer Solutions.

Host - Cece Doucette will walk us through the issue, answer questions, and demonstrate radiation emissions from wireless technology. You'll walk away with simple strategies you and your loved ones can use to access today's technology much more safely. Feel free to invite others and sign up with the link provided. See you there! Register:

<https://us02web.zoom.us/meeting/register/tZYqceCuqDsuHtEOFL3U0hS17FOzfykBmEMO?fbclid=IwAR369b9rg218BYtXwYH0AxghOzSTy1IornsnX4r2fOXqYa8qSTUenbXRa-8>

The Art of Navigating Difficult Conversations

Building Resilient Relationships with Nonviolent Communication

with Kristen Reynolds and John-Michael Dumais

Thriving relationships and communities take good communication. Most of us don't learn much in the way of communication skills growing up, because our society has an idea that communication is natural and instinctive. Our *desire* to communicate is instinctive, but the *ability* to do it well is not.

Nonviolent Communication, founded by Marshall Rosenberg, is one of the best communication skill sets for improving relationships and helping groups stay together, especially during this time of great stress and change.

Cost: \$10-\$20 sliding scale

Pre-register with Kristen at kreynolds3000@gmail.com

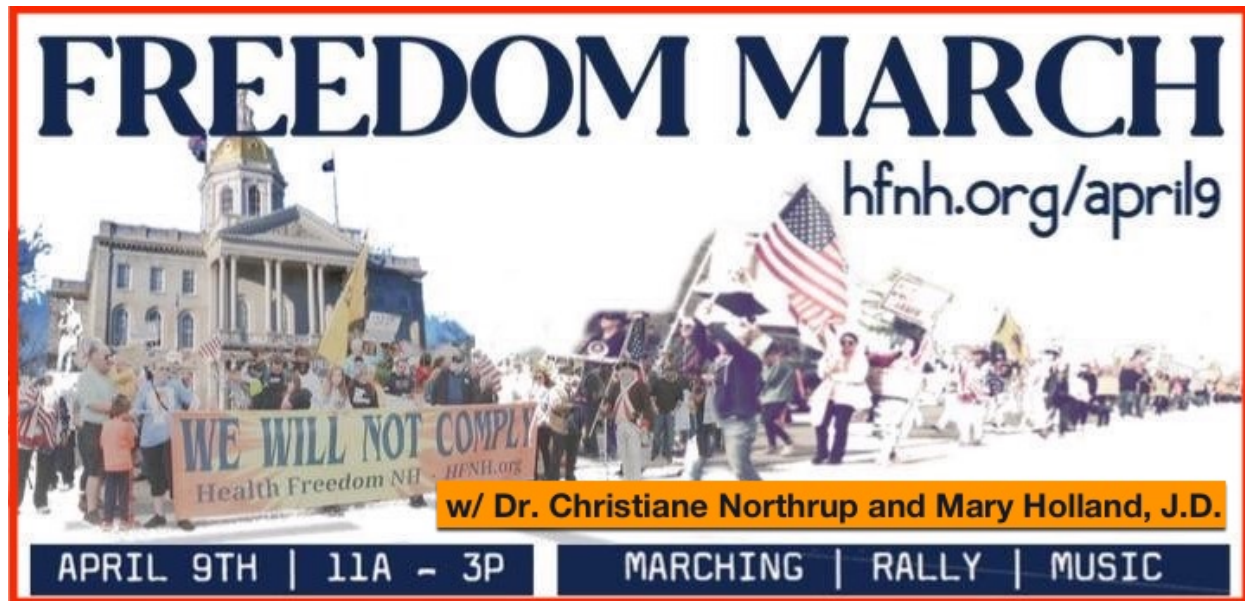
Saturday April 2, 1-3PM, Country Life Restaurant, Keene

April 3 Sunday: NH Committee of Safety State Assembly

Old Town Hall, 45 Washburn Rd, Alexandria, 3-6PM

April 9: Celebrating Michael Walsh (RSVP)

