



If we want to live our lives in liberty, free from the medical tyranny of vaccinations, face masks and social distancing and beyond the reach of petty tyrants, it's time we roll up our sleeves for the best reason of all: creating a world that works for all of us.

VCAL is intended to be a big umbrella to help unite any and all groups and individuals around the state in a voluntary coalition to address critical needs. Numerous Action Groups have been launched with the aim of bringing like-minded people together to accomplish tangible goals while reducing the duplication of efforts. Some of the nearly 20 Action Groups that are getting started include:

- **NH Citizens for Constitutional Sheriffs & Law Enforcement** – this group has organized an event with Sheriff Richard Mack of CSPOA.org on May 22
- **Food Security and Education** – networking with farms and CSAs, developing plans for 4-season growing, and more. (Please fill out our food security questionnaire here: <http://tiny.cc/NH-Food-Security-Qs>)
- **Alternative Education Systems and Learning Pods** – this group is exploring home-schooling and other social options for children
- **Scenario Planning & Survival Training**
- **Lawsuits and Legal Strategies**
- **Network of Allopathic and Holistic Practitioners**
- **Protests and Rallies**
- **Comedy, Music and Creative Arts**
- And many others -- see the growing list at <https://riseupnh.org/the-peoples-reset/>

VCAL isn't just about action planning but about bringing people back into community again. It's critically important for us to come together, share food, laughs and music, and celebrate our common humanity.

Eventually, every community will want to find spaces to meet, socialize and plan for the future. To that end, we believe VCAL can serve as a template to support citizens rising up and joining together to do what's needed in the times ahead.

To get the ball rolling, we are available to help your community-based group engage in planning sessions that promote broad-based engagement with all stakeholders, liberate your community's visionary energy, and assist in determining your community's assets and needs.

It's up to each one of us, and all of us together. Let's do it.

For more information, visit, www.RiseUpNH.org