



## Newsletter 1/17/22

Happy MLK JR Day! Let's us celebrate MLK's dream that all people will be judged by the content of their character, not the color of their skin (or political affiliation, or religious beliefs, or whether they are vaxxed or unvaxxed, etc.).

Info on today's zoom, upcoming bills, events, news, even a buying club and more below...

### Today's Zoom: Dangers of 5G and EMFs

Please join us for our [zoom today at 1PM](#) as we host Cece Doucette, Director of [Massachusetts for Safe Technology](#), for a conversation about the health implications of 5G and other EMFs. (Note: the focus will NOT be on 5G and CV19).

### Michael Walsh's Obit

Michael's sister Veronica has written a beautiful obituary for her brother and our friend:  
<https://cheshirefamilyfuneralhome.com/4727-2/>

### 5G Bill & 1/18 Hearing

A terrific bill is being introduced in Concord on wireless radiation which will require 500 meters minimum setbacks (1640 ft) for telecommunications antennae from residential areas, schools, day cares, hospitals, etc. as well as a registry of residents experiencing symptoms. It would be a game changer if NH passes this as other states could follow suit. Can you write a letter in support to the Committee before Jan 18. See details below or better yet come testify for the hearing on HB1644 before the Science and Tech Committee on Tuesday, January 18 at 9:00am at the Legislative Office Building room 306-308. This building is behind the State House in Concord. The hearing is scheduled for two hours. Please confirm you will be there to testify, and thank you for your consideration. You can contact Lori Schreier of RiseUpNH if you want to carpool or if you have questions: [schreierlori@aol.com](mailto:schreierlori@aol.com).

**The Bill:** [House Bill 1644 is now available](#) and is titled, "Relative to the placement of telecommunication antennae and establishing a registry for residents who are experiencing biological symptoms from wireless radiation exposure." You can track the bill's progress [here](#).

Like last time, HB 1644 has been first assigned to the [House Committee on Science, Technology and Energy](#). You can click the link to get more links to write to the whole committee.

## ACTION ALERT: IMPORTANT BILL HEARINGS ON TUESDAY

Legislators need to hear from healthcare workers who value freedom. There are a number of important bill hearings this week before legislative committees.

You can help by **emailing the committee** and **calling the committee members**, but **the most impactful means of reaching legislators and winning their vote is by attending hearings and testifying in person.**

Tuesday, January 18th | N.H. House of Representatives

**House Committee of Health, Human Services and Elderly Affairs**

**Legislative Office Building, Room 210-211**

**2 p.m. – SUPPORT [HB 1022](#)**, permitting pharmacists to dispense the drug ivermectin by means of a standing order. This would make ivermectin available without a prescription in New Hampshire.

**2:45 p.m. – OPPOSE [HB 1369](#)**, relative to COVID-19 health and safety policies at New Hampshire performing arts venues. This bill allows performing arts centers to create their own COVID protocols including requiring vaccination for entry.

Email the committee members at [HHSEA@leg.state.nh.us](mailto:HHSEA@leg.state.nh.us)

Tuesday, January 18th | N.H. Senate

**Senate Committee of Commerce**

**State House, Room 100**

**9:45 a.m. – SUPPORT [SB 347-FN](#)**, relative to the use of protected health information by employers. This bill would prohibit an employer from inquiring about an employee's protected health information as a condition of employment.

[Email all the committee members by clicking here.](#)

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## Azure Standard Buying Club Starting

Deanne Sanville has set up a drop location for ordering health food through Azure Standard. Drop-off will be at Grace Community Evangelical Free Church parking lot in Spofford on February 3 around 10 a.m. (subject to change due to weather, traffic, or other unforeseen circumstances for the truck driver). There is a combined \$550 minimum order (total of all orders in the group). As long as our combined total meets the minimum, we will have a drop

that month. If we don't meet the minimum, we try again the next month.