A celebration of Michael's life will take place on Saturday, April 9th at 10:00 a.m. at Christian Life Fellowship Church, 211 Whitcomb Rd, Swanzey, NH. A graveside service with military honors will follow at Mountain View Cemetery in Troy, NH. The family will host a luncheon in Michael's honor at The Pub Restaurant, 131 Winchester St, Keene, NH, at approximately 1:00 p.m. Flowers will be gladly accepted. Donations to the MJW Memorial Fund can be made online at <https://tinyurl.com/4vh5af6y> or mailed to PO Box 31, N. Woodstock, NH, 03262. **Please respond to Justin Walsh, jwalsh9521@gmail.com, with your intention to attend the lunch, so he can have a head count.**



April 16 Save the Date: A Musical Community Revival

Saturday April 16, Swanzey Community Center, 3-9PM

A Rise Up NH fundraising event and all-around good time with numerous performers, dancing, drumming and chanting, superfood snacks, and more. Featuring Gene Clerkin and selections from his CORVID Chronicles album, Becca Myari, Bill Rogers and crew with Americana music, Jay Hitt and Lisa Jane Lipkin, John-Michael, Ezra Landis, David Cope and others.

April 29 Friday: NH Committee of Safety State Assembly

Lake Sunapee Baptist Church, 314 Sunapee St, Newport, 7-9:30PM

COS Hatchet Hurl

MAY 1, 2022

12 PM TO 9PM

Proceeds to benefit NHCOS

AXE PLAY

Raffles

**Bring
Everyone**

142 Lowell Road Unit 19

Hudson, NH 03051

603-809-9081

\$25 per hour per person

If you don't know your rights, you don't have any



Join our efforts



WWW.COSNH.COM



Stay in touch Text 74121

CODE: COSNH

NEWS



Dr. Urso
@richardursomd

80% increase in all cause mortality ages 25-44. Why??

Number of Deaths **Excess (%)** Excess (Z-Score) Excess (Absolute)
Excess (Ranking) Maps Historical COVID-19 Social About

These charts shows the weekly proportion of excess mortality for USA and its states over time.

Filter

Jump to

All-Cause Excess Mortality - United States: 25-44 years

USMortality.com



Sources: CDC.gov, Census.gov

☒ Smooth ☒ Show Months | CSV | ▲

©2022 @USMortality. All rights reserved. | European Data: EuroMOMO, Worldwide Data: Mortality.org | No medical advice & guarantee for correctness. Please always refer to: CDC & WHO



James Lyons-Weiler
@lifebiomedguru

click for info

FREE EDUCATIONAL WORKSHOP on Pathogenic Priming research: "Pathogenic Priming Beyond COVID-19: Hepatitis B Viral Proteins" Scheduled for Friday, March 25, 2022 @ noon ET. Send email to info@ipak-edu.org, subject line "Pathogenic Priming Workshop". Tag a friend!

PATHOGENIC PRIMING WORKSHOP

FRIDAY, MARCH 25, 2022

SEND EMAIL TO

[INFO@IPAK-EDU.ORG](mailto:info@ipak-edu.org)

Subject line "Pathogenic Priming Workshop"



Plandemic Related News

US Lawyer Speaks out about DoD database showing huge increase in deaths

<https://odysee.com/@SixthSense-Truth-Search-Labs:0/newscoup:4>

Fauci says he's considering retiring

<https://thepostmillennial.com/fauci-certainly-considering-retiring>

UK: Short-term Reinfections Exploding

Highly-Vaxxed Brits are Reinfected Constantly

<https://igorchudov.substack.com/p/uk-short-term-reinfections-exploding?s=r>

South Korea's Tale of COVID-19, Medicine, and Vaccination

What do cults and sex scandals have to do with pandemic policy?

<https://roundingtheearth.substack.com/p/south-koreas-tale-of-covid-19-medicine>

Worldwide Arrests of Brave Freedom Fighters

<https://www.stopworldcontrol.com/arrests/>

New woke NYC health commissioner sparks fury as he orders under-fives to be masked FOREVER and says his four-year-old isn't 'safe' without one

Furious parents slam the defund the police supporting mental health expert for 'torturing' kids

<https://www.dailymail.co.uk/news/article-10629055/NYC-health-commissioner-sparks-fury-says-kids-five-remain-masked-INDEFINITELY.html>

National Assisted Suicide

Despite overwhelming evidence of harm, the CDC is still pimping the death jabs

<https://kunstler.com/clusterfuck-nation/national-assisted-suicide/>



Peter McCullough, MD MPH

@P_McCulloughMD

[click to read](#)

Limor Friedensohn, MD, et al, 9 more hospitalized cases of myocarditis--too many in tradeoff vs a treatable mild URI in young healthy men. The unknown number of subclinical cases that will present with problems in the future is of great concern.

