



Rise Up New Hampshire Newsletter 10/3/21

Items in this email:

1. Videos from Concord March and Rally yesterday
2. Monday's Zoom: Prepping with Nathaniel Rowan
3. Friday: Dr. Gene Clerkin "Corvid Chronicles" musical concert and fundraiser
4. Next Inner Resilience Group October 16

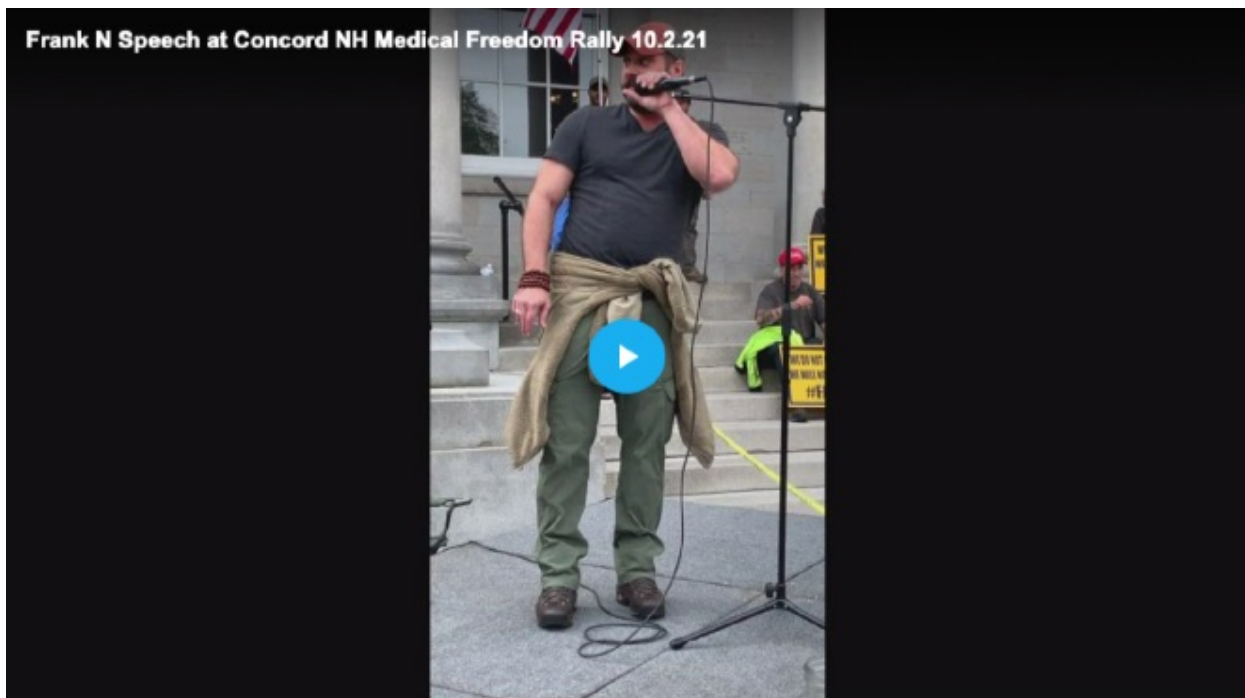
Historic March and Rally

Over 500 people converged on our state capitol yesterday to march, sing, and protest medical mandates and political tyranny. [Becca Myari](#)* got the crowd roused with several upbeat songs (a particularly relevant one featured in the first video below). She was followed by speakers from numerous aligned groups, including Thomas McLeod, Leah Cushman, Frank Natoli, Daniel Richard, and others. We even had a live call-in from [Attorney Thomas Renz](#) over the loudspeakers.

Kudos to Larisa Mae Trexler and Thomas McLeod for doing the heavy lifting to get this event off the ground. Thanks also to Bill Rogers for sound engineering. Thank you to everyone who trekked out to take part in this historic event. Let's keep the movement growing!

Click on images below to watch brief videos of the event. Link suitable to share on FB (which blocks all Brighteon links) is here: <https://riseupnh.org/raising-voices/>.

* Becca Myari
Instagram- @BeccaMyari_Music
<https://www.amazon.com/Holy-feat-Santa-Croce-Senie>



Tomorrow's Zoom: Intro to Prepping

Tomorrow's community chat will feature Vermont violin-maker Nathaniel Rowan's introductory take on survival preparation. His summary:

What is Prepping and why we should be doing it now? As the topic of Prepping is huge, I'll present a quick overview of some of the most common terms like bugging out/bug out bag, EDC- every day carry, and the three B's- Beans, Band-aides and Bullets. I'll also discuss deeper and often overlooked concepts in prepping like spiritual, psychological, moral/ethical, mind and body, and tactical considerations.

This is in part designed to whet your appetite for a more in-depth, in-person class to be offered locally soon.

To join us by zoom at 1pm tomorrow (Monday), click [here](#).

Friday 5PM: The Corvid Chronicles with Gene Clerkin



This coming Friday, October 8 at 5PM, Keene's (and our board member) Gene Clerkin will be offering a selection of songs he wrote starting at the beginning of the pandemic in 2020. This is intended as a fundraiser for several groups, including Health Freedom NH and Rise Up NH (aka Collaborative Communities Coalition). Join Gene on Facebook live here: <https://www.facebook.com/events/609659867082806/>.

Next Inner Resilience Group October 16

Please respond to this email to reserve your spot. Donation-basis.

Inner Resilience Support Group

Navigating Chaos and Change at the Edge of a New World

**Saturday,
October 16
4-5:30PM**

**Restoring Eden
626 Rt 10
Gilsum NH**

Facilitated by John-Michael Dumais & David Cope, LICSW

Together we will create a safe and empowering space to explore the personal impacts of the breakdown of families, relationships, communities, and institutions, and to build the strength and wisdom for what comes next.

Let's do this!

John-Michael

Rise Up New Hampshire

A Project of the Collaborative Communities Coalition

If you've made it this far and you are thinking of giving up, remember this...

They are squeezing you because they know you're weak. They know if they squeeze, you'll cave.

When you don't hand yourself over, they freak out and squeeze harder.

The longer you hold out, the crazier they get.

The crazier they get, the crazier they look.

The crazier they look, the more people notice.

The more people notice, the more people wake up.

The more people wake up, the more fearful they become.

The more fearful they become, the crazier they get...

The crazier they get, the more people wake up...

And on and on until they essentially destroy themselves.