The group is called "Loaves and Fishes." If anyone is interested in joining, here is the link to sign up: <https://www.azurestandard.com/my-account/drops/802551> Note: you may need to sign up first to access that link. Otherwise, search drops (under your account name drop-down menu, upper right) for "Spofford NH" for and click on the blue circle you see on the map. Questions: [thelilacdragonfly@gmail.com](mailto:thelilacdragonfly@gmail.com).

## Mind (and Heart) Expanding podcast

If you haven't yet had the chance and have a couple hours to spare, I highly recommend watching or listening to this podcast with **Dr. Zach Bush and Aubrey Marcus**, which provides a powerful and insightful philosophical, historical and spiritual overview of where we are now: [Pandemic of Fear and Guilt](#). (Trigger warning: Aubrey has no filter and sometimes uses coarse language).

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## EVENTS

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### No Organized RUNH Protest this week

There will be no formal organized (by me) protest this week, but folks are still welcome to follow their hearts and stand up/out for truth. Please contact me (reply to this email) if you want access to our collection of signs.

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### Natural Remedies 101 Sunday 1/23 2-4PM, Keene

**Cost: \$20. With Peggy Schaffler, Country Life Restaurant**

A healthy body fights infection, heals wounds, kills cancer cells, repairs damage, and fights the aging process. However, maintaining and restoring health so your body can effectively utilize the natural healing processes requires a bit more than visiting the doctor after something goes wrong. You will be provided with handouts.

Find out how to use items in your home and in your pantry to treat your family members. We will cover:

1. Steam Baths ' Heat kills bacteria and virus'. Steam raises the bodies temperature and we will learn how to do this from our own home.

2. Hydrotherapy. Sometimes we don't want to heat the whole body. We will learn this very effective treatment that works beautifully with pneumonia, inflammation, infections and more.
3. Learn how the immune system works and some ways of keep our immune system in optimal working order.
4. Learn about items to keep on hand such as charcoal or items such as onions which are very helpful and effective in the flu season.
5. Hear experience and share experiences on blood poisoning, burns, chickenpox, cancer and more.
6. Learn how to use essential oil and how to tell a real vitamin from a fake and the difference in how they heal.

Call or email ahead so we have a head count: 603+357-3975,  
[peggy@countryliferestaurant.com](mailto:peggy@countryliferestaurant.com). No age limit. Pay at the door.

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## Gunshot Wound & Trauma First Aid Class Sat 1/29 10-3 Keene

With Instructor Keith Hanson

Where: Monadnock Natural Health: 16 Church Street, Suite 2B, Keene, 03431

First aid skills can save your life! Whether there is a gun shot wound, or a serious fall while hiking, or a car accident, first responders can take ten minutes or hours to arrive, depending on the situation! Knowing simple life saving techniques is important!

Click [here](#) or below for Tickets.



# **GUNSHOT WOUND & TRAUMA FIRST-AID**

**INCLUDES DETAILED MODULES ON:**

- Safety & Security Considerations
- Treatment of Massive Hemorrhaging
- Treatment of Airway Obstructions
- Treatment of a Tension Pneumothorax
- Tourniquet Staging & Use
- Hemostatic Agents & Antihemorrhagics
- Evisceration Injuries
- What Your IFAK Should Contain



**CRITICAL  
DYNAMICS**

**SATURDAY, JANUARY 29TH**  
**10:00 AM - 3:00 PM**



Monadnock Natural Health

# Open Mic at Country Life in Keene, Sat 1/29 7PM

Poetry, music, comedy, whatever is welcome, except "no crazy wild songs/music" (according to Peggy). :-)

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## NEWS 'n' VIEWS

### **New US governor rescinds mask & vaccine mandate in 1st order**

*The state of Virginia will no longer require school children to wear masks and state employees to be vaccinated against Covid-19*

<https://www.rt.com/news/546178-governor-rescinds-covid-mandates/>

### **Pfizer CEO Predicts COVID Pandemic Will 'Return to Normal' Soon--Here is When**

[https://www.theepochtimes.com/pfizer-ceo-predicts-return-to-normal-by-spring-but-expects-covid-19-to-circulate-for-years\\_4217601.html?utm\\_source=ref\\_share&utm\\_campaign=bn-cc](https://www.theepochtimes.com/pfizer-ceo-predicts-return-to-normal-by-spring-but-expects-covid-19-to-circulate-for-years_4217601.html?utm_source=ref_share&utm_campaign=bn-cc)