Letters

RESEARCH LETTER

Myocarditis Following a Third BNT162b2 Vaccination Dose in Military Recruits in Israel

Vaccination has limited SARS-CoV-2 spread and prevented major illness and death during the COVID-19 pandemic.¹ However, certain adverse events, such as an increased incidence of myocarditis, particularly in young men, have been associated with vaccination with the BNT162b2 mRNA vaccine

respectively. Because all myocarditis cases were in young men (18-24 years old), we estimated the incidence for this specific population to be 6.43 (95% CI, 0.13-12.73) and 11.25 (95% CI, 2.92-19.59) per 100 000 vaccines given in the week and 2 weeks after a third vaccine dose, respectively.

Discussion | This study found a low risk of myocarditis after a third dose of BNT162b2 in Israeli military recruits. The incidence was lower than observed a week after a second dose of



Ethical Skeptic ☀️

@EthicalSkeptic

[click to see graphs](#)

I hate to break it to you CDC, but our data passes all the litmus you set out for screening 'misinformation'. When we simply publish pictures of your own data - and it falsifies what you say...

Then you CDC, are publishing disinformation...

communities, within families, and between friends. Often, we're trying to help - so we share information that seems helpful. But the truth is that information connected to health and medicine involves rigorous research and complex science. Advice might change as more research is undertaken, meaning even "official" advice from a few months ago might be out of date. When we rely on friends or internet searches for the best information, we might inadvertently be putting ourselves in harm's way.

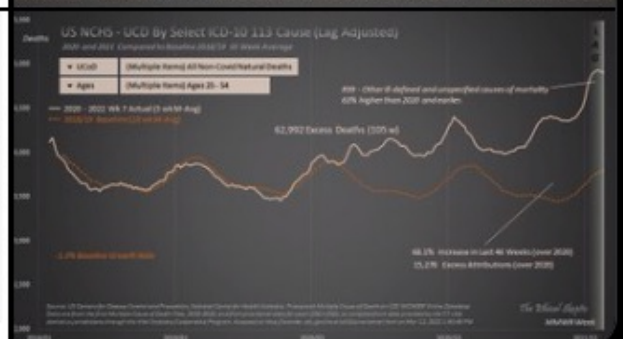
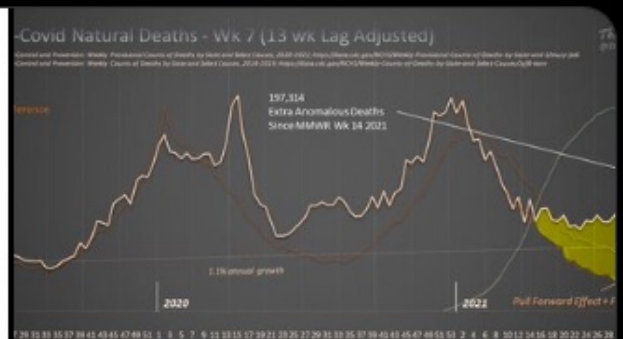
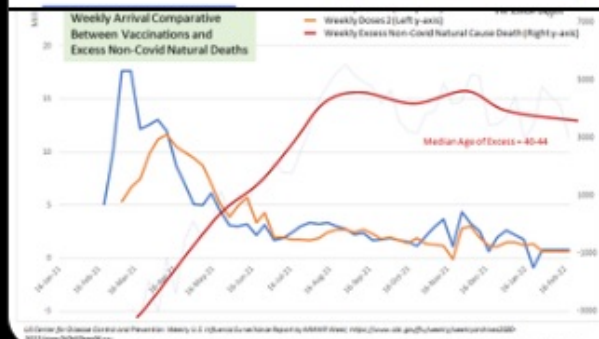
Health misinformation is causing harm to individuals and to communities, but talking to one another about its impact can help slow the spread by prompting us to think twice about the information we're reading and sharing. This toolkit will help you get started.

influenced by misinformation and why is it so tempting to share it?

