

# WHY AM I NOT WEARING A MASK?

## I AM HEALTHY and I HAVE NO SYMPTOMS.

### I HAVE NOT BEEN AROUND ANYONE WHO IS ILL.

Experts say that it takes 15-30 minutes close to an actively ill person for any transmission to occur.

### I AM NOT TRANSMITTING ANYTHING TO ANYONE.

The W.H.O. admitted that asymptomatic transmission is rare, less than 1% & typically in homes. A recent Chinese study of 10 million people found NO ASYMPTOMATIC TRANSMISSION.

### INCREASES IN “CASES” ONLY TELL US WE ARE TESTING MORE.

The PCR test returns up to 97% false positives. A “case” may just mean a person was exposed in the past. Case counts do not correlate with hospitalizations or deaths.

### COVID-19 DEATH RATES ARE NOW BEING CONFLATED WITH FLU DEATHS.

While NH saw just over ½ death/day from July 1 to October 19, the CDC started combining deaths from pneumonia, flu and COVID, making it SEEM like the pandemic was not over!

### COVID-19 IS NOT A “GENERAL POPULATION” PROBLEM.

80% of COVID-19 deaths in NH have taken place in nursing homes among the elderly and sick. The mortality risk for those 20-50 is 1 in 5000 or less – about the same likelihood as dying in a car accident in some states. Children under 20 have a survival rate of 99.997% - better than the flu.

### NEW HAMPSHIRE IS SAFE.

We live in New Hampshire, which has had around 600 COVID-19 deaths in all of 2020, which is just much lower than the rest of the country. THE ENTIRE TIME, stores like Walmart & Home Depot & fast food restaurants have all been open without any significant spreading.

### MASKS ARE INEFFECTIVE & UNHEALTHY.

In a recent CDC study, 85% of those contracting COVID-19 always or often wore a mask.

Masks have not been shown to be effective in randomized control trials.

Surgical masks, cloth masks and kerchiefs allow free passage (in, out, and around) of COVID-19 and other microscopic viral particles.

Masks block healthy respiration and concentrate viruses and bacteria.

### COVID-19 IS NOT DIFFICULT TO PREVENT OR TREAT.

The human immune system is robust and adaptable! I trust my immune system and also take supplements shown to be preventive: Vitamins C & D, Zinc, Quercetin, Selenium, Glutathione, etc.

**If I do get the virus**, there are plenty of very effective treatments that most people have not heard about, including: HCQ-Zinc-Azithromycin, Ivermectin, Chlorine Dioxide, Magnesium Chloride, Hydrogen Peroxide, Budesonide, Dexamethasone, Molecular Hydrogen, and others.

### IF I GET SICK, I WILL SELF-QUARANTINE UNTIL I HAVE FULLY RECOVERED.

## KNOWLEDGE BREEDS CONFIDENCE. THERE IS NO NEED TO FEAR.

But don't believe me or the so-called “experts” – DO YOUR OWN RESEARCH.

**DISCLAIMER: No one is telling you what YOU should do for your health. The information contained here is for educational purposes only and is not meant to replace your own critical thinking or competent medical advice. LEARN MORE AT WWW.RISEUPNH.ORG**

## TYPICAL CLOTH MASK



## MEDICAL MASK



### CRITICAL INFORMATION

1. No recent epidemics have required healthy people to wear masks or to isolate themselves from each other. ONLY verifiably sick people have typically been quarantined and healthcare workers have typically worn protective equipment. Asymptomatic spread is not a thing (<https://bit.ly/3h3FhbG>).
2. For decades and until COVID-19 hit, the CDC, the WHO, the American Medical Association, and other organizations all agreed that mask wearing for healthy individuals in a community setting was not necessary and did not stop the spread of infection. For example, WHO in 2020: [tiny.cc/WHO-no-mask](http://tiny.cc/WHO-no-mask).
3. Like many other viruses, SARS-CoV2 shows a seasonal progression from northern to southern latitudes. There is currently no evidence that shows that lockdowns affects the progression of cases or deaths. (<https://bit.ly/3mzblf1>). There is no evidence that masking or social distancing work, when comparing states and countries that did and did not mandate them (<https://bit.ly/3nu19ki>).
4. New Hampshire big box stores and grocery stores have never stopped operating, and people had access to fast food restaurants. Masks were not much worn (early on, not at all), and money was freely passed between individuals. Despite all this exposure, no spike in infections or deaths was ever observed.
5. 80% of deaths in New Hampshire have been in nursing homes. COVID-19 is primarily a threat to people over 70 with chronic health conditions. 80% of those who contract the virus have either mild or no symptoms at all. According to the CDC, the survival rate for SARS-CoV-2 is 99.74% ([bit.ly/31Tbqf4](http://bit.ly/31Tbqf4)).
6. Schools in China now prohibit students from wearing masks while exercising. Why? Because it was killing them. At least three children died during Physical Education classes while wearing a mask.
7. The best data available shows that herd immunity kicks in when about 20% of a population has been infected – most US states are there now. Most who have experienced earlier coronaviruses (i.e., the common cold) already carry T-cell immunity to COVID-19 (<https://bit.ly/2PXDRmt>). The “second wave” is just the annual respiratory illness season (& the CDC now merges flu & pneumonia with COVID #s).
8. Over 130 peer-reviewed hydroxychloroquine (HCQ) studies show effectiveness against COVID-19 when started at symptom onset ([c19study.com](http://c19study.com)). Ivermectin is also highly effective ([c19ivermectin.com](http://c19ivermectin.com)). 55% of 33,700 physicians surveyed globally rated HCQ highest among all treatments ([bit.ly/2CqCeug](http://bit.ly/2CqCeug)). Countries implementing HCQ treatments have experienced extremely low mortality ([HCQTrial.com](http://HCQTrial.com)). So why all the suppression and disinformation? Read this damning HCQ exposé: <https://bit.ly/3fYXODS>.
9. FEAR, SOCIAL ISOLATION and LOSS OF WORK/SCHOOL all diminish immune system functioning in both adults and children, increasing susceptibility to SARS-CoV-2, other diseases, depression and suicide.

### ADDITIONAL REFERENCES – Learn more at [www.RiseUpNH.org](http://www.RiseUpNH.org)

**An Evidence Based Scientific Analysis of Why Masks are Ineffective, Unnecessary, and Harmful, by Jim Meehan MD.,** Oct 2020: A review of 40 years of evidence, up through the most recent 2020 studies, as well as of pandemic policy decision-making. <https://bit.ly/3khDy3d>

**Masks Don't Work: a Review of Science Relevant to Covid-19 Social Policy, by Prof. Denis Rancourt,** June 2020: <https://vixra.org/pdf/2006.0044v1.pdf>. Follow-up article addressing attempted refutations: <https://bit.ly/31TEa7l>. Rancourt's 6/21/20 letter to the WHO: <https://bit.ly/31SxCWB>. Subsequent censorship: <https://bit.ly/2DWkrvF>.

**Face Masks Pose Serious Risks To The Healthy,** Russell Blaylock M.D., 5/14/20, <https://bit.ly/3aqqeql>.

**The Risks vs. Benefits of Face Masks - Is There an Agenda?,** Dr. Alan Palmer, 5/26/20, <https://bit.ly/3iHVN0D>.