### **Dr. Robert Malone: A Review of the Science**

*Exercise and vitamin D3 are beneficial, omicron is mild in children, asymptomatic spread with Omicron is significant*

<https://rwmalonemd.substack.com/p/a-review-of-the-science>

### **Alex Berenson: Watch Australia closely**

*It is what happens when Omicron hits a highly vaccinated population with little preexisting natural immunity; the early returns are not promising*

<https://alexberenson.substack.com/p/watch-australia-closely>

### **Dr. Mercola with Jeremy Hammond: Is There Really a SARS-CoV-2 Virus?** (Article/Video

available only until Tuesday evening; article archived [here](#).)

*Some insist that there is no virus at all, and COVID-19 is caused by something else like 5G radiation. Know why these theories may be one of the worst arguments you could make.*

<https://articles.mercola.com/sites/articles/archive/2022/01/17/sars-cov-2-real-virus.aspx>

### **Dr. Carrie Madej: Shocking Warning About Monoclonal Antibodies**

**Article:** <https://www.nutritruth.org/single-post/dr-carrie-madej-shocking-warning-about-monoclonal-antibodies-must-see-video>

**Video:** <https://rumble.com/vsfchw-dr.-carrie-madej-issues-shocking-warning-about-monoclonal-antibodies.html>

### **Steve Kirsch: Intracranial infection cases up 60-fold since vaccines rolled out**

*But it can't be caused by the vaccines since they are "safe and effective."*

<https://stevekirsch.substack.com/p/intracranial-infection-cases-up-60>

**Steve Kirsch: The stunning increase in myocarditis rates after the vaccines rolled out**

*In just a few hours, my short tweet on myocarditis Google search rates went viral. Here's the reason why search rates skyrocketed (hint: it's because cases skyrocketed).*

<https://stevekirsch.substack.com/p/the-stunning-increase-in-myocarditis>

**Dr. Mercola: Why Did US Deaths Shoot up 40 Percent Above Normal Last Year?**

*Further analysis of recent revelations and uptick of long-term disability claims*

[https://www.theepochtimes.com/why-did-us-deaths-shoot-up-40-above-normal-last-year\\_4216590.html](https://www.theepochtimes.com/why-did-us-deaths-shoot-up-40-above-normal-last-year_4216590.html)

**Palm Beach therapist sees increase in children's speech delays during COVID-19**

*364% patient increase in patient referrals of babies and toddlers from pediatricians and parents*

<https://www.wpbfb.com/article/palm-beach-covid-therapist-speech-delays/38189805#>

**James Lyons-Weiler: The Great Reset is Underway - But It's Not Quite The One That Klaus & The Globalists Wanted**

*CDC Admits Vaccines Do Not Stop Transmission. Public Health Experts Say Herd Immunity is Now Impossible. SCOTUS canned Mandates via OSHA. So... What Are the Reasonable Policy Options? Are There Any?*

<https://popularrationalism.substack.com/p/the-great-reset-is-underway-but-its>

**Martin Armstrong: COVID & The Collapse of Confidence in Government**

<https://www.armstrongeconomics.com/armstrongeconomics101/ecm-armstrongeconomics101/covid-the-collapse-of-confidence-in-government/>

**Jon Rappoport: Ebola: shattering the lies and the fakery Jan**

*Once again, the virus is the cover story*

<https://blog.nomorefakenews.com/2022/01/12/ebola-shattering-the-lies-and-the-fakery/>

**Wesley J. Smith: Obamacare Architect Ezekiel Emanuel Is Pushing For Permanent Medical Technocracy**

*Rahm's brother is currently the Vice Provost for Global Initiatives at the University of Pennsylvania and sits on Biden's COVID-19 Advisory Board. He is also a senior fellow at the radical Center for American Progress chaired by Trilateral Commission superstar John Podesta.*