- We like to feel that we have new information that others don't know.
- We want to protect the people we care about.
- We may be seeking explanations or wanting to share information that helps us make sense of events.
- We want to feel connected to others.

Tips for talking with your family, friends and community about misinformation

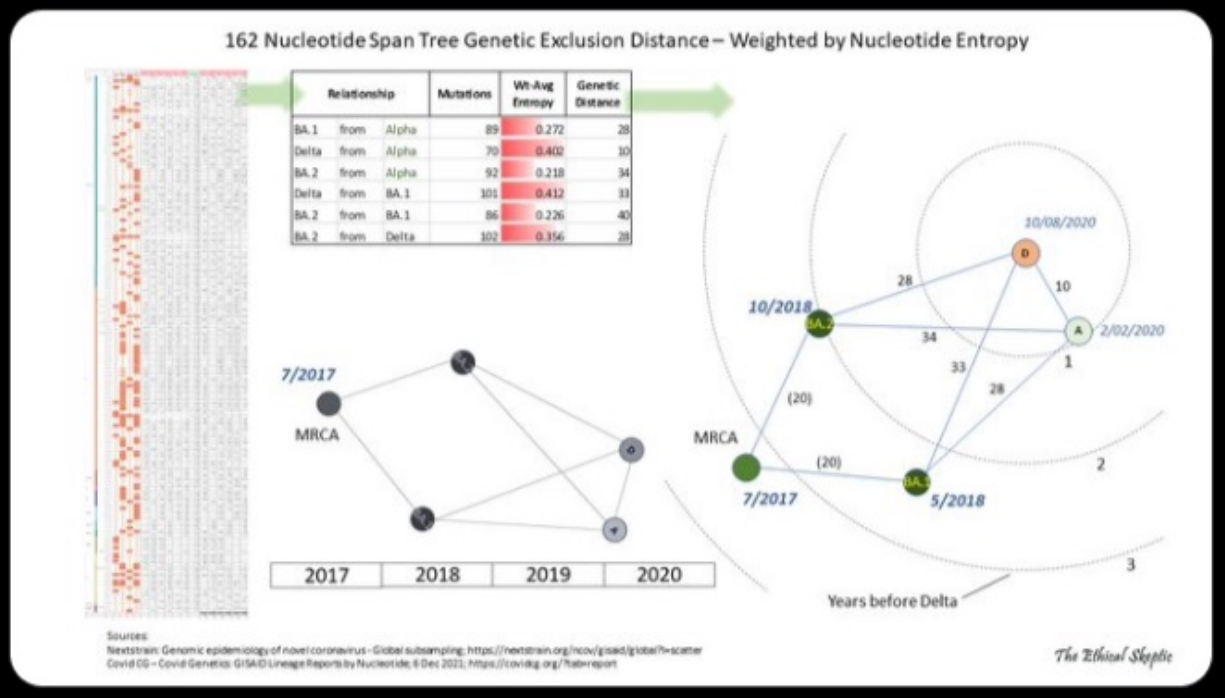
- Listen
- Empathize
- Point to credible sources
- Don't publicly shame
- Use inclusive language





However, given that BA.2 is very distant from BA.1 genetically, yet bears essentially the same CFR profile - this tells me that there were multiple 'Omicrons' which came and went, since 2017, and are now extinct. Two resurged four years later.

As viruses are wont to do.



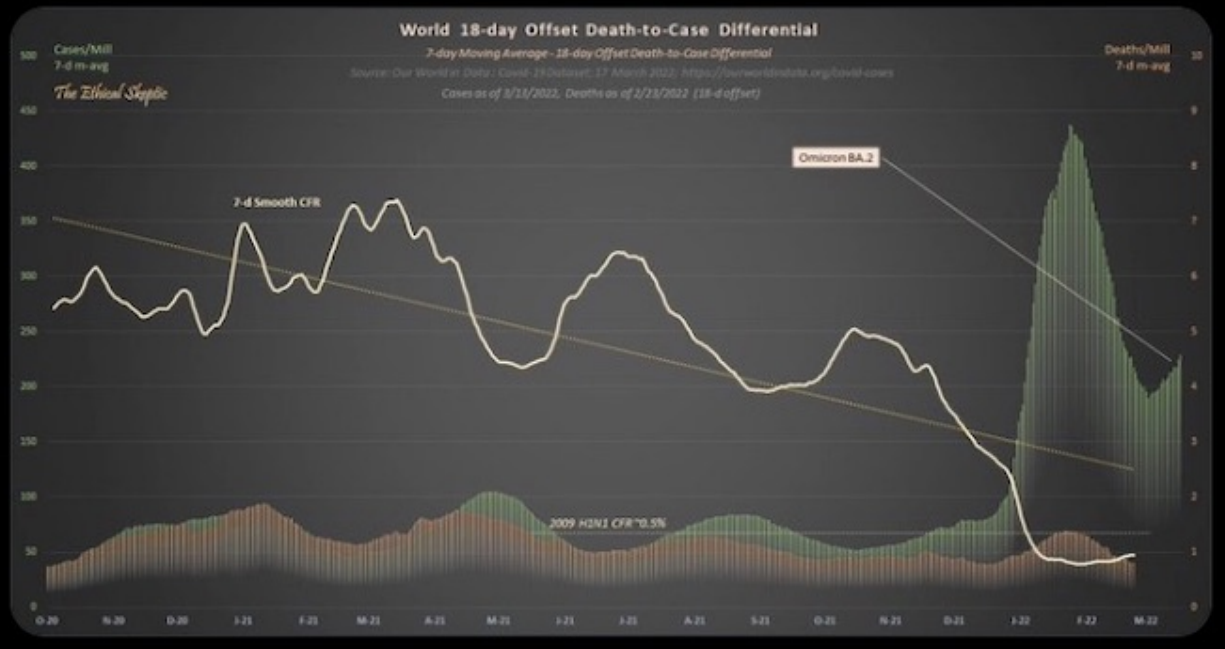


Ethical Skeptic 
@EthicalSkeptic

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Worldwide, the combination of BA.1 and BA.2 has been about 75% as deadly in terms of CFR as H1N1 flu.

Still too early to tell definitively about BA.2 - but given the lack of rise in deaths so far, it looks to be similar to BA.1 in CFR.