<https://www.technocracy.news/wesley-j-smith-ezekiel-emanuel-is-pushing-for-permanent->

medical-technocracy/

**Let's BOYCOTT these Covidian companies**

<https://nakedemperor.substack.com/p/name-and-shame-companies-discriminating>

**Jordan Schachtel: '270 doctors' called out Joe Rogan, but the authors of the letter and the vast majority of its signatories are not medical doctors**

*Only a handful are practicing physicians.*

<https://dossier.substack.com/p/270-doctors-called-out-joe-rogan>

**Did J. Edgar Hoover Order the Assassination of Martin Luther King Jr?**

*Powerful new evidence of a government-abetted conspiracy has prompted King family members to demand a reopening of the investigation into his murder.*

<https://covertactionmagazine.com/2022/01/17/did-j-edgar-hoover-order-the-assassination-of-martin-luther-king-jr/>

**Charles Hugh Smith: Politics Is Dead, Here's What Killed It**

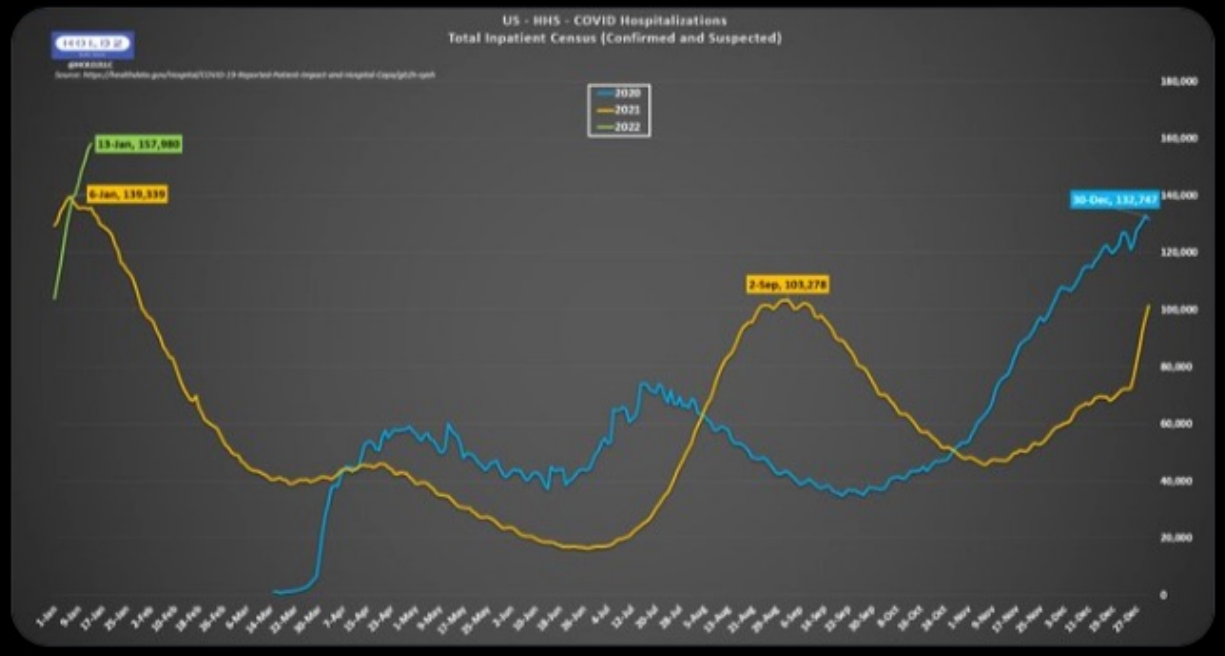
*Here's "politics" in America now: come with mega-millions or don't even bother to show up.*

<http://www.oftwominds.com/blogjan22/politics-dead1-22.html>

## US CoV2 Hospitalization Update: 1/15/22

- We're now 18,641 higher than the all-time peak on 1/16/20
- That's 13.4% higher
- I've long said I expect a peak in the 3rd or 4th week of January...
- That now looks like the latest it would be and could happen any day this week

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KBirb @birb\_k · Jan 15

Dr Peter McCullough, "I think that's it, I think that's the end. The narrative has crumbled."