Kim McGair

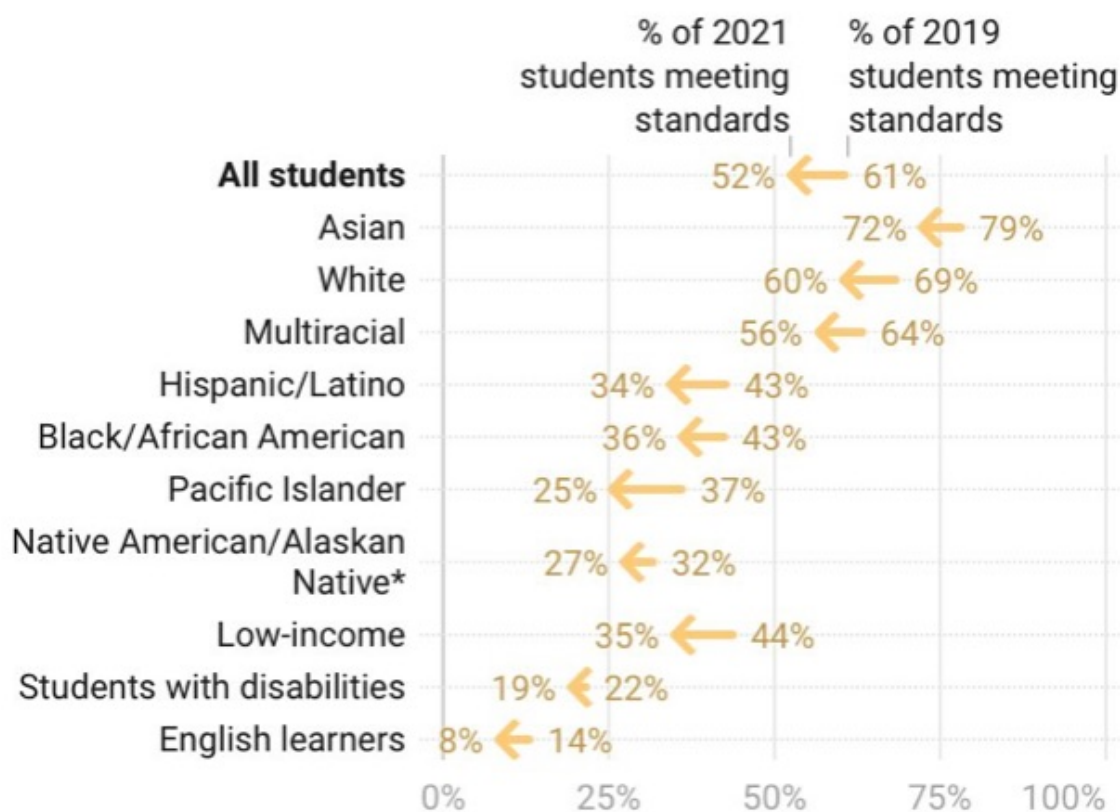
@kmcgair

Washington state test scores 2019 to 2021. Absolutely devastating. We need accountability for this neglect of millions of children in blue states.

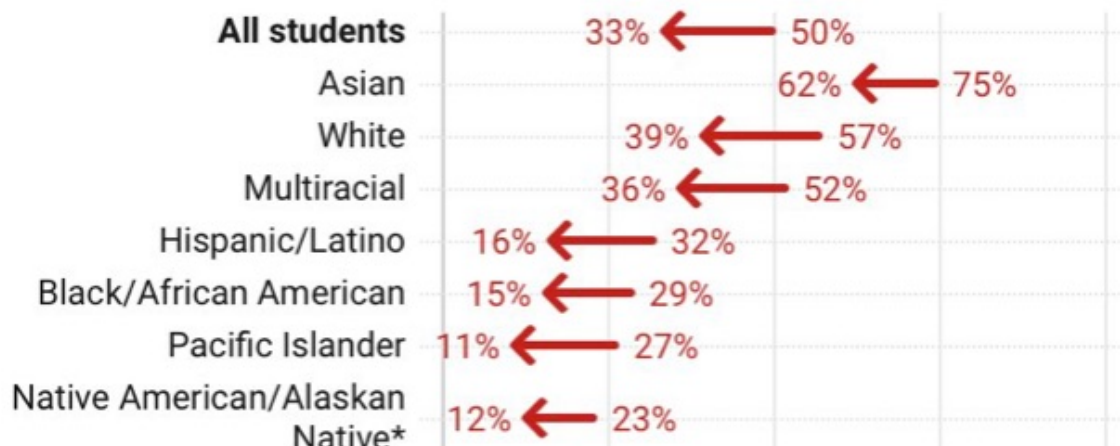
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ENGLISH



MATH





Ukraine News

Zelensky The Freedom Icon Nationalizes TV News And Bans All Activity By All Opposition Parties

We've Heard Of The The United Nations--Now Zelensky Has Created Something Called "United News."

<https://celiafarber.substack.com/p/zelensky-the-freedom-icon-nationalizes?s=r>

<https://economictimes.indiatimes.com/news/international/world-news/ukraines-president-volodymyr-zelenskyy-suspends-parties-with-russian-links/articleshow/90333402.cms>

Neocon Plot to Overthrow Putin & Xi

https://www.armstrongeconomics.com/products_services/products/neocon-plot-to-overthrow-putin-xi/

Jon Rappoport: US funding biowar research---an absurd claim, right?

<https://blog.nomorefakenews.com/2022/03/21/us-funding-biowar-research-an-absurd-claim-right/>

Biolabs in Ukraine: Who are Metabiota's investors?

Part 3 of a three-part series.

<https://dailyexpose.uk/2022/03/20/biolabs-who-are-metabiotas-investors/>

A Manufactured World Crisis

The US government is actually escalating the situation which can only increase the bloodshed.