## MASS FORMATION

f @birb\_k

Personal notes from reference video

### Group C

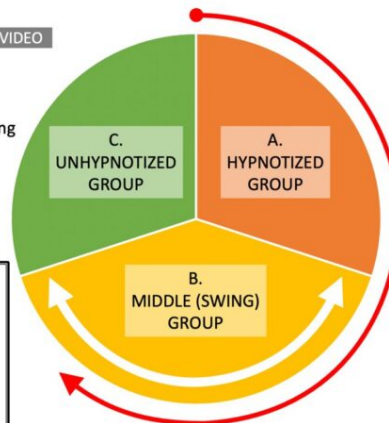
- Sees something is wrong
- Intent on speaking out
- Tries to convince people that narrative is wrong
- A diverse, heterogenous group
- Key: Must continue speaking out publicly
- Problem: Do not speak with one voice

11:15-17:45 OF VIDEO

**MASS FORMATION CAN OCCUR WHEN FOUR CONDITIONS ARE PRESENT. A LOT OF PEOPLE WHO ARE EXPERIENCING:**

1. A **lack of social bond**
2. A **lack of meaning**
3. A lot of **free-floating anxiety**, meaning anxiety that cannot be connected to a mental representation. This creates a painful psychological state, leading to panic.
4. A lot of **frustration & anxiety**

4:00-9:30 OF VIDEO



### Group B

- Not hypnotized
- Recognizes something is wrong in the narrative
- But unwilling to go against the current, and
- Usually chooses to follow the masses

### Group A

- The "crowd"
- Believes deeply in the narrative
- Mental intoxication (a "social bond")
- Not sensitive to rational argumentation
- Intolerant – potential for aggression
- An environment where atrocities can occur

Systems and techniques designed to:

- Define and push the narrative
  - Grow the crowd; capture Group B
  - Silence & disable Group C
- Facilitates Mass Formation among a vulnerable population - see four conditions



Credit  
**Professor Mattias Desmet**  
"Mass Formation"  
<https://www.youtube.com/watch?v=TRCDPy5C2ws>  
"Professor Mattias Desmet talks to the Children's Union"

# LOCKDOWN OTTAWA



Truckers Canada wide are converging in Ottawa! We will all stay there untill all mandates and restrictions are lifted.

Thousand of trucks and vehicles will be surrounding parliament and blocking off access to ottawa, demanding an end to lockdowns and all Covid 19 mandates and restrictions !



Hundreds of thousands of patriots will be in attendace. Stay tuned for details.

**The time has come.  
This ends NOW!**

**Ethical Skeptic** 🌞 @EthicalSkeptic · 11h

...

They created the virus under the false assumption that their containment methods would be perfect.

They covered up its origins  
They denied you timely treatment  
They impacted your living  
They denied you your social support  
They denied your kids education

Then blamed it on you.

The New Scientific Method

**COERCION**





**I DO NOT CONSENT  
TO ANY ENERGIES,  
POWERS, WORDS, SPELLS,  
FREQUENCIES, OR AGENDAS  
WHICH ARE NOT IN  
THE HIGHEST GOOD.  
ANYTHING WHICH IS  
NOT OF LOVE, I HEREBY  
NULLIFY, NEUTRALIZE,  
DEACTIVATE, AND RENDER  
COMPLETELY POWERLESS OVER ME.  
I CALL UPON ALL LIGHTS, SOUNDS,  
COLORS, BEINGS AND ENERGIES  
WHICH ARE HERE TO BRING  
LIFE AND PEACE.  
MAY WE UNITE FOR THE SAFETY  
AND WELL-BEING OF ALL  
AND FOR THE HIGHEST GOOD.  
SO BE IT.**

*With Beautifully Raw O'Bele*

For victory!

John-Michael

Do you value what Rise Up NH brings? Please [DONATE!](#)