<https://www.lewrockwell.com/2022/03/lew-rockwell/a-manufactured-world-crisis/>

Documentary: "History Of Russia, Rurik To Revolution" Goes Viral as People Grow Hungry For Historical Context

A Scandinavian Viking unites the warring Slav tribes during the Bronze Age

<https://celiafarber.substack.com/p/documentary-history-of-russia-rurik?s=r>



Jordan Schachtel @ dossier.substack.com

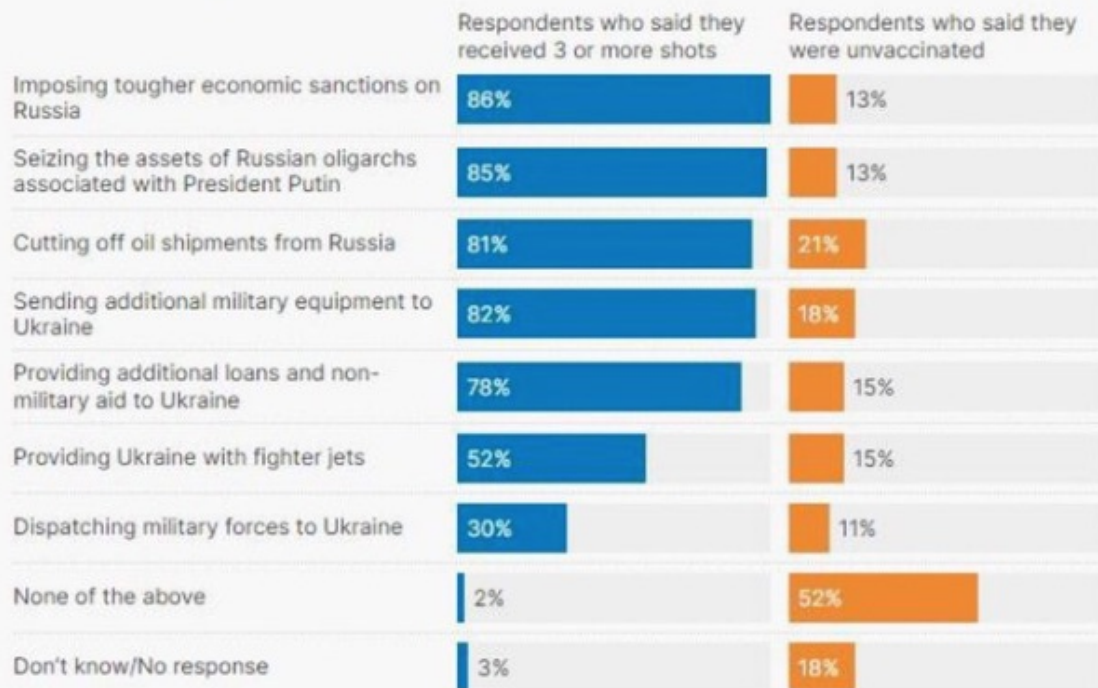
@JordanSchachtel

...

This poll speaks VOLUMES

How Should Canada respond to the Ukraine invasion: Vaccinated vs Unvaccinated

● Respondents who said they received 3 or more shots ● Respondents who said they were unvaccinated



SOURCE: EKOS

STAR GRAPHIC

Miscellaneous News

The Takeover of America's Legal System

The imperatives of race, gender and identity are more important to more and more law students than due process, the presumption of innocence, and all the norms and values at the foundation of what we think of as the rule of law.

<https://bariweiss.substack.com/p/the-takeover-of-americas-legal-system?s=w>

Expanding Paradigms

Unacknowledged: An Exposé of the World's Greatest Secret (FULL MOVIE)

Dr. Steven Greer presents brand new, top-secret evidence supporting Extraterrestrial contact including witness testimony, classified documents, and UFO footage while also exploring the consequences of ruthlessly enforcing such secrecy.

<https://www.youtube.com/watch?v=n7HXocgnExw> 

Your Monday Memes





THIS IS ALL PART OF
A LARGER AGENDA.

I THINK YOU'RE
BEING PARANOID.





iVirtue



Bob '22 © THE DEMOCRACY FUND

Now with shuffle mode.